Information Sheet for students, faculty, and staff arriving from China

Due to the current Coronavirus outbreak in Wuhan City, China, it is important for your safety and the safety of all living and working in our campus community that you read the information provided here.

This information has been produced by the University of Regina in partnership with the Saskatchewan Health Authority.

The risk of developing Coronavirus or complications from this virus are low unless you have:

- visited any Coronavirus affected areas
- have had contact with animals (alive or dead)
- visited animal markets or areas where animals are slaughtered, or animal droppings or secretions may be present
- had close contact with a sick person who has a fever, cough, or difficulty breathing

If any of the above risks apply to you, please call Public Health at (306) 766-7790 or the Saskatchewan Health Line at 811 and a registered nurse will assist you.

Please monitor yourself for the following symptoms for up to 14 days after your arrival in Canada:

- Fever
- Cough
- Difficulty breathing

If you experience any of these symptoms, contact your family physician immediately or the Saskatchewan Health Line at 811. Describe your symptoms over the phone and advise them of your recent return from China. This is important as it allows health care staff to arrange to see you safely without potentially exposing themselves or others to the virus. Until the cause of your illness is known, please attempt to lessen your exposure to those around you by staying one to two (1-2) meters away from others and avoid crowded spaces.

If you feel you require emergency care, please call Emergency Medical Services at 9-1-1