

2022-2023

Annual Report



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I am pleased to present you our report for the period of July 1st, 2022, to June 30th, 2023. From January 1st, 2023, I have had the opportunity to serve as an Acting Director of SWRC during the sabbatical of the SWRC Director, Dr. Kara Fletcher. Hannah Nguyen, our Research Administrator, continued to enthusiastically support all our SWRC-related activities.

We are excited to share with you the many positive developments that have occurred during this time. We, as a Faculty-based research centre, have had an incredibly successful year. Our researchers actively engaged in research, publishing, and community outreach and partnered with the media to raise awareness about important issues and made the research accessible to all.

Our Research Associates have accomplished a great deal during this period; they secured funding for various research projects, including an endowed Research Chair position affiliated with the Child Trauma Research Centre (2022-2025) and multiple Tri-Council, provincial, and internal grants and research contracts. They received funding for research on topics like rural health, harm reduction, support for people aging with HIV and cognitive concerns, international students' experiences with orientation and settlement, islamophobia, and enhancing teaching quality through mentorship for instructors, among others. Our Research Associates also partnered with researchers from other universities to contribute to topics like girls' and women's health, homelessness, harm reduction, land-based learning, and equity-based data and learning for post-COVID-19 recovery in Saskatchewan. We were pleased that three of our Research Associates received the Queen Elizabeth II Platinum Jubilee Medal for 2022 and 2023.

We believe engagement with communities and non-funded research and knowledge mobilization activities are equally important. That is why we organized Lunch & Learn Research talks, which we shared with the academics, students, and the community. Going forward, we will continue supporting our Research Associates and connect with the community and beyond. We look forward to what the future holds and cannot wait to see what our Research Associates will achieve next.

Gabriela Novotna, PhD Acting Director

Meet Our Team

Acting Director

Research Administrator

Dr. Gabriela Novotna

Hannah Nguyen

Research Associates

Dr. Lise Milne

Dr. Raven Sinclair

Dr. Randy Johner

Dr. Fritz Pino

Dr. Nuelle Novik

Dr. Bonnie Jeffery

Dr. Cathy Rocke

Dr. Andrew Eaton

Dr. Jacqueline Fields

Dr. Darlene Chalmers

Dr. Amanda Gebhard

Dr. Takhmina Shokirova

Dr. Kara Fletcher

Dr. Miguel Sanchez

Dr. Michele Sorensen

Dr. Doug Durst

Dr. Festus Moasun

Erin Beckwell, MSW, RSW

| 2022-23 | Review

SWRC Seed Grants

- Launched in Fall 2023
- 5 Funded Projects

Awards & Distinctions

4 Awards

Newly Funded Projects

- 7 Projects with SWRC PIs
- 1 Research Chair
- \$901,295 New Research Dollars
- 8 Projects with SWRC Co-Is
- 21 Peer-reviewed Articles
- 13 Books/Book Chapters
- 25 Conference Posters/Presentations*
- 7 Other Publications
- 10 Media Engagements

Publications

Lunch & Learn Events

4 Events

SWRC Seed Grants

Launched in the Fall of 2022, the SWRC Seed Grant initiative aimed to provide financial support for internal researchers to explore their research ideas. Applications were peer-reviewed by external reviewers. Each successful project received \$5,000.

In its first round, SWRC received a total of five applications. All five projects received positive feedback from an independent reviewer. The projects cover various topics, reflecting the diversity of the research environment of SWRC.

The program has received positive responses from SWRC internal research associates for its purposes and facilitation.

Dr. Andrew Eaton - Project Title: Civilian and Co-response Crisis Mental Health Programs: Scoping Review and Partnership Formation

Dr. Festus Moasun - Project Title: Exploring the Role of the Church in the Settlement and Psychosocial Well-being of Newcomers to Saskatoon Amid COVID-19

Dr. Fritz Pino - Project Title: Transfeminism as Resistance: A Critical Genealogy to Highlight Trans Women of Colour

Dr. Miguel Sanchez - Project Title: The Experiences of Immigrants in Chile

Dr. Takhmina Shokirova - Project Title: Violence and Healing: The Effect of Islamophobia, Hate Crimes, and Hate Incidents on the Muslim University Student Community in SK

Awards & Distinctions

Taylor Kon

FGSR Undergraduate Research Award

Supervisor: Dr. Andrew Eaton

Amount: \$11,349.98

Dr. Darlene Chalmers

Queen Elizabeth II Platinum Jubilee Medal (Saskatchewan) 2023



Dr. Kara Fletcher

Queen Elizabeth II Platinum Jubilee Medal (Saskatchewan) 2023



Dr. Miguel Sanchez

Queen Elizabeth II Platinum Jubilee Medal (Saskatchewan) 2022





Description: Cognitive impairment may be the most prevalent age-related comorbidity for people aging with HIV, who experience accentuated or accelerated aging, causing risk for gerontological disabilities in their 50s and 60s. Peer-led focus groups discussed adapting cognitive remediation group therapy (CRGT) as a hybrid or online intervention. CRGT combined mindfulness-based stress reduction and brain training activities. Purposive sampling recruited people aging with HIV (40+) who self-identified cognitive concerns and resided in Ontario and Saskatchewan. Content. analysis was employed on transcripts by 7 independent coders. Ten, two-hour focus groups were conducted between August and November 2022. Participants' (n=45) demographics included age (M=53.22, SD=7.62), gender (45% women, 42% men, 13% trans/non-binary), sexuality (42% gay, 40% heterosexual, 18% other), ethnicity (45% white, 33% black, 13%Indigenous, 9% mixed-race), and employment (33% employed, 67% retired/disability), and all were retained in care. Overall, participants responded favourably to CRGT's modalities and preferred a hybrid model blending in-person and online interactions. Preferred intervention facilitators were peers and mental health professionals. Knowledge of HIV's impacts on cognitive health, including HIV-associated neurocognitive disorder, was very low despite high reports of cognitive concerns (e.g., trouble remembering, impaired attention, difficulty problem-solving).

Dr. Andrew Eaton (PI)

Adapting Cognitive
Remediation Group Therapy
as an Online or Hybrid
Intervention for People Aging
with HIV and Cognitive
Concerns

Funder: Canadian Institutes of Health Research (CIHR)

Program: Planning &

Dissemination Grant

Other SWRC contributors:

Dr. Nuelle Novik

Duration: 2022-2023

Amount: \$20,000



Description: Our community-based research team has been conducting CIHR-funded research regarding group therapies for HIV, aging, and cognition for almost ten years. This hybrid café scientifique will convene people aging with HIV and cognitive health concerns, community-based and clinical service providers, policymakers, and researchers. With in-person meeting space in Regina, SK, and Toronto, ON, alongside virtual attendance options, the meeting will be an opportunity for diverse panellists and participants to share knowledge regarding psychosocial management strategies for cognitive health while aging with HIV. Presentations will address: a) cognitive remediation group therapy (CRGT), a promising form of psychosocial support, and its plan for hybrid implementation in ON and SK; b) diagnostic issues associated with HIV-Associated Neurocognitive Disorder (HAND) and screening options; and c) preferences and uncertainties of Canadians aging with HIV. Bolstered by diverse peer-facilitated breakout group discussions and multiple language interpretations, this meeting will provide an opportunity for community-centered knowledge mobilization and enhance collective capacity to address cognitive health challenges amongst people aging with HIV.

Dr. Andrew Eaton (PI)

Community Connectedness for HIV and Brain Health: A Hybrid Café to Share Knowledge on HIV, Aging, and Cognition

Funder: Canadian Institutes of Health Research (CIHR) Program: Café Scientifique Other SWRC contributors:

Dr. Nuelle Novik

Duration: 2022-2023

Amount: \$6,000

Description: Heterosexuallyidentified men who have sex with men (H-MSM) may comprise ~8% of North America's sexually active cisgender adult male population. H-MSM may experience greater guilt and shame, have poorer relationship communication, and be at higher risk for HIV and STBBI transmission than both their gay and bisexual peers, and their concordant heterosexual peers. This multi-phase study consists of a scoping review, followed by phenomenological interviews with H-MSM in Ontario and Saskatchewan, followed by an online survey of H-MSM in Canada and the United States. The focus is on developing interventions (psychosocial supports and resources) relevant to the context of men experiencing sexual identity-behaviour discordance.

SSHRC = CRSH



Identity Development,
Attraction, and Behaviour of
Heterosexually-identified
Men Who have Sex with Men
(H-MSM).

Funder: Social Sciences and Humanities Research Coucil (SSHRC)

Program: Insight Grant **Duration:** 2022-2025

Amount: \$294,305

Description: Dr. Andrew Eaton and a team from AIDS Programs South Saskatchewan (APSS) are taking a unique approach to effectively targeting harm reduction strategies for people living with addictions.

hot-spots' for discarded needle incidences in Regina, then use this data to inform localized Naloxone training and harm reduction support groups. Their project will combine the efforts of knowledge-users, researchers, and those with lived experience, and conclude with an evaluation of the feasibility and benefit of this approach in reducing addictions-related harm.





Dr. Andrew Eaton (PI)

Geographic Information System
Real-time Mapping of Community
Needles Data to Target Harm
Reduction Interventions in
Regina, Saskatchewan: A
Community-Based, MixedMethods Study

Funder: Saskatchewan Health Research Foundation (SHRF)

Program: Impact Grant

Other SWRC contributors:

Dr. Gabriela Novotna & Erin

Beckwell, MSW, RSW

Duration: 2023-2025

Amount: \$150,000

Description: This project will set to uncover the necessary conditions to successfully implement an evidence-informed prevention program in Saskatchewan - Supporting the Transition and Engagement in Parenthood (STEP) for expectant parents with histories of childhood

trauma.





Dr.Lise Milne (PI)

Exploring the Optimal Conditions for Implementing a Trauma-focused Prenatal Group Program in Saskatchewan: Interrupting the Intergenerational Cycle of Trauma.

Funder: Saskatchewan

Health Research Foundation

(SHRF)

Program: Establishment

Grant

Duration: 2022-2025

Amount: \$120,000

Description: This project aims to explore the experiences of international students with orientation and settlement in post-secondary institutions in Saskatchewan. The goal is twofold: 1) to understand the experiences of international students with university/college-designed orientation to academic and local culture in Saskatchewan, and 2) to explore students' broader settlement experiences and needs in Saskatchewan.



Dr. Takhmina Shokirova (PI)

International Students and their Lived Experiences with Orientation and Settlement in Saskatchewan

Funder: University of Regina

Program: SSHRC Explore

Grant

Duration: 2022-2023

Amount: \$5,990

Description: This research project is an exploration of mentorship and its potential benefits for Sessional Instructors' teaching and student learning in the Faculty of Social Work at the University of Regina. The overarching goal is to discover what connections there may be between mentorship and teaching, and how Sessional Instructors' teaching may be influenced once mentorship is provided. Summarily, findings will indicate if, and to what extent, mentorship benefits teaching and learning, and the potential for establishing a formal mentorship program for Sessional Instructors in the Faculty of Social Work.





Mentorship as a Strategic
Tool for Enhancing Teaching
and Student Learning

Funder: University of Regina - Centre for Teaching &

Learning

Program: President's Teaching

Scholars Program

Duration: 2022-2024

Amount: \$5,000

Inaugural Research Chair

Description: In 2022, Dr. Lise Milne joined the Child Trauma Research Centre as an Inaugural Research Chair in Intervention and Prevention Approaches Supporting Child and Youth Health and Well-Being. The position will support children and youth through healthy and healing-oriented prevention and intervention initiatives in the province of Saskatchewan through community-based partnerships with cross-sectoral implications.



Dr. Lise Milne Research Chair

In
Intervention and
Prevention Approaches
Supporting Child and
Youth Health and WellBeing

Organization: University of Regina Child Trauma

Research Centre (CTRC)

Sponsor: Anonymous

Donation

Duration: 2022-2025

Amount: \$300,000

Project Title: PANACHE: Preferences and Needs for Aging

Care among HIV-positive Elderly People in Canada

Grant: CIHR - Operating Grant - HIV/AIDS Community-

Based Research (CBR) Program

SWRC Researcher: Dr. Andrew Eaton (Co-PI)

PI: Dr. Kate Murzin & Dr. Sharon Walmsley (UoT)

Duration: 2022-2025 **Amount**: \$11,349.98

Project Title: Partnership to Strengthen Older Racialized

Immigrants' Social Connectedness in Canada: The Impacts of

the Living Environment

Grant: SSHRC - Partnership Development Grant

SWRC Researcher: Dr. Festus Moasun (Co-PI)

PI: Dr. Vivian Puplampu (Faculty of Nursing, UoR)

Duration: 2022-2025

Amount: \$199,098

Project Title: Data and Equity Needed to Drive Post-Pandemic

Recovery in Canada: A Saskatchewan Contribution

Grant: CIHR - Operating Grant

SWRC Researchers: Dr. Gabriela Novotna, Dr. Nuelle Novik, and

Dr. Bonnie Jeffery (Co-Is)

PI: Dr. Erika Dyck & Dr. Nazeem Muhajarine (SPHERU)

Duration: 2022-2024

Amount: \$389,591

Project Title: Building Connections, Exploring Possibilities, and Reducing Harm for Staff and Persons with Substance

Use Disorders within the Lighthouse Facilities

Grant: SHRF - Innovations Grant

SWRC Researcher: Dr. Gabriela Novotna (Co-I)

PI: Dr. Anthony de Padua (UoS)

Duration: 2022-2024

Amount: \$49,989

Project Title: Alliance against Violence and Adversity (AVA): Health and Social Services Research Training Platform for System and Population Transformations in Girls' and Women's Health

Grant: CIHR - Training Grant

SWRC Researcher: Dr. Lise Milne

PI: Dr. Nicole Letourneau (University of Calgary)

Duration: 2022-2028 **Amount**: \$2,390,000

Project Title: Learning with the Land

Grant: SSHRC -Partnership Development Grant **SWRC Researcher:** Dr. Michele Sorensen (Co-I)

PI: Dr. Rita Irwin (University of British Columbia)

Duration: 2022-2025

Amount: \$200,000

Project Title: The Current State of Rural Health Care in

Saskatchewan

Grant: CUPE Local 5430

SWRC Researchers: Dr. Nuelle Novik & Dr. Bonnie Jeffery

PI: Dr. Nuelle Novik (with SPHERU)

Duration: 2022-2023

Amount: \$25,300

Project Title: Enhanced Recommendation Systems Using

Machine Learning

Grant: MITACS Business Strategy Internship; Business

Lead: Refresh Enterprises, Inc. (Saskatoon)

SWRC Researcher: Dr. Nuelle Novik (Co-PI/Supervisor)

PI: Dr. A. Manashty

Duration: 2022-2023

Amount: \$150,000 (Sub-grant Allocation: \$45,000)

Adeyinka, D., **Novik, N., Novotna, G.** et al. Prevalence and factors associated with suicidal ideation, cannabis, and alcohol misuse during the COVID-19 pandemic in Saskatchewan: findings from joint-effect modeling, 27 September 2022, PREPRINT (Version 1). *Research Square*. https://doi.org/10.21203/rs.3.rs-2082420/v1

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Batholomew, C., Kwaku Essien, S., **Novik, N.**, & Ankrah, M. (2023). Long working hours, perceived work stress, and common mental health conditions among full-time Canadian working population: A national comparative study. *Journal of Affective Disorders Reports*, 12, 100508, ISSN 2666-9153. https://doi.org/10.1016/j.jadr.2023.100508

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Craig, S. L., **Eaton, A. D.**, & Leung, V. W. Y. (2023). Capturing resilience: Utilizing brief child and youth resilience measure with sexual and gender minority youth. *Social Work Research*. https://doi.org/10.1093/swr/svad004

Dell, C., Gibson, M., Carey, B., McKenzie, H., Peachey, S., Williamson, L., & **Chalmers, D**. (2022). How therapy dogs are helping to reduce needle fear at a COVID-19 vaccination clinic. *Canadian Nurse*. https://www.canadian-nurse.com/blogs/cn-content/2022/03/28/how-therapy-dogs-are-helping-to-reduce-needle-fear

Eaton, A. D., Chan Carusone, S., Murzin, K., Hui, J., McCullagh, J. W., & Walmsley, S. L. (2023). Cognitive screening considerations for psychosocial clinical trials in HIV, aging, and cognition. *Clinical trials* (London, England), 20(2), 176–180. https://doi.org/10.1177/17407745221136970

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Enns, M, **Triggs, V. & Sorensen, M**. (2022). Teaching rural intergenerational artmaking. In G. Coutts, T. Eça & S. Kim (Eds.), Learning through art: International pictures of practice: Art Education with vulnerable learners. Vol 3. (pp.410-417). *International Society for the Study of Education through the Arts (INSEA)*.

Gebhard, A., Novotna, G., Carter, H., & Oba, F. (2022). Racism plays a disappearing act: discourses of denial in one anti-discrimination campaign in higher education. *Whiteness and Education*. https://doi.org/10.1080/23793406.2022.2072760

Gibson, M., **Chalmers, D.**, & Riyu, S. (2022). "My lifeline is gone": An exploration of the experiences of veterans following the loss of their psychiatric service dog(s). *Human-Animal Interaction Bulletin*, 11(3), 54-74

Jones, C.T., **Johner, R.**, Lozhkina, A. & Walliser, R. (2021). Voice, communication technology, disability, and art: an interdisciplinary scoping review and reflection. *Disability & Society* (Published online: 10 Sep 2022). https://doi.org/10.1080/09687599.2022.2114883

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Kosteniuk, B., Dell, C. A., Cruz, M., & **Chalmers, D**. (2023). An Experiential Approach to Canine-Assisted Learning in Corrections for Prisoners Who Use Substances. *Journal of forensic nursing*. https://doi.org/10.1097/JFN.0000000000000435

McInroy, L. B., Beer, O. W. J., Scheadler, T. R., Craig, S. L., & **Eaton, A. D.** (2023). Exploring the psychological and physiological impacts of digital microaggressions and hostile online climates on LGBTQ+ youth. *Current Psychology*. https://doi.org/10.1007/s12144-023-04435-1

Muhajarine N., Adeyinka, D.A.A., Pisolkar, V., Ahmed, M.S.S., Kallio, N., Coomaran, V., McIntosh, T., **Novik, N., & Jeffery, B**. (2022). Equity analysis of repeated cross-sectional survey data on mental health outcomes in Saskatchewan, Canada during COVID-19 Pandemic. *International Journal of Environmental Research and Public Health*, 19(21), 13808. https://doi.org/10.3390/ijerph192113808

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Shokirova, T. (2022). Familial tensions: Morphing gender relations of power among Tajik migrant workers in Russia. *Affilia: Journal of Women and Social Work*. April. https://doi.org/10.1177/0886109922109645

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https://debatefeminista.cieg.unam.mx/publicacion-entre-precarizacion-de-los-derechos.php

PublicationsBooks/Book Chapters

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Chalmers, D., Dell, C., Dixon, J., & Rath, G. (2023). PAWSitive Support: A canine-assisted learning program to support prisoners in healing from substance use. In R. Csiernik, W. S. Rowe, & **G. Novotna**, (Eds.), *Responding to the oppression of addiction: Canadian social work perspectives* (4th ed.). Canadian Scholars.

Craig, S. L., McInroy, L. B., & **Eaton, A. D.** (2022). Building strengths-based and empowering continuums of care for LGBTQ+ youth. In M. P. Dentato (Ed.), *Social Work Practice with the LGBTQ+ Community* (2nd ed., pp. 515-533). Oxford University Press. https://global.oup.com/academic/product/social-work-practice-with-the-lgbtq-community-9780197573495

Jeffery, B., & Novik, N. (Eds.) (2022). *Rural and northern social work practice: Canadian perspectives.* University of Regina, Regina, SK. ISBN 978-0-7731-0784-7

PublicationsBooks/Book Chapters

Jeffery, B., Bacsu, J., Abonyi, S., Johnson, S., & Novik, N. (2022). Rural seniors. In Maggino, F. (Ed.), *Encyclopedia of quality of life and well-being research*. Springer, Dordrecht, Netherlands: Springer, pp 5618-5621. https://doi.org/10.1007/978-3-319-69909-7_3564-2

Moasun F.Y. (2023). Deconstructing disability from a Global South perspective: Examples from an interpretive phenomenological study. In Riegel, C. & Robinson, K. M. (Eds), *Health humanities in application. Sustainable development goals series*. (pp. 223-246). Palgrave Macmillan, Cham. https://doi.org/10.1007/978-3-031-08360-0_10

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PublicationsBooks/Book Chapters

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Other Publications

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McIntosh, T., McLeod, E., **Jeffery, B., Novik, N**. (2022). Social isolation of older adults in Canada: A research synthesis. *AGE-WELL National Innovation Hub, APPTA*. Fredericton, NB.

Milne, L. (2022). Report on Harmonized Definitions of Variables in The Canadian Child Welfare Information System Placement Module Protocol. *Public Health Agency of Canada*.

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Milne, L., Petrella, A. & Trocmé, N. (2023). Manitoba's Child Welfare System. Child Welfare Research Portal Information Sheet #242E. *Montreal, QC: McGill University, Centre for Research on Children and Families*. https://cwrp.ca/publications/manitobas-child-

Other Publications

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Media Engagement

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Media Engagement

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Cognitive Remediation Group Therapy for People Aging with HIV/AIDS

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Disorder
May 2023

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Dr. T. Shokirova



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