



FLC & Aquatics

Fitness & Lifestyle Centre

Membership holders must be aged 14+

Membership Rates	Drop-in	1 Month	3 Months	6 Months	12 Months
FLC User	\$10.00	\$35.50	\$95.85	\$181.05	\$319.50
FLC Couple PKG (2)	N/A	\$61.77	\$166.78 <i>\$55.59/month</i>	\$315.03 <i>\$52.51/month</i>	\$555.93 <i>\$46.33/month</i>
FLC Family PKG (3+)	N/A	\$80.62	\$217.67	\$411.16	\$725.58
High School & Senior	\$7.00				
Fitness and Lifestyle Hours of Operation:	Monday to Friday: 6:00 am to 11:00 pm				
	Saturday & Sunday: 8:00 am to 8:00 pm				

Aquatics Centre

Membership holders must be aged 14+

Participants under the age of 14 are welcome in the pool during our weekend Recreation Swim Times

Membership Rates	Drop-in	1 Month	3 Months	6 Months	12 Months
Pool User	\$6.00	\$20.00	\$54.00	\$102.00	\$180.00
Youth (14-17), Senior	\$5.00		<i>\$18/month</i>	<i>\$17/month</i>	<i>\$15/month</i>
Child (13 and under)	\$4.00	<i>Children can only swim on Saturday and Sunday Rec Times</i>			
Lane Swim Times:	Monday/Wednesday/Friday: 6:30am to 9:15am Monday - Friday: 11:30am to 1:30pm				
Rec Swim Times:	Monday - Thursday: 8:30pm to 10:30pm				
Lane Swim Times:	Saturday: 3:30pm to 4:30pm		Sunday: 3:00pm to 4:00pm		
Rec Swim Times:	Saturday: 4:30pm to 6:00pm		Sunday: 4:00pm to 5:00pm		

Fitness & Lifestyle and Aquatics Bundle

12 Month Aquatics and Fitness & Lifestyle Bundle **\$399.50 + GST**

All holders of 12 month FLC memberships (including the newly bundled FLC Aquatics Membership option) have access to URFit classes (including AquaFit) at no additional cost!

U of R Student: \$20.00 per calendar month for FLC and Aquatic Centre*Included in tuition for on-campus students*

Locker Rentals

Full Locker \$15.00/ per calendar month – Up to 12 months
Half Locker \$12.00/ per calendar month – Up to 12 months

If you have any questions or concerns, please contact KHS Client Services at **306-585-4371** or email khs.cs@uregina.ca.

Facility Bookings: To book a facility, please email ckhs.book@uregina.ca

Please note that the FLC and Facility Services only take cash for all drop-ins.