ABOUT SIHL

The first of its kind in Canada, the Saskatchewan Institute of Health Leadership (SIHL) is an initiative of the Centre for Continuing Education, University of Regina.

The aim of the Institute is to bring together health care professionals in order to foster leadership potential, skills and the creation of a leadership community that works together to promote, support and sustain good health.

SIHL students are professionals from all disciplines and all levels within the health care system. The Institute focuses on leaders of today and leaders of tomorrow.

The Saskatchewan Institute of Health Leadership supports the goals of the provincial government by:

- building leadership and professional development within an interdisciplinary context
- ensuring a new generation of skilled health care leaders
- cultivating a community of leaders with a patient first focus

SIHL qualifies for Canada Saskatchewan Job Grant Funding. Contact Rachel Werrett at 306-585-5827 to obtain the information required to apply.
SIHL DATES
This five month program begins in November 2018 and will conclude in April 2019. A five-day Opening Retreat will take place in Regina, Saskatchewan on November 5-9, 2018 with SIHL Course Presenters and Facilitators. A two-day Project Retreat will take place April 11-12, 2019.

ABOUT THE PROGRAM

The Format
Registration is limited to 20 students per cohort and will include participants with diverse health care backgrounds.

The five month program includes:
• opening and project retreats
• lectures and workshops
• team projects focusing on six core competency areas
• personal leadership challenge
• webinars involving discussions with leaders and content experts
• access to coaches and Master Facilitator whose careers are based in the health care system

The program will be held at the Centre for Continuing Education, University of Regina.

During the Opening Retreat, participants will:
• engage in participatory presentations delivered by expert health care leaders
• develop a project proposal to further their leadership skills
• meet participants, course presenters and coaches from diverse areas within the health care sector

The program concludes with a two-day Project Retreat April 11-12, 2019 with:
• interactive panel discussions
• team project presentations
• Graduation Ceremony and certificate presentation
PROGRAM CONTENT

Leadership Skills & Core Competencies

Based on contemporary leadership theory within a health context the curriculum is designed to develop skills and competencies of leadership in 6 core areas:

<table>
<thead>
<tr>
<th>Life Balance &amp; Personal Development</th>
<th>Policy &amp; Politics</th>
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<tbody>
<tr>
<td>• Understanding your style</td>
<td>• Political process</td>
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<td>• Lifelong learning</td>
<td>• Advocacy</td>
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<td>• Personal development</td>
<td>• Policy development/Informing practice and vice versa</td>
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<td>• Time and stress management</td>
<td>• Ethics</td>
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<td>• Staying motivated</td>
<td>• Negotiation</td>
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<td>• Partnership development</td>
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<th>Visioning &amp; Planning</th>
<th>Systems Thinking</th>
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<td>• Decision making framework</td>
<td>• Quality Improvement</td>
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<td>• Scenario building</td>
<td>• Change Management</td>
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<td>• Creating a shared vision</td>
<td>• Risk Management</td>
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<td>• Strategic thinking</td>
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<td>• Environmental scanning</td>
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<th>Conflict &amp; Collaboration</th>
<th>Community &amp; Culture</th>
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<td>• Conflict Resolution/Interest based negotiation</td>
<td>• Workforce diversity</td>
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<td>• Team building</td>
<td>• Defining and understanding community including the impact of Aboriginal heritage and culture</td>
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<td>• Facilitation</td>
<td>• Demographics</td>
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<td>• Communication (interpersonal, inter-organizational, presentations, media, written and verbal)</td>
<td>• Social structure and change</td>
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<td>• Population health and primary health care</td>
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"All of the learning has helped me develop my leadership skills both personally and professionally. It offers invaluable learning on being a leader in health care. The program encourages the inter-professional collaboration and team work that our health care system needs."

Brittany  |  Pharmacy Technician SIHL Graduate
These competencies will be developed and enhanced through a variety of instructional methodologies. Presenters at the Institute, each of whom is an acknowledged leader and educator, will lead participants through these competencies during the Opening Retreat.

The Master Facilitator will continue providing support and direction as requested by participants during the five month program. Coaches will create a network of sharing and learning amongst themselves to develop and practice their own skills within a peer review context.

UNIQUE PROGRAM FEATURES

- Leadership theory and practice within a health context
- Ongoing application of models, concepts and theories through group work
- Interdisciplinary focus
- A cohort model
- Teamwork
- Practical application of learning
- Leadership and community development
- Networking
- Varied delivery methods
- Intersectoral resources
- Policy-practice interface
- Ongoing facilitation for duration of course
- Webinars
- Coaching and Mentoring model
- Intensive, accelerated experience
PROGRAM CERTIFICATE

Participants who successfully complete the program will receive a certificate from the University of Regina. The certificate has additional value for students whose workplace or association requires ongoing professional development.

REGISTRATION & HOTEL INFORMATION

TUITION FEES
$3,675 + $183.75 (GST) = $3,858.75

The course tuition includes:

- 2 onsite retreats November 5-9, 2018 and April 11-12, 2019 with refreshment breaks and lunches
- Distance learning program
- All course materials
- Evening Graduation Ceremony
- Coaching and mentoring support

Tuition Payment:
Registration can be done online or by phone. Visa and Mastercard are accepted. Create an account and register online here. Company invoicing is available - please call Student Services at 306-585-5748.
HOTEL ACCOMMODATION

Hotel accommodation is the responsibility of the registrant. A block of rooms has been reserved for the program at the Fairfield Inn & Suites. To book a room, please contact the hotel and ask for the University of Regina Conference Rate.

Fairfield Inn & Suites by Marriott
3915 Albert Street, Regina, SK S4S 3R4
306-545-9777
888-297-2555

Room Rate:
$129 for 2018 and 2019

Notes:

1. Registration deadline: October 1, 2018. Full refund (minus $300 admin fee) cancellation deadline: October 1, 2018. After October 1, 2018 tuition is non-refundable, however substitutions may be made.

2. The Saskatchewan Institute of Health Leadership reserves the right to cancel this program due to insufficient enrolment. Registrants will receive a full refund of tuition. SIHL will not be responsible for airline or other travel commitments.

For further program information, please contact Rachel Werrett, Business Development Consultant at 306-585-5827 or email rachel.werrett@uregina.ca, or visit our Website.
PROFESSIONAL DEVELOPMENT SUITE

We offer a large portfolio of professional development programs:

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<tr>
<td>Professional Management Certificate</td>
<td>Corporate Training</td>
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<tr>
<td>Professional Leadership Certificate</td>
<td>Professional Institutes &amp; Partnerships</td>
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<tr>
<td>Workshops</td>
<td>Courses</td>
</tr>
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For more information on our program suite, visit www.uregina.ca/cce.

CONTACT US

Phone: 306-585-5748
Email: SIS.Noncredit@uregina.ca

Online registration available at www.uregina.ca/cce.