CANADIAN DOCTORAL WORKSHOP

Title of abstract: Factors influencing the Quality of work life (QWL) of nurse educators teaching at South African universities

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Stage in doctoral program: Completed, dissemination of findings

ABSTRACT

FACTORS INFLUENCING THE QUALITY OF WORK LIFE OF NURSE EDUCATORS TEACHING AT SOUTH AFRICAN UNIVERSITIES

What are the influencing factors to a QWL of nurse educators, and what can be done to address them?

Chapter 1:Explains the rationale for the study and the format of the chapters.

Chapter 2:Provides the literature review with a definition of QWL and history of QWL studies, the domains of individual (personality, mental health, physical health), home (family and friends, leisure pursuits, social, cultural and economic factors) and work (people at work, work processes and culture), QWL in companies, in universities (globally, African, SA). The SA health sector and nursing fault lines and changes in higher education are also discussed.

Chapter 3:Explains the rationale for the sequential explanatory partially mixed methods design with equal quantitative and qualitative status regarding weight. The questionnaire of the quantitative electronic survey, the interview guide and ethical consideration are presented.

Chapter 4:Quantitative data analysis are presented in the format of demographics, close and open-ended answers on questions about factors influencing QWL, scores from the work-related quality of life (WRQoL) scale, and a regression analysis to help predict the factors indicative of a QWL. SPSS v24 and 25 were used for the analysis

Chapter 5:Included a discussion and presentation of the quantitative findings in the three domains obtained from the regression analysis.

Chapter 6: Qualitative thematic analysis and the use of Atlas ti software produced five themes and 18 subthemes.

Chapter 7: Presentation of a conceptual model through mixing, integration and drawing of meta-inferences from explained macro, meso and micro factors contributing to a QWL.

Chapter 8:Development and validation of 14 guidelines to address the factors to improve the quality of output of nurse educators with a positive downstream effect on nursing students.