UNIVERSITY OF REGINA

11TH ANNUAL ALUMNI & AWARDS RECEPTION

Faculty of Kinesiology & Health Studies

March 15, 2024 7:00 PM
Innovation Place
Program

6:00pm - Cocktails

7:00pm - Formal Program & Awards

Dr. Harold Riemer - Introduction

Dr. Jeff Keshen - Bring greetings on behalf of the University of Regina

Awards Ceremony - Student Scholarship Winners
- Deans Honour List Recipients
- Academic All-Canadians
- Academic Silver Scholarship Recipients
- Academic Gold Scholarship Recipients
- Dean's Medal Recipients
- Outstanding Field Work Agency Award
- Distinguished Recent Alumnus Award
- Distinguished Alumnus

8:30 PM - Social

The University of Regina and its federated colleges are on Treaty 4 and Treaty 6 territories — the homelands of the nêhiyawak, nihsinâpêk, Dakota, Lakota, Nakoda peoples, and Michif/Métis nation.
2023 Scholarship Winners

Aboriginal Kinesiology and Health Studies Award - Anthony Bear
Children on the Move - Sage McCulloch
Dayna Brons Memorial Bursary - Jadyn Kushniruk
Dr. Ralph Nilson Scholarship in Health Studies - Sharisa Grimwood
Dr. Bill Clark Scholarship in Rec and/or Sports Admin - Jadyn Ivy Kushniruk
Dr. Don Clark Scholarship - Kayleigh Strinholm
Dr. Ernie Nicholls Scholarship in SRM - Hallie Burke
Dr. Robert McCulloch Scholarship - Sara Zahid
Dr. Sandra Schmirler Scholarship - Avery Lightfoot
Eli Glieberman Scholarship in HK & TR - Sarah Black
KHS Employees Student Bursary - Tiffany Sotomi
Sask Sport Glenn Tuck Memorial Scholarship - Chantel Hoag & Ovesh Purahoo
University of Regina Aboriginal Award - Anthony Bear
Neil Sherlock Scholarship - Chantel Hoag
Professor Gene Rizak Scholarship - Avery Lightfoot
Groome Family Fellowship in Health Research - Raha Nafisi & Priya Verma
Canada Games Grad Fellowship in Sport & Recreation Management - Ekin Büyükakten
NASSM Scholarship in Sport and Recreation Management - Elise Melanson
UR Circle of Scholars Scholarship - Wyatt Neufeld
Lee & Lillian Forsythe Scholarship - Braxton Terrance Snell
Maurice Neitzel Award - Tiffany Sotomi, Ovesh Purahoo
John & Jack Spencer Middleton Scholarship - Heather Foy
Queen City Vending KHS Entrance Scholarship - Wyatt Neufeld
Friends of the University of Regina Undergrad Award - Shane Donison
Taylor Klassen Family Award - Sharisa Grimwood
Inspiring Leadership Fellowship - Chantel Hoag
Alan Blakeney Entrance Scholarship - Wyatt Neufeld
Elmer Shaw Entrance Scholarship - Wyatt Neufeld
CIC Indigenous Bursary - Amy Joanne Lafreniere-Wasacase
2023 Dean's Honour List

Prabhjot Bajwa
Dayson Bird
Emma Bitz
Landen Boisvert
Brooklyn Brandow
Donovan Buskey
Makenzie Chamberlin
Keara Christensen
Gracie Christiansen
Carter Coghill
Jaxon Diamond
Caleb Dizy
Anna Doig
Shane Donison
Tasleigh Dutchyshen
Rana Elgendy
Peyton Enns
Eshitta
Makayla Exner
Jenna Fiorante
Brady Fiorante
McKenna Harkness
Taylor Hebert
Georgia Hertz
Micaela Keyowski
Lea Shady Kheir
Jacob King
Ellison Kozan
Holland Kozan
Seungyoon Lee
Avery Lightfoot
Isaac Litzenberger

Brandon Logan
Sage McCulloch
Aman Preet Meghawat
Wyatt Neufeld
Hephzibah Ohaji
Mojolaoluwa Ojo
Lexi Peace
Jillian Pittman
Zachary Popowich
Ovesh Purahoo
Jordon Richter
Karly Ries
Presley Sagert
Madison Sagert
Shaylee Scraba
Madisen Seida
Erica Sembaluk-Hart
Asthagopesh Shah
Vishma Shamim
Zunaira Siddiqui
Eeman Siddiqui
Dylan Sies
Samantha Skaar
Braxton Terrance Snell
Tiffany Sotomi
Kayleigh Strinholm
Andra Todd
Lucas Wagner
Allison Wall
Brendan Weeks
Shuyue Wu
Zujing Yu
Sara Zahid
Yijiana Zhu
Academic Silver Scholarship

Zakhraf Asghar
Emma Bitz
Hunter Bohay
Brooklyn Brandow
Gracie Christiansen
Carter Coghill
Dawn Dabao
Peyton Enns
Makayla Exner
Brady Fiorante
Heather Foy
Ryan Grieves
Sharisa Grimwood
McKenna Harkness
Georgia Hertz
Ellison Kozan
Holland Kozan
Jadyn Kushniruk
Avery Lightfoot
Brandon Logan
Sage McCullogh
Mojolaoluwa Ojo
Jillian Pittman
Ovesh Purahoo
Jordan Richter
Karly Ries
Madison Sagert
Presley Sagert
Mitchell Saretzky
Madisen Seida
Erica Sembaluk-Hart
Asta Shah
Eeman Siddiqui
Dylan Sies
Kayleigh Strinholm
Alejandra Van Dusen
Lucas Wagner
Brendan Weeks
Sara Zahid

Academic Gold Scholarship

Donovan Buskey
Braxton Terrance Snell
2023 Dean's Medal & University Prize in Kinesiology

Dean's Medal:
Muhammad Shafiq
Bachelor of Kinesiology, Human Kinetics major with Great Distinction

University Prize in Kinesiology and Health Studies - Spring 2023:
Shakib Dirie
Bachelor of Kinesology, Human Kinetics major with Great Distinction

University Prize in Kinesiology and Health Studies - Fall 2023:
Samantha Morrow
Bachelor of Kinesiology, Human Kinetics major with Great Distinction
2023 Academic All Canadians

Jade Belmore - Basketball
Kaylyn Brown - Volleyball
Peyton Enns - Soccer
Gemma Gaucher - Soccer
Taylor Hebert - Swimming
Annika Hufnagel - Volleyball
Ellison Kozan - Track & Field/Cross Country
Jadyn Kushniruk - Hockey
Grace Miller - Soccer
Ryan Mills - Football
Cara Misskey - Basketball
Rachel O'Toole - Hockey
Kexi Peace - Hockey
Dayna Pearce - Basketball
Ovesh Purahoo - Swimming
Shaylee Scraba - Hockey
Madisen Seida - Basketball
Brynn Stewart - Volleyball
U of R
Entrance Scholarship

Fall 2023
Brooklyn Bohay
Maesyn Bowman
Natalie Brakefield
Malcolm Brin
Sabina Butt *
Mackenzie Clark
Caleb Dizy
Anna Doig
Rana Elgendy
Furqan Furqan
Jevon Garwood
Julianne Girardin
Meagen Hak
Sana Karam
Arshpreet Kaur
Micaela Keyowski
Isaac Litzenberger
Zachary Manz
Arden Maslyk *
Joseph Palagian
Hannah Ramdez
Ryenn Schutz *
Zunaira Siddiqi
Ciara Switzer
Lexi Switzer
Andra Todd
Gabriel Wilson

*Out of Province Entrance Scholarship*
International Entrance Award

**Winter 2023**
Sukhpinder Singh
Ifunanya Asimole
Harmandeep Johal

**Summer 2023**
Gagandeep Kaur
Jaspreet Kaur
Jasmeen Dhillon
Amanjot Kaur
Komal Preet Kaur

**Fall 2023**
Jaspreet Kaur
Pawanveer Kaur
Vanshika
Ayomikun Babatunde
Lea Kheir
Chinenye Okafor
Nelly Okwuma
Heali Patel
Mahish Seetah
Ananya Thakur
Dalla Cia Toledo
The Regina Community Clinic is a primary health service provider and the only healthcare co-operative in southern Saskatchewan. As a healthcare co-operative, the goal is to provide care for the patients’ physical and mental health, and to offer social and education services and programs to our members, patients, and the community. At the clinic, multi-disciplinary groups of healthcare professionals work together as a team to offer optimal care for the patients.

Through this team approach, we believe that mentoring students is a benefit to everyone, including the patients, the agency, and the students. The Regina Community Clinic has been working with the Faculty of Kinesiology since 2016, and we have enjoyed all the students and their unique personal characteristics in delivering their expertise in the field.
Dr. Krista Slough (Metz) was born and raised just south of Regina in the little town of Wilcox. She attended the University of Regina, playing hockey for the Cougars for 5 years and earned her Bachelor of Kinesiology in 2016.

While at the University of Regina, Krista did her fieldwork semester at First Steps Wellness Centre which strengthened her growing interest in neuroscience and neurological disorders.

This growing interest led her to the University of Alberta where she began her Masters in Neuroscience, later transferring to the PhD program and received her Doctorate in Neuroscience in 2022.

In the summer of 2022, she began working as the Saskatchewan Health Authority’s third neurophysiologist, joining Drs. Jonathan Norton and Layla Gould at the Royal University Hospital in Saskatoon. Together, they provide intraoperative neuromonitoring for various neurosurgeries in Saskatoon and Regina. Krista also remains involved in research related to her PhD work, including studying sensorimotor systems in the human spinal cord. In Oct 2023, Krista and her husband Colton welcomed their first child, Hayes.

Krista is currently enjoying her maternity leave and spending time with her little one.
Bonnie Cummings-Vickaryous is an accomplished professional with a passion for community inclusion. She earned her Bachelor of Kinesiology with double majors in Adapted Physical Activity and Sport and Recreation Administration in 2007, laying the foundation for her career in promoting accessibility and belonging for individuals with complex physical disabilities. In 2020, Bonnie furthered her education by obtaining a Master of Science in Kinesiology, deepening her understanding of the field and enhancing her ability to effect positive change.

As the Founding Executive Director of Astonished Inc since 2012, Bonnie has been proactive in creating meaningful inclusion and belonging for individuals with disabilities. Additionally, she has been a dedicated Sessional Lecturer for the Faculty of Kinesiology since 2009, sharing her expertise and inspiring future generations of professionals in the field.

Outside of her professional endeavors, Bonnie is married to another Kinesiology alumni and is the proud mother of three daughters. She actively contributes to her community by serving on the Regina Diving Club Board of Directors as Secretary and Chief Fundraiser, as well as on the City of Regina Accessibility Advisory Committee, advocating for accessibility and inclusion in public spaces. Through her multifaceted roles, Bonnie remains committed to making a positive impact on the lives of others.
Class of Fall 2023

Bachelor of Health Studies
Rosina Awula
Ilhan Abdulahi Hussein
Amy Joanne Lafreniere-Wasacase*
Sargun Thind

Bachelor of Kinesiology
Jaiden Marie Baardseth
Michelle Lynn Beaumont
Sayge Kassey Bighetty-Elderkin
Joshua Jack Maruice Carrier
Jenali Tapan Dave
Heather Elizabeth Mae Hudak*
Daniyal Ali Jabbar
Amy Joanne Lafrenier-Wasacase
Samantha Gabrielle Morrow**
Devanshi Vijenkumar Parikh*
Kaitlyn Christine Salzl-Borzel*
Vrusha Miteshkumar Shah
Brayden Scott Vandermeer
Damond Robert Wagner
Allison Marie Wall**

Bachelor of Sport and Recreation Studies
Skyler Andrew Barnesky
Dessa Leizel Melendez De Guzman
Jane Heather Finlay
Savana Anita Finlayson
Nicole Denise Gormican
Kristen Wagner
Miranda Kaitlynn Weber

Diploma in Health Studies
Mandeep Kaur
Riya Kamnoj
Janvi Mayankkumar Patel

Certificate in Health Studies
MarKomal Aqeel
Adeoti Mercy Arogundade
Money Moses Enuadibi
Kamaldeep Kaur
Rupinder Kaur
Emily Marshall
Aminah Olohunotunmi Ogundiyi Sanjna
Jaskaran Singh
Mansiben Vijaykumar Patel

Indigenous Birth Support Worker Certificate
Shanna Paige Lynn Durocher
Jade-Lee Taylor McKay
Sahayle Kwyn Norman

* with Distinction
** with Great Distinction
Graduating Class of Spring 2024

Bachelor of Health Studies
Lusekel Mwangobola
Alejandra Van Dusen
Mykinna Reifferscheid

Bachelor of Kinesiology
Benjamin Hamelin
Mou’men Almahasneh
Emma Bitz
Kayleigh Strinholm
Faysal Mohamed
Saeyeoun Hong
Kaitlin Feeley
Megan Davies
Gemma Gaucher
Nour Khoja
Abby Kirk
Sharisa Grimwood
Katie Dermody
Jody Dawson

Bachelor of Sport and Recreation Studies
Daniel Vongkhamchanh
Jhelie Bayadas
Erica Schmiedge
Aldo Galvan Orduna
Haley Gader
Francisco Trigoso
Ryan Jupp
Abby Kirk
Sarah Black

Diploma in Health Studies
Victor Orji
Osasumen Eki
Clement Osei
Harnisha Samirbhai Bhatt
Pardeep Kaur Gosal
Ashish Sanwal
Jessica Green
Isha Ghanshyambhai Patel

Certificate in Health Studies
Ayomide Paulina Majofodun
Oyinkansola Kehinde
Damanpreet Kaur
Happy Kanubhai Vaviya
Fatiha Asho
Dinukthi Vidushan Hakmana -
Parana Liyanage
Prabhjot Kaur

Indigenous Birth Support Worker Certificate
Alison Iron
If you wish to obtain a copy of our program, please visit our website https://www.uregina.ca/kinesiology/ or email Echo.Ward@uregina.ca