ABSTRACT

CARDIOVASCULAR RISK IN CLIMATERIC WOMEN: ELABORATION AND VALIDATION OF A PREDICTOR INSTRUMENT

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The climacteric period is marked by psychological, bone, social and hormonal changes that increase the risk of heart disease. Therefore, this research investigates: can the prediction of cardiovascular risk in climacteric women be measured by an instrument that measures this phenomenon? A methodological study based on Psychometrics is being carried out. The thesis is a reference in introduction, objectives, integrative literature review that does not prove other similar studies, theoretical reference that supports all the concepts used in the study. The reference used is the Theory of Risk in the context of cardiovascular risk, which takes care of multidimensional factors and phenomena that enable a prediction of cardiovascular risk. Currently, the developed instrument was sent to specialists in the area of women's health and a card, who will evaluate the construction, concepts and concepts used. In parallel, it is being carried out to obtain information on how a group and its focal association the period with the risk of climacteric to obtain the factors of cardiovascular diseases. Upon completion of data collection, the instrument will be applied to a sample of 1098 women to reliably assess their data.

Keywords: Climacteric. Women. Cardiovascular risk.