

# IF IT'S ON YOUR MIND IT'S ON TOGETHERALL

Anonymous online peer support community here to listen and give your mental wellbeing a boost, 24/7, 365.

FREE to all students.

PRESS PLAY



### TOGETHERALL OFFERS:



#### Supportive Community

Connect and share in a safe, anonymous space with others who understand.

#### **Wellbeing Tools**

Benefit from self assessments and courses to help you understand how you're feeling.

#### Immediate Access

Whatever's on your mind, you can access Togetherall in minutes, 24/7.

## **NO PRESSURE**

Share what's on your mind, take comfort reading the thoughts of others or browse the resources available – you're in control.

## **NO JUDGEMENT**

The Togetherall community is anonymous and moderated by mental health professionals 24/7. Everyone is safe and welcome here.

On signing on to Togetherall for the first time, all of a sudden I had a community of people who understood me...

## I wasn't alone anymore.

- Anonymous Togetherall member



Join today with your academic email



For more details, please refer to our T&C's during registration