

Common Travel Hazards

This is not an exhaustive list but highlights key considerations. All UofR faculty, staff, and students should complete the online Health & Safety Orientation and Risk Assessment courses to support safe travel planning

Vehicle Safety

Ensure drivers are licensed & insured & vehicles are suitable for terrain/weather. Consider special precautions for boats, ATVs, snowmobiles, or 15-passenger vans.



Weather & Natural Disasters

Monitor forecasts and road conditions along your entire route, checking regularly both before and during your trip. Ensure you know the specific evacuation procedures and safe locations for sudden adverse weather at your destination.



Climate

Is your destination hotter/more humid/colder than you are acclimatized to? Take precautions as necessary (i.e., appropriate clothing, dressing in layers, frequent breaks, hydration, etc.)



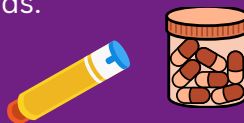
Flora & Fauna

Research local biological hazards: disease-carrying animals and insects (consider repellent), poisonous plants, venomous snakes, and dangerous wildlife (e.g., bears or cougars).



Medical

Manage chronic conditions (allergies, diabetes, etc.) by carrying extra medication, training colleagues on emergency aids like Epi-pens, and preparing translated medical alert cards.



Emergency & Contingency Planning

Develop contingency plans for lost documents, medical emergencies (including insurance), missing persons & vehicle issues. Establish a clear home check-in frequency.



Infectious Diseases



Check for outbreaks or endemic diseases. Confirm vaccination requirements for entry.

Communication

Verify cell coverage & carry backup power. Arrange check-ins before departure/upon arrival. Keep in mind all considerations from the "Traveling Safely with your Electronics" checklist.



Working Alone

Will you be by yourself during the trip? Do you have regular check-ins with someone?



Personal Safety

Stay alert to local social dynamics. Research crime threats, scams, and areas unsafe for certain groups.



Interpersonal

Do all travellers feel comfortable travelling together, sharing accommodations. Do all travellers know who they can talk to if they have concerns?



Food & Water

Is the water potable & are there safe storage options for perishable food? Be sure to research local sanitation and public health standards.

