

# MEMORANDUM



University  
of Regina

Faculty of  
Graduate Studies  
and Research

Date: August 13, 2025

To: Deans, Associate Deans, Graduate Coordinators

From: Emilie Kossick, Manager – Graduate Scholarships and Awards

Re: 2025-2026 Canadian Institutes of Health Research (CIHR) Doctoral Competition,  
Canada Graduate Research Scholarship - Doctoral

Value: The maximum amount per award is \$40,000 per year, for up to 3 years, Plus a bonus from FGSR of a lump sum payment of \$5,000 at the beginning of each year of your award.

***\*\*We strongly encourage you to please contact your top students and encourage them to apply. Please provide them with this document to guide them and please encourage them to attend our Student Session\*\****

**PLEASE NOTE:** To promote and incentivize our best and brightest students to apply for a CIHR CGRS, FGSR will be providing our TOP 3 ranked candidates with a \$500 Scholarly Award.

## Important Dates and Deadlines:

- **Student Session: CIHR Doctoral *How to Apply*:** September 4, 2025 at 2:00pm via Zoom  
<https://uregina-ca.zoom.us/meeting/register/pmLL21vwQkufh6Ytr6njsw>
- **Student Session: *How to Write a Doctoral Research Proposal*:** September 10 at 2:00pm, CK 226, in person, register here: <https://uregina.libcal.com/event/3917204>
- **Student Information Session from CIHR:** June 11
  - o You can email [support-soutien@cihr-irsc.gc.ca](mailto:support-soutien@cihr-irsc.gc.ca) to get a copy of the presentation done by CIHR
- **Online Application Deadline: NOON (Saskatchewan time) on Friday, September 26.** Please know to be fair to all students, late applications **cannot** be accepted. The system locks down, so *please submit well ahead of the deadline to avoid any issues.*
- Deadline for University of Regina to submit all CIHR nominations to Ottawa – November 21

## **\*NEW\*** International Applicants

If you are not a Canadian citizen, permanent resident of Canada or protected person under subsection 95(2) of the *Immigration and Refugee Protection Act* (Canada), **you must be enrolled in your doctoral program of study at an eligible Canadian institution by the application deadline.** Up to 15% of awards across Canada will be available to international applicants.

**Websites:** Full information for this competition is posted here:

**CIHR CGS:** [https://www.nserc-crsng.gc.ca/Students-Etudiants/PG-CS/cgrsd-besrd\\_eng.asp](https://www.nserc-crsng.gc.ca/Students-Etudiants/PG-CS/cgrsd-besrd_eng.asp)

**ResearchNet:** <https://www.researchnet-recherchenet.ca/rnetsso/ssologin?language=en>

**FGSR's CIHR Doctoral website with University of Regina's deadline:**

<https://www.uregina.ca/graduate-studies-research/scholarships/external/cihr-doctoral-award-tri-council.html>

#### CIHR Doctoral Quota:

- The University of Regina has a quota of **three (3)** for this competition: <https://cihr-irsc.gc.ca/e/54351.html>

**Indigenous applicants:** Institutions may recommend applications from self-identified Indigenous applicants to the CIHR CGRS competition above and beyond their institutional quota. Indigenous students must self-identify on their application. Please see the General application process instructions: <https://cihr-irsc.gc.ca/e/54347.html>

#### Transcripts: **(VERY IMPORTANT – PLEASE READ IN FULL):**

- Please order **ALL** of your **undergrad and graduate official transcripts today** and include your **up-to-date** University of Regina transcripts, even if this is your first semester. **Your transcripts must show your Fall registration. This includes any transfer credit also. Please order today, as this process takes time.** When you order them, have the transcripts sent **electronically, directly to you**, as **you need to upload all of your own OFFICAL, UP TO DATE transcripts to your own application on ResearchNet.**
- If you have *international* transcripts at this university, **please formally request your international transcripts TWO weeks in advance by emailing [graduate.studies@uregina.ca](mailto:graduate.studies@uregina.ca) for the Request for Transcripts other than University of Regina form.** You will need to explain why you require this form. **Then once filled in please email the request form to [graduate.studies@uregina.ca](mailto:graduate.studies@uregina.ca) and copy [grad.funding@uregina.ca](mailto:grad.funding@uregina.ca). Late requests (less than 2 weeks) cannot be granted.**

\*Please use [grad.funding@uregina.ca](mailto:grad.funding@uregina.ca) as the email address for all correspondence. **Please be clear in subject line and include your name and ID.\***

**Overview:** The Faculty of Graduate Studies and Research will receive all applications electronically from the Portal after the deadline date noted above. The Faculty of Graduate Studies and Research will then distribute the complete packages for review to the CIHR Scholarship Selection Committee. Once the selections have been made, the Faculty of Graduate Studies and Research will submit the successful applications electronically to CIHR.

**Eligibility requirements** (Please ensure you are **fully eligible** before starting an application):

[https://www.nserc-crsng.gc.ca/Students-Etudiants/PG-CS/cgrsd-besrd\\_eng.asp#a3](https://www.nserc-crsng.gc.ca/Students-Etudiants/PG-CS/cgrsd-besrd_eng.asp#a3)

**Instructions for Completing an application** (this will walk the student step by step through the process):

<https://cihr-irsc.gc.ca/e/54347.html>

**CIHR Doctoral Frequently Asked Questions:** <https://cihr-irsc.gc.ca/e/54348.html>

**Canadian Common CV (CCV):** Students are **required to complete a Common CV (CCV)** which they will be required to attach to their application: <https://ccv-cvc.ca/indexresearcher-eng.frm>

Please contact us at [grad.funding@uregina.ca](mailto:grad.funding@uregina.ca) for my **CCV How to Cheat Sheet**, to walk you step by step through the process.

**STUDENTS, please ensure** you have your Supervisor, Department Head, Associate Dean and other academic mentors proofread your application well ahead of the deadline. Each of them can provide you with feedback to help make your application the best it can be.

**CIHR Contact Email:** [support@cihr-irsc.gc.ca](mailto:support@cihr-irsc.gc.ca)

**CIHR Contact Phone:** 1 888 603 4178