

Canadian Doctoral Nursing Network Conference 2022

Abstract Title: Exploring Expressions of Resilience in Undergraduate Nursing Students from BIPOC Communities

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Abstract:

The experiences of underrepresented nursing students of colour that create academic disparities have themes related to identity of race/ethnicity, cultural difference and expectations, socioeconomic challenges, and presence/absence of social support networks. Resilience research in nursing education optimizes nursing education to promote well being, program retention and academic success of nursing students. Resilience is culturally and contextually bound and more research that considers the interplay between the individual and the wider environment is needed. There is a gap in research literature that examines resilience in undergraduate nursing students who come from Black, Indigenous or Person of Colour (BIPOC) communities through the lenses of intersectionality and appreciative inquiry. Intersectionality and appreciative inquiry have the potential to illuminate multilevel influences on resilience from a strengths-based perspective. A qualitative arts-based design will be used to creatively engage students, online and in person to discuss subject matter and create a medium for voices of BIPOC nursing students to share their unique perspectives regarding resilience, a phenomenon not previously captured. Adding to resilience research through an exploration of the experiences of undergraduate nursing students who identify as BIPOC has the potential to identify student supports within individual students, nursing programs and across campuses that can mitigate stress, mental health, and other external stressors, increase retention and program completion rates, and foster resilience practices that follow students into their professional careers. Further, the nursing profession in Canada is experiencing shortages in all practice areas (clinical, education and administration); the additional benefit is to contribute to a healthy sustainable nursing workforce representative of the diversity of the public served by nurses.