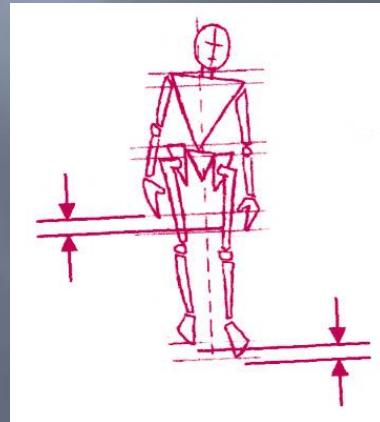


Don't Just Stand There!!



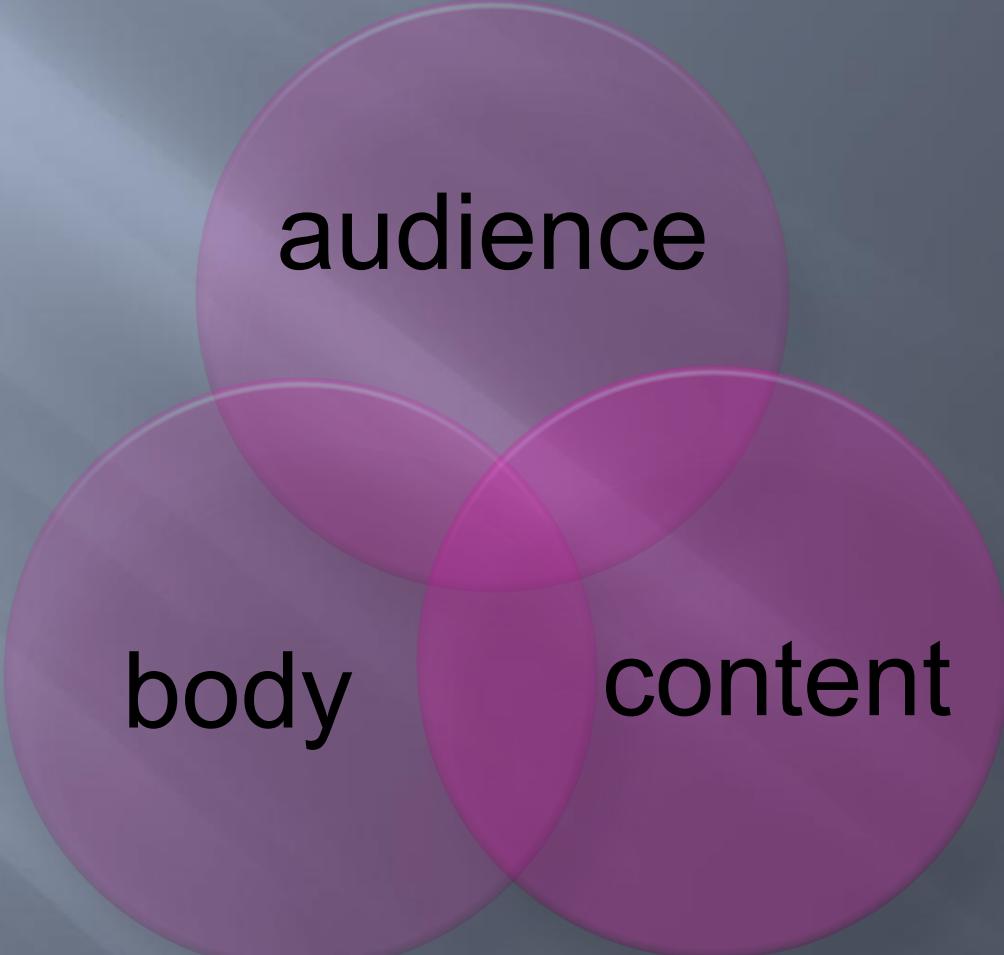
Devices, tips and strategies for presentations
with a punch!

By Kathryn Ricketts, University of Regina

Ghosts

Judgment and Editing





audience

body

content

Body Talk

80 percent nonverbal communication

7 percent of communication comes from spoken words

38 percent is from the tone of the voice

55 percent comes from body language

Mehrabian

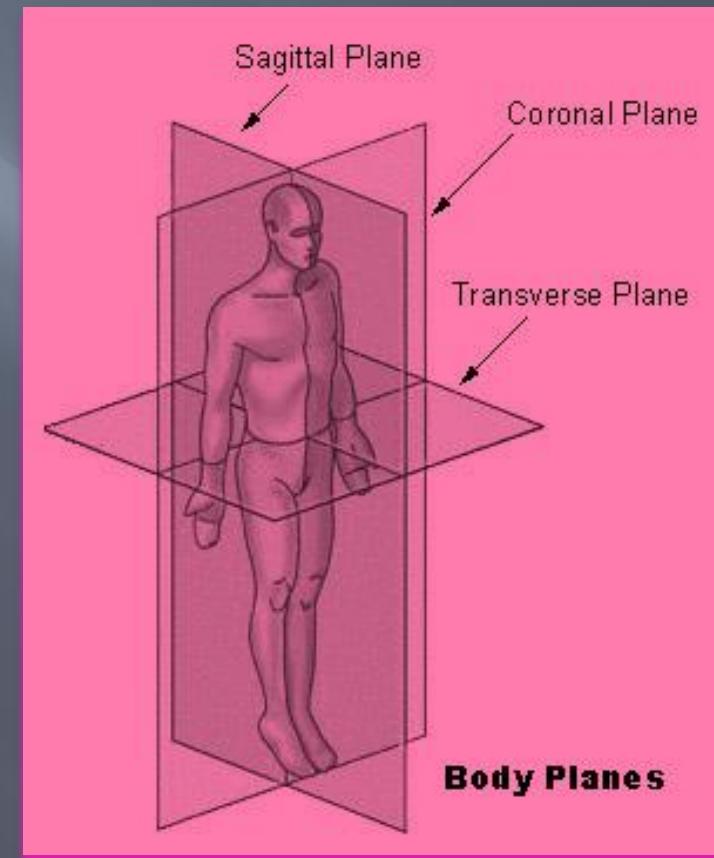
Body Talk

In basic terms, if you aren't conscious of what is happening nonverbally, then you are missing out on the vast majority of what is going on during a typical conversation

Sand Traps – Fog – Thieves

How does the nervous system work against us?

Breath
Posture
Projection
Clarity
Expression



Challenge the challenges on its own terms

Physical manifestations of nerves needs to be addressed physically

Time needs to be allotted for both physical warm up and mental concentration



Breaking Down the Barriers

Physical Warm Up

Large Muscle Groups

Joint Mobilization

Cardio Vascular

Targeted Areas i.e. jaw

mouth

fingers

neck



Unforgettable Devices

Jugular Vein

Playing Arena

Anchor not Shield

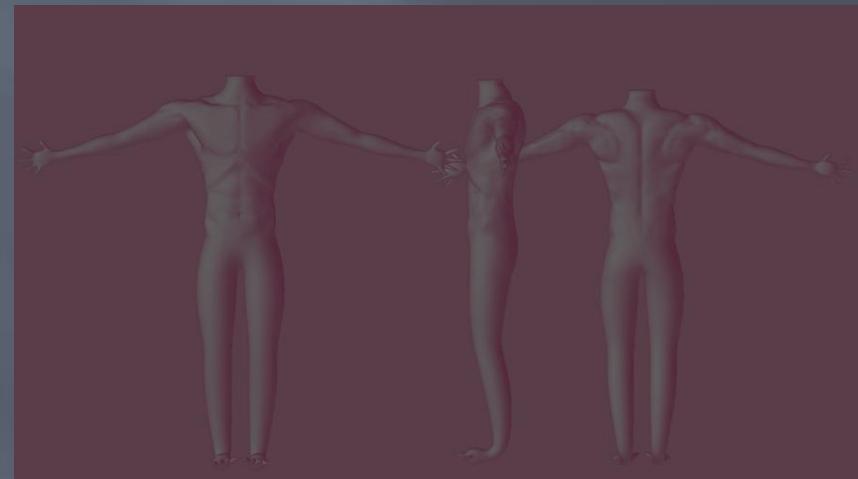
Glass of Water

Peanut Butter Sandwich

Basket Ball

Open Windows

Elastics



Alignment and Projection Images

Cathedral/Basement Lighthouse



It must never be forgotten that, long before they begin to learn to form letters, the very young have learned to speak, to manipulate oral language. Through their family experience, they "read" the reality of the world around them long before they can write about it. Later they simply write what they have learned to say.

Freire

**The word is total: it cuts, excoriates forms,
modulates perturbs, maddens cures or directly kills
amplifies or reduces according to intention
It excites or calms souls.**

Praise song of a bard of the
Bambara Komo society

The story is our escort; without it, we are blind.

Does the blind man own his escort? No, neither do we the story; rather it is the story that owns us and directs us."

Chinua Achebe, *Anthills of the Savannah* (1987)

"Embodiment refers to the biological and physical presence of our bodies, which are a necessary precondition for subjectivity, emotion, language, thought and social interaction"

Musical Identities, Macdonald, Hargreaves and Miell. Oxford University Press, Oxford and New York, 2002

Focus Devices

Silent Partner

Skunk

Discover Your Language



Group Presentations



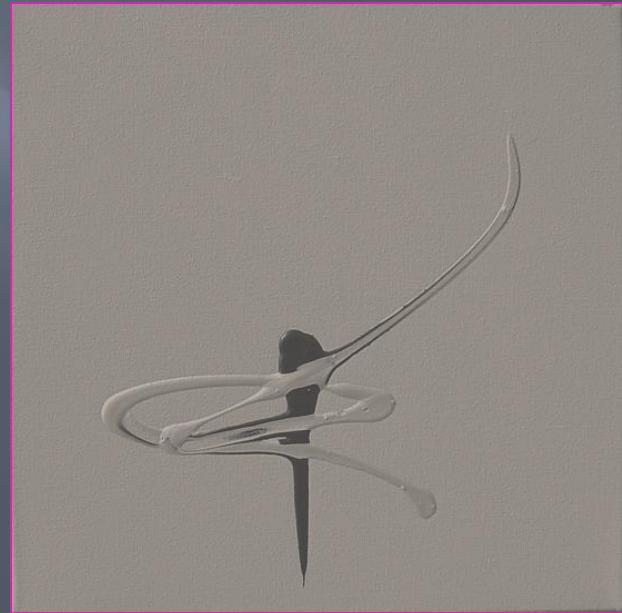
Private/Public



What to Wear!?



Wind in the Trees



ENJOY YOURSELF!

