Title of abstract: Engaging in person-centred mental health nursing care in Newfoundland and Labrador: A mixed-methods study

Name: Chantille Isler

Academic institution affiliation: PhD student at Memorial University of Newfoundland, Faculty of Nursing.

Stage in doctoral program: Student

Abstract: Person-centred care (PCC) is an approach to nursing that places the person, in their context, above the disease and at the centre of healthcare. Operationalizing PCC has been challenging in many mental health settings. Common barriers include traditional practices and structure, professional attitudes, and time constraints. Although person-centred moments exist, when studied, true person-centred cultures have not been realized. The state of person-centred mental health nursing care has not been explored in Newfoundland and Labrador. The purpose of this study is to examine person-centred mental health nursing care from the perspectives of clients and registered nurses in the province. It is the first stage of a developing program of intervention research designed to increase registered nurse clinical leadership in the delivery of person-centred mental health care. The study has a concurrent mixed-methods design. The quantitative component is a descriptive cross-sectional, predictive design and the qualitative component is a descriptive phenomenological investigation. Nurses from across the province, working in any mental health care setting, will be invited to participate in the quantitative part of the study. They will be asked to complete a questionnaire that assesses staff attributes, the care environment, and person-centred processes. In addition, four mental health inpatient settings will be invited to participate in a second quantitative data collection process. Participant observation will be conducted to measure person-centred care behaviours in interactions between clients and registered nurses. Mental health clients across the province will be invited to take part in the qualitative component of the study. Individual interviews will be conducted virtually to collect their experiences of receiving person-centred mental health nursing care. Quantitative and qualitative data will be analyzed concurrently. A deeper understanding of person-centred mental health nursing care will allow for more targeted and effective intervention studies in future.