

Diversity Calendar Resources for May 2025

ACCESSIBILITY OBSERVANCES

Accessibility is a fundamental aspect of equity and inclusion. It refers to designing environments, digital platforms, and services so that they can be used by all people, regardless of ability. Recognizing accessibility ensures that everyone, especially individuals with disabilities, can participate fully in society.

According to the 2022 Canadian Survey on Disability, 8 million people aged 15 and over are living with some form of disability that affects their level of freedom and participation in society, independence and/or quality of life.



National Speech and Hearing Month

Observed throughout May, this campaign promotes awareness of communication health, highlighting the importance of hearing and speech development and the roles of speech-language pathologists and audiologists in supporting individuals with communication challenges. This year's theme, "S-LPs & Audiologists: Doing More Than You Think," recognizes the vital yet often overlooked role of speech-language pathologists and audiologists.

Global Accessibility Awareness Day: May 15

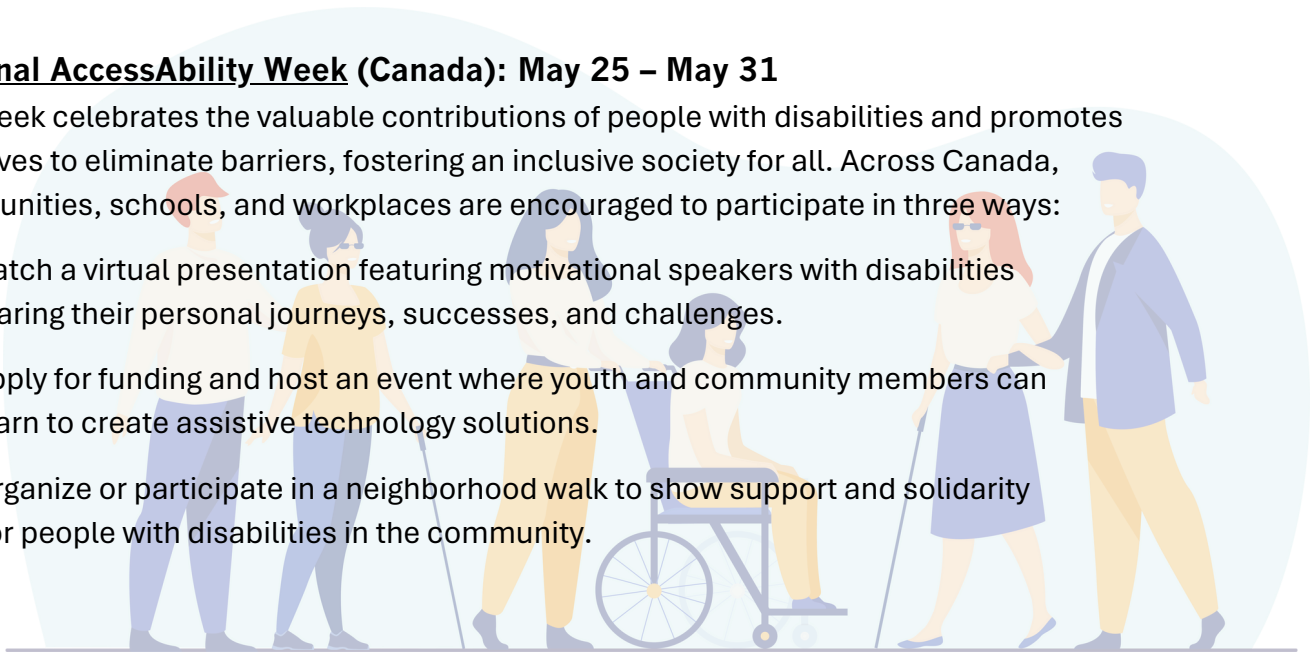
An international day dedicated to raising awareness about digital access and inclusion for the more than one billion people with disabilities. Celebrated on the third Thursday of May, the day encourages designers, developers, and professionals to better understand the barriers in digital accessibility and take meaningful action. For the past seven years, WEBAIM has been conducting an accessibility evaluation of the home pages for the top 1,000,000 websites. The results provide an overview and insight into the current state of web accessibility for individuals with disabilities, as well as trends over time.

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National AccessAbility Week (Canada): May 25 – May 31

This week celebrates the valuable contributions of people with disabilities and promotes initiatives to eliminate barriers, fostering an inclusive society for all. Across Canada, communities, schools, and workplaces are encouraged to participate in three ways:

1. Watch a virtual presentation featuring motivational speakers with disabilities sharing their personal journeys, successes, and challenges.
2. Apply for funding and host an event where youth and community members can learn to create assistive technology solutions.
3. Organize or participate in a neighborhood walk to show support and solidarity for people with disabilities in the community.



Red Shirt Day of Action for AccessAbility and Inclusion (Canada): May 28

An initiative by [Easter Seals Canada](#), Red Shirt Day encourages Canadians to wear red as a visible symbol of solidarity and commitment to accessibility and inclusion. The day serves to highlight the ongoing need for societal change to ensure the full participation of individuals with disabilities.



[SaskAbilities](#) has called on community members to wear a red shirt and invite friends and family to do the same. These actions demonstrate a collective commitment to building accessible and inclusive communities. Community members are also encouraged to take photos on Red Shirt Day and share them on social media using the hashtags [#RedShirtDay](#) and [#RedForAccessAbility](#).

Accessibility Resources on Campus and in Regina:

- [Campus for All](#)
- [Astonished!](#)
- [Autism Resource Centre](#)
- [Creative Options Regina](#)
- [SaskAbilities](#)

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GENDER-BASED VIOLENCE AWARENESS

Gender-based violence (GBV) refers to harmful acts directed at individuals based on their gender identity, gender expression, or perceived gender. It disproportionately affects women, girls, transgender, and non-binary individuals and is rooted in systemic inequality, discrimination, and power imbalances.



Red Dress Day (Canada): May 5

Also known as the National Day of Awareness for Missing and Murdered Indigenous Women, Girls, and Two-Spirit People, Red Dress Day honours the lives lost and raises awareness about the systemic violence faced by Indigenous communities. Red dresses, inspired by Métis artist Jaime Black's REDress Project, serve as powerful symbols of those who are missing.

International Day Against Homophobia, Transphobia, and Biphobia: May 17

Recognized globally, this day raises awareness about the violence and discrimination faced by 2SLGBTQIA+ communities and affirms the rights of individuals of all sexual orientations and gender identities to live free of fear and prejudice.



Anti-Racism Awareness Week: May 26 - 30

This week provides an opportunity for reflection, learning, and action against racism in all forms. It encourages community members to explore the impact of racism, celebrate cultural diversity, and commit to creating equitable and inclusive spaces. The week aligns with key historical moments including the Komagata Maru anniversary, George Floyd's death, and Asian Heritage Month.