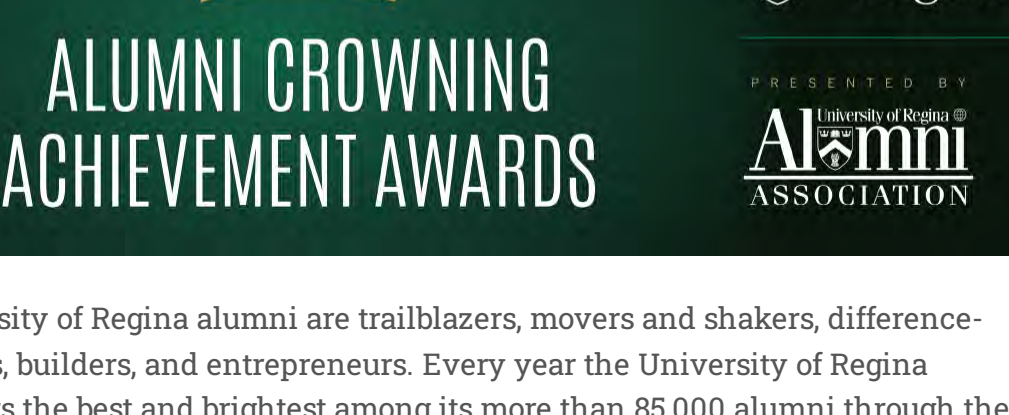


JANUARY 2023

Call for Nominations

2023 Alumni Crowning Achievement Awards



University of Regina alumni are trailblazers, movers and shakers, difference-makers, builders, and entrepreneurs. Every year the University of Regina honours the best and brightest among its more than 85,000 alumni through the **Alumni Crowning Achievement Awards (ACAAs)**. Recipients are honoured for their commitment to excellence, outstanding achievements and innovations, community engagement and leadership, and impact on the social, cultural, and economic well-being of society.

Nominations are now open for the 2023 ACAAs! Help us celebrate the inspiring achievements of U of R alumni. Nominate outstanding alumni for the 2023 Alumni Crowning Achievement Awards today!

[Learn more about the ACAAs and nominate!](#)

Join us for a Slam Dunk of an Evening



Show your school spirit and join us for a **Slam Dunk of an Evening** presented by **URAA (University of Regina Alumni Association)** in support of the **U of R Cougars basketball teams** as they take on the University of Calgary Dinos! Don't miss this lively pre-game social with light refreshments, children's activities, and a high-energy atmosphere with fellow alumni as we get ready to cheer on our U of R Cougars!

Friday, February 3, 2023
University of Regina, KHS 222

4 – 6:30 p.m. Pre-Game Social
6 p.m. Women's Basketball Game
8 p.m. Men's Basketball Game

Let us know if you can join us! **RSVP** by February 1.

[RSVP to a Slam Dunk of an Evening](#)

From Degrees Online



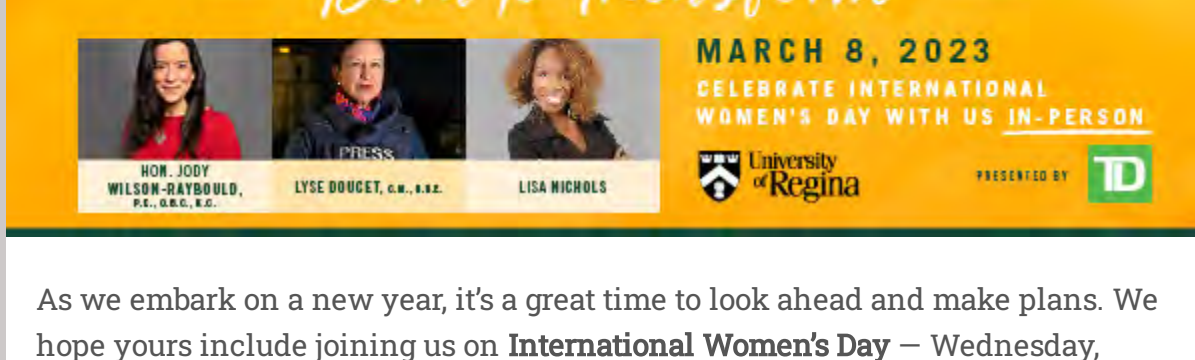
From the prairie dog capital to Cowtown

Pierre Lemire BSc'87, chief executive officer of Kent Imaging in Calgary, credits much of his success to the work ethic he learned on his parents' farm in Val Marie, Saskatchewan. "You worked at a young age. You were picking rocks on the farm, throwing bales, driving the tractor at 12 years old—everything you had to do to help your dad on the farm," he recalls. As a result, he says, "I'm not scared to work. I've carried that through to everything I've done, working hard at school, and trying to excel at all the jobs I've had."

So, how did he get to Cowtown from the prairie dog capital of Canada? It all started at the University of Regina.

[Read this story and more in Degrees](#)

Celebrate International Women's Day with us!



As we embark on a new year, it's a great time to look ahead and make plans. We hope you include joining us on **International Women's Day** – Wednesday, March 8 – at the 2023 Inspiring Leadership Forum presented by TD!

The **University of Regina's Inspiring Leadership Forum** is a premier leadership development event that is focused on the women, bringing people together from Saskatchewan and beyond to hear the inspirational stories of internationally renowned leaders – including this year's keynote speakers **Jody Wilson-Raybould, Lyse Doucet, and Lisa Nichols** – and to connect with colleagues and peers.

As a special feature of this year's Forum, we're pleased to present the **Saskatchewan Panel of Firsts** – a thoughtful discussion with a panel of four innovative Saskatchewan women, each of whom has achieved a **first in their field**.

Be a part of meaningful in-person interactions that prioritize conversation, as we celebrate **International Women's Day** together.

[Learn more and purchase tickets here!](#)

The University of Regina's 2023 Inspiring Leadership Forum is presented by **TD**. Thanks to our speaker sponsors: **The Moose Company**. The organizers thank the following organizations for their generous support of this year's Forum: **Bravo Tango, Pattison, GlobalTV, Regina Leader-Post, Rawlco, Regina Police Service, CPA Saskatchewan, and Hillberg & Berk**.

2023 Election of District Representatives

2023 Election of District Representatives

ARE YOU A UNIVERSITY OF REGINA GRADUATE?
Consider volunteering or nominating a fellow alum for the 2023 Senate Elections.
Nominations must live in the district for which they are nominated and must be willing to provide brief biographical information and a photograph.
Nominations will be accepted until 4:00 p.m. on **Monday, April 17, 2023**.

CALL FOR NOMINATIONS
Nominations will be called to fill the following vacancies:
District 1 (Moosomin-Estevan) – Vacant
District 2 (Weyburn-Indian Head) – Incumbent Not Eligible for Re-Election
District 9 (North Battleford-Prince Albert) – Incumbent Not Eligible for Re-Election
District 10 (Moose Jaw) – Incumbent Eligible for Re-Election
District 11 (Regina) – 2 Vacancies – Incumbents Not Eligible for Re-Election

For more information and to access the nomination/biographical forms, please visit our website at: www.regina.ca/president/governance/senate/elections.html or email senads@uregina.ca

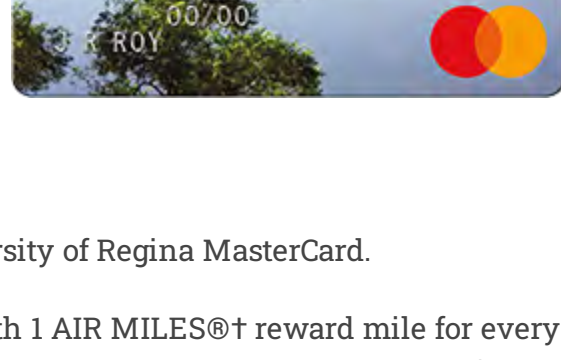
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Nominations will be accepted until 4 p.m. on **Monday, April 17, 2023**.

[Learn more about the Senate elections, and how to nominate](#)

Alumni Benefits



Reward yourself

Get the BMO University of Regina MasterCard.

Reward yourself with 1 AIR MILES®+ reward mile for every \$25 spent or 1% CashBack® on all card purchases and pay no annual fee!
Get up to 5% CashBack® on all card purchases in your first three months (see details).

With every purchase you make with your card, BMO Bank of Montreal makes a financial contribution to support the establishment of scholarships, student programs, and alumni networking opportunities at no additional cost to you.

[Learn more!](#)

Alumni in the News

Kirk Bear BAdmin'22
Passing life lessons on and off the ice
EagleLifeNews.ca

Gerald M. Morin BSocialWork'78
Prince Albert judge among 99 named to the Order of Canada
meadowlakeNOW

Stephanie Whitecloud-Brass BSc'00
New judge appointed to the Territorial Court of the NWT
nationtalk.ca

Addison Richards BSc'20
SportCage's Coach of the Week: Addison Richards
620 CKRM

Tate Wrubleski BAdmin'19
Former Estevan resident selected to receive Premier's Award
SaskToday.ca

[Read more news](#)

Upcoming Events



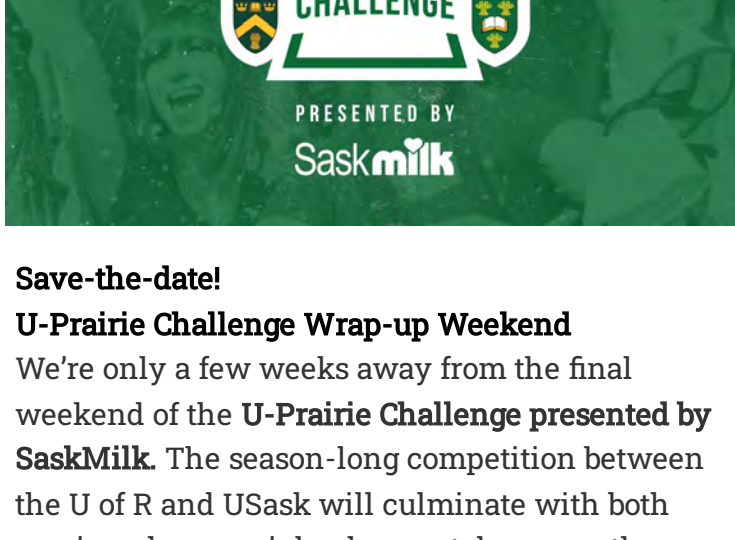
Archer Library Book Club

What We Owe Each Other by Minouche Shafik

"Whether we realize it or not, all of us participate in the social contract every day through mutual obligations among our family, community, place of work, and fellow citizens.

Written by Minouche Shafik, *What We Owe Each Other* provides practical solutions to current challenges and demonstrates how we can build a better society—together."

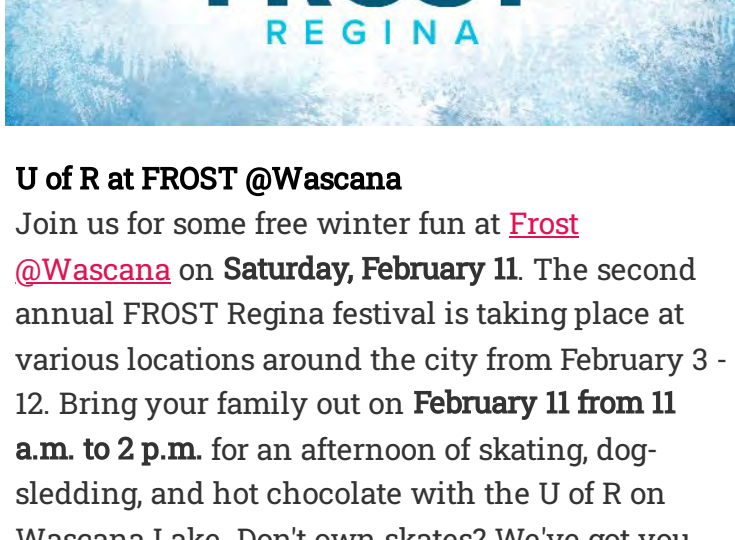
[Learn more and save the date!](#)



Save-the-date!

U-Prairie Challenge Wrap-up Weekend

We're only a few weeks away from the final weekend of the **U-Prairie Challenge** presented by **SaskMilk**. The season-long competition between the U of R and USask will culminate with both men's and women's hockey match-ups on the weekend of **February 3 – 5** in Regina and **Saskatoon**. **Stay tuned**, and watch your inbox for more information coming soon!



U of R at FROST @Wascana

Join us for some free winter fun at **Frost @Wascana** on **Saturday, February 11**. The second annual **FROST Regina** festival is taking place at various locations around the city from **February 3 – 12**. Bring your family out on **February 11** from **11 a.m. to 2 p.m.** for an afternoon of skating, dog-sledding, and hot chocolate with the U of R on Wascana Lake. Don't own skates? We've got you covered! We'll have skates and helmets available for all ages.

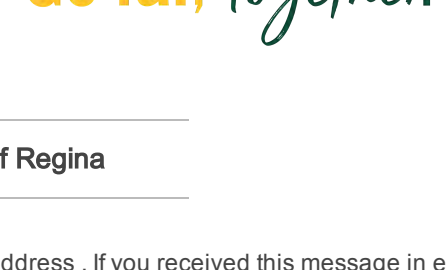
[Read more about FROST Regina here!](#)

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Stay Connected with Alumni



University Advancement and Communications
University of Regina
3737 Wascana Parkway
Regina, SK, S4S 0A2



Go far, together.

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