

Resources for Graduate Students

Keys to Completing Your Program

- Create a study/workplan for your Program
- Fulfillment of program expectations
- Build a strong relationship with supervisor
- Peer interaction (sense of community)
- Involvement in the UofR community
- Funding
- Department culture
- Familiarize yourself with UofR units and services

Where do I go for help?

Your Academic Unit

This is your main point of contact. They offer advising and can answer questions about program requirements and class selection.

- Arts
- Education
- Engineering & Applied Science
- Kenneth Levene School of Business
- Kinesiology & Health Studies
- Johnson Shoyama School of Public Policy
- La Cité
- MAP
- Nursing
- Science
- Social Work

Contacts: Supervisor, Academic Advisor, Program Coordinator

Faculty of Graduate Studies & Research

- **Scholarships and Awards:** inquiries related to graduate scholarships and hosts sessions on how to apply for scholarships through the Graduate Awards Portal (GAP) and for national opportunities through the Tri-Council awards program.
- **Thesis, Defense and Graduation:** offers weekly sessions to support thesis writing, access to writing tutors through the Student Success Centre and graduation support.
- **UR Grad Experience:** hosts a variety of workshops and events, including the Summer Research Institute, Research Week and 3MT Competition - details can be found in the GradDigest newsletter
- **Graduate Advanced Training & Entrepreneurship (GATE):** host career readiness, professional development, and entrepreneurial programming, such as Reverse Career Fair and StartUp Bootcamp.

Connect with FGSR!



www.uregina.ca/fgsr



306-585-4161



CK 227
Centre for Kinesiology,
Health & Sport



General Inquiries:
grad.studies@uregina.ca

Graduate Engagement:
grad.engagement@uregina.ca

Scholarships:
grad.funding@uregina.ca

Thesis Defense & Graduation:
grad.defense@uregina.ca

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Academic Supports

- **Student Success Centre:** writing tutors, workshops and online resources
<https://www.uregina.ca/student-success-centre>
- **Global Learning Centre:** tutoring, workshops, study space
<https://www.uregina.ca/ur-international/student-services/global-learning-centre>
- **Academic Integrity Hub:** online modules, FAQs about academic integrity and plagiarism
<https://academic-integrity.uregina.ca>
- **Library (workshops, study space):** <https://library.uregina.ca/homepage>
- **IS - Information Services (IT Support):** <https://www.uregina.ca/is>

Financial Supports

- **Financial Services:** tuition payments <https://www.uregina.ca/financial-services>
- **Student Awards & Financial Aid (SAFA):** student financial assistance programs, such as student loans
<https://www.uregina.ca/cost-aid/funding/student-loans>
- **Scholarships: Graduate Awards Portal (GAP):**
<https://www.uregina.ca/graduate-studies-research/scholarships>

Wellness & Campus Community Supports

- **Protective Services:** <https://www.uregina.ca/protective-services>
- **Wellness Centre:** Accessibility Services, Health Services, Mental Health, and Multi-Faith Chaplaincy
<https://www.uregina.ca/student-wellness-centre>
- **Fitness and Recreation:** intramural sports, access to the fitness centre (FLC), and fitness classes
<https://www.uregina.ca/kinesiology-health-studies/facilities-recreation-health>
- **Respectful University Services:** education, confidential consultations, resolutions, and workshops
<https://www.uregina.ca/respectful-university>
- **Sexual Violence - Prevention and Response:** <https://www.uregina.ca/sexual-violence/>
- **The Women's Centre:** <https://www.urwomenscentre.com>
- **UR Pride Centre for Sexuality and Gender Diversity:** <https://www.urpride.ca/>
- **2SLGBTQIA+ Information Hub:** <https://www.uregina.ca/equity-diversity-inclusion/2slgbtqia-info>
- **International Student Services:** inquiries about study permits, visas and immigration
<https://www.uregina.ca/ur-international/student-services>

Student Groups

- **Black, Indigenous or People of Color (BIPOC) Graduate Student Association:** host a variety of events.
Email GRAD.BIPOC@uregina.ca to join.
- **Interdisciplinary Series for Professional Intellectual and Research Engagement (INSPIRE) Graduate Student Group:** host a variety of workshops and the INSPIRE Symposium.
Email INSPIRE@uregina.ca to join.
- **UR Graduate Students' Association (URGSA):** social events, funding and other student supports.
Visit <https://www.ureginagsa.com> or <https://www.facebook.com/URGSA>
- **UofR Student's Union:** <https://ursu.ca>