

## **Arts Work Experience Internship (AWEI 300) Opportunity:**

Gain employable skills and earn 3 credits at the same time! Apply for an Arts Work Experience Internship (AWEI) placement in Fall 2025. Deadline to apply: May 1.

**Term:** Fall 2025 (Sept-Dec)

**Organization:** Big Brothers and Big Sisters of Regina and Area



### **What You'll Do:**

- Plan and facilitate fun events and activities for mentors/mentees and their families to do together
- Collect stories, pictures, anecdotes, from Big/Little matches for the newsletter, websites and socials
- Understand how a community based not for profit organization is run
- Gain insights into potential career paths in project management, documentation, and more!

### **To Be Eligible:**

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- Have a declared major in a Faculty of Arts program (NOT including Health Studies, Human Justice or Journalism, because they have their own internship programs);
- Have completed between 54 - 90 credit hours (negotiable) at the end of the semester in which you are applying, which MUST include at least 12 credit hours in your major;
- Have a satisfactory academic standing, with a program GPA of at least 70%

### **To Apply:**

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**Organization:** University of Regina Press



### **What You'll Do:**

- Learn about the book publishing process
- Support the different roles played by a professional publishing house: editorial support, production support, and marketing/sales support
- Gain insights into potential career paths in the writing and publishing industry

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**Term:** Fall 2025 (Sept-Dec)

**Organization:** Child Evidence Lab



### **What You'll Do:**

- Gain hands-on experience in quantitative research within the field of forensic developmental psychology
- Develop skills in experiment design, study preparation, and literature reviews
- Receive training in basic forensic interviewing protocols
- Gain insights into potential career paths in psychology

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**Organization:** CaSPR Lab – Child and Social Psychology Research



### **What You'll Do:**

- Contribute to a project aimed at understanding children's experiences of being deceived
- Gain hands-on experience in quantitative research within the field of developmental psychology
- Develop essential transcription skills by accurately transcribing audio recordings of interviews, ensuring precise documentation of verbal interactions between researchers and participants
- Learn how to systematically categorize and interpret data for academic studies
- Learn about ethical research practices, particularly when working with vulnerable populations such as children

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**Organization:** RUSI Regina and Royal Canadian Legion



### **What You'll Do:**

- Gather and synthesize information on military history to publish in short, graphic materials for public consumption
- Present historical information through visual and audio media, tailored for accessibility and engagement
- Learn to effectively communicate complex historical narratives to a general audience
- Gain insights into potential career paths in history, archives or public history

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**Organization:** PSPNET



### **What You'll Do:**

- Gain knowledge and research experience in internet-delivered cognitive behaviour therapy (ICBT) within PSPNET
- Learn how to manage data
- Gain experience in qualitative interviews and transcriptions, and quantitative and qualitative analyses
- Develop skills in research dissemination (e.g. social media posts, videos, information sheets, infographics, posters, presentations)
- Gain insights into potential career paths in psychology

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**Organization:** Dr. John Archer Library & Archives



### **What You'll Do:**

- Develop an understanding of a range of library functions and processes (i.e. reference services, collection development, digitization, research, communications, technical writing, event planning)
- Participate in reference process or special projects, develop LibGuides, draft communication tools, prepare content for a digital collection, curate a display, support event execution, etc.
- Gain insights into potential career paths in information professions
- Develop skills in research, communication, technical writing and event planning

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**Organization:** Archives & Special Collections



### **What You'll Do:**

- Learn about the operations of a busy academic Archives office and a variety of archival functions
- Develop an understanding of a range of archival functions and processes (acquisition, arrangement & description, reference, digitization &/or outreach)
- Learn more about one or more of the archival activities of acquisition, arrangement & description, reference, digitization and/or outreach
- Assist with detailed reference requests, learn to digitize archival materials, learn basic record processing techniques, curate an exhibition, etc.
- Gain insights into potential career paths in archives/museums, galleries

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**Organization:** South Saskatchewan Community Foundation



### **What You'll Do:**

- Research the historical backgrounds and contributions of all board members since our inception in 1969
- Gather archival materials, conducting in-depth research, and documenting key milestones in the history of the organization through the lens of its leadership
- Contribute to creating a comprehensive historical record, which may include interviews, written profiles, and contextual research
- Develop your research, writing, and analytical skills while obtaining valuable insight into organizational history and governance
- Gain insights into potential career paths in history, archives or public history

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**Organization:** Data For Good Saskatchewan



### **What You'll Do:**

- Help find content to support marketing efforts (social media, email etc.)
- Support the marketing team by producing content, graphics and visuals for social media posts and the website
- Research Data and AI content that can be shared with the community
- Help other non-profit and social impact organizations access free data analysis and AI services
- Gain insights into potential career paths in research and knowledge mobilization

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**Term:** Fall 2025 (Sept-Dec)

**Organization:** North Central Family Centre



**North Central  
Family Centre**

### **What You'll Do:**

- Assist with the North Central Family Centre's *Records Digitization Project*
- Help scan, organize, and manage important documents
- Ensuring that records are efficiently stored and compliant with retention guidelines
- Gain hands-on experience in digital archiving and data management
- Understand how a non-profit organization is run, while contributing to meaningful community initiatives
- Gain insights into potential career paths in history, archives or public history

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**Organization:** North Central Family Centre



**North Central  
Family Centre**

### **What You'll Do:**

- Assist with the North Central Family Centre's *Donor Perfect Migration Project*
- Play a key role in organizing, cleaning, and transferring donor contact information to our new database, ensuring accuracy and efficiency
- Gain hands-on experience in data administration and CRM management
- Understand how a non-profit organization is run, while supporting impactful community initiatives
- Gain insights into potential career paths in database and project management

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**Organization:** North Central Family Centre



**North Central  
Family Centre**

### **What You'll Do:**

- Assist with the North Central Family Centre's *Hopes & Dreams Campaign*
- Create, develop, design, and schedule impactful social media content that brings awareness to our mission.
- Gain hands-on experience or apply their expertise in content creation, digital marketing, and strategic social media planning within a nonprofit setting
- Understand how a non-profit organization is run, while supporting impactful community initiatives
- Gain insights into potential career paths in digital marketing and project management

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**Organization:** Child Trauma Research Centre



### **What You'll Do:**

- Learn a variety of research related skills such as academic research, conducting literature reviews, knowledge mobilization, database navigation, and data management and visualization.

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**Term:** Fall 2025 (Sept-Dec)

**Organization:** Equity, Diversity and Inclusion Office, University of Regina



### **What You'll Do:**

Assist the EDI Advisor in the planning and implementation of the DEI certificate training program:

- Gain hands on experience of planning the event including by not limited to creating publicity and communication materials that use inclusive language
- Advertise the event, reaching out to faculties to recruit participants and working on event logistics such as venue and refreshments/lunch
- Create a welcome pack that includes information about EDI activities/resources on campus
- Create an evaluation survey for the participants attending the program and prepare a summary report based on the feedback received

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**Organization:** Youth Climate Lab



### **What You'll Do:**

- Support Youth Climate Lab, along with their program partner Climate Reality Project Canada (CRPC)
- Support program development, and ultimately, improve youth engagement in international climate diplomacy
- Gain experience in qualitative and quantitative research methods
- Develop an understanding of International climate policy, including United Nations climate change conferences
- Network with environmental non-governmental organization (ENGO) staff
- Gain insights into potential career paths in project management and communications

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**Organization:** Regina Flying Club



### **What You'll Do:**

- Support the Regina Flying Club with planning 100<sup>th</sup> anniversary projects
- Assist with the creation of a book or website that captures personal stories of individuals and their lives, and their families who trained at the club to become pilots
- Preserve and share the experiences of pilots trained at the Regina Flying Club, showcasing their contributions to aviation and the community
- Develop writing and research skills through a meaningful project

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**Organization:** Regina and Area Sexual Assault Centre



### **What You'll Do:**

- Help grow RSCA's community involvement and engagement
- Develop infographics related to the topic of sexual violence to share with the public for educational purposes
- Explore opportunities for local community grants and funding opportunities and develop a report with this information
- Provide support to administration and education staff as needed
- Take RSAC's Supporting Survivors of Sexualized Violence Training to gain an understanding of trauma and trauma-informed care

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**Organization:** Aging, Residents, and Caregivers (ARC) Research Lab



### **What You'll Do:**

- Learn how to identify a research topic, design a research study, and collect and analyze data
- Evaluate peer-reviewed journal articles related to aging, dementia, and/or long-term care, including the article's purpose, research questions, hypotheses, methods, findings, and conclusions
- Based on reviews of the literature, propose ideas and plan study designs for future research in the areas of aging, dementia, and/or long-term care
- Gain insights into potential career paths in psychology

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**Organization:** RPIRG – Regina Public Interest Research Group



### **What You'll Do:**

- Membership and community outreach
- Planning fall orientation and social events (logistics, marketing, etc.)
- Policy research and development
- Advocacy work (communications, outreach, etc.)
- Administrative support for the RPIRG's programs and events
- Documenting organizational procedures to help with institutional memory
- Gain insights into potential career paths in project management and advocacy

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- Questions? Email: [community.engagement@uregina.ca](mailto:community.engagement@uregina.ca) for more info!



## **Arts Work Experience Internship (AWEI 300) Opportunity:**

Gain employable skills and earn 3 credits at the same time! Apply for an Arts Work Experience Internship (AWEI) placement in Fall 2025. Deadline to apply: May 1.

**Term:** Fall 2025 (Sept-Dec)

**Organization:** The International Association for Premenstrual Disorders Canada (IAPMD Canada)



### **What You'll Do:**

- Help create pamphlets, infographics, sponsorship packages, and social media posts for IAPMD Canada
- Conduct interviews with patients and experts to generate footage that will be used in IAPMD Canada's training videos for healthcare providers
- Gain exposure to the operations of a non-profit organization
- Gain insights into potential career paths in psychology

### **To Be Eligible:**

- Interns must be able to commit up to 8 hours per week during a 13-week semester, working for an organization;
- Have a declared major in a Faculty of Arts program (NOT including Health Studies, Human Justice or Journalism, because they have their own internship programs);
- Have completed between 54 - 90 credit hours (negotiable) at the end of the semester in which you are applying, which MUST include at least 12 credit hours in your major;
- Have a satisfactory academic standing, with a program GPA of at least 70%

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- Questions? Email: [community.engagement@uregina.ca](mailto:community.engagement@uregina.ca) for more info!

