

Student Leadership "Experience"



**Dallas Valley Ranch Camp
Lumsden, Saskatchewan
September 25-28, 2018**

Overview

Discover your leadership potential and be inspired to change the lives of those around you. The SPEA Student Leadership “Experience” will challenge your physical, social, emotional and intellectual well-being. You will have opportunities to engage in physical activities combined with presentations, workshops and other initiatives that encourage you to explore your preconceptions of health, inclusion, education, and leadership.

You will work closely with mentors and students from across western Canada with diverse backgrounds and experiences. You will learn from and network with some of the most influential mentors in the field of physical education, health education, sport, and health promotion. You will return from the “experience” with increased knowledge and skills to foster healthy active living for children and youth in the school community. But more than that, expect to come away with a greater understanding of what it means to be a leader, and how you can challenge yourself and others to meet and exceed your goals and expectations. The location will be the Dallas Valley Ranch Camp in Lumsden, Saskatchewan. Visit the website at: <http://www.dallasvalley.com/>

Who Should Attend

The Student Leadership “Experience” is targeted to post-secondary students who view themselves as future leaders in related fields of education, kinesiology, nursing, and health promotion.

What to Expect

While at the Student Leadership “Experience” you will be participating in indoor and outdoor activities, on land, in the air, and on water. You will be assigned to a mentor group made up of your peers who will be representing areas all across western Canada. Working with each group will be two mentors – individuals who are working in, and highly regarded within the fields of physical education, health, sport and other related sectors. You will find yourself pushing your physical limitations and questioning your assumptions in a safe, supportive, and empowering atmosphere.

Some of the experiences include:

- High and low ropes courses
- Engaging professional leadership presentations
- Climbing wall challenges
- Networking opportunities and events
- Mentor group tasks and initiatives

What to Bring

It is important to note that late September can mean unpredictable temperatures and weather in Saskatchewan. Please keep this in mind when packing and try to prepare for multiple weather situations. **Most activities will be taking place outside - bring warm clothing and rain gear.** Accommodations are heated, but the evenings can still be quite cool. Bedding and toiletries are not provided. In addition, the camp we are staying at is quite large with uneven terrain, so make sure you have appropriate footwear to get around and comfortably participate in our active sessions. More information regarding the specifics of what to pack will be shared with participants at a later date.

Accommodations & Meals

Accommodations (cabins) will be shared with other participants. All accommodations have showers and washroom facilities available for use. You will receive three full meals (buffet style) and snacks daily as part of your registration fee.

Transportation

It is the responsibility of each participant to cover all costs associated with travel to and from the Student Leadership "Experience". Getting to Dallas Valley is quite easy. If you're coming from Regina, take Highway 11 north out of the city. There is a sign directing you towards the camp at EXIT B, and then there are signs directing you the rest of the way. If you're coming from the north, drive past Lumsden on Highway 11, and take EXIT C and the signage will take you straight to us. Access the following link for a map with specific location:

<http://www.dallasvalley.com/#!blank/cnszd>

Registration

The first 40 registrants will be accepted. Registration cost is \$150.00 early-bird (before April 1, 2018) and \$200.00 (after April 1, 2018). Registration is non-refundable. Register online at www.speaonline.ca with a credit card or mail in your registration and fees to:

Saskatchewan Physical Education Association
Box 193
Harris, SK
S0L 1K0



Student Leadership Experience Registration Form

Name: _____ Address: _____

City/Town: _____ Province: _____ Postal Code: _____

Phone: Home: () _____ Cell: () _____

Email Address: _____

Post-Secondary Institution: _____ Current Program Year: _____

Major: _____ Minor: _____

I am of Aboriginal decent: Yes No If yes, are you: First Nation Status Non-Status Metis

Registration Procedures:

- Registration fees include GST #1315119191
- Payment in full by cheque or money order to: SPEA SLE Box 193 Harris, SK SOL 1K0
- You may register online at www.speaonline.ca and pay with PayPal, Visa or MasterCard

Registration Cost: \$150.00 Early-Bird (before April 1, 2018) and \$200.00 (after April 1, 2018). This includes accommodations, meals, t shirt, the experience and a one year membership to the Saskatchewan Physical Education Association (SPEA).

Free Delegate T-shirt – choose your size:

Small Medium Large X-Large XX-Large

Do you permit SPEA to use photos taken during the conference for promotional & journal purposes?

Yes No

Inquiries? Contact: Graham Hayes (306)791-7355(w) or (306)539-9519(c)

