

FLC & Aquatics



University
of Regina

Kinesiology &
Health Studies

Fitness & Lifestyle Centre					
Membership Rates	Drop-in	1 Month	3 Months	6 Months	12 Months
FLC User	\$10.00	\$35.50	\$95.85 <i>\$31.95/month</i>	\$181.05 <i>\$30.18/month</i>	\$319.50 <i>\$26.63/month</i>
High School Student & Senior	\$7.00				
FLC Couple PKG (2)	N/A	\$61.77	\$166.78 <i>\$55.59/month</i>	\$315.03 <i>\$52.51/month</i>	\$555.93 <i>\$46.33/month</i>
FLC Family PKG (3+)	N/A	\$80.62	\$217.67	\$411.16	\$725.58
Fitness and Lifestyle Hours of Operation:	Monday to Friday: 6:00 am to 10:00 pm				
	Saturday & Sunday: 8:00 am to 8:00 pm				

Aquatics Centre					
Membership Rates	Drop-in	1 Month	3 Months	6 Months	12 Months
Pool User	\$6.00	\$20.00	\$54.00 <i>\$18/month</i>	\$102.00 <i>\$17/month</i>	\$180.00 <i>\$15/month</i>
Youth (14-17), Senior	\$5.00				
Child (13 and under)	\$4.00	Children can only swim on Saturday and Sunday			
Recreational Swim Times (Tentative):	Monday/Wednesday/Friday: 6:00am to 9:00am				
	Monday - Friday: 11:30am to 1:30pm				
	Monday - Thursday: 8:30pm to 10:30pm				
	Saturday - Sunday: 3:00pm to 6:00pm				

Fitness & Lifestyle and Aquatics Bundle	
12 Month Aquatics and Fitness & Lifestyle Bundle	\$399.50 + GST
All holders of 12 month FLC memberships (including the newly bundled FLC Aquatics Membership option) have access to URFit classes (including AquaFit) at no additional cost!	
U of R Student: \$20.00 per calendar month for FLC and Aquatic Centre*Included in tuition for on-campus students*	

Locker Rentals	
Full Locker	\$15.00/ per calendar month – Up to 12 months
Half Locker	\$12.00/ per calendar month – Up to 12 months
<p>If you have any questions or concerns, please contact KHS Client Services at 306-585-4371 or email khs.cs@uregina.ca.</p> <p>Facility Bookings: To book a facility, please email ckhs.book@uregina.ca</p>	