

LUNCH & LEARN

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THURSDAY
12 - 1 p.m.
MS Teams

Presentations are recorded

ASIAN HERITAGE MONTH

"Honouring Asian Canadians: Stories that Built Canada"

This theme recognizes the essential contributions Asian Canadians have made to Canada's social, cultural, and economic life across generations.

May 2026 is Asian Heritage Month - Canada.ca

MAY 21

*Community organizing and activism
for addressing anti-Asian racism*

Presenters: Patricia Quan and Dr. Sakamoto

MAY 28

*The Rise and Fall of Awareness of
Anti-Asian Racism: A Two-Year Study
of University Students' Experiences*

Presenters: Yahan Yang, Dr. Mant, and Dr. Sakamoto

Host: Dr. Kedi Zhao is an assistant professor at the Faculty of Social Work, University of Regina. His research interests include decolonization of mental health services, cross-cultural experiences, anti-Asian racism, and (im)migration.

Patricia Quan is a PhD student in the School of Social Work at York University. Her research focuses on migration, international education, and the governance of mobility, with particular attention to high school international students in Canada. Patricia is also a co-chair of Project Anchor, a Toronto-based grassroots initiative supporting high school international students through peer support, advocacy, and community-based research.

Dr. Izumi Sakamoto is an Associate Professor at the University of Toronto's Factor-Inwentash Faculty of Social Work and an Academic Fellow at the Centre for Critical Qualitative Health Research. A registered social worker in both Ontario and Japan, her research focuses on immigration, anti-oppression, anti-Asian racism, gender, empowerment, and arts-informed methods. She has led numerous community-university collaborations, including a recent study on anti-Asian racism with the Chinese Canadian National Council Toronto Chapter. As Principal Investigator of the Japanese Canadian Arts and Activism Project (JCAAP), she uses arts-based approaches to decolonize research and amplify voices and knowledge that have been historically marginalized.

Yahan Yang is a PhD student at the University of Toronto and registered social worker whose research focuses on anti-Asian racism, family communication, and resistance to systemic silencing.

Dr. Madeleine Mant is an Assistant Professor in the Department of Anthropology at the University of Toronto Mississauga. Her research program integrates bioarchaeology and medical anthropology to investigate the health experiences of people through time, with a focus upon trauma and infectious disease.



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of Regina

Faculty of
Social Work

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