

**Register Online:** [www.uregina.ca/recservices](http://www.uregina.ca/recservices)

**Login Instructions:**

- Visit [www.uregina.ca/recservices](http://www.uregina.ca/recservices) and click the **“Register Online”** button


**If you do not have an account:**

1. Choose the blue **“Create New Account”** button  
Please note the legal parent/guardian account must be set up first. Additional family members may be added to your account after the parent/guardian account is set up.
2. Enter your personal information. A red star denotes fields that must be entered.
3. After your account is set up, choose the blue **“Create Account and Add Family Member”** button to add additional family members or **“Create Account”** if you are finished.

**If you have already created an account and your email address is found:**

1. If your email address is found in the system, a temporary account password will be emailed to the email address provided.
2. Retrieve the temporary password sent and enter your email address and temporary password in the login screen.
3. Choose the green **“Login”** button.
4. You will be prompted to change your password.
  - a. Enter the temporary password you received in the **“Current Password”** field.
  - b. Enter the **“New Password”**. The password must be 8 characters made up of numbers and letters.
  - c. Confirm your **“New Password”**.
  - d. Choose the green **“Save Button”**.
5. Change any account information as required.

**Searching for a Program:**

1. If you know the course number(s), enter the number in text box and choose the green  button. Alternately, you may search by dates, location, age range, activity category, or by clicking the **“when”**, **“where”**, **“who”**, and **“Activities”** button.
2. For more information on a program, click the blue color program name.

If you have any questions or require assistance setting up your account, please contact the Kinesiology Client Services office at 306-585-4371 or email [khs.cs@uregina.ca](mailto:khs.cs@uregina.ca).