

Faculty of Kinesiology and Health Studies

General Information

Inquiries

Room 173, Centre for Kinesiology, Health and Sport

Tel: 306-585-4360

Email: KHS.AcademicServices@uregina.ca

Website: www.uregina.ca/kinesiology

Faculty and Staff: www.uregina.ca/kinesiology/faculty-staff/index.html

Undergraduate Programs

The Faculty of Kinesiology and Health Studies offers the Bachelor of Kinesiology (BKIn), the Bachelor of Sport and Recreation Studies (BSRS) and the Bachelor of Health Studies (BHS). Wherever possible, accreditation of programming and certification of students is paramount in the delivery of our programming. (See also Canadian Society for exercise Physiology (www.csep.ca); CCUPEKA (www.ccupeka.ca) – BKIn; COSMA (www.cosmaweb.org) – BSRS – Sport and Recreation Management; NCTRC (www.nctrc.org) – BSRS – Therapeutic Recreation.)

The well-respected Fieldwork program plays an important role in the curriculum. The program provides an opportunity for students to apply what they have learned and to gain valuable experience prior to entering the job market. For those individuals interested in traditional graduate studies or more academic careers, the Honours program continues to provide an excellent training ground.

The Bachelor of Health Studies

The Bachelor of Health Studies is a joint degree between the Faculties of Kinesiology and Health Studies, and Arts, in partnership with First Nations University of Canada. It aims to provide students with an integrated understanding of the ways in which social, economic and cultural determinants of health shape individual beliefs, attitudes and practices, which in turn affect how we function physiologically and biologically.

Fieldwork

The Faculty of Kinesiology and Health Studies at the University of Regina believes that a well-conceived professional Fieldwork Program is essential for the facilitation of learning and personal growth of undergraduate students. Experiential learning is one of the critical steps a student takes in preparing for a career. Hence, the 'placement' of a student in a supervised educational experience is an integral part of a student's education in which a student may observe, inquire, participate, contribute, and learn.

KHS 300 (Pre-Fieldwork Seminar) is designed to provide an in-depth overview of the Fieldwork Program. If the student wishes to complete their Fieldwork requirement outside the province of Saskatchewan, it is highly recommended that the student complete KHS 300 two to four terms prior to registering for KHS 400/KIN 405 (Fieldwork- BKIn and

BSRS) or HS 448/HS 450 (Fieldwork - BHS) in order to allow for enough preparatory time.

Fieldwork is designed to assist the student with the transition from the academic present to the professional future. It is an opportunity to engage in the practical application of theories in a real-world environment. Fieldwork is considered to be a senior part of the academic program and must be completed within 12 months of completion of KHS 300 (Pre-Fieldwork Seminar). Students must have their major required courses completed (if applicable) before beginning Fieldwork.

The fieldwork requirements are 9 credit hours graded pass/fail with feedback and evaluations made by both the agency and fieldwork coordinator (KHS 400 - BKIn and BSRS; or HS 448 - BHS), and a 6 credit hour numerically graded component – KHS 405 (Fieldwork Project – BKIn and BSRS) or HS 450 (Fieldwork Project – BHS). The total is a 15 credit hour, full-term placement; KHS 400 and KHS 405, or HS 448 and HS 450, must be taken concurrently. Students completing both the BHS and the BKIn may be permitted to use HS 448 (Fieldwork) to meet the requirements of KHS 400 (Fieldwork), provided that the integrity of both programs is maintained. Students must be admitted to the BHS, regardless of whether it is listed as their primary program of study. This provision is subject to prior approval by the Associate Dean (Undergraduate) and the Experiential Learning Coordinator.

A student required to discontinue from their placement (terminated by the agency or fieldwork coordinator) will receive a grade of 'F' for KHS 400/HS 448, and a grade of NP for KHS 405/HS 450 and may be required to seek out additional services identified by the Experiential Learning Coordinator/ Associate Dean (Undergraduate) that may assist in their personal and/or professional development. The earliest the student will be allowed to repeat KHS 400/KHS 405 or HS 448/HS 450 will be the next scheduled term (pending an approved placement).

Deadlines for Registration in KHS 400 and HS 448 (Fieldwork)

Term	Deadline
Spring/Summer and Fall	March 25
Winter	November 25

Students not possessing the required program grade point average (PGPA) and major grade point average (GPA) by the registration deadline normally will not be allowed to register for fieldwork in the subsequent term. The rationale for this is that a student may be holding a spot with an agency preventing a fully-qualified student from accessing it, and that the agency may be disadvantaged if the student doesn't meet the average requirement and they are without a planned intern for the term.

For more information on the Fieldwork Program please refer to the Fieldwork section <http://www.uregina.ca/kinesiology>.

Certification by Outside Agencies

Please be aware that, depending on the qualification of the instructor, students may be able to qualify for certification as outlined below:

Certification from outside agencies may be available for students who successfully complete one or more of the following courses:

- KHS 182 (National Coaching Certification Program Introduction to Competition, Part A and B.)
- KIN 350 (Canadian Society for Exercise Physiology-Certified Personal Trainer and Saskatchewan Park Recreation Association – Basic Fitness Theory)
- KIN 355 and KIN 373 (National Coaching Certification Program Level 3 Theory – Note: students MUST have National Coaching Certification Program Level 1 and 2 Theory or Introduction to Competition, Part A and B in order to qualify for Level 3 Theory)
- KIN 450 (Canadian Society for Exercise Physiology-Certified Exercise Physiologist)

Students should consult with the instructor before courses begin (or when they register) to determine if certification is an option.

Certification by the National Council on Therapeutic Recreation

Certification can be obtained by students graduating with a BSRS, major in Therapeutic Recreation (THRC) provided the courses recommended by NCTRC have been included in the student's program. By nature of the courses required in the BSRS – THRC major, students will not have any difficulty meeting these requirements. For the most current certification standards, visit www.nctrc.org.

Admission, Re-Admission, and Transfer

Refer to the [Admissions section](#) of this Calendar.

Students interested in a degree program in the Faculty should make note of the admission requirements as they are slightly different between the Bachelor of Kinesiology (BKIn), Bachelor of Sport and Recreation Studies (BSRS) and Bachelor of Health Studies (BHS). Although only one 30-level science from Biology, Chemistry or Physics is required for admission to the BKIn and BSRS, students interested in the BKIn are strongly encouraged to take all three courses. Students interested in the BSRS – Sport and Recreation Management major can use Computer Science 30 to meet this requirement.

The high school admission average to the BKIn and BSRS is 70.00%. Students with a high school admission average of 65.00%-69.99% will be admitted to their intended program as a QUALIFYING student and require mandatory programming (until a minimum of 18 credit hours have been completed).

Admission to the Bachelor of Sport and Recreation Studies – Sport and Recreation Management Internship and the Joint Bachelor of Sport and Recreation Studies Internship/ Bachelor of Business Administration requires a minimum PGPA of 70.00% and application prior to completion of 75 credit hours. This is a competitive entry program. For additional admission information, please meet with an academic advisor in the faculty.

Students seeking admission to the Bachelor of Health Studies, or the Certificate in Health Studies should refer to the Faculty of Kinesiology and Health Studies Transfer Programs section.

Note: Bachelor of Health Studies students are not eligible for admission to the Certificate in Health Studies.

Students seeking admission to the faculty, but who may not meet all requirements may be eligible for special admission through either the KHS Qualifying program or Mature Admission categories. For specific information, please refer to the Admissions section of this Calendar.

Graduates of diploma programs with which the faculty has articulated transfer agreements will be admitted to the respective majors based on the diploma. In addition, students must have obtained a minimum average of 60.00%.

Students who have failed more than 15 credit hours are not eligible for transfer to the Faculty of Kinesiology and Health Studies, except with permission from the Office of the Associate Dean (Undergraduate).

Concurrent Programs

KHS students may take a secondary program in another faculty; KHS students may take a secondary program from within KHS (with some limitations); Student's from other faculties may take a secondary program in KHS with approval of the Associate Dean, KHS, or designate.

Residency Requirements and Recognition of Prior Learning

Bachelor of Kinesiology, Bachelor of Sport and Recreation Studies, Bachelor of Sport and Recreation Studies Internship

Students must fulfill their program completion requirements with a minimum of 35% (42+ credit hours) with University of Regina course work. Some programs may require the student to complete more than the minimum specified in this regulation but not less than the minimum specified.

Diploma or Certificate Programs

Students must fulfill their program completion requirements with a minimum of 50% of their credit hours, or at least 9 credit hours for those certificates with 18 credit hours or less, with University of Regina course work.

Prior Learning Assessment and Recognition (PLAR)

The Faculty of Kinesiology and Health Studies will evaluate and grant credit for qualifying previous formal and non-formal learning that is equivalent to Faculty courses or programs (up to 15 credit hours). Recognized prior learning will be applied toward the requirements of Faculty programs.

The University of Regina processes used for evaluating prior learning include:

- assessment of educational documents;
- assessment of portfolios that identify and verify prior learning;
- assessment through challenge processes such as written or oral examinations, interviews, projects, assignments, performance/skill demonstrations, product assessments; and
- assessment of external courses/programs from non-post-secondary organizations in conformance with RPL – Assessment of External Courses from Non-Post-Secondary Institutions for

Faculty Credit will be awarded for learning equivalent to the standards required by the programs in which the credit is sought. It will not be awarded for experience alone.

Credit will be awarded for learning which reflects both the theoretical and practical components in a balance consistent with the outcome requirements of courses/programs. The learning for which credit is being sought must be applicable outside the specific context in which it was learned and serve as a basis for further learning. The assessment of competence levels and determination of credit awards will be made by the appropriate content specialists. Final approval for credit will be the responsibility of the Dean, or designate, Faculty of Kinesiology and Health Studies.

Transfer Credit

Courses taken at accredited universities and colleges in North America are evaluated by the Faculty, when the student first registers for credit towards the Faculty of Kinesiology and Health Studies program. Students must provide a detailed course syllabus for each course they are seeking transfer credit. Grades are not transferred. For more information about evaluation of credit for courses completed outside Canada and the United States, please refer to the Admissions section of this Calendar. The Faculty requires a minimum grade of 60% (or University of Regina equivalent) in each course for which transfer credit is sought.

The Faculty of Kinesiology and Health Studies has negotiated 60 credit hour transfer agreements with the following institutions:

- Lethbridge College, Therapeutic Recreation, Gerontology Diploma (admission to the Therapeutic Recreation major);
- Lethbridge College; Exercise Science Diploma (admission to the Human Kinetics major);
- Lethbridge College; Massage Therapy Diploma (admission to the Human Kinetics major);
- Saskatchewan Polytechnic, Therapeutic Recreation Diploma (admission to the Therapeutic Recreation major);
- Saskatchewan Polytechnic, Recreation and Tourism Management Diploma (admission to the Sport and Recreation Management major);
- Saskatchewan Polytechnic, Dental Hygiene Diploma (admission to the BHS);
- Saskatchewan Polytechnic, Advanced Care Paramedic (admission to the BHS);
- Saskatchewan Polytechnic, Health Information Management (admission to the BHS)
- Red Deer College, Kinesiology and Sport Studies Sport Management Diploma (admission to the Sport and Recreation Management major);
- Red Deer College, Kinesiology and Sport Studies General Diploma (admission to the Human Kinetics major);
- College of the Rockies, Human Kinetics Diploma (admission to the Human Kinetics major);
- College of the Rockies, Health and Human Performance Diploma (admission to the Human Kinetics major);

- Northern Alberta Institute of Technology (NAIT), Personal Fitness Trainer Diploma (admission to BKin, Human Kinetics major).

Additional agreements are in progress. For specific information regarding transfer agreements, contact the [Faculty of Kinesiology and Health Studies Academic Services](#).

If students wish to take courses at another post-secondary institution and apply those credits to the BKin, BSRS, or BHS, they must obtain prior approval. Students should make an appointment through the KHS Academic Services Office at 306-585-4360 or KHS.AcademicServices@uregina.ca to determine whether the courses are transferable, and request a letter of permission.

PLAR and Transfer Credit

Credit for PLAR and Transfer Credit are not included or counted in University of Regina residency credit hours.

Academic Advising and Registration

Academic Advising

Students admitted to the Faculty of Kinesiology and Health Studies are encouraged to seek academic advising prior to registration. Upon receipt of their letter of acceptance, students can contact 306-585-4360 or KHS.AcademicServices@uregina.ca to schedule an appointment. Students may also access information about the academic programs at www.uregina.ca/kinesiology and through UR Self-Service. Advising is encouraged at least once per academic year.

Registration

Registration will commence on the days stipulated by the Registrar's Office. Students should consult [UR Self-Service](#).

Registration Overload

The normal maximum course load for fall and winter terms is 15 credit hours, and for Spring/Summer session is 12 credit hours. Students can request permission from the Associate Dean, or designate, to carry up to 3 additional credit hours. To be eligible for consideration, they must have successfully completed 30 credit hours and have a minimum 70.00% UGPA.

Evaluation of Academic Performance

Dean's Honours List

The Dean's Honour List is compiled each term and includes students who achieve a term grade point average (TGPA) of at least 85.00% on a minimum of 12 credit hours of numerically-graded University of Regina courses. This ruling appears on the student's official transcript.

Probation and Discontinuance

Refer to the [Academic Regulations](#) section in this Calendar for all University regulations governing Academic Performance.

Faculty Regulations – BKin and BSRS

Courses required for the student's major that are twice failed will result in a requirement to discontinue indefinitely from that major. If the course is twice failed and it is a requirement in all majors the student will be required to discontinue indefinitely from that degree. If it is a requirement for all programs offered by the faculty, they will be required to discontinue indefinitely from the faculty. Refer also to the Academic Regulations section of this Calendar.

Re-Admission or Transfer after Being Required to Discontinue (RTD) or Forced to Withdraw (MW)

Students who have been required to discontinue from another faculty, or the Faculty of Kinesiology and Health Studies (RTD) or from another post-secondary institution or forced to withdraw from the University (MW) must petition for admission or re-admission, in writing, to the Associate Dean (Undergraduate), Faculty of Kinesiology and Health Studies, Centre for Kinesiology, Health and Sport, Room 170. Refer the Admissions section of this Calendar for petition deadlines and procedures.

The decision of the Faculty with respect to admission and conditions for continuation is final.

Definition of Major GPA

BKin - Courses used to define the major GPA for the BKin include the 33 credit hours identified for the BKin majors (Human Kinetics, Health Promotion, Gerontology, and Physical Literacy).

BSRS - Courses used to define the major GPA for the BSRS include the 39 credit hours identified for the BSRS majors (currently Sport and Recreation Management and Therapeutic Recreation).

Note: The Bachelor of Health Studies does not have a declared major.

KHS 400 and KHS 405/HS 448 and HS 450 (Fieldwork) and Academic Probation

Students cannot enroll in KHS 400 and KHS 405/ HS 448 and HS 450(Fieldwork) if they are on academic probation.

Time Limits and Graduation Requirements

General information on graduation is located Graduation section of this Calendar. Students must submit an Application for Graduation form by the dates specified in this Calendar.

Notation on Parchment and Transcript	Minimum Averages
Distinction	80.00% PGPA
Great Distinction	85.00% PGPA
Honours	70.00% PGPA and 75.00% major GPA
High Honours	85.00% major GPA in honours degree program

Note: Honours and High Honours recipients are not eligible for Distinction or Great Distinction designations at the point of graduation.

Time Limits

Students who have already been awarded a Bachelor of Physical Activity Studies degree or a Bachelor of Kinesiology degree (prior to 201020) are not eligible to obtain a Bachelor of Kinesiology degree as stipulated in the following regulation (the Graduation section of this Calendar): "The principal area of study or academic emphasis of each degree must be distinct from that of the previous degree."

KHS 100 Completion

All degree seeking students registered in the Faculty of Kinesiology and Health Studies must complete KHS 100 within the first 45 credit hours (4 terms) in the faculty.

Bachelor of Kinesiology (BKin) and Bachelor of Sport and Recreation Studies (BSRS)

In order to receive the Bachelor of Kinesiology or the Bachelor of Sport and Recreation Studies, students must successfully complete all program requirements with a minimum PGPA of 60.00% and a minimum Major GPA of 65.00%. The Bachelor of Kinesiology, Physical Literacy major, requires a minimum PGPA of 65.00%.

Bachelor of Kinesiology Honours and Bachelor of Sport and Recreation Honours

In order to receive the Bachelor of Kinesiology Honours or the Bachelor of Sport and Recreation Studies Honours, students must successfully complete all program requirements with a minimum PGPA of 70.00% and a minimum Major GPA of 75.00%.

Bachelor of Sport and Recreation Studies Internship

In order to receive the Bachelor of Sport and Recreation Studies – Sport and Recreation Management Internship, student must successfully complete all program requirements with a minimum PGPA of 70.00% and a minimum Major GPA or 75.00%.

Bachelor, Diploma, and Certificate of Health Studies

In order to receive the Bachelor, Diploma or Certificate of Health Studies, students must complete all program requirements with a minimum PGPA of 65.00%.

Athletic Therapy Program

Athletic Therapy may be taken as part of a partnership between the University of Regina and a Certified Athletic Therapist Association (CATA) accredited institution. Details are being finalized on new partnership arrangement. For information, please contact us at: KHS.AcademicServices@uregina.ca or 306-585-4360.

International Designation

To qualify for the International designation, students must meet at least one (1) of the following graduation requirements:

- Successfully complete an approved out-of-country study term with a minimum of nine (9) credit hours, such as fieldwork, or a recognized exchange.

- Successfully complete a minimum of nine (9) credit hours of approved course work at an out-of-country post-secondary institution.
- Successfully complete a minimum of one (1) approved three (3) credit hour course with 'international' content on campus in combination with an out-of-country experience. The out-of-country experience will constitute no less than three (3) credit hours. Examples of courses designated 'international' could be a foreign language (not including French) or a course in global education.

Process: The Academic Program Coordinator, in consultation with the Associate Dean (Undergraduate), will coordinate the International Designation activities of the Faculty. Students will be required to submit a brief proposal on the out-of-country experience they wish to pursue and seek prior approval. Each request will be reviewed on a case-by-case basis to determine the significance of the international experience.

Other Faculty Regulations

Failed Courses

Failed courses include grades of "NP". If the failed course is a prerequisite to one in which the student is enrolled in the next term, it is the students' responsibility to drop the course they are no longer eligible to take.

Students are strongly encouraged to replace or repeat courses with failing grades as early as possible in the program.

Deferred Examinations and Medical or Compassionate Withdrawals

Students who are unable to complete a course for serious medical or personal reasons should contact the Faculty as soon as possible. Consult the [Academic Regulations](#) of the Undergraduate Calendar for more information.

Deferral of Final Examinations

The Faculty of Kinesiology and Health Studies has the following policy regarding the deferral of Final Examinations, in addition to any University regulations:

Final examinations may not be written prior to the date of the scheduled examination, unless the Associate Dean (Undergraduate) has given written permission. Such permission will only be given in exceptional circumstances and in consultation with the instructor.

A final exam may be deferred only under the following circumstances:

- the student is ill and/or hospitalized during the final examination; or
- for compassionate reasons (i.e. death or critical illness of a family member).

If a deferred examination is granted, common exam dates will be set by the Office of the Associate Dean (Undergraduate). All deferred exams will be scheduled within the first month following the end of the term except for special circumstances described in the Academic

Regulations section and will normally be scheduled for the third Saturday of that month.

Stale-dated Courses

Students who are admitted or re-admitted to the Faculty of Kinesiology and Health Studies, having completed courses in their degree program more than eight years ago, may be required by the Faculty to update their knowledge by repeating or taking additional courses. The decisions will be made by the Office of the Associate Dean (Undergraduate).

Scheduling of Fieldwork

KHS 400 and KHS 405 (BKIn and BSRS) or HS 448 and HS 450 (BHS) must be taken within twelve months (three terms) of completion of KHS 300 (Pre-Fieldwork Seminar). The Experiential Learning Coordinator reserves the right to require a student to re-take KHS 300 (Pre-Fieldwork Seminar) if the organized Fieldwork Practicum falls outside of the three-term time restriction.

Experimental Courses

Courses numbered 181 AA-ZZ, 281 AA-ZZ, 381 AA-ZZ, or 481 AA-ZZ are designated special topics courses within the Faculty of Kinesiology and Health Studies. Special topics courses are those requiring pilot offerings prior to finalization of course content.

Faculty Appeal Procedures

If there are extenuating circumstances related to their academic performance, students may appeal the application of academic probation or a requirement to discontinue by writing to:

Kinesiology and Health Appeals Committee (KHAC)
c/o Associate Dean (Undergraduate)
Faculty of Kinesiology and Health Studies, University of Regina
Regina, SK S4S 0A2

The KHAC and the Associate Dean (Undergraduate) do not hear appeals of grades; consult the [Student Code of Conduct and Right to Appeal](#) section of this Calendar. The authority to approve substitutions or waive requirements rests with the Associate Dean, provided that the Faculty's basic requirements (minimum credit hours, etc.) are met.

Academic Programs

Bachelor of Kinesiology (BKin) Core

Students must choose a major from human kinetics, health promotion or gerontology. Students must complete KHS 100 (Seminar in Kinesiology and Health Studies) within their first year of admission to the Faculty. This course is normally only offered in the fall term.

Credit Hours	Bachelor of Kinesiology (BKIN) Core Required Courses
Core Requirements	
.0.0	KHS 099 (must be completed in first term)
3.0	KIN 105
3.0	KIN 110
3.0	KIN 115
3.0	KIN 120
3.0	KIN 170
3.0	KIN 180
3.0	KIN 220
3.0	KIN 260
3.0	KIN 267
3.0	KIN 269
3.0	KIN 275
3.0	KIN 280
3.0	KIN 285
3.0	KIN 370
3.0	KIN 420
3.0	One of KIN 101 or ENGL 100
3.0	One of SOST 201, STAT 100 or STAT 160
3.0	One of PHIL 270, PHIL 272, PHIL 273, PHIL 276, or KIN 205
0.00	KHS 100 (exempt if credit received for KHS 101)
0.00	KHS 300
18.0	Six Electives (<u>may</u> include max. two activity-based courses from KHS 131, KHS 132, KHS 135, KHS 231, KHS 232, KHS 233)
9.0	KHS 400*
6.0	KHS 405**
87.0	Subtotal

Bachelor of Kinesiology Majors

Students enrolled in the BKin will select one of the following majors:

Human Kinetics

Credit Hours	Human Kinetics Major Required Courses
Major Required	
3.0	KIN 241
3.0	KIN 278
3.0	KIN 341
3.0	KIN 342
3.0	KIN 350
3.0	KIN 369
3.0	KIN 380
3.0	KIN 385
3.0	KIN 450
Major Elective	
6.0	Choose two courses from: BIOL 100, BIOL 101, BIOL 140, PHYS 109, CHEM 104, KIN 240, KIN 268, KIN 321, KIN 355, KIN 356, KIN 3578, KIN 373, KIN 375, KIN 378, KIN 382, KIN 386, KIN 451, KIN 475, KIN 478, KIN 485, HS 200, SRS 115, SRS 220, KHS 325
33.0	Subtotal

Gerontology

***Note:** This major builds on courses offered through Mount Royal University. Currently, the MRU courses have been suspended, but other options are available for completion of the major. If interested, please discuss with an academic advisor.

Credit Hours	Gerontology Major Required Courses
Major Required	
3.0	KIN 268
3.0	KIN 240
3.0	KIN 485
3.0	SRS 220
3.0	HS 200
3.0	GERO 4401 (MRU)
3.0	GERO 4403 (MRU)
Major Elective	
6.0	Choose two courses from: GERO 4405 (MRU), GERO 4407 (MRU), GERO 4413 (MRU)
6.0	Choose two courses from: KIN 278, SRS 115 (KHS 156), THRC 245, KHS 325, ECON 253, HJ 333, SW 412, SW 470
33.0	Subtotal

Health Promotion

Credit Hours	Health Promotion Major Required Courses
Major Required	
3.0	KIN 240
3.0	KIN 278
3.0	KIN 378
3.0	KIN 478
3.0	SRS 220
3.0	ECON 253
3.0	HS 200
3.0	INHS 100
Major Electives	
9.0	Choose three from: KIN 321, KIN 475, KIN 485, HS 300, SRS 115, SRS 215, KHS 325, ECON 353, THRC 245
33.0	Subtotal

Physical Literacy

Note: This major is restricted to students enrolled in the Joint Bachelor of Education/ Bachelor of Kinesiology program.

Credit Hours	Physical Literacy Major Required Courses
3.0	One of: KHS 132, KHS 182, KIN 350, KIN 373, or KIN 375
3.0	KHS 135
3.0	KHS 139
3.0	KHS 231
3.0	KHS 232
3.0	KHS 233
3.0	EHE 258
3.0	EOE 224
3.0	EOE 338
3.0	EPE 100
3.0	EPE 300
33.0	Subtotal

Athletic Therapy

Note: This major is restricted to students enrolled in a recognized partnership program. Details on a revised partnership are being determined. Athletic Therapy cannot be declared at the time of admission as this is a select entry program and very competitive. Students interested in this program should meet the admission requirements for the BKIN – Human Kinetics major.

Credit Hours	Athletic Therapy Major Required Courses
3.0	KHS 135
3.0	KIN 278
3.0	KIN 268
3.0	KIN 350
3.0	KIN 355
3.0	KIN 369
3.0	KIN 375
3.0	KIN 380
3.0	KIN 385
3.0	KIN 450
21.0	Athletic Therapy transfer credit
51.0	Subtotal

Bachelor of Kinesiology Honours Requirements

Students interested in the BKin Honours program should contact the Faculty of Kinesiology and Health Studies for application requirements. Students will complete KIN 498 (Honours Proposal) and KIN 499 (Honours Thesis) in place of two General Electives; these courses count toward the major GPA Honours is only available to a single major declaration. Students must still complete Fieldwork as outlined in their program.

Bachelor of Kinesiology (BKIN) with Two Majors

The Faculty of Kinesiology and Health Studies will grant a BKin with two majors to students who have successfully completed all degree requirements for both majors (excluding honours). The Faculty must be notified (in writing) of the decision to complete two majors prior to registration in third year (before the completion of 75 credit hours). The Physical Literacy major is excluded from this policy and is not accessible to students outside of the designated program.

Bachelor of Kinesiology Human Kinetics Concentrations (Optional)

The following concentrations are available for students in the Bachelor of Kinesiology, Human Kinetics major only:

High Performance

Credit Hours	High Performance Concentration Required Courses
3.0	KIN 355
3.0	KIN 373
3.0	KIN 375
3.0	KIN 475
3.0	SRS 115
3.0	SRS 220
18.0	Total

Adaptation and Rehabilitation

Credit Hours	Adaptation and Rehabilitation Concentration Required Courses
3.0	THRC 200 or KHS 325
3.0	KIN 240
3.0	KIN 378
3.0	KIN 447
3.0	KIN 485
3.0	SRS 220
18.0	Total

Minors (Optional)

The Faculty of Kinesiology and Health Studies will grant a BKin or BKin Honours with minors to students who have successfully completed all of the requirements for the minor (excluding a minor in Kinesiology) with a minimum GPA of 65.00%. Students can declare up to two minors. For detailed information on the minor requirements, please refer to the faculty and/or department offering that minor. The Physical Literacy major is excluded from this policy and is not accessible to students outside of the designated program.

Note: Students cannot use more than two required courses in their degree program, including KIN 170 (Lifestyle, Health and Wellness), toward the Minor in Kinesiology.

Definition of Minor in Kinesiology

Students may adopt the following minor in Kinesiology if their faculty/program has approved the inclusion:

Credit Hours	Minor in Kinesiology Required Courses
3.0	KIN 170
3.0	Five additional KIN courses (or their KHS equivalent prior to 201020) (maximum of six additional credit hours at the 100-level which may include KHS 139, KHS 168AA, KHS 168AB – no other KHS courses are allowed)
3.0	
3.0	
3.0	
3.0	
18.0	Subtotal

Bachelor of Education/ Bachelor of Kinesiology Conjoint Degrees Program

Refer the [Faculty of Education](#) section.

This five-year program is offered jointly by the Faculty of Education and the Faculty of Kinesiology and Health Studies under the supervision of a joint coordinating committee of the two faculties. It consists of a minimum of 150 credit hours. Depending on the minor chosen, students may be required to complete additional credit hours. Once students enter the program, they must complete the entire integrated program to graduate with either degree. Should a student decide to pursue only one of the degrees identified, they must officially apply to transfer out of the joint program. Upon completion, students will receive a Bachelor of Education (Physical Education major) and a Bachelor of Kinesiology (Physical Literacy major).

Students may apply directly from high school or as a transfer student through either faculty.

Admission Criteria and Application Process

Students applying into the Joint BEd/ BKin Program must meet the admission criteria for both the Faculty of Education and the Faculty of Kinesiology and Health Studies (BKin). Application deadline dates and processes can be found in Admissions section of this Calendar.

Academic Advising

Academic advising will be done jointly with representatives from both faculties.

Conjoint Program Academic Performance and Progress

Student performance will be governed by both the university academic standards (see Academic Regulations section in this Calendar) and program standards as outlined in the Faculty of Education section of this Calendar.

Appeals of Academic Standing

If there are extenuating circumstances related to their academic performance, students may appeal the application of academic probation, requirement to discontinue, or must withdraw by writing to:

BEd/ BKin Joint Program Review Committee
c/o Faculty of Education Student Program Centre (ED 354) University of Regina, SK S4S 0A2
Fax: 306-585-4006

Re-Admission after being Required to Discontinue from the Conjoint Program

Students who have been required to discontinue from the joint program must petition using the Teacher Education Profile and a letter of petition to the BEd/ BKin Joint Program Review Committee by February 1 for the subsequent fall term.

Conjoint Degrees Program Course Requirements

Students must complete:

- All Bachelor of Education (Physical Education major) course requirements as outlined in Faculty of Education Secondary Program (Majors) section;

- All Bachelor of Kinesiology core requirements as outlined in Bachelor of Kinesiology Core section with the following exceptions:
- Students must complete ENGL 100 as their writing competency course. They must complete KHS 100.

Fieldwork (KHS 400 and KHS 405) will be given credit through successful completion of EFLD 400 (Internship). The EFLD 400 internship will be modified in order to maintain the integrity of the BKin, while also meeting the requirements outlined by the Faculty of Education.

All requirements of the [Physical Literacy major](#) outlined in the Bachelor of Kinesiology Majors section.

Integrated Sequencing of Program Requirements

Secondary BEd/BKin Joint Program Physical Education Major / Physical Literacy Major (150 Credit Hours)	
Term 1 (Fall)	Term 2 (Winter)
ECS 101 (3) ENGL 100 (3) EPE 100 (fall only) (3) KHS 100 (0) KHS 135 (3) KIN 170 (3)	BUS 007 (0) EHE 258 (3) KHS 139 (3) KIN 120 (3) KIN 180 (3) KIN 260 (3)
Term 3	Term 4
ECS 102 (3) KHS 232 (3) KIN 115 (3) KIN 267 (3) KIN 275 (3)	KHS 231 (3) KIN 105 (3) KIN 110 (3) KIN 269 (3) KIN 280 (3)
Term 5	Term 6
Elective (3) EOE 224 (3) KIN 285 (3) KIN 370 (3) One of STAT 100, 160, or SOST 201(3)	EOE 338 (3) One of KHS 132, 182, or KIN 375 (3) KIN 220 (3) KHS 233 (3) Minor (3) (note 1)
Term 7	Term 8
ECS 203 (3) ECS 303 (3) EHE 300 (3) EPE 300 (major curriculum course) (3) E (minor curriculum course) (3) KHS 300 (0)	ECS 310 (3) ECCU 400 (3) ECS 401 (3) EFLD 350 (0) EHE 350 (major education course) (3) EPE 350 (major instructional course) (3)
Term 9	Term 10
EFLD 400 (internship) (15)	EPSY 400 or KIN 420 (3) One of PHIL 270, 272, 273, 276, or KIN 205 (3) Minor (3) Open elective (3) Open elective (3)
Note: 1. Minors are restricted for Joint degrees students. Minors must include EHE or EOE. Other minors may be possible with additional credits.	

Bachelor of Sport and Recreation Studies (BSRS)

Students must choose a major from Sport and Recreation Management or Therapeutic Recreation. KHS 100 must be completed within the first year of admission to the Faculty.

The core requirements for the Bachelor of Sport and Recreation Studies are as follows:

Credit Hours	Bachelor of Sport and Recreation Studies Required Courses
Core Requirements	
0.0	KHS 099 (Must be completed in the first term)
3.0	KIN 105
3.0	KIN 110
3.0	KIN 115
3.0	KIN 170
3.0	KIN 220
3.0	KIN 420
3.0	SRS 105
3.0	SRS 110
3.0	SRS 115
3.0	SRS 120
3.0	SRS 215
3.0	SRS 220
3.0	SRS 320
3.0	THRC 200
3.0	One of KIN 101 or ENGL 100
3.0	One of SOST 201, STAT 100 or STAT 160
3.0	One of PHIL 270, PHIL 272, PHIL 273, PHIL 276, or KIN 205
0.00	KHS 100 (exempt if credit received for KHS 101)
0.00	KHS 300
15.0	Five Electives (may include max. two activity-based courses from KHS 131, KHS 132, KHS 135, KHS 231, KHS 232, KHS 233)
9.0	KHS 400
6.0	KHS 405
81.0	Subtotal

Bachelor of Sport and Recreation Studies Majors

Students enrolled in the BSRS will select from the following majors:

Sport and Recreation Management

Credit Hours	Sports and Recreation Management Major Required Courses
Major Required	
3.0	SRS 130
3.0	SRS 230
3.0	SRS 340
3.0	SRS 440
3.0	BUS 210
3.0	BUS 250
3.0	BUS 260
3.0	BUS 285
3.0	ECON 100 (or ECON 201)
3.0	ECON 238
Major Electives	
3.0	Choose three from: SRS 132, SRS 133, SRS 360, SRS 351, SRS 450, SRS 460, SRS 465 (KHS 443), BUS 205, BUS 288, BUS 290, BUS 312, BUS 317, BUS 414, CTCH 213, CTCH 214, any LG course, any PR course
3.0	
3.0	
39.0	Subtotal

Therapeutic Recreation

Credit Hours	Therapeutic Recreation Major Required Courses
Major Required	
3.0	PSYC 101
3.0	PSYC 102
3.0	PSYC 230
3.0	PSYC 333
3.0	SRS 241
3.0	KIN 260
3.0	KIN 267
3.0	THRC 245
3.0	THRC 300
3.0	THRC 447
Major Electives	
3.0	Two course from: THRC 240, THRC 342, THRC 344, or THRC 346
3.0	
3.0	Choose one of: KIN 180 or PSYC 210
39.0	Subtotal

Note: Students seeking certification by the NCTRC (National Council on Therapeutic Recreation Certification) should consult the most recent certification standards online at www.nctrc.org.

Bachelor of Sport and Recreation Studies Internship (BSRS-SRMI)

Currently, the BSRS internship is only available to the Sport and Recreation Management major. The core requirements for the Bachelor of Sport and Recreation Studies Internship are as follows:

Credit Hours	Bachelor of Sports and Recreation Studies Internship Required Courses
Core Requirements	
0.0	KHS 099 (Must be completed in the first term)
3.0	KIN 105
3.0	KIN 110
3.0	KIN 115
3.0	KIN 170
3.0	KIN 220
3.0	KIN 420
3.0	SRS 105
3.0	SRS 110
3.0	SRS 115
3.0	SRS 120
3.0	SRS 215
3.0	SRS 220
3.0	SRS 320
3.0	THRC 200
3.0	One of KIN 101 or ENGL 100
3.0	One of SOST 201, STAT 100 or STAT 160
3.0	One of PHIL 270, PHIL 272, PHIL 273, PHIL 276, or KIN 205
0.00	KHS 100 (exempt if credit received for KHS 101)
0.00	KHS 300
0.00	KHS 001
0.00	KHS 002
0.00	KHS 003 (if completing 12-month internship)
21.0	Seven Electives (may include max. two activity-based courses from KHS 131, KHS 132, KHS 135, KHS 231, KHS 232, KHS 233)
72.0	Subtotal

Sport and Recreation Management Internship Major

Credit Hours	Sports and Recreation Management Internship Major Required Courses
Major Required	
3.0	SRS 130
3.0	SRS 230
3.0	SRS 340
3.0	SRS 440
3.0	SRS 450
3.0	BUS 210
3.0	BUS 250
3.0	BUS 260
3.0	BUS 285
3.0	ECON 100 (or ECON 201)
3.0	ECON 238
Major Elective	
15.0	Choose five courses from: SRS 132, SRS 133, SRS 360, SRS 351, SRS 460, SRS 465 (KHS 443), BUS 205, BUS 288, BUS 290, BUS 312, BUS 317, BUS 414, CTCH 213, CTCH 214, any LG course, any PR course
48.0	Subtotal

Bachelor of Business Administration (BBA) and Bachelor of Sports and Recreation Studies Internship (Sport and Recreation Management Internship major) (BSRS-SRMI) Conjoint Program

This five-year program is offered jointly by the Faculty of Business Administration and Faculty of Kinesiology and Health Studies under the supervision of a joint coordinating committee of the two faculties. The BBA/BSRS Conjoint Program consists of a minimum of 150 credit hours. A student may be required to complete additional credit hours. Students admitted to the BBA/BSRS Conjoint Program must complete the entire integrated program to graduate with either degree. Should a student decide to pursue only one of the degrees identified, they must officially apply to transfer out of the joint program. Upon completion, students will receive a Bachelor of Business Administration (any major) and a Bachelor of Sports and Recreation Studies Internship (Sport and Recreation Management Internship major).

Students may apply directly from high school or as a transfer student through either faculty.

Admission Criteria and Application Process

Students applying into the BBA/BSRS Conjoint Program must meet the admission criteria for both the Faculty of Business Administration (BBA) and Faculty of Kinesiology and Health Studies (BSRS) High School Admission: required course work with minimum average of 70.00%; Transfer admission: minimum 70.00% UGPA. Application deadline dates and processes can be found in the Admissions section of this Calendar.

Academic Advising

Academic advising will be done jointly with representatives from both faculties.

Conjoint Program Academic Performance and Progress

Student performance will be governed by both the university academic standards (Academic Regulations section of this Calendar) and Evaluation of Academic Performance sections for each faculty.

Graduation Requirements

A minimum PGPA of 70.00% is required for graduation.

Appeals of Academic Standing

If there are extenuating circumstances related to academic performance, students may appeal the application of academic probation or a requirement to discontinue by e-mailing:

BBA/BSRS Conjoint Program Review Committee
c/o Faculty of Business Administration: Business.AD.Hill@uregina.ca
and Faculty of Kinesiology and Health Studies:
KHS.UG-AssocDean@uregina.ca

Re-Admission after being Required to Discontinue from the Conjoint Program

Students who have been required to discontinue from the conjoint program must petition to the BBA/BSRS Conjoint Program Review Committee.

BBA/BSRS Conjoint Program Course Requirements

Students must complete:

- All Bachelor of Business Administration course requirements as outlined in the Faculty of Business Administration section;
- All Bachelor of Sports and Recreation Studies Internship (Sport and Recreation Management Internship major) course requirements as outlined in the Faculty of Kinesiology and Health Studies section with the following exceptions:
- Students must complete ENGL 100 as their writing competency course;
- BUS 306 will be used to fulfill the KIN 205/PHIL requirement; and
- BUS 307 will substitute for SRS 340 in the major.

Requirements for the Joint Bachelor of Business Administration and Bachelor of Sport and Recreation Studies Internship – Sport and Recreation Management Internship are as follows:

Credit hours	BBA/BSRS-SRMI Conjoint Program Required courses
3.0	BUS 100
3.0	BUS 205
3.0	BUS 210
3.0	BUS 250
3.0	BUS 260
3.0	BUS 275
3.0	BUS 285
3.0	BUS 288
3.0	BUS 290
3.0	BUS 306
3.0	BUS 307
3.0	BUS 375
3.0	BUS 400
3.0	NEW BUS 4XX/SRS 450 (cross listed)
6.0	Two of: BUS 312, 317, 414
12.0	Four BUS/ADMN electives
3.0	KIN 105
3.0	KIN 110
3.0	KIN 115
3.0	KIN 170
3.0	KIN 220
3.0	KIN 420
3.0	SRS 105
3.0	SRS 110
3.0	SRS 115
3.0	SRS 120
3.0	SRS 130
3.0	SRS 215
3.0	SRS 220
3.0	SRS 230
3.0	SRS 320
3.0	SRS 440
3.0	THRC 200
3.0	CS 100 or 110
3.0	ECON 201
3.0	ECON 202
3.0	ECON 238
3.0	ENGL 100
3.0	MATH 103 or 110
3.0	STAT 100
9.0	Three introductory courses selected from Humanities/Social Sciences
9.0	Three courses beyond the introductory level in Computer Science, Mathematics and Statistics, and/or Humanities/Social Sciences
Non-credit requirements	
0.0	BUS 007
0.0	KHS 100
0.0	KHS 300

Credit hours	BBA/BSRS-SRMI Conjoint Program Required courses
Internship courses	
0.0	KHS 001
0.0	KHS 002
0.0	KHS 003 (if completing 12-month internship)
150.0	Total: PGPA of 70.00%

Bachelor of Sport and Recreation Studies Honours Requirements

Students interested in the BSRS Honours program should contact the Faculty of Kinesiology and Health Studies for application requirements. Students will complete SRS 498 (Honours Proposal) and SRS 499 (Honours Thesis) in place of two General Electives; these courses count toward the major GPA. Honours is only available to a single major declaration. Students must still complete Fieldwork as outlined in their program.

Bachelor of Sport and Recreation Studies (BSRS) with Two Majors

The Faculty of Kinesiology and Health Studies will grant a BSRS with two majors to students who have successfully completed all degree requirements for both majors (currently only Sport and Recreation Management and Therapeutic Recreation). The Faculty must be notified in writing of the decision to complete two majors prior to registration in third year (before completion of 75 credit hours).

Minors (Optional) (18 Credit Hours)

The Faculty of Kinesiology and Health Studies will grant a BSRS with up to two minors to students who have successfully completed all of the requirements for the minor with a minimum GPA of 65%. For detailed information on the minor requirements, please refer to the faculty and/or department offering that minor.

Note: BSRS students are eligible to declare a minor in Kinesiology if that is of interest to them, and all requirements have been met.

Health Studies Programs

Website: www.uregina.ca/kinesiology/health-studies.html

General Information

The Bachelor of Health Studies, Diploma in Health Studies, and Certificate in Health Studies are joint initiatives between the Faculty of Kinesiology and Health Studies and the Faculty of Arts in partnership with First Nations University of Canada. The Bachelor of Health Studies aims to provide students with an integrated understanding of the ways in which a) social, economic and cultural "determinants of health" shape b) individual beliefs, attitudes and practices, which in turn c) affect physiological and biological functioning of individuals. The degree promotes an interdisciplinary understanding of health, drawing on both the social sciences and the natural sciences, and aims at promoting knowledge development and action conducive to health. This program meets the needs of Saskatchewan and Canada as health issues continue to dominate public policy choices. A key feature of this program is its emphasis on understanding Indigenous health needs.

Admission to Health Studies Programs

Students apply to be admitted to the Bachelor of Health Studies, Diploma in Health Studies, or Certificate in Health Studies through the Faculty of Kinesiology and Health Studies or the Faculty of Arts (including Campion College or Luther College) at the University of Regina or the First Nations University of Canada. A number of articulation agreements have been approved with Saskatchewan Polytechnic please contact the Faculty of Kinesiology and Health Studies General Office to find out more information.

Bachelor of Health Studies (120 Credit Hours)

The BHS program consists of 105 credit hours of courses and 15 credit hours of Field Experience, distributed as follows:

Credit hours	Bachelor of Health Studies Required Courses
Section A: Basic and Breadth Courses	
0.0	KHS 099 (Must be completed in the first term)
3.0	ENGL 100
3.0	INDG 100
6.0	Two of: BIOL 100, BIOL 101, BIOL 140, KIN 260, KIN 267
3.0	PSYC 101
3.0	PSYC 102
3.0	SOC 100
3.0	KIN 170 or KIN 171
24.0	Subtotal
Section B: Research Methods	
3.0	STAT 100, STAT 160 or SOST 201
3.0	KIN 220, SOST 203 or PSYC 204
6.0	Two courses from: ECON 224, ECON 321, INDG 280, INDG 281, INDG 282, INDG 380, PSYC 305, SOST 306, SOST 307, STAT 200, WGST 220
12.0	Subtotal

Credit hours	Bachelor of Health Studies Required Courses
Section C: Indigenous Health Courses	
3.0	INHS 100
3.0	INHS 101
3.0	INHS 200
3.0	INHS 210
3.0	INHS 300
15.0	Subtotal
Section D: Health and Society	
6.0	Two courses from: ANTH 343, ECON 253, ECON 353, ENGL 271, MAP 301, HIST 271, KIN 178, KIN 205, KIN 370, SOC 222, SOC 288, PHIL 273, PHIL 276, WGST 301
6.0	Subtotal
Section E: Health Studies	
3.0	HS 200
3.0	HS 300
3.0	HS 301
3.0	HS 400
12.0	Subtotal
Section F: Field Experience	
9.0	HS 448
6.0	HS 450
15.0	Subtotal
Section G: Approved Electives	
12.0	Four courses from: ANTH 343, BIOL 100, BIOL 101, ECON 353, EHE 258, ENHS 101, ENHS 110, ENHS 320, ENHS 321, ENHS 250, ENHS 380, ENHS 430, HS 281 AA-ZZ, HS 381 AA-ZZ, HS 481 AA-ZZ, INDG 100, INHS 250, INHS 350, INHS 450, KIN 180, KIN 260, KIN 267, KIN 268, KIN 269, KIN 275, KIN 240, KIN 278, KIN 370, KIN 378, KIN 478, PSCI 439, PSYC 255, PSYC 333, PSYC 356, SOC 207, SW 412, SW 416, SW 417, SW 477 (INSW 377), WGST 202, WGST 301
12.0	Subtotal
Section H: Open Electives	
24.0	Eight Open Electives
24.0	Subtotal
Non-Credit Requirements	
0.0	KHS 300 (Pre-Fieldwork Seminar)
0.0	Computer Application lab (credit with CS 100 or BUS 007/ ADMN 007)
0.0	ARTS 099 (Arts Students) or KHS 100 (KHS Students)
120.0	Total PGPA 65.00%
Note: A maximum of 48 credit hours of 100-level courses is permitted in the BHS.	

Diploma in Health Studies

A program average of 65.00% is required to receive the Diploma in Health Studies as outlined below:

Credit Hours	Diploma in Health Studies Required Courses
0.0	KHS 099 (Must be completed in the first term)
3.0	ENGL 100
3.0	INDG 100
6.0	Two courses from: KIN 260, KIN 267, BIOL 100, BIOL 101, BIOL 140
3.0	PSYC 101
3.0	PSYC 102
3.0	SOC 100
3.0	KIN 170
3.0	One of: STAT 100, STAT 160, or SOST 201
3.0	One of: KIN 220, SOST 203 or PSYC 204
3.0	INHS 100
3.0	INHS 101
3.0	INHS 210
3.0	HS 200
3.0	HS 300
9.0	Three courses from: Section B (Research Methods) ECON 224, 321, INDG 280, 281, 282, 380, PSYC 305, SOST 306, 307, STAT 200, WGST 220; or Section C (Indigenous Health Studies) INHS 200, 300; or Section D (Health and Society) ANTH 343, ECON 253, 353, ENGL 271, MAP 301, HIST 271, KIN 278, KIN 205, 370, SOC 222, 288, PHIL 273, 276, WGST 301; or Section G (Approved Electives) ANTH 343, BIOL 100, 101, ECON 353, EHE 258, ENHS 101, 110, 250, 380, 430, 320, 321, HS 281AA-ZZ, 381AA-ZZ, 481AA-ZZ, INHS 250, 350, 450, KIN 180, 260, 267, 268, 269, 275, 240, 278, 370, 378, 478, PSCI 439, PSYC 255, 333, 356, SOC 207, SW 412, 416, 417, 477 (ISW 377), WGST 202, 301
6.0	Two Open Electives
60.0	Total credit hours

Certificate in Health Studies

A program average of 65.00% is required to receive the Certificate in Health Studies as outlined below:

Credit Hours	Certificate in Health Studies Required Courses
0.0	KHS 099 (Must be completed in the first term)
3.0	ENGL 100
3.0	KIN 170/ KIN 171
3.0	INHS 100
3.0	INHS 101
3.0	HS 200
3.0	PSYC 101 or PSYC 102
3.0	SOST 201, STAT 100, or STAT 160
3.0	KIN 260, BIOL 140, or BIOL 100
6.0	Two courses from: Section B (Research Methods) ECON 224, 321, INDG 280, 281, 282, 380, PSYC 305, SOST 306, 307, STAT 200, WGST 220; or Section C (Indigenous Health Studies) INHS 200, 300; or Section D (Health and Society) ANTH 343, ECON 253, 353, ENGL 271, MAP 301, HIST 271, KIN 278, KIN 205, 370, SOC 222, 288, PHIL 273, 276, WGST 301; or Section G (Approved Electives) ANTH 343, BIOL 100, 101, ECON 353, EHE 258, ENHS 101, 110, 250, 380, 430, 320, 321, HS 281AA-ZZ, 381AA-ZZ, 481AA-ZZ, INHS 250, 350, 450, KIN 180, 260, 267, 268, 269, 275, 240, 278, 370, 378, 478, PSCI 439, PSYC 255, 333, 356, SOC 207, SW 412, 416, 417, 477 (ISW 377), WGST 202, 301
30.0	Total

Minors

Minors will be recognized in the Bachelor of Health Studies as stipulated by the respective faculties offering the minors. It is the student's responsibility to ensure that they have declared the minor and are following the correct program of study.

Concentration in Indigenous Health and Well-Being (Optional)

Students completing the Bachelor of Health Studies may select an optional concentration in Indigenous Health and Well-Being by completing the following courses within their program:

Credit Hours	Concentration in Indigenous Health and Well-Being Required Courses
3.0	INHS 250
3.0	INHS 350
3.0	INHS 450
3.0	INDG 281
3.0	INSW 377
3.0	INSW 417 or JS 313
3.0	Indigenous Language
3.0	One of: INDG 280 or INDG 282
3.0	One of: INSW 425 or INSW 478
6.0	Two of: INSW 321, INSW 402, INSW 403, INSW 411, INSW 450, INDG 236, INDG 238, INDG 340, INDG 358, INDG 360, INDG 410, INDG 440, WGST 301
33.0	Subtotal
Note: Courses that meet existing degree requirements include: INDG 281, INDG 280 or INDG 282, INSW 377, WGST 301, and new INHS courses (250, 350, and 450). Remaining courses can be included in Open Electives.	

Certificate in Indigenous Health Practice First Nations University of Canada

The Certificate in Indigenous Health Practice (IHP) was developed by First Nations University of Canada (FNUUniv) in collaboration with the Faculty of Kinesiology and Health Studies (KHS) at the U of R. It is designed to provide students currently enrolled in allied health programs (Social Work, Kinesiology), professional health science programs (medicine, nursing, occupational therapy, physical therapy) and practicing health professionals, with an additional credential that will prepare and qualify them to practice effectively in health settings with Indigenous populations.

Admission

Concurrent enrolment in an undergraduate health program (excluding the Bachelor of Health Studies at the University of Regina), professional health program, or confirmation of graduation from such programs.

Requirements

Students must obtain a minimum average of 65.00% in the following program requirements:

Credit hours	Certificate in Indigenous Health Practice Required Courses
3.0	INHS 100
3.0	INHS 101
3.0	INHS 210
3.0	INHS 360 (Community Placement Practicum)
3.0	INHS 365 (Community Placement Seminar)
15.0	Sub-total

Graduation

To be eligible to graduate with the Certificate in Indigenous Health Practice, students must have completed all required course work with a minimum program GPA of 65.00% and evidence one of the following:

- Concurrent graduation from an undergraduate health program;
- Concurrent graduation from a professional health program; or
- Confirmation of previous graduation from one of the above.

For further information, contact:

Indigenous Health Studies

Tel: 306-790-3333 5950 ext. 7526

Or

Academic Program Coordinator

Faculty of Kinesiology and Health Studies

Email: KHS.AcademicServices@uregina.ca

Tel: 306-585-4360

Indigenous Birth Support Worker Certificate (IBWC)

The Indigenous Health Program at First Nations University of Canada offers courses in Indigenous birth practices to prepare students to work within First Nations communities and with various allied health fields. This certificate offers information on Indigenous based birthing practices along with doula training to support and advocate for birthers and families before and after birthing. This certificate focusses on Indigenous cultural perspectives, understanding of the health care system, and incorporates birthing knowledge that are specific to local and place-based practices. The Indigenous Birthing Support Worker certificate includes 18-credits delivered online, face-to-face, or through remote synchronized methods. The program is offered through Northern Campus and to a variety of rural communities. All courses are developed collaboratively with Indigenous Kehte-ayak and Knowledge Keepers from various First Nations communities.

Credit Hours	Indigenous Birth Support Worker Certificate Required Courses
3.0	INHS 100
3.0	INHS 200
3.0	INHS 140
3.0	INHS 145
6.0	INHS 149
18.0	60.00% PGPA required

Transfer Programs

The Faculty of Kinesiology and Health Studies offers the following transfer programs: Pre-Occupational Therapy, Pre-Chiropractic, Pre-Medicine, and Pre-Physical Therapy. In addition, students interested in Naturopathic Medicine, Dentistry, and Optometry may complete their requirements in the faculty. Most of these programs are post-degree, therefore students should plan to complete a degree offered through the Faculty of Kinesiology and Health Studies and select courses accordingly. Additional transfer programs may also be taken within the faculty. For further information on these programs please consult the Professional Pathways and Transfer Opportunities section of this Calendar.

Microcredentials

Microcredential in High Performance and Tactical Strength Conditioning

Credit Hours	Microcredential in High Performance and Tactical Strength Conditioning Required Courses
3.0	KIN 355 – Principles of Strength, Power and Speed Development
3.0	KIN 356 – Programming in Training and Conditioning
3.0	KIN 358 – Occupational Testing and Training
9.0	Total credit hours

Microcredential in Event Production Management

Credit Hours	Microcredential in Event Production Management Required Courses
3.0	One of: SRS 132 – Live Event Production and Sport Communication, SRS 133 – Podcasting and Dynamic Storytelling
3.0	Two of: SRS 215 – Volunteer Management, SRS 220 – Program Delivery and Management, SRS 230 – Venue and Event Management
3.0	
9.0	Total credit hours
Note: Due to overlap in required courses, Sport and Recreation Management major students are not able to declare this micro-credential.	