The Department of Religious Studies offers courses on major religious traditions, on topics that range across different religious traditions, on current religious issues, and on academic approaches to religious phenomena. The essential goal of these courses is to offer the student the opportunity to examine critically the realm of the religious in its varied manifestations, and to accurately describe and analyze religious phenomena as part of the human experience.

RLST courses are not designed to foster personal religious commitment or to evaluate to that end the relative merits of various religious practices, traditions, and points of view. The student of religious studies at the University of Regina not only learns to read and think critically but also acquires research skills that facilitate the study and appreciation of diverse cultures.

An introduction to the academic study of religion; a survey of the thought and practices of major world religions; the impact of religion on society and culture.
RLST 100 ~ INTRODUCTION TO RELIGIOUS STUDIES
An introduction to the academic study of religion; a survey of the thought and practices of major world religions; the impact of religion on society and culture.

Our introductory course is offered in multiple sections, at different times and days, to better fit your schedule.

RLST 100-001  MWF 14:30-15:45  (TBA)
RLST 100-002  TR 14:30-15:45  (K. Bond)
RLST 100-0A1  T 19:00-21:45  (TBA)
RLST 100-C01  TR 16:00-17:15  (S. Helewa)
RLST 100-L01  MWF 11:30-12:20  (R. Hordern)
RLST 100-L02  TR 11:30-12:45  (TBA)

RLST 207-001 ~ BUDDHISM
MW 14:30-15:45  (Professor:  K. Bond)
The course will provide a basic introduction to Buddhism, dealing with its origin, development, doctrines, and practices. Special emphasis will be given to developments in interpretation of the founder’s teachings.

Prerequisite: Completion of 12 credit hours. RLST 100 is recommended. (Note: Formerly numbered RLST 221. Students may not receive credit for both RLST 207 and RLST 221.)

RLST 227-C01 ~ JESUS THE CHRIST
TR 14:30-15:45  (Professor:  S. Helewa)
This course explores the historical, Jewish Jesus in the context of the Second Temple period, as well as the Christian Christ of Faith. The New Testament, a Jewish Christian document, will be examined through a contextual Jewish Palestinian lens to find glimpses of the Jewish Jesus covered over by dominant Christian theological motifs about Jesus as the Christ.

Prerequisite: Completion of 12 credit hours. RLST 100 is recommended.

RLST 228-L01 ~ CHRISTIANITY
MWF 9:30-10:20  (Professor:  R. Hordern)
An introduction to the foundations of Christianity dealing with topics such as the centrality of the story of Jesus, its roots in Judaism, its sources of authority, characteristic practices, historical and theological development, and major denominational families. Some contemporary issues may also be briefly outlined.

Prerequisite: Completion of 12 credit hours. RLST 100 is recommended. (Note: Formerly numbered RLST 225. Students may not receive credit for both RLST 228 and RLST 225.)

RLST 268-397 ~ CULTS & NEW RELIGIOUS MOVEMENTS
Online  (Professor:  L. Anderson)
This course examines beliefs and practices of some emerging new religions including New Age, Wicca, Neo-paganism, Scientology, Unification Church, UFO groups, Solar Temple, Transcendental Meditation and Soka Gakai. The emphasis will be upon the historical roots and teachings of new religions, and issues related to their popularity and interpretation.

Prerequisites: Completion of 12 credit hours. RLST 100 is recommended. (Note: Formerly numbered RLST 276. Students may not receive credit for both RLST 268 and RLST 276.)

RLST 275-L01 ~ WOMEN IN WORLD RELIGIONS
T 11:30-14:15  (Professor:  B. Anderson)
This course surveys the role and religious experiences of women in various world religions. Lecture material will cover the accumulated traditional teachings on women and the feminine in each religion, with attention to specific historical developments. Contemporary scholars and issues will be highlighted with an emphasis on feminist methodologies.

Prerequisites: Completion of 12 credit hours or RLST 100 or WGST 100.

RLST 275-001 ~ THEOLOGY AND METHODOLOGY FOR THE STUDY OF RELIGION
TR 10:00-11:15  (Professor:  W. Arnal)
This course will focus on fundamental theoretical and methodological issues pertaining to the academic study of religion. It includes an examination of selected theories of the origin, character, and function of religion as a human phenomenon. Students will be encouraged to apply class material to their particular areas of specialization.

Prerequisite: Completion of 24 credit hours. RLST 100 is recommended.