



University
of Regina

Housing
& Hospitality
Services

2026 / 2027

HOUSING HANDBOOK

UR HOME.

Housing Services

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Tel: (306) 585-5450 · housing.services@uregina.ca
www.uregina.ca/housing

WELCOME!

On behalf of the University of Regina and the wonderful staff in Housing Services, welcome to UR Housing Community! We are excited that you have chosen to live on campus this year as you pursue your studies.

I know from my own experience that living in residence is one of the best decisions you can make in your university career. For me, living in dormitories – first at York University during my Bachelor’s degree, and then at Carleton University during my Master’s degree – was transformational and helped make me a better student. I felt truly at home on campus, was more engaged with my studies and campus life, and met a diverse group of friends from around the world that I still have today.

Those of you who are returning for another year in residence are well aware of these benefits, and as senior members of UR Housing Community, you have a great deal of residence and other campus life experience. You may not realize it, but you are role models for others, so please take every opportunity to share your knowledge and experience with those who are in their first year.

And to those of you who are in your first year – you have a wonderful adventure ahead of you! The idea of living with new people in a new community can be overwhelming at first – but above all, it’s an exciting opportunity. Right away you’ll meet and make friends with people from here in Saskatchewan, across Canada, and dozens of countries around the world. UR Community is one of diversity, mutual respect, and mutual support. Other residents will enrich your university experience, and at the same time, you will enrich theirs – and Housing Services staff will always be there to support you along the way.

Over the next year, if you see me in the hallways, at events or performances, or at varsity sports games, please take the time to say hello and tell me about your experience at the University of Regina. In the meantime, thank you for choosing our University, and I wish you all the best in the coming year.

Yours sincerely,

Jeff Keshen

President and Vice-Chancellor

WHY SHOULD I READ THIS HANDBOOK?

The Housing Handbook contains important information about the resources and policies of our community. Please take time to read it so that you are familiar with and understand the following:

Make Yourself at Home

How to make yourself at home on campus, and how to get the most out of your residence experience.

Community Expectations

Community expectations that outline the responsibilities of all members of the UR Housing community.

Processes and Consequences

The processes and consequences that will follow a violation of our Community Standards by residents and/or their guests.

Explore Your Options

The wide range of amenities, services, and resources available to residents in each of our Housing Communities and find out how to access them.

Questions along the way?

The Residence Life Team is happy to help. Email Residence.Life@uregina.ca, or visit the Housing Services Office in Kīšik Towers.

TABLE OF CONTENTS

2	Welcome	25	Roommate 101 Roommate Complications · Suite Meetings
5	Privacy and Your Information	26	Room Changes
6	Rights and Responsibilities	27	Programming Living Learning Communities (LLC) · Residence Community Council (RCC)
7	Dates to Note	28	Housing Standards Noise and Quiet Hours
8	What to Bring	29	Visitors and Guests
9	What to Leave Behind	30	Alcohol Smoking
10	Housing Services Office Kiosk Information	31	Cannabis Smoking, Cannabis Fines, and Drugs
11	Resident Assistants	32	Hosting a Party
12	Your Contract Occupancy Period · Rent · Confirmation Fee	33	Sexual Assault and Violence Prevention
13	Housing Insurance Program	34	Safety and Security Fire Safety
14	Termination & Eviction Termination by Resident Termination by Housing Services Conduct, Financial & Academic Eviction Appeal Process	35	Housing Keys Lock-outs
15	Amenities Mailing Address · Food Delivery Etiquette · Parcels	36	Personal Safety, Security, and Privacy Emergency Information · Protective Services
16	Using a TV Internet · Parking · Bike Storage	37	Accessibility Support
17	Student Storage	38	Incident Process
18	Cooking Meal Plan · Grocery Bus	39	Fees and Charges
19	Heating and Cooling Repairs and Maintenance Requests	40	Moving Out Student Jobs in Housing · Coming Back to Housing
20	Amenities Quick Reference	41	Medical Assistance and Resources
21	Common Spaces Laundry · Garbage Rooms	42	Mental Health
22	Cleaning Your Room and Apartment	43	UR Campus Resources
23	Personal Well-Being	44	Infection Control and Prevention
24	Residence Life Your Room · RA Check-Ins		

PRIVACY AND YOUR INFORMATION

The University of Regina, including Housing Services, is governed by *The Local Authority Freedom of Information and Protection of Privacy Act* (LAFOIPP). As an institution we are obligated to protect the personal information of those who work and study here. As such, we are unable to provide private information to any third party, including parents and/or guardians, about our residents.

This includes, but is not limited to:

- Account information: balances, breakdowns or information regarding any additional charges incurred
- Names of, and/or other information pertaining to roommates
- Phone numbers or any other contact information
- Disciplinary issues

The LAFOIPP act applies to all residents. Private information will not be released without written consent from the Resident. If a student wishes to authorize the release of information to a third party, they must do so in writing to the Housing Services office.

For more information on the Freedom of Information and Protection of Privacy Act, please visit the University's [Privacy and Access page](#). Questions about your information can be directed to the Housing Services office at housing.services@uregina.ca or (306) 585-5450.

RIGHTS AND RESPONSIBILITIES

RESPECTFUL LIVING ENVIRONMENT

The University of Regina's Respectful University Policy

The University of Regina is committed to creating and maintaining an environment in which University members can live, work, and learn in a collegial climate of mutual respect, free of harassment and discrimination. Harassment and discrimination will not be tolerated, under any circumstances. The University of Regina and Housing Services will take all possible steps to ensure students, employees, and visitors are not subject to any form of harassment or discrimination. Please review the University's [Respectful University Policy](#) for more details.

Should you ever feel harassed or discriminated against during your stay on campus, please inform a Resident Assistant or speak with a manager about the situation.

RESIDENT RIGHTS, RESPONSIBILITIES AND PRIVILEGES

Students of the University are expected to conduct themselves responsibly and with propriety both in their studies and in their general behaviour and are expected to abide by all of the policies and regulations of the University. All University of Regina students must abide by the Student Code of Conduct, which can be found in the Undergraduate Calendar.

RIGHTS

1. Freely access your living accommodations and common areas as long as you remain in good standing
2. Live in a safe and secure environment
3. Sleep and study in your room without undue interference
4. Be free from intimidation or harassment
5. Be treated with respect
6. Enjoy freedoms regardless of race, gender, gender expression, sexual orientation, national origin, physical or mental abilities, religion or political affiliation

PRIVILEGES

1. Access to Residence Life programming and opportunities
2. Ability to host guests within the established guidelines
3. Ability to host parties within the established guidelines
4. Use of Housing common spaces
5. Ability to borrow Housing equipment

RESPONSIBILITIES

- | | |
|---|---|
| 1. Respect the rights, privileges, and property of fellow residents, guests, and staff | 7. Make all payments on schedule |
| 2. Behave in a way that facilitates and promotes respect and equality toward all University staff, faculty, students and others | 8. Report any violations or concerns to the appropriate staff |
| 3. Monitor and accept responsibility for yourself and your guests' behaviour | 9. Report any maintenance issues through the Housing portal |
| 4. Refrain from letting unknown people into Housing | 10. Keep your apartment doors closed and locked |
| 5. Know and follow Housing policies & the University of Regina's Student Code of Conduct | 11. Report suspicious behaviour to Housing Staff |
| 6. Maintain an acceptable level of cleanliness | 12. Refrain from lending out your keys |

DATES TO NOTE

Fall 2026

AUGUST

28	First Year Resident Move-in
29	Housing Orientation Returner Move-in begins Welcome Weekend begins
31	Fall Orientation

SEPTEMBER

1	Fall Classes begin Tuition and Housing fees due
7	Labour Day - No classes
15	Final day to opt-out of Housing Tenant Insurance Voluntary room change requests open End of course-add period End of no record-drop period End of 100% refund period End of RBD opt-in period Meal plan purchase deadline for dorm-style accommodations
17	Really Big Deal - Signed Addendum Deadline
29	End of 50% refund period
30	Truth and Reconciliation Day - No classes

OCTOBER

TBD	Fall/Winter 2027-2028 Application Opens
12	Thanksgiving - No classes

NOVEMBER

TBD	Winter application opens Winter letters of offer commence
9	Fall break starts (Monday)
11	Remembrance Day
15	Fall break ends (Sunday) Voluntary room change requests close

DECEMBER

7	End of classes
9	Start of examination period
22	End of term

Winter 2027

JANUARY

4	Winter Move-In
6	First day of classes Tuition and housing fees due
18	Final day to opt-out of Housing Tenant Insurance Really Big Deal opt-in deadline Meal plan purchase deadline for dorm-style accommodations Voluntary room change requests open
19	End of course-add period End of no record-drop period End of 100% refund period
20	Really Big Deal - Signed Addendum Deadline
TBD	Spring/Summer letters of offer commence Spring/Summer applications open

FEBRUARY

2	End of 50% refund period
15	Family Day - No classes Winter break starts (Monday)
21	Winter break ends (Sunday)

MARCH

TBD	Housing Gala
15	Voluntary room change requests close
26	Good Friday - No classes

APRIL

12	Last day of classes
15	Start of exams
28	End of term

Spring/Summer 2027

MAY

15	Voluntary room change requests open Final day to opt-out of Housing Tenant Insurance
18	Really Big Deal opt-in deadline
20	Really Big Deal - Signed Addendum Deadline

JUNE

TBD	Fall Letters of Offer commence
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JULY

15	Voluntary room change requests close
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Residence Life - Residence Life and the Residence Community Council host a variety of events each month, from karaoke nights to free smoothie giveaways, which all residents are welcome to attend. View and register on the [Housing Portal](#).

WHAT TO BRING

HIGHLY RECOMMENDED (PRIORITY ITEMS)

- ☐ Health card and other forms of identification
- ☐ Personal hygiene products (toothbrush, soap, shampoo, hair brush, nail clippers, etc.)
- ☐ Towels and face cloths
- ☐ Toilet paper, tissue boxes, and plunger
- ☐ Laundry baskets, detergents, drying sheets, etc.
- ☐ Pillows, blankets, bedding, sheets, etc. (All beds are twin XL except for our 2 bedroom apartments and deluxe studios in Kišik, which are furnished with double beds. You may bring a mattress topper, but not a mattress)
- ☐ Your school supplies (pens, pencils, books, backpack etc.)
- ☐ Cleaning supplies – broom, mop, bucket, dustpan, cleaning solution and disinfectant wipes (these are not provided or available to sign out)
- ☐ Microwave safe dishes, cutlery, mugs and water bottle

Items for units with designated kitchen spaces

- ☐ Small cooking appliances (rice cookers, mixers, slow cookers, toasters, instant pots, air fryers, etc.)
- ☐ Other cooking supplies

Note: Small appliances are NOT permitted for use in bedrooms or dorm-style rooms.

RECOMMENDED (OPTIONAL)

- ☐ Hand sanitizer
- ☐ Headphones
- ☐ Clothing hangers
- ☐ Personal fan
- ☐ Power bar with surge protection (Must be CSA Certified)
- ☐ Storage bins/containers
- ☐ Snacks
- ☐ Pictures, posters, things to personalize your room (any cost associated with damages to walls e.g. punctures, scratches, peeling paint, etc. will be charged to your account upon move out)
- ☐ Personal computer/laptop (backups are also useful!)
- ☐ Personal first aid kit
- ☐ Kettle (with an automatic shut-off feature)
- ☐ Iron (with an automatic shut-off feature)
- ☐ Ironing board
- ☐ Mini fridge
- ☐ Bicycle with bike lock (be sure to register your bike and store it in the appropriate area)
- ☐ Non-dangerous pet fish in a tank (no larger than 10 gallons and no piranhas)
- ☐ Water filter

All dorm-style accommodations come equipped with a microwave and mini fridge.

You should print this page! Use the checkboxes to keep track of your packing as you get ready for move-in day.

WHAT TO LEAVE BEHIND

Note: These items are prohibited and consequences may apply if found in-room.

- Candles or incense
- Personal heaters
- Large furniture
- Microwaves (provided in all rooms)
- Mattresses (if required for medical reasons, contact Student Accessibility)
- Large speakers, sub-woofers, or amplifiers
- Routers, wifi boosters, extenders, satellite dishes
- Explosives
- Bidet attachments for toilets
- Harmful chemicals and flammable liquids
- Firearms and weapons (including pellet guns, bb guns, airsoft guns, replica or imitation firearms (including props), bow and arrows, hunting/exotic knives, swords, or any other items considered by Housing Services to be dangerous)
- Large appliances and gym equipment (treadmill, full sized fridges, deep freezers, dishwashers, washing machines, etc.)
- Illegal drugs
- Pets (except non-dangerous pet fish in a tank no larger than 10 gallons)
- Vaporizers, vapes, e-cigarettes, hookahs, bongs, etc. (the University of Regina is a smoke-free campus; these items are not permitted for use anywhere on campus)
- Propane tanks, bunsen burners, hot plates
- Items or games that encourage excessive alcohol consumption
- LED light strips
- Double sided tape (can cause damage to paint)
- E-bikes & E-scooters, including those with a removable battery, cannot be stored or charged in-room.

Good to know: If you are unsure of whether or not an item you wish to bring into Housing is permitted, please contact Housing Services prior to your arrival date.

HOUSING SERVICES OFFICES

**Housing Services Office**

The Housing Services Office in Kīšik Towers is where you will find staff to assist you with questions, accept rent payments, retrieve your packages, and provide you with any housing-related support.

Office Hours: Monday – Friday 8:15 AM–4:30 PM, with payments accepted from 8:15 AM–3:30 PM (excluding holidays and closures)

Email housing.services@uregina.ca · **Tel** (306) 585-5450 · **Web** www.uregina.ca/housing

	Kīšik Towers Front Desk	College West Kiosk	Wakpá Kiosk
Location	Kīšik 1st Floor (Housing Office)	College West 4th Floor	Wakpá 1st Floor
Hours	Mon–Fri 8:15AM–10:00PM, Weekends 4:00–10:00PM	Everyday 4:00–10:00PM	Everyday 4:00–10:00PM

Please note: Kiosk hours are subject to change.

KIOSK INFORMATION

Our kiosks are staffed by Resident Assistants (RA) during off hours. They are happy to answer any questions you may have, sign out equipment, let you into your room if you're locked out, etc. If the kiosk is closed, feel free to stop by another building's kiosk or phone the RA on call.



RESIDENCE LIFE TEAM

RESIDENCE LIFE COORDINATORS (RLCs)

Residence Life Coordinators (RLCs) are full-time, live-in professional staff members dedicated to supporting students and enhancing the residence experience. Each RLC is responsible for managing one residential community — Kišik & La Cité, Wakpá & Paskwāw, or College West.

RLCs provide leadership to the student Residence Life team, offer support and guidance to residents, and work to create a safe, inclusive, and welcoming community. They play a key role in promoting student success and wellbeing through programming, mentorship, and crisis response.

SENIOR RESIDENT ASSISTANTS (SRAs)

SRAs are experienced members of the Residence Life team who provide leadership and mentorship to the RA team. Alongside RAs, they are available to support residents after hours and can assist with escalated concerns.

RESIDENT ASSISTANTS

RAs are students who help support residents outside of office hours, and provide customer service for our Housing and Hospitality guests. During their shifts they conduct rounds of all residential buildings, help with lockouts, sign out equipment, and assist students and guests with any questions or concerns they may have. Contact phone numbers can be found on poster boards and TVs in your building.

SOME THINGS TO KEEP IN MIND ABOUT RAs

- 1. They are not counselors:** while we encourage you to share your successes and challenges with your RA, they are not able to provide professional advice and are only trained to help you find the right support.
- 2. They are not your parents:** RAs serve as role models within the Housing community and are expected to assist you when needed, but they are not responsible for taking care of you full-time.
- 3. They are not police officers:** RAs conduct nightly rounds of our Housing Buildings. They also enforce Housing Services policies and assist residents. However, they are not official law enforcement and are not always able to fix every situation, even if rules are being broken.

RA Contacts - Mon-Fri 4:15 PM-8:15 AM, Sat-Sun and holidays 24/7

Building	Contact Numbers
College West	306-535-0352, 306-570-4391
Paskwāw Towers / Wakpá Towers	306-530-5571, 306-537-1989
Kišik Towers W / La Résidence	306-535-0676, 306-539-9126
Kišik Towers E	306-510-3443, 306-541-8936

YOUR CONTRACT

OCCUPANCY TERM

The term begins on your scheduled move-in date as stated in your Letter of Offer and concludes 24 hours after your last exam or academic commitment, or on the final day stated in your Housing Contract – whichever comes first.

Early Move-in / Late Move-out

If you need to arrive earlier than your scheduled move-in date or stay past your scheduled move-out date, please submit a request using the appropriate form on the [Housing Portal](#). Housing staff will review your submission and let you know if the request can be approved. A fee will apply to all early arrivals and approved late move-outs.

RENT • HOUSING FEES

Residents are strongly encouraged to pay their full fees on the first day of classes each term. Alternatively, they may choose to pay in four equal installments (not including tenant insurance and activity fee, which are due the first day of classes), due on the first business day of each month. Failure to make payments accordingly may result in penalties, including termination of the Housing Contract. More details can be found on the [Housing website](#).

First Day of Classes: Fall – September 1st, 2026 & Winter – January 6th, 2027. Housing Fees will not be re-calculated based on late arrivals.

Payments are accepted online via the [Housing Portal](#) or at the Housing Services office between 8:15 AM and 3:30 PM, Monday through Friday, with the exception of statutory holidays.

Please note: Housing Services is not responsible for financial holds on your student account (UR Self-Service). However, if your Housing financial record is not in good standing, a financial hold may be placed on your [Housing Portal](#).

CONFIRMATION FEE

The \$400 Confirmation Fee secures your accommodation as outlined in your Letter of Offer. By submitting this fee, you are confirming your intention to reserve your assigned room with Housing Services. Approximately one month after move-in, the confirmation fee will be applied towards your total housing fees. Please note that the confirmation fee is non-refundable if you choose not to move into UR Housing after the deadline specified in your Letter of Offer.

HOUSING TENANT INSURANCE PROGRAM

All residents living on-campus are required to maintain tenant insurance. Marsh Canada Limited is the University of Regina tenant insurance provider. An insurance fee is placed on each resident's account at the beginning of each semester. Full information is available at uregina.ca/housing under Tenant Insurance Program.

To report a claim, contact Marsh Canada

Phone 1-877-565-3458 · Email oncampusinsurance@marsh.com

OPTING OUT

Should you have alternate tenant insurance coverage in place from another provider and wish to opt out of the University recommended program, submit the requested information to the program administrator, Marsh Canada Limited, by the deadline dates listed below. Students who do not submit a request to opt out of the program by this date will be automatically enrolled in the program.

Opt-out deadline

Fall term	September 15th, 2026
Winter term	January 15th, 2027
Spring term	May 15th, 2027

Opt-out link: [Tenant Insurance Opt-Out Form](#). By using this link you agree to be redirected to a Marsh Canada managed website to proceed with the Opt-Out request process.

By opting out of the tenant insurance program you are assuming full responsibility for content and liability insurance while under contract within Housing at University of Regina. Marsh Canada is administering the opt-out process on behalf of the University of Regina, and the information you provide will be sent to the University.



TERMINATION & EVICTION

Termination of Contract by Resident – Kindly refer to your housing contract for details about Contract Cancellation.

Termination of Contract by Housing Services – The University may terminate a Housing Contract at any time with 24 hours' notice for reasons such as unpaid fees, ineligibility, contract or handbook violations, or behavior deemed harmful or disruptive to the community.

Residents must vacate as outlined in the Eviction Notice and are responsible for all charges up to that point, including a \$500 Eviction Processing Fee. Full Activity and Tenant Insurance Fees apply regardless of eviction. For full details and conditions, please refer to your Housing Contract.

CONDUCT, FINANCIAL AND ACADEMIC EVICTION

Conduct Eviction – A Resident will face conduct eviction under the following conditions:

1. The Resident poses a physical danger or threat to others or themselves.
2. The Resident has seriously or continuously breached the Community Standards as described in the Housing Handbook.
3. The Resident has breached the Housing Contract.

All conduct evictions include the following disciplinary actions: the student is prohibited from being on Housing property after eviction is complete, and is not able to re-apply to Housing for future terms.

Academic Eviction – A Resident may face an academic eviction if at any point during the contract they fail to be registered in full-time courses. This may include, but is not limited to, a failure to register by the deadline, withdrawal of courses, or being required to discontinue their studies.

Financial Eviction – A Resident may be subject to financial eviction if the Resident has an outstanding balance that is not paid in a timely manner. As with conduct evictions, the student is prohibited from being on Housing Property and may not re-apply for future terms.

Students evicted from UR Housing must vacate the premises and return their keys to the Housing Services Office by the checkout date specified in their eviction letter.

All evictions – conduct, academic, or financial – are subject to a \$500 Eviction Processing Fee.

APPEAL PROCESS

Students may appeal an eviction decision by submitting a written appeal to the Associate Director, Housing and Hospitality Services (or designate). The appeal letter must clearly explain why the student believes the eviction decision was unfair or unjust in accordance with the Community Standards as stated in this Housing Handbook. Further information about the appeal process and deadline will be outlined in the eviction letter.

AMENITIES: MAIL & PARCELS

Mailing Address

Each Resident is assigned a mailbox key with their regular room keys. Your mailing address is stated on your move-in package. To ensure your mail is processed correctly, please have it addressed as follows:

EXAMPLE ADDRESS

First and Last Name
Mailbox Number
Housing Building
3737 Wascana Parkway, University of Regina
Regina SK S4S 0A2

Food Delivery Etiquette

If you are ordering food through food delivery services, please use the following addresses:

- Kišik Towers - 3747 Lee Gren Avenue
- College West - 3903 Wibazuka Road
- Paskwāw Tower - 3817 Sagittaire Lane
- Wakpá Tower - 3821 Sagittaire Lane
- La Résidence - 3727 Sagittaire Lane

You must be present to receive your food upon delivery. Unattended food may be discarded, and Housing Services will not assist in locating or recovering any missing unattended food. **Food theft incidents will be managed following the processes outlined in the Student Code of Conduct.**

Parcel Arrival Information

If you are alerted by your postal delivery service that a parcel has arrived, please note that it has only arrived at the University of Regina's central mail room, and not yet at the Housing Services office. Please allow an additional 1-2 business days for Housing Services to receive and process incoming mail. Once processed, it will be placed in the Quadiant locker located in Kišik Towers, and you'll receive an email with pickup instructions. No Cash on Delivery (COD) items will be accepted. Oversized items will need to be collected from the Kišik front desk during office hours.

Housing Services will not forward your mail - it is your responsibility to update your mailing address when you move out. All mail received after move-out will be returned to sender (government mail is held for 14 business days). Packages not collected within 48 hours of being placed in the Quadiant lockers may be removed and picked up at the office; if not collected within 7 days, they will be returned to sender.

AMENITIES: TV, WIFI & TRANSPORTATION

Using a TV

TVs are not provided in apartments or dorms but residents are welcome to bring their own. In addition, there are TV lounges throughout each building that are open to all residents living on campus! Please refrain from removing TV remotes from lounges – anyone caught doing so will be subject to a misconduct fine plus the replacement cost of the remote.

Wifi

Wireless internet is FREE and available everywhere on campus through eduroam.

1. Enter credentials in the form of “username@uregina.ca”
2. Use the same password as your uregina login
3. You can use the same uregina credentials to connect anywhere you can find an eduroam network
4. The use of WIFI for illegal websites violates our internet policy and is prohibited.

Please be aware that personal wireless routers or signal enhancers are not permitted, as they conflict with the University’s wireless coverage.

Parking ePermit

Parking permits are available for purchase online through Parking and Transportation Services. Permits are sold by term and are tied to a specific lot, so be sure to review the options before purchasing. Please note that parking spaces are limited and often sell out, so apply as early as you can.

Bike Storage

If you want to bring a bike to campus, we have indoor bike storage! Register your bike at the Parking Services office. Bicycles must be locked at all times while in storage (locks are not provided), and the University of Regina is not responsible for any stolen or damaged bicycles. Bikes may not be stored in bedrooms, hallways, stairwells, or any other common area.

E-bikes & E-scooters: Due to the fire hazards associated with lithium-ion batteries, charging of e-bikes, e-scooters and removable batteries is strictly prohibited in all Housing spaces, including common areas and designated bike storage. E-bikes and E-scooters may not be stored in Housing spaces. Violations are subject to disciplinary action.

STUDENT STORAGE & COMMON AREAS

Student Storage Lockers

Should you require extra storage space, Housing Services has lockers available for rent! Lockers can be rented at the Housing Services office for \$50 per term. Payment must be received upon rental of the locker. Only 1 locker is allowed per Resident, and residents must use Housing-provided locks. Food cannot be stored within the locker, and items are stored at the resident's own risk. All lockers expire at the end of each term unless renewed; items left behind will be disposed of. Lockers are available over the Spring/Summer term to students with a future term booking only, unless approved otherwise. Locker sizes are 2'x3'x4'.

Common Areas and Game Rooms

Whether you want to de-stress with a game of pool, or challenge your roommates to a friendly ping-pong match, Housing Services offers plenty of recreational options! Equipment can be signed out free of charge from any Housing Kiosk – please ensure it's returned directly to a staff member, as you will be charged for items not returned or returned damaged.

Music Rooms

Do you play piano or another musical instrument? Music rooms are located in Kišik Towers, College West and Paskwāw. Each contains a piano for student use, but rooms can be used to practice other instruments too – they're more soundproof than your bedroom.

Equipment and Resources

Housing Services provides a variety of cleaning supplies and recreational equipment for Resident use FREE of charge, available from the Kišik front desk, Wakpá kiosk or College West Kiosk. Excessive use or damage may result in charges.

Cleaning & Household Equipment	Games & Entertainment
Toilet Plungers	Pool Table Equipment
Garbage Bags	Table Tennis Equipment
Vacuums	Board Games
Stove Foils	Video Games
Light Bulbs	Foosball

Signing out equipment: Games and entertainment equipment can be signed out from the Kišik Towers front desk, the Wakpá kiosk or the College West kiosk, and must be returned directly to a staff member — not left in a common space. Equipment cannot be signed out during quiet hours. Items not returned, or returned damaged, will be charged to your account.

COOKING & MEAL PLANS

COMMUNITY KITCHEN

While select apartment styles include kitchens, community kitchens are also available for all residents to use in College West, Paskwāw Tower, and Kišik Towers. La Résidence residents will be granted access to the Paskwāw kitchen by request.

Community kitchens are shared spaces, so please clean up after yourself, wash and put away anything you use, and take your food and belongings with you when you leave. Items left behind may be discarded. Cooking equipment and utensils are not provided, so bring your own.

MEAL PLAN

Students who live in dorm-style accommodations do not have a kitchen and are therefore required to purchase a UR One Card Meal Plan for each of the fall and winter terms. The UR OneCard Meal Plan is a convenient declining-balance meal plan that gives students easy access to food and beverage purchases at participating Food Services locations across campus. Funds are loaded directly onto your digital UR OneCard through the Avro Mobile app.

A complete list of participating campus dining vendors, plan options and pricing is available at uregina.ca/foodservices/residence-meal-plans. Purchase information is available through the [Housing Portal](#). Balances carry forward between the fall and winter terms, and you can top up your card at any time through the Avro Mobile app.

Residents who fail to purchase a meal plan by the add/drop deadline will be relocated to a room type that does not require a meal plan. Any costs associated with the room change will be the responsibility of the Resident.

GROCERY BUS

The RCC (Residence Community Council) and Housing Services fund a bi-weekly Grocery Bus that transports residents directly to and from Superstore East. The service is free for residents and runs on a set schedule during the fall and winter terms. Dates, departure times and pick-up locations for each Grocery Bus will be displayed on the TV announcement boards in each building. Seats are first come, first served, so arrive a few minutes before departure — and remember you will need to carry your own groceries back to your room.

HEATING, COOLING & REPAIRS

Heating and Cooling

Campus heating and cooling is controlled at a central location outside of Residence. During the winter months, all buildings are heated; in the summer months, all buildings are cooled. Fan controls and thermostats located in each unit can adjust how hot or cool your suite is by a few degrees. Kišik Towers has in-floor heating, while the rest of our buildings have a fan control, located in the apartment living room or bedroom. In dorms with shared washrooms, please work with your neighbor to determine what temperature works best for both of you.

Maintenance Request

The [Housing Portal](#) is your go-to resource for any maintenance issues. Under the “Maintenance” tab, you’ll be able to document the details of any issue and file it directly with the Facilities Management team.

Housing Services and the University of Regina Facilities Management Team reserve the right to enter a resident’s room for the purpose of making repairs, as reported by the Resident. For regular maintenance, residents will receive 24 hours advance notice of room entry. In the case of an emergency or health and safety concern, repairs will be done immediately without prior notice.

NON-URGENT

Clogged toilets and drains that are not actively overflowing, broken furniture, sticky or loose door knobs.

URGENT - REPORT IMMEDIATELY

Water-related damage (actively overflowing toilets/sinks), sanitation issues, elevator breakdown, electrical malfunction. After hours, contact after-hours staff.

If there is a loss due to a mechanical failure, Housing Services will not reimburse students for lost or damaged goods (e.g. food lost when a fridge or freezer fails is at the expense of the Resident).

Facilities - The following are prohibited:

1. Failing to close windows when the exterior temperature is at risk of falling below zero degrees Celsius.
2. Disposing of oil, grease or any other unacceptable substance in a drain.
3. Flushing items down a toilet which are likely to cause blockages in the pipes.
4. Allowing water to leak into the floor.
5. Altering or connecting anything to a plumbing component.
6. Altering or intentionally overloading any electrical component, including outlets, panels or wiring.
7. Altering, misusing, or otherwise interfering with Information Technology equipment.

Be careful not to damage the walls or windows of your unit. Use your shower curtain properly and avoid getting water on the floor; remember to close your windows when the weather is cold, otherwise pipes can freeze and burst, causing serious flood; do not install a bidet in your Residence unit; and do not flush tampons, pads, or wipes down the toilet – put them in the garbage. All electronic devices used in Housing must be CSA or UL certified.

AMENITIES QUICK REFERENCE

Service	Paskwāw & Wakpá	Kišik Towers	La Résidence	College West
Laundry Rooms	218	237W/274E	815	422
Garbage & Recycling	115	Main Floor (Elevators)	Loading Dock	1st Floor Loading Dock
Kiosk	Wakpá Main Floor	Housing Office	-	451
Game Room	2nd Floor Paskwāw	West 2, 3, & 4th Floor	-	338
Mail Box	1st Floor	1st Floor	2nd Floor	450
Music Room	PA 013	West 4th Floor	-	424.3
Activity Room	PA 013	1st & 14th Floor	-	337 & 421
Storage Room	-	East 158.1	-	-
Study Lounge	PA 419	2nd & 3rd Floor East	4th Floor	425
TV Lounge	2nd, 3rd, 5th & 12th Fl	2,3,4 & 14th Fl W / 14th E	5th-8th Floor	423
Shared Kitchen	Basement PA013	1st Floor	-	336

CLEANING & HOUSEKEEPING

COMMON SPACES

Creating a positive community atmosphere in Housing is of the utmost importance. As such, each Housing building is equipped with a variety of common area spaces. Please feel free to use the common spaces in your building in order to study or gather with your friends. As these are shared spaces, we ask that all students using them keep them neat and tidy by removing all trash, cleaning up any spills, and not storing personal belongings in these spaces. If you notice any issues with the cleanliness of any common area space, please report it to Housing Services.

Note: If residents are found to have created and left a mess in any community space, they may be charged for cleaning or fined, as applicable.

Garbage and Recycling

In order to reduce our ecological footprint and contribute to our overall campus goal of sustainability, Housing Services offers an excellent recycling program! Recycling bins for mixed recycling are made available for every suite. Please check the recycling sign in the garbage room to ensure your item is recyclable. We also provide garbage bags – just stop by your building kiosk or the Housing Services office and ask!

To ensure that your suite is kept in a clean and livable condition, please take the garbage/recycling out of your suite at least weekly and dispose of it properly in your building's garbage room. Collecting garbage/recyclables in your suite or room, or disposing of it in common spaces/common space trash bins, poses a health and safety risk that may lead to disciplinary action. We also ask that empty bottles not be displayed in windows. If your suite does not have a recycling bin, please request one by emailing Residence.Life@uregina.ca. All recycling can be placed into the metal blue bins in the recycling rooms and does not need to be sorted.

Laundry Rooms

Housing Services provides laundry machines in each building. For a seamless experience, we strongly recommend using the Wash Connect mobile app for payment. Each load costs \$2.25 for washing and \$2.25 for drying. Students need to provide their own laundry soap and dryer sheets. Personal laundry appliances are not permitted in Housing.



CLEANING YOUR ROOM AND APARTMENT

Your Bedroom and Apartment

Residents are responsible for cleaning their apartments and bedrooms. Keeping your suite clean contributes positively to your overall well-being, health and safety. Cleaning responsibilities are to be scheduled and divided among roommates. At the beginning of each semester, your RA will provide a blank cleaning schedule form, to be filled out together prior to the first cleaning inspection and posted on the back of your apartment/dorm room door or on the fridge. If you did not receive a cleaning schedule form, please contact your RA!

Cleaning Inspections

Regular health and safety inspections, along with monthly cleaning inspections, are conducted to ensure cleanliness and to report any damages. Should you fail to meet the cleanliness standards at the time of inspection, a written cleaning report itemizing the areas to be cleaned will be issued, along with the date for re-inspection. Should cleanliness fail to meet standards upon re-inspection, Housekeeping staff will clean the failed area(s) and a cleaning service fee will be applied to the account of the Resident assigned that area on the posted cleaning schedule (or divided among all occupants if no schedule exists). Apartments/dorms struggling to meet cleaning standards will be placed on a weekly inspection schedule; any Resident who fails 3 or more cleaning inspections will be required to sign a Cleaning Behavior Contract.

Cleaning Services

For a fee of \$55.00/hour, Housing Services Housekeeping Staff will clean your assigned area for you! This service is provided up to a maximum of one hour during the week of the scheduled cleaning inspections – complete our online cleaning request form to use it. Payments must be made in advance at the Kišik Towers Housing Services Office.

Provided by Housing Services	Supplies to Purchase
Garbage bags	Broom & dustpan
Vacuum bags	Mop & bucket
Burner foils	Washcloth
Vacuum (2 hour loan)	Bath cleaner
	Oven/stove cleaner
	Toilet cleaner/brush
	Paper towels
	Glass cleaner
	Rubber gloves
	Disinfectant cleaner
	Laundry detergent

Provided supplies are available at the Kišik front desk or any Housing kiosk. The vacuum is a two hour loan and must be returned to a staff member. Mops, buckets, brooms and dustpans are not provided — please bring your own.

Mental Health

We understand that mental well-being is just as crucial as physical health. If you find yourself struggling, Student Mental Health offers a variety of services, including psychoeducational self-improvement seminars and individual therapy appointments.

All Resident Assistants are trained in Mental Health First Aid and can direct you to the right campus resources. They also perform monthly check-ins to support your well-being and organize mental health-centered programs throughout the year.

Additionally, the University of Regina partners with Togetherall, an online platform offering peer support and monitoring by licensed clinicians – a safe, anonymous way to access support and connect with others.

Health

Maintaining a safe and healthy environment is a priority at the University of Regina. We recommend completing the [Health and Safety Orientation](#) to familiarize yourself with your rights and the services available to support you. Student Health Services provides primary healthcare services to registered students, facilitated by licensed Nurse Practitioners and bookable online.

In emergencies, call 911. For non-emergencies, contact Saskatchewan's Healthline at 811 for medical advice.

Hygiene

Good personal hygiene is essential in our community. Wash your hands regularly, take showers, use personal hygiene products, and dispose of them properly. Do not flush feminine hygiene products – use the bathroom trash bin instead.

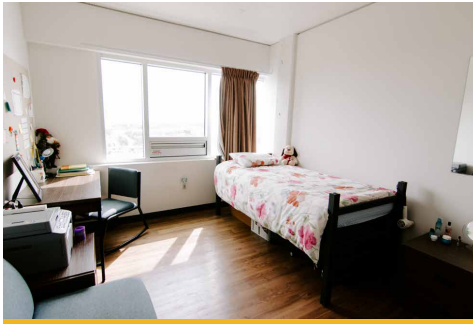
Your mental and physical wellness is our top priority. If you need support, please reach out to Student Mental Health – they are here to help.



YOUR ROOM

We encourage you to make your room your own! We just ask that you do not puncture or hang anything from the walls, doors, or furniture that may cause damage.

Never hang anything, including lighting, from the sprinklers under any circumstances! Hanging items from sprinklers creates the potential for flooding and will be subject to a fire hazard violation.



Included in each bedroom is a desk, lamp, chair, closet space, bed frame, and mattress. Residents are responsible to provide their own bedding, pillows, and other decorative items.

If you want to customize your room with furniture, please be advised that larger pieces of furniture or any electrical/mechanical appliances (refrigerators, freezers, etc.) need to be pre-approved by a Housing Services Manager prior to being brought into a Housing building. Please leave the furniture provided in your space in the room to which it belongs – removal without authorization is considered theft and may result in a financial charge.

Note: LED strips are not allowed. Anyone using these will be charged the cost of repair.

CHECK-INS

At the beginning of each term, RAs will set times for monthly check-ins. It is mandatory for at least half of the residents of each suite to be in attendance. If the scheduled time is not convenient, please contact your RA prior to the scheduled date to book an alternate time.

These meetings are very important for several reasons:

1. To meet your RA, learn how they can assist you, and learn how you can contact them
2. To ensure students are aware of all upcoming events
3. To remind residents of the Housing Community Standards
4. To assist roommates, and those who share dorm bathrooms, to work out a semester cleaning schedule
5. To help with any roommate issues within the suite
6. To remind residents to pay their housing fees

Roommate Etiquette

Living on campus is a great way to expand your horizons and meet all kinds of people! Be sure to introduce yourself to your roommates the first chance you get. Take the time to get to know each other and you'll be able to determine the best way to live effectively together. Communication is key, and friendly smiles and greetings can go a long way to creating a peaceful living environment!

Knowing your roommate's living habits will give you insight into when they might need some support. Everyone can get homesick, stressed, or just need assistance sometimes, especially if it's their first time away from home. If you or your roommates are ever feeling lonely, or in need of help, don't hesitate to talk to an RA.



Roommate Complications

Sometimes issues between roommates can arise. When this happens, please take the following steps to resolve things peacefully:

- 1. Talk to your roommate** – Try talking to each other in person in a non-accusatory way. Explain your expectations, needs, and struggles calmly using “I” statements. So instead of “You never do your dishes!” try, “I feel like I’ve been doing more than my fair share of the dishes lately, and I get frustrated that I can’t use the sink when they pile up.”
- 2. Communicate with your RA** – If, after speaking in-person a few times, you and your roommate have been unable to resolve the issue, contact an RA to help. Explain the situation and what measures you’ve taken. RAs are trained in conflict resolution and suite mediation; a suite meeting will be scheduled as soon as possible, and the Residence Life team will keep your conversation private, trying their best to maintain anonymity.
- 3. Have a suite meeting** – All residents of the apartment sit down together with an RA or RLC acting as facilitator (digital meetings can be used if face-to-face isn't possible). Once a suitable course of action is decided, all residents will sign an agreement form. Suite meetings are sometimes arranged at random – failed cleaning inspections, party passes, noise complaints, or a spontaneous check-in can all prompt one.

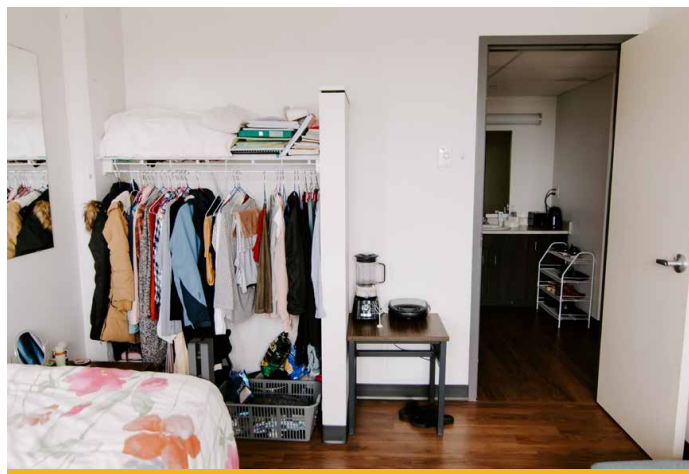
Having issues with your roommates or living environment? Complete the “Request for Assistance with Housing Concerns” form on the [Housing Portal](#) – we will collaborate with your RA to ensure a resolution.

ROOM CHANGES

Follow-Up

If a suite meeting fails to be effective in resolving conflict, a follow up meeting may be called. Depending on the situation, students may be offered a room change; when this follows the conflict resolution process, the administration fee may be waived at the discretion of Housing management.

Note: In some cases, Housing Services will mandate one or more room changes if no alternative path forward presents itself, at the expense of the resident. In the event of a mandated room change, all decisions are final.



Room Changes

We understand that sometimes students may be unhappy with their assigned room. We do accept room change requests during set periods throughout the year – see the Dates to Note page for when the voluntary room change request window opens and closes each term. Requests are submitted through the Room Change Request web form on the [Housing Portal](#).

To initiate the process, the form must be completed in full and submitted to management for review. A non-refundable fee of \$100 applies to all approved room changes.

Important: All room changes must be coordinated through the Housing Services Office. Organizing a room change independently or switching keys/rooms with your roommate creates challenges for you and for Housing Services. If Housing Services discovers that residents have changed rooms without permission, each resident involved will be charged the \$100 room change fee plus a \$100 misconduct fine.

Living-Learning Communities (LLCs)

LLCs are themed housing options that bring together students with shared interests or goals. In addition to regular Residence Life programming, LLC members enjoy specialized events and opportunities that enhance their on-campus experience. You'll live with like-minded peers, build strong community connections, and receive support throughout the year. For questions, contact Residence.Life@uregina.ca.

Our 2026/27 LLCs include:

- Community Improvement & Volunteering
- Connections Through the Arts
- Science, Technology & Financial Literacy
- Global Citizen
- Health & Wellness

Residence Community Council (RCC)

The RCC is a student-run group composed of those who live on campus. If you are a Resident, you're invited to our weekly meetings! We would love to hear your ideas on what would make living here great for you. E-mail: uofr.res.rcc@gmail.com

Special Interest Floors

Housing Services offers a number of special interest floors for students. Due to the unique nature of these communities, residents are expected to follow additional policies and guidelines. To learn more about these floors and all of our residence communities, visit the [Housing website](#).



NOISE AND QUIET HOURS

Living on campus means that you are part of an academic community. As such, residents should be mindful of the expected community atmosphere. Please be considerate of others' study and sleep habits. To help ensure a healthy environment, Housing Services enforces quiet hours.

Quiet Hours

Sunday – Thursday	11:00 PM – 8:00 AM
Friday, Saturday & Holidays	1:00 AM – 8:00 AM

24 HOUR QUIET PERIOD

To ensure that residents have a quiet and comfortable place to rest and study during the Final Exam Period, Housing Services enforces a 24 hour quiet period at these times:

- Fall: December 7th, 2026, 11:00 PM – December 23rd, 2026, 8:00 AM
- Winter: April 13th, 2027, 11:00 PM – April 29th, 2027, 8:00 AM

During the 24 hour quiet period, guests are permitted in Housing between 8:00 AM and 11:00 PM daily. Overnight guests are not permitted during this period, unless approved by Housing management.

Note: Quiet hours rules still apply to guests during this period. If any disturbances are reported during this time, guests will be asked to leave.

NOISY NEIGHBOURS?

1. Calmly try to resolve the issue by communicating your concerns directly with your roommate/neighbour, in a friendly and respectful manner.
2. Should the noise continue, contact the RA on call. You will be asked for your name and room number, and for permission to enter your room to observe the noise level. If deemed unreasonable, those responsible will be issued a warning.
3. In the case of repeat violations, disciplinary action will follow.

VISITORS AND GUESTS

Guests are welcome to visit you throughout your stay in Housing; however, there are a few procedures that need to be followed while they are here. When your guest arrives, you must meet them at the main entrance of your building to let them in and accompany them at all times (including in all common spaces and recreational areas) throughout the duration of their stay. Residents who wish to host guests under the age of 18 must notify Housing Services prior to their arrival. Please do not give your access key to your guest at any time, as doing so compromises the safety and security of the community. Ensure your guests bring ID, as they must be able to present government or university issued identification if asked to by staff.

Your Responsibility

Residents assume full responsibility for their guests' actions. Please ensure that all of your guests are aware of the Housing Community Standards. Should a guest violate the Standards, or otherwise pose a problem to other residents or staff, the guest will be asked to leave the Housing building immediately, and the Resident will be held responsible and may be subject to disciplinary action. Guests who engage in such behaviour may lose visitation privileges and the responsible Resident may have their guest privileges revoked.

Non-Resident students who violate the Housing Community Standards while in Housing may be required to meet with the Coordinator, Student Conduct, and may be subject to disciplinary action as outlined in the Student Code of Conduct and Right to Appeal section of the Undergraduate Calendar.



Overnight Guest Policy

You are welcome to host overnight guests. Just note that all bedrooms are single occupancy and as such, we ask that overnight guests stay for no longer than 2 consecutive nights in any given week. If you have a guest that requires accommodations for more than 2 consecutive nights, please reach out to our shortstay team at stayoncampus@uregina.ca.

Anytime you will be hosting a guest, whether overnight or just for a few hours, please discuss it with all of your roommates prior to bringing anyone into your apartment – it's common courtesy, and ensures everyone feels safe and comfortable in their living space.

Alcohol

The University of Regina is committed to promoting safety and responsibility with the use of alcohol. Therefore, Housing Services observes the following policies:

1. Items that promote excessive alcohol consumption are not permitted in Housing, including kegs, mini kegs, alcohol funnels, drinking games, etc.
2. Public intoxication of residents and/or guests will be subject to disciplinary action.
3. The making of beer, wine or other alcohol in UR Housing is not permitted.

The provincial statutes regarding the possession of alcohol apply to all University of Regina Housing locations. In Saskatchewan, a minor is a person under the age of 19. Minors found in possession of alcohol, or under the influence, may be subject to disciplinary action. Students found supplying alcohol to minors will be subject to a fine and disciplinary action. Housing staff may ask for ID with proof of age at any time.

If you are of legal age (19 years and over), you may consume alcohol responsibly in your apartment or dorm room. Alcoholic beverages are not permitted in common areas (hallways, lounges, game rooms, laundry rooms, elevators, etc.). If transporting alcohol elsewhere, please do so in a properly sealed container.

Residents found in violation of this policy may lose their Housing alcohol and party pass privileges, and may be fined and/or required to attend an alcohol awareness training course.

In any case requiring emergency medical assistance, anyone reporting alcohol use will not be subject to disciplinary action – this includes the person making the report, the person needing assistance, and any witnesses or bystanders. The individual needing assistance may still be required to partake in an informational course on safe alcohol use.

Smoking

The University of Regina is a community that respects the quality of the air we breathe, and is committed to providing a safe and healthy place in which to study, work, and live. Smoking anywhere on campus, including all Housing buildings, is strictly prohibited. Electronic cigarettes/vaporizers are also not permitted to be used on campus.

Smoking in Housing is considered a health and safety concern. Thus, where smoking is suspected and/or in progress, bedrooms and apartments will be searched without prior notice. Any signs of smoking (ashes, smell of smoke, cigarette butts) in UR Housing will result in immediate disciplinary action. Please refer to the [University of Regina Smoke-Free Campus Policy](#) for full details.

CANNABIS, DRUGS & VAPING

Housing Services abides by Provincial and Federal legislation as it relates to cannabis use, and enforces all University of Regina Cannabis Policies as outlined in Appendix A of the [Smoke-Free Campus Policy](#). Areas of note include:

1. Growing cannabis plants is prohibited in all University buildings, including Housing.
2. Consumption of cannabis – including vaping, smoking, edibles, and concentrates – is not permitted in Housing buildings.
3. Smoking cannabis is prohibited in all University buildings.
4. Advertising or sale of cannabis products is prohibited on all campuses.
5. When not in use, cannabis products must be stored in sealed, scent-proof, properly labeled containers, in the owner's bedroom and not accessible within the apartment common area.
6. Mail delivery of cannabis to Housing is prohibited.
7. Providing cannabis to unwilling participants or those under the legal age will result in disciplinary action.

The use of cannabis for medicinal purposes is recognized as a “duty to accommodate” under Saskatchewan Human Rights Legislation. Medical cannabis users must register with Student Accessibility. Smoking cannabis, even with medical certification, is not permitted in Housing buildings.

Smoking / Cannabis Fines

Offence	Consequence
1st offence	\$300 fine
2nd offence	\$500 fine (with a behavioral contract)
3rd offence	Eviction and termination of Housing contract

Failure to properly store cannabis products, or causing a disturbance due to the smell of cannabis or tobacco, will result in a \$50 Offensive Odour fine.

Drugs

The possession, use, distribution, cultivation, or sale of illicit drugs is illegal under the Criminal Code and prohibited on campus. Where drug use is suspected and/or in progress: Protective Services/Regina Police Service will be contacted, bedrooms/apartments will be searched without prior notice, and the student who violated the policy will be subject to legal action and immediate eviction from Housing.

Vaporizers and E-Cigarettes

In addition to smoking, the use of vaporizers and e-cigarettes is strictly prohibited in and around all Housing facilities. Where a violation is suspected, rooms will be searched without prior notice. Vaporizer and e-cigarette offences carry a \$100 fine for a first offence, \$300 and a behavioural contract for a second, and eviction for a third.

Note: All smoking, cannabis, vaporizer, e-cigarette, and fire hazard violations are considered together in regards to disciplinary progression.

HOSTING A PARTY

Housing Services defines a ‘party’ as a social gathering of 8 or more people with alcohol or other controlled substances present, with a maximum of 20 guests permitted. Even if your gathering does not meet this criteria, it may still be considered a party at the discretion of Housing staff. Before having a party, please visit the Housing Kiosk and speak with an RA before 10:00 PM to register your party.

PLAN YOUR GATHERING

1. Be of legal age! If you are hosting a party, you must be at least 19 years old.
2. Discuss your plans with all of your roommates beforehand.
3. Be aware of the University of Regina alcohol policy.

REQUEST A PARTY PASS

1. Stop by a Housing Kiosk prior to 10:00 PM to complete a Party Pass Form.
2. Have all roommates sign, indicating their approval.
3. If not all are available, send an email to Residence Life indicating approval.

Hosting the Party – One resident acts as the party “Host”, who is responsible for:

1. Ensuring all party guests remain respectful and aware of Housing policies.
2. Being respectful of RAs, who may stop by to assess the gathering and shut it down at their discretion.
3. Ensuring all guests are signed-in, keeping the guest list updated.
4. Remaining present for the duration of the party and taking responsibility at all times.
5. Avoiding excessively loud noise (no amps/sub-woofers/shouting etc.)
6. Ensuring no students under the legal drinking age are consuming alcohol.
7. Prohibiting games that encourage excessive alcohol consumption.
8. Keeping the party contained to the suite/unit with the valid pass.
9. Shutting down the party before quiet hours.
10. Contacting the RA on-call for help if the party is getting out of hand.
11. Supporting Housing Services staff respectfully if the party gets shut down.

If your party gets shut down, a cleaning inspection will be conducted after 48 hours. Failure to pass may result in revocation of party pass privileges, with cleaning fees applied to the host’s account.

Those under the influence of alcohol and/or drugs cannot consent to sexual activity. Failure to abide by Housing policies as outlined in this Handbook will result in Party Pass privileges being revoked and/or additional disciplinary action.

SEXUAL ASSAULT AND VIOLENCE PREVENTION

All members of the University of Regina community have the right to work, teach and study in an environment that is free from any form of sexual assault, harassment, or violence. The University also recognizes that all persons have an inherent right to exercise control over their own bodies, and to engage only in sexual activity in which they consent to engage.

What is Consent?

Consent is the active, ongoing, informed and voluntary agreement to engage in physical contact or sexual activity.

1. Consent is not present when someone says or does something to show that they are not agreeing to an activity, including pushing away, silence, giving in, or not removing one's own clothing.
2. Consent cannot be coerced through harassment, manipulation, threats or abuse of power.
3. A person is unable to give consent when they are impaired and under the influence of alcohol and/or drugs. Impaired judgment is not an excuse for sexual violence/misconduct.
4. A person is incapable of giving consent if they are asleep, unconscious, drugged, or otherwise unable to communicate.
5. Consent given in the past does not mean consent exists for all future sexual activity.
6. Consent cannot be assumed in the context of relationships, including dating or marriage.
7. A person can withdraw consent at any time during a sexual encounter – consent must be ongoing.

In the event of an imminent threat of assault/violence, or if an incident is in progress, call 911 immediately.

Housing Services operates in compliance with the University of Regina Sexual Violence/Misconduct Policy. If you, or someone you know are subject to, witness to, or have knowledge of an incident of sexual violence and/or intimate partner violence, there are staff trained and available to support you! The Office of the Sexual Violence Prevention and Response Coordinator (SVPR) is your best resource on campus, located in the Riddell Centre (RC251). Reach the Coordinator at sexual.violence.response@uregina.ca, Monday–Friday 8:30 a.m. to 4:30 p.m. The SVPR can confidentially assist survivors or their supports in person, by telephone, video call or via email, offering trauma-informed, survivor-centred support. You do not have to make a report to access these services, and disclosures remain confidential.

In Housing, Residence Life Coordinators, Senior Resident Assistants and Resident Assistants are all available to assist you after hours if you need support.

In the event of a complaint of sexual assault where substances were used in breach of the Housing Community Standards, neither the complainant nor witnesses will be subject to disciplinary action for substance use under the incident process outlined in this Handbook.

FIRE SAFETY

Candles and incense are prohibited. Violations are subject to fines and/or disciplinary action.

Tampering with fire detection and fire fighting equipment is a federal offense. All apartments, dorms/bedrooms and common spaces are equipped with fire detection/fighting equipment: heat/smoke detectors, fire sprinklers, fire alarms, and automatic door closers. If your smoke detector is beeping, the battery may be low – contact Housing Services or an RA after hours. Do not disconnect your smoke detector or obstruct/cover it in any way.

Residents must never hang objects from sprinkler heads, and playing sports in common area spaces is prohibited, as smoke/heat detectors and sprinkler heads are sensitive to impact. Pulling a fire alarm in a non-emergency situation, tampering with equipment, or making a false threat will be subject to legal action, fines and disciplinary proceedings.

Residents are expected to know the location of all fire exits, alarms, and extinguishers. Fire doors, hallways, and stairways must be clear of obstruction at all times. A fire drill takes place once a year to familiarize residents and staff with proper evacuation procedures and escape routes – please refer to the [Emergency Preparedness Guide](#) for full details. Residents interested in learning how to properly use a fire extinguisher are welcome to take part in a fire extinguisher workshop. Never leave cooking unattended – if your fire alarm goes off from cooking, open windows, not doors. Cooking is not allowed in single dorms.

Fire hazard violations: 1st offence \$300 fine · 2nd offence \$500 fine · 3rd offence eviction and termination of Housing contract. Fire hazard violations count toward the same disciplinary progression as smoking, cannabis, vaporizer and e-cigarette violations.

Building	Gathering Area	Redirected Area
Kišik Towers	Lot 13 & Lot 14	Campion College
College West	Lot 16	Riddell Centre
Paskwāw & Wakpá Towers	Academic Green	La Résidence/Education Building
La Résidence	Lot 14	Campion College

In the case of a fire alarm:

1. Close your bedroom door and leave the apartment door unlocked
2. Alert the person in the nearest bedroom on your way out
3. Walk quickly to the nearest exit and take the stairs, not the elevators
4. Exit towards the gathering area and do not re-enter unless given the all clear
5. If you require assistance to exit, go to the nearest stairwell and wait there
6. Report anything you know about the cause of the alarm to a Fire Warden, and follow direction from Fire Wardens

HOUSING KEYS & LOCK-OUTS

Your move-in package includes: a Metal Key (bedroom access if you live in an apartment), a Mailbox Key, and a Fob – a small device that is scanned at building and apartment entrances to grant you access.

Don't lend out your keys! The items in your move-in package are only to be used by you. Letting family, friends, or another Resident use your keys or fob is a breach of your Housing Contract and may result in disciplinary action. Your fob gives you access to your assigned building only – to visit other buildings, enter as a guest.

Return all keys and fobs to the Housing Office when you move out. Please do not mark or alter your keys in any way – it is prohibited to copy University-owned keys. Loss or failure to return keys will result in a replacement charge and/or Late Move Out charge.



Lock-outs

If you have locked yourself out of your room, present your student ID and follow the appropriate procedure. During office hours, call or visit the Housing Services office. After office hours, call the RA on-call number for your building (posted on poster boards and TVs in your building) and an RA will help you regain access.

Please note: frequent lockouts (three or more) will result in a lockout fee being charged to your account.

PERSONAL SAFETY, SECURITY & PRIVACY

Housing Services strives to provide a positive living experience for all students living on campus. RAs will stop by all suites periodically to check in on the wellbeing of students and promote community development programs. Although Housing staff will stop by your suite from time to time, they will not enter your suite unless invited into the common areas by a resident, or you were provided with 24 hours notice.

Exceptions to the 24 hour room entry policy:

1. In the case of a suspected or reported health & safety violation or maintenance issue requiring immediate response.
2. In the event of a noise violation (parties, an alarm clock going off when Resident is away, excessive noise after quiet hours, etc.)
3. Any time Housing staff are asked or otherwise authorized by an occupant to enter (suite meetings, unauthorized guest complaints, damage assessment, etc.)
4. To clean and prepare a vacant bedroom in the apartment for an incoming guest.

Emergency Information

The University of Regina's Emergency Notification System (ENS) is designed to ensure effective and timely warnings in the event of a threatening situation. Classrooms, common areas, dorms, and other occupant spaces are equipped with wall-mounted Emergency Mass Notification beacons with integrated flash sounder signaling and message display.

Protective Services

Protective Services is responsible for the safety of the people, buildings, contents, and grounds of the University of Regina, with a primary focus on crime prevention. Officers patrol on foot, by bike, and in marked vehicles, responding to calls 24/7. Services include Lost & Found, safety programs (Walk Along and Lone Worker), anonymous reporting, and campus vehicle boosts.

Office: RIC 120 · Phone: (306) 585-4999 · uregina.ca/protective-services

Who should I call? Contact your RA or the RA on call for community concerns such as noise, roommate issues, lockouts, and general wellbeing check-ins. Contact Protective Services for safety or security concerns such as suspicious behaviour, threats, theft, or anything that makes you feel unsafe – and in any emergency, always call 911 first.

Report suspicious or concerning behaviour – the “Report Suspicious and Concerning Behavior” link on the Protective Services homepage lets you submit a report, anonymously if you choose. Examples include: possession of a weapon or replica, threats of violence (including online/email/text), hate-motivated actions, and violent content such as threatening statements or drawings.

ACCESSIBILITY SUPPORT

The University of Regina strives to provide a diverse and inclusive learning environment that is welcoming to everyone. Housing and Hospitality Services contributes to this by working with students to coordinate a living space that supports their overall wellbeing and success.

If you have an accessibility need that is not met by our standard residential spaces, we encourage you to connect with Student Accessibility (see UR Campus Resources). We work with Student Accessibility to support requests for private spaces, approved assistive animals, and more.

All needs are met subject to availability. We encourage you to begin this process at least three months before the term in which you intend to live on campus to have the best chance of finding an appropriate space for your approved needs.



INCIDENT PROCESS

The Housing Incident Process is grounded in various restorative practices that aim to hold students accountable for their behaviour, help them understand the impact of their actions, and, wherever appropriate, gives them an opportunity to rebuild community trust after incidents occur. In the event that a student violates a rule or regulation, the following incident process is followed:

Level 1 – Policy infractions that compromise the success of other Residents (noise violations, not presenting student ID, failing to maintain room cleanliness, etc.). First offences receive a warning; repeat offences may result in a fine and/or a meeting with management, a behavioural contract, or a restorative/educational process.

Level 2 – Incidents that compromise the safety and security of other Residents or Housing Spaces (giving out keys, underage/binge drinking, creating a fire hazard, disrespecting/harassing staff or residents, etc.). These result in a fine and possibly other actions: behavioural contracts, restorative processes, relocation, or loss of privileges. Three Level 2 offences means you cannot apply as a Resident the following year, and may be subject to conduct eviction.

Level 3 – Serious infractions that result in immediate contract termination (conduct eviction), including all applicable administrative charges. Examples: physical violence or threats, vandalism, serious fire safety violations, illegal drugs, weapons, etc.

Appeal Process

1. The student sends an email to the Manager of Housing Services no later than two weeks following the issue date of the disciplinary letter, clearly stating why they feel the decision was unjust.
2. If more information is required, the Manager (or designate) will arrange a meeting with the student to discuss the circumstances in person.
3. The Manager (or designate) will respond in writing via email, outlining the outcome of the appeal.

Crossroads Program

The Crossroads program offers Residents an alternative to traditional sanctioning in cases where Housing policies have been violated. Grounded in a restorative approach, it asks students to reflect on their actions, identify the harm done, and find ways to address the core factors that led to the violation – helping them rebuild community trust and avoid further policy violations. The Crossroads program only applies to a first offence, and does not apply to a Level 3 offence.

REFERENCE

FEES AND CHARGES

OPERATIONAL FEES

Item	Fee
Housing Application	\$50.00
Confirmation Fee	\$400.00
Room Change	\$100.00
Contract Termination	\$500.00
Eviction Processing	\$500.00
Approved Early Arrival / Late Move Out	\$40.00/Day
Failure to Depart on Move-Out Date	\$100.00
Locker Rental	\$50.00/Term

LOCKS & KEYS

Item	Fee
FOB Replacement	\$25.00
Metal Key Replacement	\$25.00
Excessive Lock Out Fee	\$15.00

POLICY FEES

Item	Fee
1st Fire Hazard Violation	\$300.00
2nd Fire Hazard Violation	\$500.00
3rd Fire Hazard Violation	Eviction
Failure to Evacuate During Alarm	\$100.00
Giving Out Keys/FOBs	\$100.00
1st Quiet Hour Violation	Warning
Subsequent Quiet Hour Violation(s)	\$100.00
Equipment Damage	Cost of Repair
Vandalism	\$100.00 + Repair
Possession of Restricted Item	\$100.00
Misconduct Violation	\$100.00

CLEANING & REPAIRS

Item	Fee
Cleaning	\$55.00/Hour
After Hours Trades Call Out (min 2 hrs)	\$125.00/Hour
Call Out of Emergency Services (Fire Dept.)	\$300.00
Improperly Disposed Garbage/Recycling	\$150.00
Offensive Odour Fine	\$50.00

WRAPPING UP

MOVING OUT

MOVE-OUT DATE

The contract term generally ends either 24 hours after your last exam or for-credit academic commitment, or the final day of the exam period stated – whichever occurs first. Please refer to your contract for official dates.

Exam schedules are verified on the University of Regina course management system. If you have a project in place of an exam, or no final exam for a class, please obtain proof of your end date from your faculty and provide a copy to the Housing office at least 1 week prior to the expected move out date.

If you require a later move out date due to exam or flight scheduling, you must get approval from Housing Services at least one week prior to your expected date of departure, via the Late Move-Out Request form on the [Housing Portal](#).

MOVE-OUT CLEANING

Upon departure, Housing facilities staff will inspect your space for damages and cleanliness. If cleaning has not been completed, or damage is found, you may be charged. See our move-out cleaning checklist for a detailed list of duties, and remember to remove all perishable food items from your fridge/freezer.

COMING BACK

Our goal is to provide all Housing students with a safe, fun and comfortable space to live and learn through the entirety of their academics! We hope you enjoy your time as a member of the Housing community, and look forward to seeing you back in future terms.

Applications for Fall/Winter 2027-2028 will open in October 2026. If you have any comments about your stay, please email us – we are constantly striving to enhance the on-campus Housing experience for students.

STUDENT JOBS IN HOUSING

Each year, Housing Services offers a number of positions to students who would like to gain work experience and earn some extra money throughout the year. Roles include Resident Assistant, Senior Resident Assistant and Housekeeper positions, and most are scheduled around class commitments. Postings are advertised on the University of Regina Careers page — watch for Resident Assistant hiring in the winter term for the following year.

MEDICAL ASSISTANCE & RESOURCES

Emergencies: call 9-1-1. If an ambulance is required, the Resident using the service will be responsible for the costs incurred.

Text with 9-1-1 is available for individuals who are deaf, hard of hearing, or have a speech impairment. Register for this service at www.textwith911.ca.

WHERE TO GET HELP

Resource	Details
Regina General Hospital	1440 14 Ave · (306) 776-4444
Pasqua Hospital	4101 Dewdney Ave · (306) 766-2222
Student Health Services	Student Wellness Centre, 119 Paskwaw Towers · (306) 337-2200
Healthline 811	Free, confidential 24-hour health information line, 100+ languages
211 Saskatchewan	Free 24/7 service connecting to community, health & government services
Suicide Crisis Helpline	Call or text 9-8-8, or visit 988.ca

ON-CAMPUS EQUIPMENT

First Aid Kits – Housing staff and Protective Services have access to First Aid Kits in the Housing kiosks and offices. All Housing staff are trained in First Aid, so if you need assistance, stop by a kiosk or the Housing Services office.

AEDs – Automated External Defibrillators are located all around campus, and Protective Services also carries an AED in their mobile unit. A map of AED locations is available at uregina.ca/health-safety.

If you are unsure whether a situation is an emergency, call 9-1-1 or HealthLine 811 — it is always better to ask. After hours, the RA on call can also help you reach the right support.

MENTAL HEALTH

As a university student, it's especially important to keep your mental health in mind – your emotional well-being is just as valid as your physical well-being. There are many free resources on campus to help give you the boost you need! All our RLCs and RAs are trained in Mental Health First Aid, and Housing Services staff are available 24/7 to assist you if you need additional support or information.

Resource	Details
Student Mental Health	Voluntary, confidential, collaborative therapy services · (306) 337-2200
Online CBT Therapy	Free online therapy tool run through the University of Regina
Mobile Crisis	City-wide 24/7 crisis service · 306-757-0127
Sunlife Psychology Training Clinic	College West basement · Mon-Fri 8:30am-4:30pm · (306) 585-5685



UR CAMPUS RESOURCES

ta-tawâw Student Centre

A respectful and welcoming place that encourages student empowerment, identity, community connection and Indigenous ways of learning.

Room 108 RIC · 306-337-3153

Campus Store

Textbooks, school supplies, Cougars and Rams gear and Fair Trade goods.

Room 139 College West · 306-585-4755

Protective Services

On campus 24/7, 365 days a year. They also provide a Walk Along service for safe walks to your vehicle or bus stop.

Room 120 RIC · 306-585-4999

Centre for Experiential and Service Learning (CESL)

Career direction and full-time, summer, part-time, or co-op employment support.

Room 163 Riddell Centre · 306-585-4600

Student Accessibility

Services and supports based on disability, religion, family status, and gender identity, upholding educational equity and accessibility.

119 Paskwâw Towers · 306-337-2200

Student Wellness Centre

A one-stop-shop for general wellbeing needs, housing health, mental health, spiritual wellness, and accessibility support.

Room 119 Paskwâw Tower · 306-337-2200

La Cité

The heart of French-language secondary education in Saskatchewan, connected to the Fransaskois community.

2nd Floor La Cité · 306-585-4828

Parking and Transportation Services

All parking on campus is paid parking; a variety of options are available depending on your needs.

Room 108 College West · 306-585-5555

Respectful University Services

Confidential consultations, resolution options ranging from informal approaches to mediation and formal investigations, plus workshops promoting respect.

Room 251.14 Riddell Centre · 306-585-5400

Student Awards & Financial Aid

Help with scholarship applications and financial aid programs.

Room 108 AdHum · 306-585-4591

Student Success Centre

Personalized guidance and support, free tutoring, academic workshops, and the Ambassador program.

Room 230 Riddell Centre · 306-585-4076

UR International (URI)

Individualized assistance for international students, and support for domestic students interested in study abroad.

Room 127 College West · 306-337-3309

Sexual Violence Prevention and Response

Sexual violence prevention programming and workshops that educate and encourage a community of responsibility.

RSW Room 251 Riddell Centre · 306-337-3149

INFECTION CONTROL AND PREVENTION

Staying healthy while enjoying the campus experience is important for participating in classes, labs, exams and other activities. A combination of personal hygiene practices and simple infection control practices will help lower the risk of catching an infectious disease.

Germes such as bacteria and viruses are everywhere in our environment, including door knobs, elevator buttons and sinks – contaminated surfaces can pass illness from one person to another (the “Chain of Infection”). If you have a cold, flu, vomiting or diarrhea, it is important to STAY HOME until you feel better. If you live in shared accommodations, contact Housing Services (306-585-5450) so you can be moved to an isolation room for the duration of your illness.

If you are experiencing a medical emergency, call 9-1-1 for immediate assistance. For the protection of the campus community, please stay home if you are sick and notify your instructors.

Help us track outbreaks: Health & Safety works with the Saskatchewan Health Authority to track outbreaks on campus. If you contract an illness such as food poisoning, norovirus, or measles, please report it to Health, Safety & Wellness so they can coordinate with the SHA. Staying up to date on vaccinations – both seasonal and regular boosters of childhood immunizations, meningitis B, and others – is one of the best ways to protect yourself and your community. Immunization information is available at saskatchewan.ca/immunization-services.

Infection Control and Prevention Strategies for Residence or at Home

1. Practice social distancing as much as possible.
2. Clean often, especially high touch surfaces such as door knobs, light switches, toilets, counter tops.
3. Practice proper cough and sneezing etiquette (into a tissue or the bend of your elbow).
4. Wash your hands often with soap and water; use an alcohol-based hand sanitizer if unavailable.
5. Avoid touching your eyes, nose and mouth with unwashed hands.
6. Maintain safe food practices to prevent food-borne illness.
7. Do not share toothbrushes, razors, nail files, nail clippers or personal grooming tools.
8. Change your toothbrush after an illness.
9. If contact lenses are disposable, open a new pair after an illness.
10. Keep all cuts and abrasions covered with a waterproof bandage.
11. Moisturize hands with lotion after washing to prevent skin from cracking.
12. Wash your hands when you get home, and ask visitors to do the same.
13. Wash your hands prior to eating.
14. If you are ill, do not prepare food for other people.

HealthLine 811 is a confidential, 24-hour health, mental health and addictions advice line staffed by Registered Nurses, Psychiatric Nurses and Social Workers, with translation in over 100 languages. Regina also has various [walk-in clinics](#) you can visit without an appointment; you will need a valid Saskatchewan Health Card ([apply here](#)).

Safe food handling and proper storage can prevent food-borne illnesses. Food safety and storage tips are available from Health Canada at canada.ca/general-food-safety-tips.

When was the last time you disinfected your cell phone? Check with the manufacturer how to clean your phone (Apple and Samsung recommend Clorox wipes, 70% alcohol wipes, or alcohol on a microfiber cloth). Don't wash it with the dishes or use a disinfectant spray!

HOUSING HANDBOOK

UR HOME.



University
of Regina

Housing
& Hospitality
Services

K1 149, 3747 Lee Gren Ave, Regina, SK S4S 0A2
Tel: (306) 585-5450
Email: housing.services@uregina.ca
Website: www.uregina.ca/housing