

# 2022-2023 ANNUAL REPORT

Take a look at what the Community Engagement & Research Centre accomplished this year!



University  
of Regina

Faculty  
of Arts



COMMUNITY ENGAGEMENT  
& RESEARCH CENTRE

## CERC Mission

The mission of the Community Engagement and Research Centre is to enable the Faculty of Arts to serve as a resource for community groups, formal and informal, and to be enriched in turn by our relationships with those communities. Through this engagement, the Faculty of Arts and the University of Regina enhances their capacity to produce high quality and relevant knowledge, and in turn increases their ability to serve the wider community and province.

## CERC Mandate

The Community Engagement and Research Centre will function collaboratively as a partnership between community groups and university faculty and students. Our mandate is to provide independent, participatory research support in response to needs expressed by communities with a view toward building capacity and enhancing our quality of life.

## A Year in Review - Annual Report

### Table of Contents:

- Fast Facts: A Year in Review
- Community Contacts:  
*Community Organizations and  
Research Internships*
- Community-Engaged Research
- Toolkit Workshops
- Team
- Visit Us
- Contact Info



# FAST FACTS: A YEAR IN REVIEW

**26** Arts students placed in **community internships** at non-profit organizations

**34** Arts students received **course credit** for completing an Arts internship

**8** Arts students placed in **research internships** at the University of Regina

**3,536** **hours of experiential learning** completed by Arts students in the AWEI program

## COMMUNITY

## CONTACTS

### COMMUNITY ORGANIZATIONS & RESEARCH INTERNSHIPS

Arts student interns were placed at the following organizations in 2022-2023 through the AWEI program where they worked up to 8 hours per week for 13 weeks and received 3 credit-hours toward their degree:

- SEARCH - Student Energy in Action in Regina for Community Health
- Saskatchewan Association of Speech Language Pathologists and Audiologists
- NDP Caucus
- University of Regina - Equity, Diversity, Inclusion & Anti-Oppression Office
- Saskatoon Regional Economic Development Authority
- Saskatchewan Party
- City of Regina - City Planning Branch
- Multicultural Council of Saskatchewan
- Canadian Mental Health Association
- University of Regina - Child Trauma Research Centre
- Regina Anti-Poverty Ministry
- Sexual Assault Services of Saskatchewan
- University of Regina - Integrated Justice Program
- Phoenix Residential Society
- Regina Open Door Society
- Canadian Sport Centre Saskatchewan
- Pro Bono Law Saskatchewan
- SOFIA House
- University of Regina - Archives and Special Collections
- The Regina Intersectoral Partnership
- Pine Lodge Recovery
- Growing Young Movers
- Inclusion Saskatchewan
- Arcola East Community Association
- University of Regina - PSPNET
- University of Regina - Department of Psychology
- Sport Medicine and Science Council of Saskatchewan



# COMMUNITY-ENGAGED RESEARCH

Community-engaged research (CER) is collaborative, reciprocal research carried out by university and community researchers to address a need expressed by the community. It is research with and for the community. This type of research emphasizes collaboration between the university and the community, values different types of knowledge, and seeks positive social change. Because the research need is initiated by the community, CER is often directly applicable to the goals and needs of community partners. The resulting knowledge is considered a public good. In 2022-2023, the following projects took place:

## Ahtahkakoop Cree Nation (2022)

- *Living Expenses in Ahtahkakoop Cree Nation Community*

## Sask Girls United (2022)

- *Health and Self: Understanding barriers to accessing community programming and supports by rural and remote girls ages 8-13 in Saskatchewan*

## Community-Campus Engage Canada (2022)

- *Building a robust community-engaged learning model for the University of Regina*

## EnviroCollective (2022)

- *Landfill Recycling Project*

Community-Engaged  
Research in **2022-2023:**

**4** community-engaged  
research **projects**

**4** **community partners**  
participated

**6** U of R **researchers**  
participated





# TOOLKIT WORKSHOPS

Skills development workshops and webinars offered by CERC:

## **Oct 27, 2022 - Identifying and Addressing Microaggressions**

- *With Ricardo Arisnabarretta-Montejo*

## **Nov 23, 2022 - Navigating Allyship: Showing Up as an Effective Ally**

- *With panelists Sharon Kambale, Chasity Delorme, and Dr. Fritz Pino, moderated by Aria Ramdeo*

## **Dec 7, 2022 - Myths and Misconceptions of Employment: Panel discussion with people with lived experiences with disabilities**

- *With panelists Chelsea Wisser, Eileen Lennie-Koshman and Brenda Edel, moderated by Robin East*

## **Jan 11, 2023 - Navigating the Generational Divide**

- *With Shari Hildred*

## **Feb 7, 2023 - Forward Together: Equitable Public Engagement with the Black Community**

- *With Florence Kurai Mudzongo, Garrett MacNaull, and Florence Luhanga*

## **Mar 22, 2023 - Social Media for Nonprofits**

- *With Victoria Flores, Jeph Maystruck, and Seher Naeem*

## **May 3, 2023 - 2SLGBTQIA+ 101: Inclusive Workplace Awareness Training**

- *With Jacq Brasseur*

## **June 20, 2023 - Engagement with Indigenous Communities**

- *With Angela Pratt and Aura Lee MacPherson*

Toolkit Workshops  
in **2022-2023:**

**8** skills development  
**workshops**  
offered

**19** **panelists and**  
**moderators**  
participated

# TEAM

The CERC Advisory Council consists of three members from the community, three professors or instructors from the Faculty of Arts, and one University of Regina student.

We greatly appreciate the contributions and engagement of Advisory Council members and the continued support from the Faculty of Arts at the University of Regina.



## VISIT US

### Community Engagement & Research Centre

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University of Regina  
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## CONTACT

### Michelle LeMoal, Community Coordinator

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### Dr. Amber Fletcher, Academic Director

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