UNIVERSITY OF REGINA

9TH ANNUAL ALUMNI & AWARDS DINNER

Faculty of Kinesiology & Health Studies

April 13, 2019 • 6:00 PM
Conexus Arts Centre
Program

5:30pm - Doors Open
6:00pm - Cocktails
6:30pm - Dinner
7:00pm - Formal Program & Awards
8:00pm - Social & Raffles
Sandra entered the sport and recreation field after graduating with multiple degrees including BArts, BKin, and Master of Science in the KIN program where her thesis focus was on Consumer Behaviour in Sport. Sandra has been recognized for her leadership qualities by acting as the Canadian Student Representative at the European Sport Management Conference in New Castle, England and was recipient of the Graduate Studies Research Award. Sandra is currently employed at Evraz Place as the Director of Sport, Entertainment and Events. Evraz Place is recognized as the largest interconnected sport and entertainment complex in Canada hosting more than 700 events annually. Sandra is responsible for the identification of citywide major special events, including bidding on and planning all event logistics. Notable events hosted include CFL Week, Grand Slam of Curling, Skate Canada International, Brier, Memorial Cup, the upcoming 2019 NHL Heritage Classic and 2020 Grey Cup!
Ashley relocated to Edmonton after completing her practicum placement at the Allen Gray Continuing Care Centre. She accepted a position as the Director of Recreation at an Assisted Living Facility which supported individuals with a specific focus on Mental Health. After roughly 2½ years in Edmonton, Ashley and her husband, moved to her husband’s hometown of Medicine Hat where she accepted a position as a Recreation Therapist in Addiction and Mental Health at the Medicine Hat Recovery Centre. After welcoming her daughter in 2015, Ashley decided to make a career change that has allowed her to grow immensely in her profession by accepting a position on the Allied Health, South Zone Therapeutic Recreation team. In her role as the Clinical Lead for South Zone Therapeutic Recreation, Ashley practices in the community where she sees a variety of populations 18+ to enhance their engagement in meaningful recreation and leisure opportunities as well as continuing to grow and expand professional practice in Therapeutic Recreation.

Ashley O’Reilly

Ashley O’Reilly is a Clinical Lead for Therapeutic Recreation in the South Zone. Ashley resides in Medicine Hat, AB with her husband Tyler, daughter Everley, and dog Bella. Upon completion of University in 2011, Ashley acquired her Certified Therapeutic Recreation Specialist designation from the National Council for Therapeutic Recreation Certification and has been practicing as a Recreation Therapist for 8 years since convocation.
Outstanding Fieldwork Agency

College Park II is a 181 suite retirement residence in Regina that is owned by All Seniors Care Ltd., an established company in the world of senior care. College Park II is committed to Age-in-Place living, delivering a full range of support services to seniors. With a person-centered philosophy identifying each resident’s unique attributes, values and history, it is College Park II’s goal to provide an environment where residents can receive individualized levels of care that are flexible to changing health needs.

Preserving independence, providing peace of mind, and ensuring quality of life throughout the years are of our highest priorities. We believe aging is a gift and our programs help maintain health and well-being in body, mind, and soul with a person centered focus.

Fieldwork students work within the Recreation Department at College Park II, and assist in assessing residents to determine leisure needs and goals as well as providing meaningful daily programs for the benefit of each resident on a continuing basis. Our programs are designed to meet individual goals, enhance independence, challenge, inspire, and provide a strong sense of community.
Graduate Student Award

My name is Jyotpal Singh and I am currently a Master of Science candidate supervised by Dr. Patrick Neary in the faculty of Kinesiology and Health studies. My research is centered around restoring impairments in physiology following concussion, with a particular interest in using medical cannabis as an intervention to improve symptoms alongside physiology. The Masters program at the University of Regina has provided endless academic, research and social opportunities for me, including teaching, traveling to conferences and other laboratories to assist in research data collection, and hands on practical experience by utilizing laboratory-based equipment. Working in high-impact research has broadened my views on the far-reaching effects of science and its influence on normal and pathological physiology. The opportunity for me to be apart of the Concussion Testing Centre in Kinesiology has projected me towards objective research and its multi-discipline approach has allowed me to learn much more than what I could have expected.

Jyotpal Singh

Furthermore, I have 1 peer-reviewed publication and 7 peer-reviewed abstracts. The access to faculty, research associates, endless opportunities and wonderful research experiences have made me feel valued and respected; a feeling I hold with high regard. Following my Masters completion this summer, I am hoping to continue building on the medical cannabis and concussion projects by working towards a PhD at the University of Regina.

Undergraduate Student Award

Taylor Teckchandani

Taylor is a fourth year Human Kinetics major, completing his Honours Thesis examining neuromuscular fatigue mechanisms with the supervision of Dr. Paul Bruno. Spending his first two undergraduate years on the Cougars Track and Field team, Taylor was awarded with two consecutive Academic All-Canadian scholarships. During the third and fourth years of his undergraduate degree, Taylor was named to the Dean’s Honours List. Currently completing his fieldwork placement at the Dr. Paul Schwann Applied Health and Research Centre working with chronic and clinical populations, he is applying to challenge the Canadian Society for Exercise Physiology CEP exams this spring. His future endeavours include continuing his post-secondary education as a Master’s student at the University of Regina in the Fall of 2019, under the supervision of Dr. Patrick Neary. He also plans to challenge the American Society of Sports Medicine CEP exams later this year, with a focus on the American Cancer Society accredited specialization.
Scholarship Winners
FALL 2018

Aboriginal Kinesiology and Health Studies Award - Joanne Lavoie
Children on the Move - Jaiden Gervais
Dayna Brons Memorial Bursary - Joanne Lavoie
Douglas & Margaret Cuddington Scholarship in KHS - Sena Debia & Danielle Major
Dr. Bill Clark Scholarship in Rec and/or Sports Admin - Kennedy Gauley
Dr. Bill Clark University Scholarship - Lauren Thies
Dr. Don Clark Scholarship - Haylen Langilier
Dr. Ernie Nicholls Scholarship in SRM - Alex Watson
Dr. Robert McCullouch Scholarship - Mattea Polivka
Dr. Sandra Schmirler Scholarship - Kennedy Gauley & Julia Schofer
Eli Glieberman Scholarship in HK & TR - Taylor Rousseau
Farden/Nilson Memorial Scholarship - Jessica Cooysman
KHS Employees Student Bursary - Sena Debia
NASSM Scholarship - Julia Scofer
Fyola Lorenzen Scholarship - Danielle Major
Sask Sport Glenn Tuck Memorial Scholarship - Jackson Lordall
Sask Parks & Rec Association Board Scholarship - Benjamin Berger

WINTER 2019

Dr. Mary Bluechardt Scholarship - Celina Phan
Ferguson Alumni Scholarship - Celina Phan
SPEA Book Prize - Jodi Black
Dr. Bill Clark Scholarship in Athletics - Danielle Major
Class of Fall 2018

Timileyiin Adebogun
Benedict Akunor
Blessing Alasah
Naif Alnakhli
Robert Bailie
Namai Bedi
Anubhavjeet Bhardhi
Macey Brette
Jillyan Clark
Branden Daniels
Chelsey Delisle
Deborah Efere Akporijesu
Cailin Ekstrand
Damara Gabel
Brian Godwin
Joelle Hawman
Kelsey Hengen
Caley Hodgson
Taylor Hudye
Alejandro Iqual Paija

Paneet Kaur
Barbara Klyne
Placido Krause
Frances Krinke
Stephen Langford
Carrie Livingstone
Jessica Loran
Curtis McCallum
Azamassaat Mirrazeghi
Chelsea Osiowy
William Park
Amata Poirier
Tiffany Powell
Alexa Sawa
Sydney Schnell
Belgis Shakouri
Terryn Stadnyk
Brittany Weinbender
Myllis Yeo
Students Who Have Applied for Spring Convocation 2019

Raja Ali Abdullah
Ashley Ackerman
Kirrat Ahmad
Ghulam Aisha
Brooke Amon
Aleece Anderson
Victoria Arnold
Alhea Baker
Nicholas Baller
Ellen Bearss
Ramy Bishay
Shady Bishay
Jodi Black
Brody Blackwell
Tyra Borstmayer
Kristen Burba
Shanah Carpenter
Helen Chen
John Coleshaw
Cassandra Cromproets
Jessica Crooymans
Mackenzie Dahl
Benjamin Dyck
Damaris Fadare
Ruhma Fawad
Kyra Fiasco
Brittany Fisher
Jada Flaman
Katherine Francis
Kennedy Gauley
Joseph Grams
Carter Gusway

Kayla Halvorsen
Inaya Haque
Sumia Hassan
Nicole Hawman
Kristen Haywahe
Alexandra Henden
Havneen Hhaliwal
Stephanie Ikekhuanen
Mackenzie Jardine
Nikki Joorsity
Isinger Justin
Mezbahul Karim
Rachelle Karppinen
Rachelle Karppinen
Kiranjeeet Kaur
Harpreet Kaur
Navdeep Kaur
Magandeep Kaur
Amani Khan
Hee Jin Kim
Jillian Kistner
Jillian Kistner
Paige Klarer
Robyn Klein
Melissa Klingelhofer
Darby Kraus
Tayler Kunz
Cherise Labossiere
Dustin Lalonde
Benjamin Lane
Zachary Lang
Jackson Lordall
Brody Luhning

Christian Magnus
Mahrukh Masood
Lukas McConechy
Mica McGarry
Addison Meredith
Brayden Miller
Ty Moskal
Kelsey Neil
Rebecca O'Krancy
Omot Omot
Inderpreet Pandher
Danielle Pitzel
Aliyah Porter
Christina Probst
Shelley Quist
Samantha Racette
Mathew Rathwell
Jessica Rivas
Taylor Roussell
Hadiseh Samadyar
Smiledeep Singh
Jordyn Smith
Samara Stearns
Cameron Symon
Shayla Syrota
Crystal Toth
Shelsy Trottier
Tara Watson
Haley Wilde
Emily Wilson-Bodner
Jordan Wynczek
Caitlin Zacharias
Graduate Class of 2019

Patrick Bernat
Oluwakayode Dasylva
Karolina Grzyb
Danielle Schmidt
Erin Tyson
Candice VanHorn
Oscar Vila Dieguez
If you wish to obtain a copy of our program, please visit our website
https://www.uregina.ca/kinesiology/ or email
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