# David Flomo, MPH, MSW

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## **EMPLOYMENT**

# **Lecturer (2019 – to present)**

Justice Studies, Faculty of Arts University of Regina

# **Adjunct Lecturer (2018 – 2019)**

Faculty of Social Work (Saskatoon Campus) University of Regina

# Program Chair and Instructor of Social Work (2015 – 2018)

Faculty of Health and Community Studies NorQuest College

## **Course Facilitator (2010 – 2015)**

Health Sciences Education and Research Commons University of Alberta

# Adjunct Instructor of Social Work (2010)

Department of Social Work Red Deer College

## Social Work Field Practicum Instructor/Supervisor (2004 – 2009; at four universities)

George Warren Brown School of Social Work Washington University in Saint Louis

Saint Louis University School of Social Work Saint Louis University

School of Social Work University of Missouri (Saint Louis Campus)

Edwardsville School of Social Work Southern Illinois University

# Adjunct Instructor (2004 – 2009; at two universities)

Saint Louis University School of Social Work Saint Louis University

Faculty of Arts Saint Louis Community College

### **EDUCATION**

# Master of Public Health (2017)

Saint Louis University School of Public Health Saint Louis University

# Master of Social Work (2003)

George Warren Brown School of Social Work Washington University in St. Louis

## **Bachelor of Arts in Community Development, Minor in Business Administration (2001)**

Department of Community Development Daystar University

## PROFESSIONAL TRAINING

# **Geriatric Skill Training (2007)**

Saint Louis University School of Medicine

# **Intensive In-Home Skills Development Part 1 & 2 (2004)**

Missouri Department of Social Services

## PROFESSIONAL CREDENTIALS

# Registered Social Worker (RSW)

Licensed to provide psychosocial intervention (Alberta and Saskatchewan)

### Member

Academy of Certified Social Work (ACSW) under the National Association of Social Workers (NASW) **Note:** Certification as a social worker in the United States requires one to obtain a separate registration in addition to their social work degree

# **Certified Personal Activity and Nutritional Leader**

Washington University in Saint Louis and Saint Louis University

## **CONSULTANCY**

## Consultant and Facilitator (2010 – 2018)

Health and Immigration Policies and Practices Research Program, University of Alberta

# Consultant, Program Developer, and Facilitator (2015 – 2018)

"Dads Coaching Dads" Project, Intercultural Child and Family Centre, Edmonton, Alberta

# Consultant/Facilitator (2013 – 2015)

"Supporting Father Involvement (SFI)" Project
Norwood Child, and Family Resource Centre, Edmonton, Alberta

## **TEACHING**

# **University of Regina (2018 – to present)**

SW100 – Introduction to Social Work

SW482 - International Themes in Social Work and Social Welfare

JS 290 - Introductory Practicum: Field Placement

JS 291 - Professional Communications and Report Writing

JS 490 - Advanced Practicum: Field Placement

JS 492 - Major Project

## **NorQuest College (2015 – 2018)**

SOWK 2010 - Community Development

SOWK 2070 - Social Work in Organizations

# University of Alberta (2010 – 2015)

INTD 410 - Inter-professional Health Team Development

# Red Deer College (2010)

SOWK 301 - Social Work Methods with Individuals and Families

# Saint Louis University and Saint Louis Community College (2004 – 2009)

COL 020 - College Orientation

## **COMMUNITY WORKSHOPS**

From 2010 - 2018, I organized, presented and taught workshops to various ethnic community groups and churches in Edmonton, Alberta:

- 1. "Dads Coaching Dads" Workshop for new and veteran immigrant fathers. The aim of this workshop and presentations were to have:
- a. Veteran fathers serve as mentors to young fathers
- b. For young fathers to learn from veteran fathers
- 2. "Supporting Father Involvement (SFI)" Project: This workshop was presented in 2017 and 2018 at the Solid Rock International Ministries in Edmonton, Alberta (Now called Royal Faith Tabernacle Ministries). The workshop aimed at:
- a. Supporting immigrant fathers to help them get involved in their children's activities
- b. Supporting families to help them to stay together in challenging times

## **PUBLICATIONS**

# **Book Chapter**

Kereyo, P. (50%) & **Flomo, D. (50%)** (2012). "Removing the Barriers to New Canadian's Health Disparity: New Canadian Health Network" in M. Baffoe, M., Cheung, L., Asimeng-Boahene & B. Ogbuagu (Eds.), *Strangers in New Homelands: The social deconstruction and reconstruction of "Home" among immigrants in the Diaspora*. Cambridge, UK: Cambridge Scholars Publishing: 104-120.

## Essay in Academic Journal

Harris MA (33%), Oelbaum R (33%), & **Flomo, D. (33%)** (2007). "Changing and Adhering to Lifestyle Changes: What Are the Keys?" *American Journal of Lifestyle Medicine*, 1 (2): 214-219.

## Contributions to Team Publishing

**TODAY Study Group,** P Zeitler, L Epstein, M Grey, K Hirst, F Kaufman, W Tamborlane, D Wilfley (2007). "Treatment options for Type 2 diabetes in adolescents and youth: a study of the comparative efficacy of metformin alone or in combination with rosiglitazone or lifestyle intervention in adolescents with Type 2 diabetes." *Pediatric Diabetes*, 8: 74–87.

Role in team publishing: between 2003-2009, I held a post-graduate fellowship with the TODAY (Treatment Options for Type 2 Diabetes in Adolescents and Youth) Study Group at Washington University and Saint-Louis University TODAY Study Group is a national institute of health (NIH) funded nation-wide research project in the US. Both centers were part of a national study group testing the efficacy of lifestyle and metformin among youth ages 10-18 with Type 2 diabetes. My role was to conduct and implement studies. My recognition in these publications is as a member of the TODAY Study Group.

T Baranowski, D M Cooper, J Harrell, K Hirst, F R Kaufman, M Goran, K Resnicow, **STOPP-T2D Prevention Study Group** (2007). "Presence of Diabetes Risk Factors in a large US Eighth-Grade Cohort". *Diabetes Care* 29(2): 2006

**Role in team publishing**: As a member of the TODAY Study Group, I was a member of the The STOPP-T2D Prevention Study Group (which is based at George Washington University Biostatistics Center, Rockville, Maryland). My recognition in these publications is as a member of the TODAY Study Group/The STOPP-T2D Prevention Study Group.

### **PRESENTATIONS**

### Inivted Lectures

**Flomo, D.T.** (2022, November), "Father's Involvement: The Value and Importance of Our Roles" My Humanitas Family Services, Saskatoon, SK. November 25, 2022.

**Description of invited lecture**: I was invited My Humanities Family Services, a registered non-profit charitable organization that specializes in developing and delivering family-oriented programs to immigrant individuals and families in Saskatoon and surrounding areas, as expert guest speaker due to the work that I do in the community with fathers.

**Flomo, D.T.** (2005, 2006, 2007, 2008, 2009, February), "Conflict resources, child soldiers, and civil wars in West Africa, causes, effects and impact on the region." Washington University in Saint Louis Department of African American Studies, Saint Louis, Missouri, U.S.A.

<u>Description of invited lectures</u>: I was invited, on an annual basis, from 2005-2009 by the Department of African American Studies (Wahsington University) to present findings from my graudate research.

**Flomo, D.T.** (2007, 2008, March), "Child Soldiers and the Role of Conflict Resources in Civil Wars in West Africa." Saint Louis University 3<sup>rd</sup> and 4<sup>th</sup> Annual ATLAS Week, Saint Louis, Missouri, U.S.A.

<u>Description of invited lectures</u>: I was invited, on an annual basis, from 2007-2008, by organizers of the Annual ATLAS Week, Saint Louis, Missouri, U.S.A, to present findings from my graduate research.

**Flomo, D.T.** (2006 & 2007, February). Type 2 Diabetes: Incidence, Causes and the Social Worker Perspective. University of Missouri – Saint Louis School of Social Work, Saint Louis, Missouri, U.S.A.

<u>Description of invited lectures</u>: I was invited, on an annual basis, from 2006-2007, by the Saint Louis School of Social Work, University of Missouri, to present findings from my graduate research. **Flomo, D. T.** (2019, June) "Strategies around Weight Loss in Diabetes: Considering Cultural Factors" 79<sup>th</sup> Scientific Session of the American Diabetes Association (June 7 - 11, 2019), San Francisco, California, USA

# **Conference Presentations**

- **Flomo, D.T.** & Nicholas, D. (2012, July) "Integrating Clinical Practice and Classroom Learning through Heightened Hospital/University Partnership" International Council on Social Work Conference (July 8-12, 2012) Social Work Social Development 2012: Action and Impact, Stockholm, Sweden.
- **Flomo, D. T.,** & Kereyo, P. K. (2011, April) "Immigrants building a nation: The Social Workers' role", Alberta College of Social Workers Annual Conference (April 28 30, 2011) Social Workers as Nation Builders: Speaking Truth to Powers, Calgary, Alberta.
- **Flomo, D. T.,** & Kereyo, P. K. (2010, November) "Removing the barriers to new Canadians health disparity: New Canadians Health Network" University of Manitoba School of Social Work Strangers in New Homelands 2010 Conference: Creating 'home' away from home' conference, Winnipeg, Manitoba.
- Flomo, D.T. (2008, October) "Child soldiers and civil conflicts in Africa: What role are Africans playing?" Washington University in Saint Louis, George Warren Brown School of Social Work Annual African Students Association Lecture, Saint Louis, Missouri, U.S.A.
- **Flomo, D.T.,** Floreen, A. (2008, October) "Exercise and Social/Cultural Issues and their Effects on Adolescents with Type 2 diabetes" Washington University in Saint Louis School of Medicine, Saint Louis, Missouri, U.S.A.

**Flomo, D.T.** (2003, May). Time Line to the Liberian Civil War: A View of the Historical, Political, Social, and Economic Causes. Washington University in Saint Louis Department of African American Studies, Saint Louis, Missouri, U.S.A.

Polgar M, Pollio D, & North C. (Research Assistance by Wood J, **Flomo, D.T.,** Dorvlo G, & Lotz K. (2002). Families matter: Burdens and benefits for homeless adults. Washington University, Saint Louis, Missouri. Funded by NIDA R03-Da14364 & Narsad.

**Flomo, D.T.** (2001, October). Corruption in a Civil War Situation: The Liberian Experience. Presented at the 10th International Anti-Corruption Conference in Prague (Czech Republic).

# Lecture Series Organization

"What I wish I knew before I started my career": Justice Studies Fall Career Lecture Series. Held on: October 3, 26 and November 16, 2022

<u>Description of lecture series</u>: This was an interactive panel discussion and Q and A sessions with community leaders from the Federal, Provincial Governments and Community-Based Organizations (CBOs) who have spent most of their lives serving the public, delivering community programs, and advocating for change. Panelists shared their life stories, and wisdom they sometimes learned the hard way, while reflecting on "What they wish they knew before starting their respective careers."

## UNIVERSITY SERVICE

Faculty of Arts, University of Regina

Member (2022 – to present)

Faculty of Arts Recruitment and Retention Committee

Member (2019 - 2021)

Academic Program Development Committee (APDC) for Arts Faculty

## PAST ACADEMIC SERVICE

Daystar University

Student Leader/Mentor, (1998 – 2001)

Doulos Student Leadership Program, Daystar University, Kenya

## PROFESSIONAL SERVICE

**Co-Chair (2012)** 

Alberta College of Social Workers (ACSW) Annual Social Work Conference, Edmonton, Alberta

### SERVICE TO THE COMMUNITY

# **President - Saskatoon District Soccer Referee Association Incorporated (2022 – to present)**

Saskatoon, Saskatchewan

# Member of Board of Directors (2020 – to present)

Saskatchewan African Canadian Heritage Museum (SACHM)

# Founder and Coach/Mentor Homeless Soccer (2007)

Saints Peter and Paul Community Services for the Homeless, Saint Louis, Missouri, U.S.A.

# **Youth Mentor/Teacher and Leader, (2001 – 2006)**

Grace United Methodist Church, Saint Louis, Missouri, USA

# Sports and Recreation Director, (1998 – 2001)

Scripture Union Kenya, Nairobi, Kenya

### RECOGNITION

# Excellence in Health Care, (2006)

Saint Louis American Foundation and Mound City Medical Forum, Saint Louis, Missouri, USA

<u>Description of award</u>: During the annual Salute to Excellence in Health Care, the St. Louis American Foundation and the Mound City Medical Forum honor 12 outstanding local health care providers as "Excellence in Health Care."

See: https://www.stlamerican.com/news/local\_news/health-salute/article\_2bfbec90-4905-5af0-a03c-bcbc67489186.html

#### MEMBERSHIP IN PROFESSIONAL AND VOLUNTEER SERVICES

**President**, Saskatoon District Soccer Referee Association Incorporated

Referee Executive, Saskatchewan Soccer Association

**Member,** International Association of Social Workers (IFSW)

Member, International Association of Social Workes Africa (IFSW AFRICA)

Member, National Association of Social Workers (NASW - USA)

Member, Canadian Association of Social Workers (CASW)

Member, Canada Soccer Association (CSA)