University of Regina Housing Services

MOVE-IN GUIDE

UR Guide to live on campus with us.
Who will help me move in?

We will!
Housing Services staff and the University of Regina’s team of volunteers will gladly help you settle in!

NOTE:
Please be aware that our team is here to help, but they are not able to do all the heavy lifting for you. Large and heavy items (such as TV, mini fridge etc.) are your responsibility.

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What To Bring

**Highly Recommended** (priority items)

- **Health card** and other forms of identification
- **Personal hygiene products** (toothbrush, soap, shampoo, hair brush, nail clippers, etc.)
- **Towels** and face cloths
- **Toilet paper/tissue** boxes
- **Laundry basket and detergent**/dryer sheets etc.
- **Pillows, blankets, bedding, sheets**, etc. (all beds are twin extra long except for our 2 bedroom apartments in Kīšik which are double. (You may bring a mattress topper, but not a mattress)
- **Your school supplies** (pens, pencils, books, backpack etc.)
- **Cleaning supplies** (we only provide vacuums, brooms and mops.. see page 18 for details)
- **Dishes**, cutlery, mugs, water bottle (make sure it’s microwave safe!)

These items are only permitted in proper kitchen spaces - **NOT** in bedrooms/ dorm-style rooms:

- Pots, pans, etc
- Small cooking appliances (rice cookers, mixers, slow cooker, toasters, etc.)
- Other cooking supplies

**Recommended/Optional**

- Headphones
- Clothing hangers
- Personal fan
- Power bar
- Storage bins/ containers
- Snacks
- Pictures, posters, things to personalize your room (please note: any cost associated with damages to walls [punctures, scratches, peeling paint, etc] will be charged to your account upon move out).
- Personal computer/ laptop (USB sticks, and backups are also useful!)
- Personal First Aid kit
- Kettle with an automatic shut-off feature
- Mini fridge
- Bicycle with bike lock (be sure to register your bike and store it in the appropriate area- see page 19 for details)
- Small house plants (they’re good for the air and will make you happy!)
- Non-dangerous pet fish in a tank no larger than 10 gallons
- A television (we provide a basic cable package)
- Water filter
What To Leave Behind

- Items/games that encourage binge drinking
- Candles or incense
- Personal heaters
- Large furniture
- Microwaves (already provided in common spaces and kitchens)
- Mattresses (but mattress toppers are allowed)
- Large speakers/subwoofers/amplifiers
- Routers, wifi boosters, extenders, etc.
- Satellite dishes
- Explosives
- Harmful chemicals and flammable liquids
- Firearms and weapons (including pellet guns, bb guns, bow and arrows, hunting/exotic knives, swords, or any other items considered by the Housing office to be dangerous)
- Large appliances and gym equipment (treadmill, full sized fridges, deep freezers, dishwashers, washing machines etc.)
- Illegal drugs
- Pets (except non-dangerous pet fish in a tank no larger than 10 gallons)
- Vaporizers, vapes, e-cigarettes, hookahs, tobacco/marijuana products, bongs, etc.
  
  *The University of Regina is a smoke-free campus. These products are not permitted for use in any of our Housing locations or the campus as a whole.*

- Propane tank/bunsen burners
- Hot plates

[Good to Know]
If you are unsure of whether or not an item you wish to bring into housing is permitted, please contact Housing Services prior to your arrival date.
What’s included?

Extra long twin bed with mattress

Garbage can

Garbage bags & light bulbs (provided at kiosk)

Desk & desk chair

Mirror

Bulletin board & desk lamp (may be installed with the desk or separate, depending on room configuration)

Closet & dresser

Window coverings in the bedroom

High speed Internet (wired & wifi), landline (local), & basic TV cable

Lockable Cabinets (excluding 2 bedroom apartments)

Vacuum (apartment-style rooms will have a vacuum in the suite. They are also available at kiosk for sign-out)
Kīšik Towers

What’s included?

Extra long twin bed with mattress (in 4 bedrooms apartments & dorms) or 48” bed with mattress (in 2 bedrooms apartments)

Garbage can

Garbage bags, stove foils, light bulbs (provided at kiosk)

Desk, desk chair, desk lamp

Mirror

Bulletin board

Wardrobe/Closet & dresser

Window coverings in the bedroom

High speed Internet (wired & wifi), landline (local), & basic TV cable

Bed frames in Kīšik Towers raise for extra storage underneath (optional).

Vacuum (apartment-style rooms will have a vacuum in the suite. They are also available at kiosk for sign-out)

Virtual Tour
Click Here
What’s included?

Paskwāw & Wakpá Towers

Virtual Tour

Click Here

Extra long twin bed with mattress

Garbage can

Garbage bags, stove foils, light bulbs (provided at kiosk)

Desk, desk chair, desk lamp

Mirror

Bulletin board

Closet & dresser

Window coverings in the bedroom

High speed Internet (wired & wifi), landline (local), & basic TV cable

Upholstered chair (in dorm rooms)

Vacuum (apartment-style rooms will have a vacuum in the suite. They are also available at kiosk for sign-out)
What’s included?

La Cité
Résidence

Virtual Tour
Click Here

Extra long twin bed with mattress
Garbage can
Garbage bags, stove foils, light bulbs (provided at kiosk)
Desk, desk chair, desk lamp
Mirror
Bulletin board
Shelves
Closet & dresser
Window coverings in the bedroom
High speed Internet (wired & wifi), landline (local), & basic TV cable
Micro- fridge
Live. Learn. UR HOME.

See you soon!

GET OUR APP FOR EVENTS & MORE INFORMATION

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