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**DUNCAN BLEWETT** 

MARCH 20, 1988 REVISED JANUARY 2009

# Note

This finding aid has been updated integrating notes prepared in November and December 2008 by Dr. Robert Stek, a colleague and friend of Dr. Duncan Blewett.

**Biographical Sketch:** Duncan Blewett was born in Edmonton, Alberta in October 28, 1920. After fighting in WWII, Blewett, along with other young veterans, was offered the choice of a lump sum payment or a free education as compensation for their time given to the war. Blewett chose to pursue an education in psychology. He received his BA from the University of British Columbia in 1947 and his MA from the same institution in 1950.

Blewett went on to earn his PhD in one and a half years at the University of London with renowned psychologist Hans Eysenck. He later taught at the University of Illinois which was headed by noted psychologist Raymond Cattell, before the government of Saskatchewan recruited Blewett to be chief psychologist of the province in the 1950s.

Blewett was pivotal in pioneering psychedelic research. In 1959 along with Nicholas Chwelos, he coauthored *Handbook for the Therapeutic Use of Lysergic Acid Diethylamide- 25(LSD) : Individual and Group Procedures (1959)*. Blewett became instrumental in advancing LSD treatment programs as therapy for schizophrenics and alcoholics in Saskatchewan.

In 1961, he was hired by the University of Saskatchewan Regina Campus to develop psychology as a discipline at the rapidly growing institution. Here he founded the University Of Regina Department Of Psychology. Blewett would also be a founder of the Saskatchewan Psychological Association. During this time he joined the world-renowned University of Saskatchewan research team at the Saskatchewan Hospital in Weyburn and worked beside such notable researchers as biochemist and psychiatrist Abram Hoffer, and project coordinator Humphry Osmond (who coined the word "psychedelic" in a letter to his friend Aldous Huxley).

Blewett retired from the University of Regina in 1986 and moved to Gabriola Island, B.C after nearly three decades of dynamic research and teaching. Throughout his career Blewett wrote many books and publications that continue to influence the field of psychology today. His early work has been the subject of at least three documentaries, and a fourth was created around his March 24 memorial on Gabriola Island, B.C.

Blewett died on February 24, 2007, having lived "fabulously in the moment until the end".

**Scope and Content:** This collection is primarily comprised of materials dating from the late –1950's to the early –80's. Of particular interest is the correspondence, notes and publications relating to the controversial L.S.D. research conducted in the province during the last half of the 1950's. In addition, numerous papers and publications of others pertaining to the therapeutic use of psychedelics can be found within the collection. An ample proportion of materials relating to psychotronics can also be found within the collection.

\*Note on Arrangement: New file order and file headings regenerated. original order and headings deemed unusable.

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PROFESSIONAL MATERIALS

#### CORRESPONDENCE

#### Personal

Box I

- 1. Brenneman, Dick -1973
- 2. Cohen, Kenneth- 1974-75
- 3. Fil and Gladys? -1984, 1985
- Friends and Acquaintances -Miscellaneous -1965, 1967, 1974-76, 1986, 1988

#### CONFIDENTIAL

5. Nick \_\_\_\_\_? -1965

#### Professional

- 6. Centre for Humanistic Studies -1974
- 7. Letters of Reference -1975-76
- 8. Miscellaneous Professional -

1958 - Willis W. Harman (Stanford)

1962 - re: spiritual experience with LSD

1964 - Raymond B. Cattell, re: personality factors related to LSD

1965 - MacLean's - Sandoz stops production of LSD

1967 - Teddy Weckowicz

1974

1975 – Ralph Metzner

1979 – Alvin Mahrer, re: history of the psychology Department

- 9. Requests to Lecture -1967-68
- 10. Ryerson Press -1966

## WRITINGS, SPEECHES AND NOTES

#### **Duncan Blewett**

## Psychedelics Research

- 11. "A Handbook for the Therapeutic Use of L.S.D. -25"
  -Draft -D. Blewett and N. Chwelos -n.d.
- 12. "A Handbook for the Therapeutic Use of L.S.D. -25"
  -Draft -D. Blewett and N. Chwelos -1959
- 13 . "Interim Report on the Therapeutic Use of L.S.D. 25" -Draft –1958
- 14. "L.S.D. -A Therapeutic Rationale" -1962
- 15. "New Horizons in Motivation and Insight" -n.d.
- 16. "Notes on the Psychological Evaluation of Response

- to Drugs" Incomplete n.d.
- "Psychedelic Drugs in Parapsychological Research" from: <u>International Journal of</u> <u>Parapsychological Research</u> (v. 1) -1963
- "Use of D-Lysergic Acid Diethylamide in the Treatment of Alcoholism" -D. Blewett, N. Chwelos, C. Smith and A. Hoffer –1962
- 19. "Weyburn Assessment Scale" -D. Blewett and W. Stefaniuk -from: <u>Journal of Mental Science</u> (104, 435) –1959

# Psychotronics Research

- "Dynamics of Morale" -Drafts and Supporting Material –1981
- 21. "Dynamics of Morale" -Drafts and Supporting Material –1981
- 22. "Dynamics of Morale" -Drafts and Supporting Material -1981?
  - "Dynamics of Morale" -Drafts and Supporting Material- 1981
  - 24. "Dynamics of Morale" -Drafts and Supporting Material- 1981
  - "Dynamics of Psychic Energy" -Draft -Incomplete -n.d.
  - 26. "Body Exercise (Physical?) -Notes and Supporting Material -n.d.
  - 27. "A Handbook for Psychotronic Engineering" -Draft -
  - 28. "A Handbook for Psychotronic Engineering" -Notes n.d.
  - 29. "An Induction -Resonance Model of Psychic Energy Dynamics" -D. Blewett, J. Blewett and R. Ochshorn- 1980
  - 30. "An Induction -Resonance Model of Psychic Energy Dynamics" -D. Blewett, J. Blewett and R. Ochshorn -n.d.
  - 31. "Nature and Dynamics of Psychic Energy" -June
    Blewett and Duncan Blewett -Various -Drafts 1973
  - 32. "Psychic Energy -Its Characteristics and Dynamics"

Box 2

#### -Conference Draft -1973

- 33. Psychic Energy -Notes -1975
- 34. Psychic Energy Studies -Background Materials and Notes- 1970- 1971
- "The Utilization of Psychic Energy in Industry" D. Blewett, J. Blewett and R. Ochshorn -1977

#### **Teaching Materials**

- 36. Lecture Notes and Materials -n.d.
- 37. "Supplementary Class Notes: Psychology 235" -D. Blewett -Draft –1972
- 38. "Supplementary Class Notes: Psychology 235" -D. Blewett -Draft –1979

# Miscellaneous

- "Burnout -A Stress Induced Psychological Disorder
  -D. Blewett, J. Blewett, C. Peyson and R.
  Stek –Draft information for proposal to
  provincial government (from Blewett-Peyson-Stek
  Associates -1982 or 1983.
- Box 3 40. "Color Analysis of the Pyramid Test " -P. O'Reilly and D. Blewett -from: <u>Diseases of the Nervous</u> System (XX, 5) –1959
  - 41. "Consciousness, Science and Religion: A Field Trip Through the 80s" –D. Blewett -Draft –1980
  - 42. "Consciousness, Science and Religion... D.
    Blewett from: <u>The Saskatchewan Psychologist</u> (80,1) -1980
  - 43. "Decline of Verbal standards in Universities" -D.
    Blewett -The School Review (Spring) –1958
  - 44. An Experimental Study of the Inheritance of Intelligence" -D. Blewett -from: <u>Journal of Mental Science</u> (100, 421) –1954
  - 45. Lecture Notes -Unitarians -1967
  - 46. Notes Miscellaneous Topics n.d.
  - 47. Notes -Miscellaneous -n.d.
  - 48. Proposal For the Establishment of an Institute for Studies in Normal Psychology" -n.d.
  - 49. Thesis -Ph.D. -D. Blewett -Title Unknown -n.d.

#### **About Duncan Blewett**

- 50. "The Heaven or Hell Drugs" -Sidney Katz -from: Maclean's (June) -1964
- 51. "L.S.D. -A Learn1ng Process" -from: <u>The</u>
  <u>Carillon</u> -March 6, 1967
- 52. "L.S.D. -Research in Saskatchewan" -Therese Stocyk –Maga Nova (I, 1) –1984
- 53. "New Hope for Alcoholics" -Muriel Clements Saturday Night -July 4, 1959
- 54. "The Psychedelic Experience -A New Concept in Psychotherapy" -J.N. Sherwood et al. -from: Journal of Neuropsychiatry –November 1961

#### Others

### Psychedelics Research

- 55. "A Bibliography of Psychedelic and Related Research" -International Federation for Internal Freedom -1967
- 56. "Current Status and Future Trends in Psychedelic (L.S.D.) Research -Robert Mogar –1964
- 57. Hallucinogens -Collected Publications -1962-63, 1970, n.d.
- 58. "L.S.D.: Hollywoods' Status Symbol Drug" –Bob Gaines -n.d.
- 59. Leary, Timothy -Writings -1963
- 60. Narcotics Legislation -Collected Writings -1965, 1967, 1979, 1981
- 61. "Proposal for a Study of Self-Understanding..." Willis W. Harman- 1962?
- 62. Psychedelic Substances: Personality, Perception Collected writings, -1955, 1956, 1963
- 63. "A Sunday with Mescaline" -Philip Smith -<u>Bulletin</u> of the Menninger Clinic (23, 1) 1959
- 64. Therapeutic Use of L.S.D. Collected Writings 1961-63,1966,1971, n.d.

#### Psychotronics Research

Box 4 65. "The New Mental Battlefield" -John Alexander -

- from: Military Review(60, December) -1980
- 66. "Optimizing Human Resources" -R. Ochshorn- 1976
- 67. "Toward a Psychotronic Paradigm" -Roger Snyder n.d.
- 68. Zelman, Robert -Collected writings -n.d.

#### Students' Theses

- 69. "Maternal Child-Rearing Practices and Social Problem-Solving..." -Kelly Frederickson 1986
- 70. "Nature and Implications of Out-of-Body Experiences" -Paul Coderre -1983
- 71. "Nature and Implications of Out-Of-Body Experiences" -Paul Coderre –1983
- 72. "Social Facilitation of Group Game Performance" Alexander Catley -Drafts -1975-77
- 73. "Some Jungian Personality Correlates..." -Robert Stek- 1978

## Miscellaneous Topics

- 74. "Forecast for the 80' s" -New Age -1979?
- 75. "List of Organizations and Individuals Involved in...upper Aspects of Human Functioning Phillip Warren -n.d.
- 76. "Meditation as Education for Mind-Abilities" Brian Carpendale –1974
- "The only Way to Write a Modern Poem About a Nightingale" -A. Huxley -from: <u>Harper's</u> <u>Magazine</u> –1963
- 78. "Playboy Interview: Elisabeth Kubler" -from: Playboy (May) 1981
- 79. "Quantum Mechanics and Human Consciousness" Imants Baruss -n.d.
- 80. "A Report on the Change In Direction of the Humanistic Psychology Institution" -T. Hanna -1976
- 81. Review -<u>Aldous Huxley: A Biography</u> -Sybille Bedford -D. Trilling -from: <u>New York T1mes</u> 1974
- 82. Roll, W.G. -Writing/transcript of talk/paper presented

- by W.G. Roll at the conference on Altered States of Consciousness organized by the Northern Institute for Psychotronic Research at Fort Qu'Appelle, SK October 1963.
- 83. "Scientific Study of 'Inner Experience" -A. M. El-Meligi and J. Surkis -from: Journal of Orthomolecular Psychiatry -(6,3) –1977
- 84. "Thirty-One Hours: The Grindstone Experiment" -T.
  Olson and G. Christiansen -Canadian Friends
  Service Committee –1966
- Box 5 85. "Unbiasing the Brain: The Effects of Meditation..." -J. Meissner and M. Pirot -n.d.
  - 86. "Why the Humanities Are More Important than Ever" K. Louis -n.d.
  - 87. Others Writings -1963, 1970, n.d.

# PROFESSIONAL MATERIALS

- 88. Conference on Psychotronic Research –First International -Prague –1973
- 89. Conference on Psychotronic Research -Second International -Monte Carlo -1975
- 90. Conference on Psychotronic Research -Third International -Sao Paulo –1977
- 91. Conference on Psychotronic Research -Fourth International -Tokyo –1978
- 92. L.S.D. Information/notes/summaries/reports (1956-68) and from conference on Parapsychology and Psychedelics, sponsored by the Parapsychology Foundation, November 15-16, 1958, New York, NY.
- 93. Psychology 235 Handbook -Revisions for Czechoslovakia Presentation -1972?
- 94. Sabbatical Leave Report -1981