Chinese Culture Appreciation Workshops
The Confucius Institute at the University of Regina offers a series of workshops. These workshops are designed for people with an interest in Chinese culture and want to learn about it in an interesting way. Not only can you gain a new understanding of Chinese cuisine and art, but you can also develop practical skills to help you with navigating the Chinese culture. We have highly qualified instructors for different workshops and we will also have everything set up for you. Join us, meet new people, and have a lot of fun!

Chinese Cooking Workshop
Chinese Cooking Workshop hosted by the Confucius Institute at the University of Regina offers more than just cooking. This workshop will serve as a platform to develop friendships among members and will provide fun and enjoyable experiences for everyone who is interested in Chinese Cooking Culture. We will hold 4 special cooking workshops during the spring semester. Each workshop will cover different elements of Chinese cuisine. The instructors will introduce and explain various regional cooking styles of China, share recipes and demonstrate how to make both classical and easy Chinese dishes. It’s a good place to make friends, learn and have fun!

Chinese Tai Chi Workshop
The Chinese characters for Tai Chi can be translated as the ‘Supreme Ultimate Force’. The notion of ‘supreme ultimate’ is often associated with the Chinese concept of yin-yang, the notion that one can see a dynamic duality (male/female, active/passive, dark/light, forceful/yielding, etc.) in all things. There are a number of so-called forms (sometimes also called ‘sets’) which consist of a sequence of movements. Movements performed in Tai Chi are slow, soft and graceful with smooth and even transitions between them. During a series of Tai Chi workshops, you will learn the basic postures and enjoy the beauty and tranquility of nature.

Contact Information
Confucius Institute
College West Room 112
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3737 Wascana Parkway
Regina, SK S4S 0A2
Phone 306.337.2653
Fax 306.337.8456
Email: Confucius.Institute@uregina.ca
Website: http://www.uregina.ca/international/confucius/noncredit-courses/index.html

Confucius Institute Registration Form - Winter 2015

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Office Use Only
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About Us
The Confucius Institute is a joint initiative between the University of Regina and China’s Hunan University in Changsha, Hunan Province. The establishment of the Confucius Institute is based on the longstanding relationship and growing intellectual and economic exchange between Canada and China.

The Institute fosters and facilitates cultural interaction and engagement with China in ways that engender a broader understanding, opportunities and partnerships between individuals, institutions, enterprises and communities in Saskatchewan and China.

The Confucius Institute is located in the College West Corridor, close to a wide range of services and activities at the University of Regina.

Mission
The primary role of the Institute is to serve as a key platform to promote understanding and appreciation of Chinese language and culture by offering comprehensive non-credit language programs and implementing diverse cultural activities on campus and in local communities.

Goals
* Promote educational, economic, and cultural exchanges between Canada, Saskatchewan and China.
* Offer a broad range of non-credit, quality Chinese learning programs.
* Provide opportunities for local Canadian residents of all ages and backgrounds to discover and appreciate Chinese culture.
* Develop material suitable for Canadian people and corporations that are currently doing business, or intend to do business with China.
* Provide cross-cultural seminars and workshops for business, government and local community groups.
* Facilitate programs and activities of exchange and cooperation between Saskatchewan and China.
* Provide pre-departure language and culture orientation for educational institutions, enterprises and local communities.
* Hold the Chinese Proficiency Test (HSK)

Business Chinese Courses (Level I, II & III)
Business Chinese Courses are designed for those who are interested in developing an understanding of the Chinese language and business culture. The courses are divided into several levels, ranging from the beginner to the advanced level, and will cover a variety of useful topics using learning materials specifically related to business activities.

Business Chinese Course Level I begins with simple and practical Chinese for people who have none or very limited prior knowledge of the Chinese language; Level II focuses on study topics related to business Chinese; and Level III aims to provide an in-depth understanding of Business Chinese communication styles.

These courses will enable you to conduct simple communication tasks in business activities and improve your knowledge of Chinese culture, customs, social status, as well as business customs and culture.

Business Chinese Course Level I (Beginners) Dates and times: 7:00-9:00pm, Mondays, January 26 - March 23, 2015 Fee: $220 (GST and course materials included).

Business Chinese Course Level II Dates and times: 3:30-5:30pm, Saturdays, January 24 - March 21, 2015 Fee: $220 (GST and course materials included).


A field trip to China will be organized afterwards if there is enough interest.