

PRE-MEDICINE

The undergraduate medical education program is a four-year program leading to the Medical Doctor (MD) degree. After earning the MD degree, you are eligible to apply for postgraduate training in the discipline of your choice. The University of Saskatchewan offers the only Medical Doctor degree in Saskatchewan. The program is fully accredited by the Committee on Accreditation of Canadian Medical Schools (CACMS) and the Liaison Committee on Medical Education (LCME), which are the accrediting bodies for all North America medical schools. Students are not limited to applying only to USask and thus are encouraged to research other MD program requirements, in addition to working closely with their academic advising team. Students seeking to pursue a Medical Doctor degree can complete a pre-requisite undergraduate degree at the University of Regina prior to applying to medical school.



CHOOSE YOUR PASSION

Students are encouraged to select an undergraduate degree program that falls within their personal interests!



CHECK ADMISSION REQUIREMENTS

Be sure to research the admission requirements for U of R undergraduate programs at urconnected.uregina.ca!

CHOOSING THE RIGHT PREP DEGREE FOR MEDICINE

As a Pre-Med student, choosing a major is an important first step. University of Regina Pre-Med students have the freedom to choose a major from any subject area. While there is no preferred “Pre-Med” degree, there are certain majors that may help students better prepare for the MCAT exam. Pre-Med students need a solid foundation in biology, organic chemistry, biochemistry, general chemistry, physics, psychology, sociology, and critical analysis and reasoning skills. However, this doesn’t mean students need to select a degree in one of those majors. Choosing a non-science, pre-med major may be a better choice for some students who have diverse interests, including fine arts and humanities.

MEDICINE ACADEMIC REQUIREMENTS - FOR USASK COLLEGE OF MEDICINE

1. Four-year baccalaureate degree completed by April 30 and awarded prior to entry into medicine. To apply, you need to have completed, or be in the last year, of a four year degree program. There is no required subject area for the degree.
2. Saskatchewan residents must have attained a UGPA of at least 75%. The UGPA calculation will be based on the evaluation of grades reported on official transcripts from all accredited degree-granting post-secondary institutions attended, regardless of whether or not transfer credits were awarded, and regardless of the time of year a course was taken. You are not required to carry a full courseload as long as you meet the stated time requirements of 5 calendar years.

MEDICAL COLLEGE ADMISSION TEST (MCAT)

All applicants are required to take the Medical College Admission Test (MCAT) administered by the Association of American Medical Colleges.

- The MCAT must have been written prior to the application deadline.
- For each application cycle, the Admissions Committee will review all of the MCAT scores and set the minimum overall MCAT score, and MCAT section scores, for the current cycle.
- In the last admissions cycle for entrance in 2020, the Committee removed applicants from further consideration for an interview offer if their total MCAT score was less than 492.
- Only the most recent MCAT writing will be considered.

DID YOU KNOW?

The University of Saskatchewan reserves 95 out of 100 seats for **SASKATCHEWAN** students. This means that U of R students have an **equal chance** of being admitted to the College of Medicine. Additionally, 10 out of those 95 seats are available for qualified, self-identified First Nations, Métis, and Inuit students through their Indigenous Admissions Program.

MCAT PREP

These courses will assist students in preparing for the MCAT exam:

- biology
- organic chemistry
- biochemistry
- general chemistry
- physics,
- psychology,
- sociology, and
- critical analysis and reasoning skills.

CASPer TEST

CASPer is an online situational judgement test used by the College of Medicine to assist in the assessment of applicants for non-academic attributes or people skills. The CASPer test is comprised on 12 sections of video and written scenarios.

MULTIPLE MINI INTERVIEW (MMI)

Once students successfully complete the academic requirements, achieve a qualifying MCAT score, and take the CASper test, the admissions team at the College of Medicine will invite those that qualify to the Multiple Mini Interview (MMI). The multiple mini interview (MMI) is a series of short structured interviews used to assess the personal traits that we are looking for in our applicants to the MD program. Each mini interview provides an applicant with two minutes to read a question/scenario and mentally prepare before entering the interview room. Upon entering, the applicant has eight minutes of dialogue with one assessor (or, in some cases, a third party as the assessor observes). At the conclusion of the interview, the applicant moves to the next scenario and the assessor completes the evaluation form. This pattern is repeated through a circuit of multiple stations, with the typical MMI taking approximately 90-120 minutes, depending on the number of stations included. Ethics courses, volunteering in the community, and developing an understanding of individual personal values can help prepare students for the MMI.

APPLICATION & ADMISSION STATISTICS

The Admissions Committee uses the following criteria in determining an applicant's academic and personal qualifications for admission. Due to the large number of qualified applicants, most applicants who are offered admission have averages over 80%. This data is collected from the USask 2020 College of Medicine Admissions Statistics Report.

Academic Requirements:

- Graduation from Undergraduate 4-Year Degree with a Minimum UAA of 75%
- MCAT Scores

Non-Academic Requirements:

- CASPer
- Multiple Mini Interview (MMI)
- Criminal Record Check

Admission Stats for 2020 Intake:

- Min Average for SK: 75%
- Min Average for Non-SK: 85%
- Median Overall Average: 88.81%

Note: Only 2 people were accepted into the College of Medicine with between 78.8-79.9%. No lower averages were accepted for 2020.

Note: These admission requirements are based solely on the USask's College of Medicine requirements, and are subject to change.

ADVANTAGES OF COMPLETEING AN UNDERGRADUATE DEGREE AT THE UNIVERSITY OF REGINA

1 FREEDOM TO CHOOSE THE RIGHT MAJOR

Choosing the right major is a process that may take some time. In year one at the U of R, students can take the time they need to find the right fit. Many U of R degrees have a flexible structure, allowing courses from different fields to be used as electives when a major is declared.

To be considered for admission to USask College of Medicine, students must have completed a four year baccalaureate degree in any subject area.

2 ELECTIVE COURSES TO PREPARE FOR THE MCAT EXAM

Applicants are required to have completed the Medical College Admissions Test (MCAT). It is recommended that in preparation for the writing of the MCAT, student complete introductory level courses in the following subjects: Biochemistry, Biology, Chemistry, English, Philosophy, Physics, Psychology, Sociology, and Statistics. These courses can be taken as electives in any degree program.

This means you could major in Music and take Biochemistry courses to prepare for the MCAT!

3 STRENGTHEN YOUR PERSONALITY WITH URG AND OUR SSC

Once it has been determined that an applicant has met the degree and MCAT requirements, selections are made for an invitation to attend the Multiple Mini Interview (MMI) held in March each year. Personal attributes, such as communication skills and maturity will be assessed at the MMI.

At the U of R, enroll in the UR Guarantee Program to become an achievement-focused student who sets difficult goals. Sharpen your organizational skills and sense of responsibility by becoming an ambassador or through our Student Success Workshops. Study Abroad and develop your calmness, confidence, and cultural knowledge. These personal traits can be key indicators of successful doctors. The U of R can help you strengthen yourself in areas you may need improvement in.

JOIN THE U OF R PRE-MED CLUB

Each year, the U of R Pre-Med Club teams up with the USask College of Medicine to offer students the opportunity to sit in on a medical school lecture, practice for mock MMI's, and participate in other events such as information sessions hosted by USask medical students. They also work with USask Medical students to offer a mentorship program. Our club also offers MCAT and MMI prep books, teams up with an MCAT prep company to host mock MCAT exams, and hosts social events to give students an opportunity to meet other pre-med students at the U of R.

The road to becoming a medical professional is long and there are different challenges along the way, but through the Pre-Med club, students are able to be part of a community that will make this journey one of support and solidarity. Our close connection to the USask Medicine Students also provides an additional community for students to join and learn from.

PATHWAYS TO OTHER PROGRAMS

Medical school is one of many professional programs in the health field. Dream big – but if plans change, realize there are many other programs in the health field that students can work towards at the U of R.

- Chiropractic Medicine (Canadian Memorial Chiropractic College)
- Dentistry (University of Saskatchewan)
- Nutrition & Pharmacy (University of Saskatchewan)
- Occupational Therapy (University of Alberta)
- Optometry (University of Waterloo)
- Physical Therapy (University of Saskatchewan)
- Veterinary Medicine (University of Saskatchewan)

Our advising teams on campus are well versed on all other pathway options and how classes can potentially interconnect. If you are deciding between two or more options, talk with an advisor! They can help you formulate a plan that considered all your options, strengths, and interests into a manageable goal.

PRE-PROFESSIONAL LIVING-LEARNING COMMUNITY

Pre-Professional students can live in an intentionally designed professional community, take required classes together, and receive additional support and programming from our collaborative team! This LLC is designed specifically to support students pursuing professional programs. By being surrounded by other students who have similar goals, values, and stresses, you are joining a community that is join by solidarity and comradery. These traits are what allow you create life-long friends! For more information, check out the [Pre-Prof LLC website](#).

PARENTS, DID YOU KNOW?

From Regina and area? Staying at home provides students with additional family supports and allows them to focus on their courses and grades, without the addition of the financial stress that moving to a new city can bring. This helps students achieve top marks, which are required to be admitted into medical school.

APPLICATION AND ENROLMENT SUPPORT

Struggling to decide which faculty to choose? Contemplating paths to various pre-professional programs? Unsure about transitioning from high school to university? Potentially moving away from home?

All students have the opportunity to discuss programs and career goals with an Enrolment Counsellor! We pride ourselves on the quality and friendly service that we provide our prospective students. We were students once too; and therefore understand the student experience and barriers.

Appointments can be booked online at: www.urconnected.uregina.ca. We also host a variety of events and information sessions throughout the year! So whether you are a Grade 10 or 11 students just investigating your options, or a Grade 12 student ready to make a decision - we are here to help! Be sure to keep an eye on our events page on our website for upcoming opportunities.

**WANT TO KNOW MORE?
CONTACT US!**



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