CHECKLIST

GATHER YOUR DOCUMENTS

Students must prepare the following required supporting documents (in JPG or PDF formats):

| ☐ Legal Entitlement to be in Canada | Study and/or Work Permit |
| ☐ Support of Identity | Passport or other government issued photo ID |
| ☐ Proof of Saskatchewan Residency | If you have a Lease agreement or residence contract.  
- Submit a scan copy of your lease agreement or residence contract that shows your name and address.  
If you are living with someone and the residence contract is NOT under your name.  
- Submit a “Proof of Residence form”. Please Email UR International Student Services at: International.StudentServices@uregina.ca |
| ☐ Confirmation of Enrolment | Please Email UR International Student Services at: International.StudentServices@uregina.ca with your Uregina Email Address and student ID number. |
HEALTH CARD APPLICATION

PURPOSE (WHAT AND WHY)

- All Saskatchewan residents **MUST** register themselves and their dependents for a Saskatchewan Health Card in order to receive health benefits.
- The Saskatchewan Health Card is a valuable personal identification card that you should be prepared to present whenever you need health services.

CREATING AN ACCOUNT

Begin by going to this website: [https://skhealthcard.health.gov.sk.ca/](https://skhealthcard.health.gov.sk.ca/)
CREATING AN ACCOUNT (NEW USERS)

New users are required to create an account by clicking “Create an account”.

Register for an account to be able to complete an application for a Saskatchewan health services card or to request changes to your existing Saskatchewan health services card.

Create an Account
The following screen will appear. Fields marked with a red star are mandatory.
The student must fill out their information and create a password.
The student must also enter all the security question and answers.
After the student fills out all the information they will click on “I have read the term of the privacy policy.”
After that click “Submit”.
• After you click on submit, you will see the following screen.

• After you click on submit, your user id will be emailed to you shortly. (*Note: make sure to use the email address that you have access to and remember the password that you had created in the previous screen)
ONLINE APPLICATION

- Log in to your email and access the user id that has been mailed to you. You will receive the email from: idm.donot-reply@ehealthsask.ca. If you do not see it in your inbox, check your junk mail.
- After you have the user name, go back to https://skhealthcard.health.gov.sk.ca/ website.
- This time when you visit the above website, you will click on “sign in.”
• Go to the Apply for Saskatchewan Health Services Card and click on “Next”.

New or Returning Saskatchewan Resident?

Apply for Saskatchewan Health Services Card

If you or any member of your family are new residents or returning residents to Saskatchewan you must complete an application for yourself, spouse/partner and dependants.

- Start your application
- Continue your application
- Add documents to your application

View Application Status

- View your application status
- Print your application

Next >

Have a Saskatchewan Health Services Card?

Request Changes

You and your family must be Saskatchewan residents with Saskatchewan health services cards. Your change request will not be processed if we are unable to identify you or your family members in our records.

- Change to family unit (Marriage, Divorce/Separation, Common-Law, Reconciliation, Addition or Removal of Dependents)
- Change address
- Replace a lost, stolen or damaged health card
- Change of name or correction of name
- Submit copies of your updated work permit, study permit, visitor’s record or permanent resident card
- Correction to date of birth or sex
- Report an extended absence
- Report a return from extended absence

Instructions

New Saskatchewan residents are people who have relocated to Saskatchewan from another Canadian province/territory, from outside Canada, such as foreign nationals, international students and returning Canadians.

Submit a Change Request

If you and your family are Saskatchewan residents who have Saskatchewan health services cards and want to update your health card registration information.
• Click on “Start New Application”.
• Answer the questionnaire according to your own situation.

• Click on “Next” once you finished this page.
• Answer the questionnaire according to your own situation and click on “Next”.
• Combine your study permit scan copy, your passport photo page scan copy, the confirmation of enrolment letter and the proof of residence form in one PDF file.

• Upload the document in the “Attach”.

  NOTE: The size of each document must not exceed 1MB.

• Click on “I, Your Name, Do Certify To The Above”

• Click “Submit my application”.

• Please write down your Reference Number for your own reference.
URSU Health & DanTel Plan

Purpose (What and Why)

- To help University of Regina students pay for the health services they need, University of Regina Students’ Union has partnered with Studentcare in order to provide students with extended health and dental coverage.

- The Plan is designed specifically to fill the gaps in provincial health care (Saskatchewan Health) and other basic health-care programs.

What is Covered

- Only DanTel plan is available for new students enrolled in Spring/Summer 2020.

- Please visit the University of Regina Students’ Union website for more information at: https://ursu.ca/services/health-dental-plan/

How to Opt In The Plan

Information is available online at www.studentcare.ca or by calling the Studentcare Member Services Centre at 1 866 358-4432, Mon. – Fri. from 9 am to 5 pm.