

U OF R LINKS & SUPPORTS

FOR REGIONAL COLLEGE STUDENTS



University
of Regina

Go far, Together.

STUDENT CENTRAL

 [Student Central Website](#)



Student Central is your first stop for help with registration, tuition, student records, and financial services. If you're ever unsure where to go for support, start here.

STUDENT SUCCESS AND SUPPORT

The U of R offers a wide range of services to help you thrive:



CENTRE FOR EXPERIENTIAL LEARNING

Connect classroom learning with real-world experiences



STUDENT SUCCESS CENTRE

Academic advising, learning strategies, and tutoring support.



WRITING CENTRE

In-person and virtual writing help for assignments, essays, and projects.



CENTRE FOR STUDENT ACCESSIBILITY

Supports for students with medical, physical, or learning challenges.

LIBRARY SERVICES

- [Dr. John Archer Library & Archives](#)
- [UREAD](#) – Library support designed for off-campus students.
- COPPUL Cards – Special library cards that allow you to borrow from other Canadian libraries, including the University of Saskatchewan.



LIBRARY CHAT

The [Library Chat](#) is the best first stop for anyone who has a question. Accessible from the bottom right corner of the library homepage, this chat connects you with a real human staff member. It's anonymous, easy to use, and ideal for remote users. You'll receive direct answers or be referred to someone who can help.



SPARK

[SPARK](#) supports students working on written assignments—essays, lab reports, research papers, and more. It covers everything from understanding assignment instructions to writing with integrity and navigating the research and writing process.

UR SELF-SERVICE

Your portal to manage your student account. With your U of R username and password, you can:

- Register for classes
- View grades and transcripts
- Pay tuition and fees
- Access tax documents
- Check financial aid and awards

Log in to [UR Self Service](#) through the U of R website using your student credentials.

STUDENT EMAILS

All students receive a [username@uregina.ca](#) email address.

- Access webmail via the navigation bar on any U of R webpage or directly at webmail.uregina.ca
- Use your U of R credentials to sign in.
- For assistance, email information.services@uregina.ca



TEXTBOOKS

You can view your required textbooks through your UR Self-Service account. Textbooks can be ordered online from the [University of Regina Bookstore](#) and are typically delivered by mail or courier within four days of your order. Once your courses are complete, you also have the option to sell your textbooks back to the bookstore.



COURSE MANAGEMENT: UR COURSES

Instructors use UR Courses to support their courses. Here, students find:

- Course notes & resources
- Discussion forums
- Messaging tools
- Practice quizzes and more



Log in with your U of R username and password: [UR Courses](#)

STUDENT AWARDS & FINANCIAL AID (SAFA): FUNDING INFORMATION

Students can explore funding opportunities, scholarships, and bursaries through the SAFA website. Here, you'll find:

- Award details and eligibility requirements
- Application deadlines and instructions
- Financial aid resources and support



Visit: www.uregina.ca/cost-aid/funding

SCHOLARSHIPS AND AWARDS

Explore what's available: [Student Awards and Management System](#). Scholarships and awards are typically deposited into student accounts in December.

Apply for the Dr. Brian H. Campbell Award in Distance Learning:

- 1 Entrance Scholarship (\$765.00)
- 2 Continuing Scholarships (\$892.50 each)

Apply here: [Student Awards Management System](#).

TRANSFER CREDIT DATABASE

The Transfer Credit Database helps students determine how courses from other institutions may transfer to the University of Regina. Use it to:

- Search by sending institution or course
- View transferable course equivalents
- Plan your academic pathway efficiently

Explore the database: www.uregina.ca/registrar/transfer-credit/transfer-credit-database.html

STUDENT HEALTH AND DENTAL PLAN

Students enrolled in 9 or more credit hours are automatically covered under the U of R health and dental plan. If you do not wish to participate, you must opt out during the Change-of-Coverage period (September 1–30). Full details and instructions are available on the [U of R Student Services FAQ page](#).

STUDENT TECHNOLOGY SUPPORT

The University of Regina offers comprehensive technical support to help you stay connected and make the most of your academic tools.

Support includes:

- UR Self-Service and UR Courses login difficulties
- Student email (Outlook) setup and access
- Password resets and account recovery
- Access to university software and online tools

For all tech-related concerns—from login troubles to software questions—reach out to the IS Service Desk (formerly IT Support). They are your dedicated support team for accessing university systems and services. You can find help and contact information on the [U of R Information Services page](#).



WHO TO CONTACT?

If you have college-specific questions, please reach out to your University Coordinator or an Academic Advisor at your regional college.

For University of Regina-related questions, refer to the [Student's Guide for Getting Started](#), which provides contact information, resources, and next steps for new students.