



University
of Regina

2025-2026

ANNUAL REPORT

Office of Sexual Violence
Prevention & Response

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EXECUTIVE SUMMARY

The Sexual Violence Prevention and Response (SVPR) Office has continued to serve as a consistent support for the University community over the past year, providing responsive services, education, and advocacy. Through both established practices and new initiatives, the office has strengthened its visibility, accessibility, and impact across campus.

Increasing accessibility to support and services was a key priority for the SVPR Office this year. In support of this goal, the office introduced bi-weekly drop-in hours at the ta-tawâw Student Centre. This initiative enhanced accessibility by creating a welcoming, low-barrier space for students to seek information, support, and resources in a familiar and student-centered environment. The presence in this space contributed to increased awareness of SVPR services and fostered stronger connections within the campus community.

The SVPR Office also supported two full-time Social Work practicum students over the year, while providing additional consultation and mentorship to other students interested in the field. The inclusion of practicum students expanded the office's capacity to deliver programming and outreach, while also bringing forward innovative ideas and perspectives. Integrating student voices has strengthened the office's work by grounding it in the lived realities of students and enhancing its responsiveness to emerging needs.

In December 2025, the University of Regina's Sexual Violence and Misconduct Policy was revised and approved by the Board of Governors. The updated policy reflects several key enhancements, including a strengthened stance on prohibited relationships, a clearer commitment to trauma-informed practice through the introduction of a formal definition, and the removal of a prescribed reporting timeframe to better support survivor autonomy. Additional language updates improve transparency and procedural clarity for all parties involved. These revisions represent a significant step forward in reinforcing the University's commitment to a safe, respectful, and equitable campus environment.

Throughout the year, the SVPR Office has continued to intentionally center its work in survivor-focused and trauma-informed approaches to care. While these principles were not previously explicit within policy, they have long guided the office's practices. The recent policy revisions formally embed these approaches, ensuring greater alignment between institutional commitments and the day-to-day work of supporting individuals affected by sexual violence.

DEFINITIONS

As defined in University of Regina Sexual Violence/ Misconduct Policy

Prohibited Relationships: Sexual or intimate relationships between individuals where one person is in a supervisory role or has influence over the other person's current or future academic activities, working conditions, career or academic advancement. This includes relationships between: i) faculty, or teaching staff members, or emeriti and students; ii) staff and students; iii) sport leaders or athletics staff members and student athletes; iv) supervisors and subordinates, including but not limited to students in positions of authority over other students. Excepted from this prohibition are cases in which the relationships have been previously addressed and permitted pursuant to the Conflict of Interest policy and procedures.

Sexual Assault: The intentional sexual contact or touching of another person with any object or body part without consent, or by force. It can include unwanted kissing, fondling, oral sex, anal sex, intercourse, or other forms of penetration, or any other unwanted act of a sexual nature.

Sexual Harassment: Conduct, comment, display, action or gesture of a sexual nature that the person knows or ought reasonably to know is unwelcome.

Sexual Violence/Misconduct: Any sexual act or act targeting a person's sexuality, gender identity or gender expression, whether the act is physical or psychological in nature that is committed, threatened or attempted against a person without the person's consent. It includes but is not limited to sexual assault; sexual harassment; stalking; indecent or sexualized exposure; public masturbation; voyeurism; online or technology-facilitated sexual violence/harassment; and knowingly publishing, distributing, transmitting, selling, making available or advertising (collectively, "distribution") an intimate image of a person, through electronic or hardcopy means, without their consent.

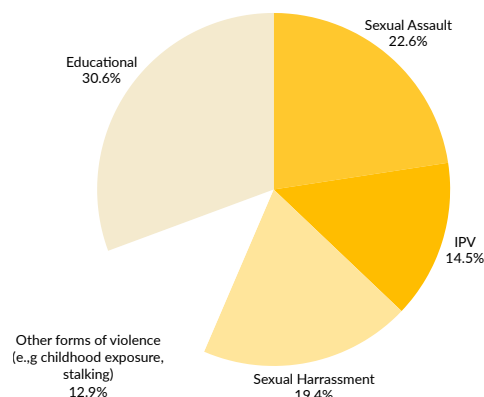
Trauma-Informed: An approach that recognizes the impact of trauma on individuals and communities. It promotes safety, trust, choice, collaboration, empowerment, and cultural sensitivity to create services that are accessible, respectful, and supportive. The goal is not to treat trauma directly, but to reduce barriers, prevent re-traumatization, and support healing by fostering safety, self-determination, and empowerment.

NATURE OF SUPPORT

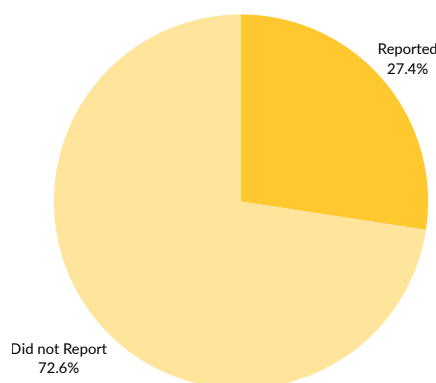
Including but not limited to.

- Psycho-education (e.g., trauma)
- Support with reporting - to the University and to Police
- Attending court with survivors
- Advocacy for academic accommodations
- Emotional support
- System navigation for support on and off campus
- Providing education and guidance to accused individuals
- Providing information regarding reporting/investigation process (University and criminal)

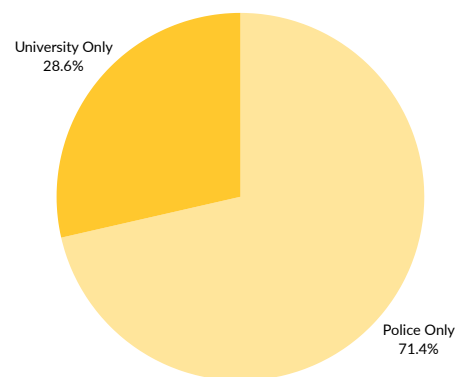
RESPONSE



Reason for Accessing Support



Reporting VS. Not Reporting



Breakdown of Reporting

62

Individuals utilized support through the SVPR Office

Individuals accessed support through the Sexual Violence Prevention & Response Office this year for reasons ranging from experiencing sexual violence themselves to seeking educational guidance. Of the individuals who identified as having experienced sexual violence (n= 43), 10 reported to police and 4 reported to the University of Regina. The remaining individuals accessed SVPR services for support without making a report, either because they chose to disclose only, their experience did not meet reporting thresholds, or the accused individual was not a part of the campus community; therefor not meeting University jurisdiction to investigate.

Compared to the previous year, these statistics remain largely stable. While there is a slight increase in the proportion of individuals choosing not to report (to the University, police, or both) from last year, this aligns with trends observed in prior years. The number of individuals accessing support remains generally consistent with last year.

Of the cases that were reported to the University (n=4), one (1) was formally investigated and three (3) were resolved through an alternative resolution.

PREVENTION

This year, the office saw great interest in training opportunities, specifically Step In Step Up (introductory), among staff and faculty. This was done by directly targetting specific groups, such as those in leadership, which in turn trickled down to the rest of the campus community. As we approach another year of facilitating sexual violence prevention, we are focused on tailoring trainings to specific groups which allows for greater relatability among members of the campus community. Step In Step Up (both the introductory level and advanced) continues to be facilitated in partnership with the Office of Student Conduct.



Healthy Relationships, another training offered through the office has been fully adapted to an online course. Due to lack of interest for in-person trainings, the training is now fully accessible for individuals to do privately on their own time. The training is still provided in-person when requested.

The office continues to partner with groups such as the ta-tawâw Student Centre, Housing Services, and UR International to offer group specific learning opportunities (e.g., Dating in Canada, Consent training).

Rate of attendance did decrease this year compared to previous years. The decline is likely due in part to the transition to a fully online delivery model for our Healthy Relationships training. While this shift may have contributed to lower participation, it has improved accessibility for those who did complete the training.

461

**Individuals attended a
training facilitated by the
SVPR Office**

320

**of those individuals
identified as a student**

141

**of those individuals
identified as a staff**

CHALLENGES

Accommodations

The SVPR Office has historically facilitated academic accommodations for students accessing support services. This year, the office experienced an increase in both the volume and complexity of accommodation requests. In response to capacity limitations, the office shifted from directly facilitating accommodations to supporting students in navigating and securing accommodations independently. This approach not only alleviates strain on office resources but also promotes student empowerment by supporting self-advocacy.

Justice System Navigation

The SVPR Office continues to support individuals who choose to report sexual violence to the police. A key challenge observed is the significant barriers survivors face when navigating the justice system, including limited communication, delayed investigative processes, and a lack of clarity regarding case status. Many survivors report feeling uninformed and disconnected throughout the process. In response, the SVPR Office continues to build and strengthen relationships with police services and work directly with investigating officers to help address these challenges and mitigate the impact on survivors.

MOVING FORWARD

Online Resources

While the SVPR Office has made efforts to improve accessibility, it remains essential to adapt services to meet the diverse needs of individuals who may face barriers to accessing in-person support. To better ensure that information and resources reach all individuals, the SVPR Office has prioritized the expansion of online educational materials and guiding documents. Current initiatives include developing additional resources for the SVPR website and enhancing accessibility by increasing options for online appointment scheduling.

Technology-Facilitated Violence

Monitoring the nature of complaints is essential to ensuring that prevention efforts accurately reflect emerging patterns of sexual violence. One notable trend observed is the increasing use of technology as a means of perpetration. In response, the SVPR Office is committed to expanding educational opportunities and developing targeted resources to address and raise awareness of technology-facilitated sexual violence.