

## National Day of Mourning



Canadians observe the National Day of Mourning every year on April 28 to remember those who have lost their lives, suffered injury or illness on the job, or experienced a work-related tragedy.

According to the Association of Workers' Compensation Boards of Canada (AWCBC), in 2023, there were 1,057 workplace fatalities recorded in Canada. Among these deaths were 29 young workers aged 15-24. In addition to these tragic fatalities, there were over 274,000 lost time claims (32,861 from workers aged 15-24). Bear in mind that these numbers represent real people and their loved ones, family members, friends, and colleagues whose lives were also changed forever.

The **National Day of Mourning** is observed in Canada to not only honor those we have lost, but to strengthen our resolve to establish strong safety cultures in our workplaces to prevent further injuries, illnesses, and deaths.

### What Can You Do?

Visit the **National Day of Mourning** page on the **Canadian Centre for Occupational Health & Safety website**.

Watch the video with your team, share their messages on your social media, and listen to one or more of the personal stories shared on this page.

Show your commitment to safety by electronically signing the **University of Regina Safety Charter**.

Encourage your colleagues to sign as well. Find ways to continually improve the health and safety of your area, and make safety talks a regular part of every meeting.

Refresh your knowledge of health and safety principles by enrolling in one of our new online, self-enroll courses:

**Health & Safety Orientation Course:** This course provides students, faculty, and staff with essential health and safety information to help keep them safe while learning, working, and living at the University of Regina.

**Risk Assessment Course:** This course provides practical information on how to assess the variety of risks associated with learning and work activities at the University.

