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University Advancement and Communications
3737 Wascana Parkway
306-585-4503
University of Regina
University Advancement and Communications
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Cask and Barrel
Distraction, Expand Your Time, and Focus
This event brings together a wide array of Regina Alumni, faculty, and students for an inspiring and engaging night. The evening includes a special presentation by Cassie Holmes, best-selling author of Happier Hour: How to Beat Distraction, Expand Your Time, and Focus, and an inspiring keynote address by Dr. Jeff Keshen, University of Regina President and Vice Chancellor.

The 2023 Levene Dinner at Hotel Saskatchewan is a unique, annual event that celebrates the achievements of Regina Alumni and their impact on the world. This year, we are honored to have Malcolm Lowe DF A'14 Honorary Doctorate of Fine Arts honoris causa, and Rachel Andrist BMus'82 as our special guests. Malcolm will present an afternoon program including a selection of some of the music Malcolm first heard on what promises to be an afternoon to remember, and a wonderful way to celebrate Mother's Day — or just the arrival of spring! This promises to be an afternoon to remember, and a wonderful way to celebrate Mother's Day — or just the arrival of spring!

Join us at the beautifully restored Darke Hall on Sunday, May 14 for this special evening. The afternoon program will include a selection of some of the music Malcolm first heard on the radio, as well as a special performance by Rachel Andrist. Malcolm will also deliver a keynote address, sharing his experiences as a member of the U of R community and the ways in which his work has impacted the world.

Stay connected and find out more about upcoming Alumni Effect events and programs. Visit our website at AlumniEffect.uofr.ca to learn more and purchase tickets. Save the date for May 23, 2023. We look forward to seeing you there!