peyak aski kikawinaw

Together We Are Stronger
It’s our students, faculty, researchers, staff and community members whose shared values, vision for the future, and collaborative efforts are making the University of Regina stronger.

Sweetgrass has been used by the First Nations people of the Great Plains for millennia to cleanse, heal and prepare for ceremony. Elders teach us that sweetgrass is the hair of Mother Earth and that each of the three strands of the sweetgrass represent body, spirit and mind.

Many minds, unique in perspective but united in purpose, envisioned our new strategic plan, peyak aski kikawinaw.

And now, like the braided strands of the sweetgrass, we are woven together – one body, one spirit, one mind – with one vision for our future.

*Together we are stronger.*

**What makes us stronger?**
Our commitment to student success

Teaching is the fundamental pillar of our learning community. Our students matter. We are dedicated to providing the support required to meet our diverse students’ needs. We are committed to embedding Indigenous practices, ideas and principles in all our academic pursuits. We welcome the world to our campus, celebrate student success, and aim to be accessible to all who want to learn with us.

"The most successful students are those who wake up in the morning with purpose. Successful students know they are going to make their home, community, province and nation stronger."

Cadmus Delorme
Johnson-Shoyama Graduate School of Public Policy, Graduate Student

“Meeting students’ needs is really about building relationships with them. Once we make that connection and build students’ trust, they know you are there for them. You won’t even have to ask them, they will tell you what they need to be a successful student.”

Misty Longman
Manager, Aboriginal Student Centre
Our commitment to research that has impact

We have a thirst to know the unknown. To our researchers, our investigation of, and reflection upon, intellectual pursuits is fundamental. We engage our students in these pursuits, seeking to instil in them a lifelong quest for knowledge and understanding. We encourage an active and innovative research enterprise that expands the boundaries of knowledge, yet has a meaningful impact at home and around the globe.

“My research program is focused on reducing falls in seniors and that’s a global issue. I collaborate with students, professors at various universities in Canada, and international colleagues. Together we are trying to find solutions to complex health and societal problems.”

Shanthi Johnson
Professor and Associate Dean, Faculty of Kinesiology and Health Studies
Fulbright Scholar 2014-15

“Our interactions with community members really is what allows our research to be stronger. Our research influences our community just like our community influences our research.”

Nick Carleton
Co-Director, Anxiety and Illness Behaviours Laboratory
2014 CIHR New Investigator Salary Award Recipient
Our commitment to our communities

We employ our knowledge to serve each other and society. We illuminate pressing social problems and seek solutions. The understanding we generate enriches our communities. We are legitimately concerned with all aspects of our world. We are a bridge and an interpreter between our communities, other people and other nations.

“I’ve always thought of the University of Regina as the little jewel of the prairie. It’s a big, big world in a small little box.”

Sue Barber
Past Chair, University of Regina Board of Governors
Our commitment to Indigenization and sustainability

The University of Regina has embraced two areas of emphasis that inform all our decision-making and academic activities. We are committed to making our campus the most Indigenized in Canada and we view our commitment to sustainability as critical to our future success.

“This title, peyak aski kikawinaw, does two things at once – it gets to the heart of Indigenization and an Indigenous world view that we are all related, and it also addresses sustainability.”

Shauneen Pete
Executive Lead, Indigenization • Associate Professor, Faculty of Education

And now this is sweetgrass. This is life. All my people are beautiful. Thank you Creator Mother Earth here for this sweetgrass. Thank you all.
To view the full 2015-2020 Strategic Plan document, visit www.uregina.ca/strategic-plan.