

FLC & Aquatics



University
of Regina

Kinesiology &
Health Studies

Fitness & Lifestyle Centre					
Membership Rates	Drop-in	1 Month	3 Months	6 Months	12 Months
FLC User	\$10.00	\$35.50	\$95.85 \$31.95/month	\$181.05 \$30.18/month	\$319.50 \$26.63/month
High School Student & Senior	\$7.00				
FLC Couple PKG (2)	N/A	\$61.77	\$166.78 \$55.59/month	\$315.03 \$52.51/month	\$555.93 \$46.33/month
FLC Family PKG (3+)	N/A	\$80.62	\$217.67	\$411.16	\$725.58
Fitness and Lifestyle Hours of Operation:	Monday to Friday: 6:00 am to 9:00 pm				
	Saturday & Sunday: 9:00 am to 5:00 pm				

Aquatics Centre					
Membership Rates	Drop-in	1 Month	3 Months	6 Months	12 Months
Pool User	\$6.00	\$20.00	\$54.00 \$18/month	\$102.00 \$17/month	\$180.00 \$15/month
Youth (14-17), Senior	\$5.00				
Child (13 and under)	\$4.00	Children can only swim on Saturday and Sunday			
Recreational Swim Times (Tentative):	Monday -Friday: 12:00 pm to 1:30 pm & 4:00 pm to 6:30 pm				
	Saturday & Sunday: 3:00 pm to 6:00 pm				

Fitness & Lifestyle and Aquatics Bundle	
12 Month Aquatics and Fitness & Lifestyle Bundle	\$399.50 + GST
All holders of 12 month FLC memberships (including the newly bundled FLC Aquatics Membership option) have access to URFit classes (including aquasize) at no additional cost!	
U of R Student: \$20.00 per calendar month for FLC and Aquatic Centre*Included in tuition for on campus students*	

Locker Rentals	
Full Locker	\$15.00/ per calendar month – Up to 12 months
Half Locker	\$12.00/ per calendar month – Up to 12 months

If you have any questions or concerns, please contact KHS Client Services at **306-585-4371** or email khs.cs@uregina.ca.

Facility Bookings: To book a facility, please email ckhs.book@uregina.ca