DIVERSITY CALENDAR

November 2026

November brings together Indigenous disability awareness, cultural heritage, remembrance, children's rights, and gender diversity. As we move further into the academic year, these observances invite us to reflect on whose experiences shape our communities, which barriers continue to affect participation, and how we can build environments where people are treated with dignity, respect, and care. Observances allow us to acknowledge the contributions of many individuals, both past and present, and how these efforts create a better world. They also serve as reminders of the work still ahead and inspire us to do better.

Health, Accessibility, and Well-Being

These observances draw attention to health-related inequities and the importance of accessible supportive environments where people can seek care, participate fully, and receive support without stigma.

Diabetes Awareness Month

Diabetes Awareness Month highlights the prevention, management, and impact of diabetes, while promoting greater understanding of the condition and the people living with it. It is an opportunity to challenge misconceptions, recognize the importance of access to healthcare and education, and acknowledge the daily work involved in managing a chronic condition.



World Diabetes Day: November 14

World Diabetes Day is an international observance focused on diabetes awareness, prevention, care, and access to support. It encourages communities to learn about the different types of diabetes and the barriers people may face in accessing diagnosis, treatment, and ongoing care. The day complements Diabetes Awareness Month by providing a specific opportunity for education and advocacy.

Cultural Heritage, Identity, and Belonging

These observances bring attention to the histories, cultures, and experiences of communities whose contributions help shape Canadian society, while encouraging learning that goes beyond stereotypes or surface-level recognition.

Hindu Heritage Month

Hindu Heritage Month recognizes the histories, traditions, philosophies, and contributions of Hindu communities in Canada and around the world. It offers opportunities to learn about the diversity of Hindu beliefs and practices, cultural traditions, and community experiences. November also includes Diwali in 2026, though the festival is observed across multiple religious traditions and should not be treated as exclusively Hindu.

International Day for Tolerance: November 16

Established by the United Nations, International Day for Tolerance promotes respect, understanding, and appreciation of the world's diverse cultures and ways of life. Tolerance does not require agreement with every belief or practice; it involves upholding human rights, dignity, and the freedom to be different. In campus and workplace settings, this can mean challenging prejudice, addressing exclusion, and creating space for respectful disagreement.

DIVERSITY CALENDAR

November 2026

Remembrance, History, and Service

These observances invite reflection on historical persecution, war, military service, and the lasting effects of violence and oppression, including the importance of remembering experiences that have been overlooked or marginalized.

Veterans' Week: November 5–11

Veterans' Week leads up to Remembrance Day and recognizes the service and sacrifices of Canadians who served in times of war, military conflict, and peace. It provides an opportunity to learn about veterans' experiences and the effects of service on individuals, families, and communities. Commemorations can also include reflection on the varied experiences of veterans, including those whose contributions have historically received less recognition.

Indigenous Veterans Day: November 8

Indigenous Veterans Day recognizes the service and sacrifices of First Nations, Inuit, and Métis people who have served in Canada's military. It also creates space to learn about the discrimination Indigenous veterans experienced and the inequities many faced upon returning home, despite their service. The day encourages recognition of Indigenous contributions to military history alongside reflection on the ongoing impacts of colonialism.

Remembrance Day: November 11

Remembrance Day honours people who have served and those who died in military service, while inviting reflection on the human cost of war and the importance of peace. Many people mark the day through ceremonies, moments of silence, and the wearing of poppies.



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DIVERSITY CALENDAR

November 2026

Remembrance, History, and Service



Memorial of Kristallnacht: November 9-10

The Memorial of Kristallnacht commemorates the November 9–10, 1938, Nazi-led pogrom against Jewish people in Germany and Austria, during which synagogues and Jewish-owned businesses were attacked, people were killed, and thousands of Jewish men were arrested and sent to concentration camps. Often called the “Night of Broken Glass,” it marked a major escalation in the persecution that led to the Holocaust. The observance encourages Holocaust education and reflection on antisemitism, hate-fuelled violence, and the consequences of allowing discrimination to escalate.

Holodomor Memorial Day: November 22

Holodomor Memorial Day commemorates the millions of Ukrainians who died during the famine imposed by Soviet policies in 1932–1933. The term Holodomor is commonly translated as “death by hunger,” and the event is widely recognized in Canada as a genocide against the Ukrainian people. Observances honour victims and survivors, preserve historical memory, and encourage learning about the consequences of authoritarian rule and the suppression of national identity.

Canada History Week: November 23-29

Canada History Week encourages people to explore the individuals, communities, and events that have shaped Canada’s history. It offers an opportunity to learn about stories and perspectives that have often been overlooked, including the contributions of Indigenous peoples and diverse communities. The week invites reflection on how our understanding of the past influences our present and future.



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DIVERSITY CALENDAR

November 2026

Justice, Accountability, and Community Wellbeing

These observances explore ways to respond to harm, support people affected by violence or substance use, and build communities that prioritize accountability, dignity, prevention, and meaningful support.

Restorative Justice Week: November 15-21

Restorative Justice Week highlights approaches to justice that focus on addressing harm, supporting those affected, and encouraging accountability and repair. Restorative practices can bring together affected individuals and communities when appropriate, while emphasizing voluntary participation, safety, and meaningful responsibility. The week invites reflection on how restorative principles may be applied in schools, workplaces, justice systems, and community relationships.

National Addictions Awareness Week: November 22-28

National Addictions Awareness Week promotes understanding of substance use and addiction while encouraging prevention, treatment, recovery, and support. It challenges stigma and reminds communities that substance-use challenges are shaped by a range of personal, social, economic, and health-related factors. Use respectful, person-first language and recognize that recovery pathways and support needs differ from person to person.

Safety, Human Rights, and Protection from Violence

These observances call attention to violence, discrimination, and unequal access to safety, while emphasizing the responsibility of institutions and communities to protect rights, support affected people, and work toward lasting change.

National Domestic Violence Awareness Month

National Domestic Violence Awareness Month draws attention to intimate partner and domestic violence, including its physical, emotional, sexual, psychological, and financial forms. It highlights the importance of prevention, survivor-centred support, and access to safe housing, healthcare, and community resources. Domestic violence can affect people of any gender, age, culture, or income level, and people experiencing abuse may face significant barriers to seeking help.

Transgender Day of Remembrance: November 20

Transgender Day of Remembrance honours transgender and gender-diverse people who have lost their lives to anti-transgender violence. It is a solemn observance that recognizes the human impact of transphobia and the broader conditions that can leave transgender people vulnerable to discrimination and harm. Respectful participation includes using people's correct names and pronouns, avoiding speculation about their identities, and supporting safer, more inclusive environments.

DIVERSITY CALENDAR

November 2026

Safety, Human Rights, and Protection from Violence

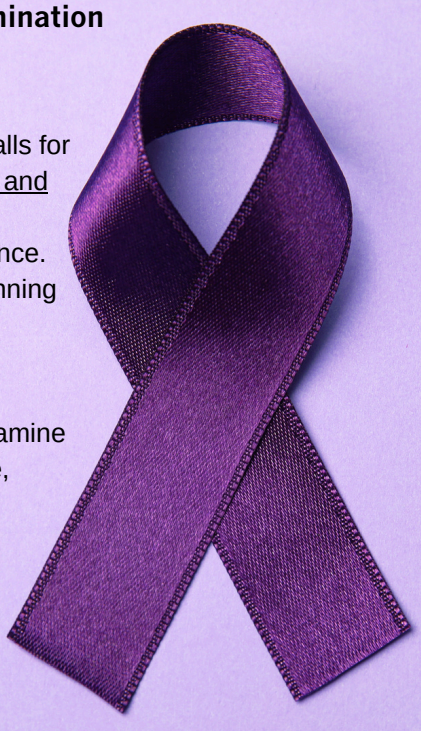
National Child Day: November 20

National Child Day marks the adoption of the United Nations Declaration of the Rights of the Child and the Convention on the Rights of the Child. It highlights children's rights to safety, education, healthcare, participation, and protection from discrimination, abuse, and neglect. The day encourages adults and institutions to consider children's perspectives and ensure that policies and practices support their well-being and development.



International Day for the Elimination of Violence Against Women: November 25

This United Nations observance calls for an end to violence against women and girls, including physical, sexual, psychological, and economic violence. November 25 also marks the beginning of the global 16 Days of Activism Against Gender-Based Violence campaign. The day encourages institutions and communities to examine the conditions that enable violence, strengthen prevention efforts, and support survivors without blame or discrimination.



16 Days of Activism Against Gender-Based Violence: November 25–December 10

This international campaign connects the International Day for the Elimination of Violence Against Women with Human Rights Day on December 10. It calls for sustained action to prevent gender-based violence, challenge harmful attitudes, and improve access to protection, justice, and support. Universities and workplaces can contribute by promoting respectful relationships, maintaining clear reporting and support pathways, and creating environments where concerns are taken seriously.

If you are aware of additional observances that should be included, or notice an inaccuracy in the information presented, please contact the EDI office at urincluded@uregina.ca.
Your feedback helps us improve this resource.

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