

# GENERAL INFORMATION FOR STUDENTS

## CO-OPERATIVE EDUCATION

Co-operative Education is a degree option that allows students to combine their academic studies with career-related work placements, enabling them to integrate academic theory with practice in the field.

For additional information, contact:

### Co-operative Education

University of Regina Advising and Career Education

Riddell Centre 163

Tel: 306- 585-4600

Fax: 306- 585-4659

Email: [coop.office@uregina.ca](mailto:coop.office@uregina.ca)

Website: [www.uregina.ca/careercentre](http://www.uregina.ca/careercentre)

The Co-operative Education option is available in the following University of Regina programs:

### Faculty of Arts

Bachelor of Arts

- Anthropology
- Economics
- English
- Geography
- History
- Indigenous Languages and Linguistics
- Indigenous Studies
- International Languages
- International Studies
- Linguistics
- Philosophy and Classics
- Political Science
- Psychology
- Religious Studies
- Resource and Environmental Studies
- Sociology and Social Studies
- Women's and Gender Studies

### Faculty of Business Administration

Bachelor of Business Administration (U of R) or

Bachelor of Administration (FNUniv students only)

- Accounting
- Finance
- Government or Public Sector Management
- International Management
- Computer Science
- General Administration
- Human Resources Management and Industrial Relations
- Marketing

### Faculty of Engineering and Applied Science

Bachelor of Applied Science

(12- or 16-month internship option available)

- Electronic Systems Engineering
- Environmental Systems Engineering
- Industrial Systems Engineering
- Petroleum Systems Engineering
- Software Systems Engineering

### La Cité universitaire francophone

BA Études francophones et interculturelles/ BA French and Francophone Intercultural Studies.

### Faculty of Science

Bachelor of Science

- Actuarial Science (12- or 16-month internship option only)
- Chemistry/Biochemistry
- Geology
- Physics (including Honours Physics)
- Applied/Industrial Physics with emphasis in Electronics and Modern Physics
- Biology
- Computer Science
- Mathematics and Statistics
- Applied/Industrial Physics with emphasis in Computation and Physical Modeling
- Software Systems Development

University of Regina Co-operative Education programs meet the accreditation standards for commitment and quality set by Co-operative Education and Work Integrated Learning.

### Admission to Co-operative Education

Application forms are available in Advising and Career Education, RC 163 and online at [www.uregina.ca/careercentre/coop](http://www.uregina.ca/careercentre/coop). Students must meet the entrance requirements for acceptance into the relevant Co-op program and apply before they have exceeded the maximum credit hours shown in the [Co-operative Education Program Entrance Requirements](#) chart.

### Application Deadlines for Co-operative Education Program

The deadline for application is in the first week of classes each term prior to commencing a work term. Please visit Advising and Career Education in RC 163 for details.

### Sequencing of Work and Academic Terms

Work terms last for a minimum of four to a maximum of eight months. Scheduling patterns vary by faculty but commonly alternate work and academic terms. Students must be registered as a fulltime student the term prior to going on a work term:

- Business Administration Students need to be in a minimum of 12 credit hours in their academic terms (only nine credit hours are required in the Spring/Summer term)
- All other faculties need to be registered in a minimum of nine credit hours

### Fees

Co-op students are required to pay a fee for each work term (refer to the Tuition and Fees section of this Calendar). The Co-op fee, which is not a job-finding fee, allows students to maintain their full-time status while on work terms. The Co-op fee is payable once Co-op employment is obtained.

### Work Placements

Private and public sector employers from across Canada and internationally participate in the program. With approximately 40% of the placements outside of Regina, students should be mobile if they wish to fully participate in a Co-op program. Admission to a Co-operative Education program does not guarantee the availability of a work term placement. Many students find career-related work through Advising and Career Education, but students are also encouraged to conduct their own job search.

### Registration for Work Terms

As soon as students obtain a work placement, they register for work terms through their faculty (with the exception of Engineering and Arts students who are automatically registered by their faculty). Students must register on-line for Co-op work terms. Once registered for a work term, students are not permitted to drop except for compassionate or medical reasons

## GRADUATION

### Grading of Work Terms

Students must complete a work term report for every work term. The student's employer also submits a work term performance evaluation. On the basis of those two evaluations, work terms are graded pass/fail.

### Regulations

Policies, procedures and deadlines for Co-operative Education programs must be adhered to. Details are contained in the Co-op Student Handbook at:

[www.uregina.ca/careercentre/coop/current-students/handbook.html](http://www.uregina.ca/careercentre/coop/current-students/handbook.html)

### Withdrawal and Termination

Once registered, students may withdraw from a Co-op work term only for reasons beyond their control. Voluntary withdrawal at any point may result in a failing grade. For engineering students, see the Faculty of Engineering Co-operative Education Programs section.

Students may be terminated from a Co-op program in a variety of circumstances, including failing a work term, allowing PGPA to fall below the minimum required, or committing acts of Non-Academic Misconduct (see the [Academic Regulations](#) section in this Calendar and the [Student Code of Conduct and Right to Appeal](#) section).

### Transcript Record

Students who successfully complete the number of work terms required by their faculty will graduate with a Co-operative Education designation that is noted on their official transcript and parchment.

### Actuarial Science Internship

For students between years three and four (72–108 credit hours) of the Actuarial Science undergraduate degree program.

Students participate in an assisted job search process to secure a paid internship placement of 12 to 16 months in duration, with each four-month period of employment worth one credit hour (three or four credit hours in total). See the [Admission to Co-op chart](#) above.

### Engineering Internship

Engineering Internship is a single 12- or 16-month placement immediately preceding the two final academic terms of an Engineering Systems program.

Students who successfully complete the requirements of the program will receive "Internship" designation on their transcript and parchment. Students who participate in Co-operative Education will not be eligible for internship.

For more details, please refer to [the Faculty of Engineering and Applied Science Co-operative Education Internship Program](#).

## CO-OPERATIVE EDUCATION PROGRAM ENTRANCE REQUIREMENTS

During the placement cycle, the Co-op Office uses a computerized Match process to place students with employers. The process lets employers select candidates for interviews from all students eligible for Co-op employment. After the Match process, a Direct Offer system is used. Employers submit job descriptions, which are posted continually. Interested students apply, and the Co-op Office sends resumes to employers and sets up the interview.

Area of Study	PGPA	Minimum credit hours*	Maximum credit hours	Number of work terms	Required courses
Actuarial Science	75%	72	108	1 (12 or 16 months)	ACSC 317, 318 + plan to complete first exam of the SOA before or during internship
Arts	67.5%	45	84	3 (optional 4 <sup>th</sup> )	ENGL 100, either ENGL 110, PHIL 100, SOST 110 or RLST 245 or 248, and at least 2 courses in the major
Biology	70%	33	60	4	BIOL 100, 101, CHEM 104, one of CHEM 105 or 140 + at least two 200-level BIOL Courses
Business Administration	67.5%	54	81	3 (optional 4 <sup>th</sup> )	BUS 007, 260, 285, and ENGL 100
Chemistry/ Biochemistry	72.5%	21	60	3 (optional 4 <sup>th</sup> )	Completed 21 BSc credit hours including CHEM 104 and one additional course in Chemistry or BIOCHEM; enrolled in 3 CHEM/BIOC courses beyond CHEM 104 prior to commencement of the first work term
Computer Science	65%	30	75	3 (optional 4 <sup>th</sup> or 5 <sup>th</sup> )	CS 115 or CS 110 (Note: Students should have more than 1 CS class completed) + MATH 110
Engineering and Applied Science	60% (and TGPA)	27	63	4	Students are expected to have successfully completed all courses in the first 3 terms of a Systems Engineering program. ENGG 123 and ENGG 100
French and Francophone Intercultural Studies	67.5%	30	84	3 (optional 4 <sup>th</sup> )	FRN 201 and at least 2 courses in major
Geology	70%	33	65	3 (optional 4 <sup>th</sup> )	GEOL 201, 210, 102
Mathematics	65%	45	75	3 (optional 4 <sup>th</sup> )	MATH 110, 111, 122, 213, 217, CS 110 + STAT 160
Physics	70%	30	60	4 (optional 5 <sup>th</sup> )	5 PHYS courses (including 3 at 200-level) + 3 MATH courses (including 1 at 200 level) + 2 CS courses (including UNIX and C Programming)
Statistics	65%	45	75	3 (optional 4 <sup>th</sup> )	MATH 110, 111, 122, STAT 160 and 251 or 252 + CS 110

\* Minimum credit hours include those in which the student is registered when applying. Maximum credit hours include those in which the student is registered in the term preceding the first work term.

Admission is granted by the student's faculty. Students who do not meet the entrance requirements may appeal to their faculty. All information provided in faculty sections supersedes this section.

## STUDY ABROAD AND GLOBAL MOBILITY

There are five major exchange programs under which students can study abroad. The U of R has access to a network of more than 450 Universities and Colleges in over 80 countries worldwide. Students can choose to stay for one term, a summer program, or up to a full academic year. Depending on the program, tuition is paid at the U of R or at the host institution. Courses studied abroad are transferred to the U of R as credit toward a student's overall degree program, as per faculty discretion and approval. Students must consult with their faculty advisor about course selection in order to choose the courses acceptable for their program abroad. It is at the discretion of the student's faculty as to whether the host institution courses are transferred for credit toward their degree. Students may also inquire with their faculty if their exchange program renders them eligible for an "International Designation" on their academic record.

Eligibility requirements include:

- Completed 30 credit hours;
- 70% cumulative average;
- A student with a 67-69.99% average may still be eligible to go on exchange; however, the student will need a letter of approval from the Dean of their faculty, which is provided at faculty discretion;
- Can prove financial responsibility and stability;
- Must return to complete their degree at the U of R;
- Must be in good academic standing at the time of applying and departure; and
- Pay a \$250 CAD application fee (non-refundable) for SEP, CONAHEC, NSE, and North2North programs; Pay a \$475 USD combined application and placement fee (non-refundable), for the ISEP program.

### Virtual Exchange Opportunities

Virtual student exchanges, internships and practicums are now available to undergraduate students looking to have an international experience during their undergraduate degree. These virtual opportunities will be available throughout 2021 and into 2022. The cost to participate in a virtual international placement have been greatly reduced, with no flight or accommodation fees, and reduced application fees where applicable. This is amazing opportunity to immerse yourself in an international experience, from the comfort of home. Virtual placements are similar to typical exchanges, where students will participate in classes via Zoom, and have the opportunity to participate in free cultural activities via Zoom to provide additional cultural experiences.

### Scholarships and Funding

There are a variety of mobility scholarships including the Global Education Scholarship (\$1000.00CAD) to assist students planning to physically study abroad. Students are also eligible to apply for any scholarships they would regularly apply for (on- or off-campus), and may utilize RESPs, Indigenous Band Funding, Saskatchewan (or other provincial) Student Loans, etc. to finance their exchange program (funding conditions may apply).

### Faculty Led International Study Tours

International Study Tours give students an opportunity to study and travel abroad without being away from home for an extended period of time. Study Tours are led by professors from the U of R who have a particular interest in an international field. UR International assists Study Tours participants with visa information and reliable resources, application for the Global Education Scholarship, and pre-departure information sessions.

### International Internship, Practicum, or Fieldwork

Global internships give students the professional and personal skills for success in their future endeavors, anywhere in the world! Students will gain global experience during their program of study at the U of R. International internship, practicum, and fieldwork placements are

primarily a student-led process, in comparison to the traditional exchange and study tour program structures. Students should meet with the internship, practicum, or fieldwork placement coordinator within their faculty prior to meeting with UR International staff to discuss their possibilities. Transfer credits for an international internship, practicum, or fieldwork placement is at the discretion of the student's faculty. It is the student's responsibility to discuss the course credit with their respective placement coordinator within their faculty.

It is the student's responsibility to ensure they have procured the correct immigration documents prior to their departure for their placement abroad. The University of Regina is not responsible, and will not be liable, for any decision to grant or deny entry at the border or port of entry of the host country.

### UR International Study Abroad and Global Mobility

College West 128

Tel: 306-337-2446

E-mail: [Study.Abroad@uregina.ca](mailto:Study.Abroad@uregina.ca)

Website: <https://www.uregina.ca/international/Study-abroad-and-Global-Mobility/index.html>

## STUDENT SUPPORT SERVICES

**Some face to face programs and supports may be temporarily suspended because of necessary Covid-19 precautions**

### UR Guarantee Program

The UR Guarantee Program will support you through every step of your university experience to successful employment. We provide you with access to academic supports, service and leadership opportunities, career development, and ways to get involved on campus and in the community. And for new students (and those with less than 30 credit hours): if you do not secure career-related employment within six months of graduation, you will be eligible to come back for another year of undergraduate classes free of charge. For more information about the program, refer to the UR Guarantee website:

[www.uregina.ca/urguarantee](http://www.uregina.ca/urguarantee).

### Academic Advising

Academic advising is available through:

- Each student's faculty or college. Visit the [Registration and Withdrawal section](#) in this calendar.
- [Advising and Career Education Centre](#)

### Learning Skills

Student Success Workshops are provided by Student Affairs, the Library, and others. Each term the seminars are listed on the UR Guarantee [events calendar](#).

Students can also make individual appointment to discuss learning skills. More information can be found on the [Student Success Centre's website](#).

### Mathematics and Statistics Services

The Student Success Centre provides free mathematics and statistics tutoring for students in most introductory and some 200-level MATH and STAT courses. Tutors will help students understand assigned tasks, problem-solving strategies, and use of principles and formulas.

Students can book an appointment online at:

[www.uregina.ca/student/ssc/tutoring/math-stats-tutoring/index.html](http://www.uregina.ca/student/ssc/tutoring/math-stats-tutoring/index.html).

The federated colleges provide mathematics support services, as well. Students should contact their college office for more information.

### Writing Services

The Student Success Centre provides free writing support for students in all disciplines and at all levels. Students can book an appointment online at:

[www.uregina.ca/student/ssc/tutoring/writing-support/index.html](http://www.uregina.ca/student/ssc/tutoring/writing-support/index.html).

The federated colleges also provide writing support services. Students should contact their college office for more information.

### Tutor Registry

The Student Success Centre maintains a Tutor Registry. Tutors on this registry meet a minimum grade requirement of 80% in the particular course(s) they are tutoring for and have been recommended by their professors. Students can find the registry here:

[www.uregina.ca/student/ssc/tutoring/tutor-registry/index.html](http://www.uregina.ca/student/ssc/tutoring/tutor-registry/index.html).

### Peer Advisors

Peer Advisors are current students who volunteer and train with the Student Success Centre to assist students to better navigate and succeed at university. Drop-In services are located in RC 163 during the week (times vary by term). Peer Advisors can assist students with questions relating to study strategies, time management and planning, utilizing the various online programs of the University (i.e.: UR Courses, UR Self-Service, Visual Schedule Builder, and scheduling online appointments) and help you identify the other services available on campus to meet your needs.

## CAREER EXPLORATION AND COUNSELLING, CAREER EDUCATION

Career Exploration and Counselling offers a broad range of services and resources to support students with setting and realizing rewarding educational and career goals. For assistance with self-assessment, and exploring and narrowing down related options, students may book individual career counselling with a career counsellor. Students also may attend career sessions held throughout the year on choosing a career direction and developing other career skills (e.g., job searching, customizing resumes, interviewing). Career Cruising and myBlueprint SK (career planning programs), and more resources and information are available on our website.

### Career Exploration and Counselling

Website: [www.uregina.ca/careercentre](http://www.uregina.ca/careercentre)

Email: [student.employment@uregina.ca](mailto:student.employment@uregina.ca)

Riddell Centre 163

University of Regina

Regina, SK S4S 0A2

Tel: 306-585-5161

Fax: 306-585-4659

### Student Employment Services, Career Education

Student Employment Services offers specialized services and resources to support students in conducting a successful search for part-time and summer jobs, as well as full-time employment upon graduation. As needed, events will be held virtually. See the website for schedules and details.

- **Career Sessions – Employment Skills.** Learn strategies and skills for job searching, customizing resumes, interviewing and related topics. Monthly schedule posted on the website.
- **U of R Job Board (PlacePro).** Search the U of R database for part-time, summer and full-time job postings. Register online for access.
- **Collection of Job Search Databases.** Search general and specialized databases for current job postings (all fields).
- **Career Fairs.** Directly connect with employers to learn about opportunities in your field.
- **Employer Info Sessions.** Meet employers and entrepreneurs for current information in your field.
- **Career/Life Planning Tools:** Use specialized career resources (e.g., Career Cruising, myBlueprint SK) to learn more about developing a rewarding career in any field of interest.

### Student Employment Services

E-mail: [student.employment@uregina.ca](mailto:student.employment@uregina.ca)

Website: [www.uregina.ca/careercentre](http://www.uregina.ca/careercentre)

University of Regina Career Education

Room 163, Dr. William Riddell Centre

University of Regina

Regina SK S4S 0A2

Tel: 306-585-5161

Fax: 306-585-4659

E-mail: [student.employment@uregina.ca](mailto:student.employment@uregina.ca)

Website: [www.uregina.ca/careercentre](http://www.uregina.ca/careercentre)

## COMPUTING SERVICES

The University of Regina's Information Services provides the following services free of charge for use by students:

- Internet access on campus.
- Wireless network access at other universities via Eduroam.
- Email accounts.
- Web page hosting.
- Server based file storage (I : drive).
- Cloud based file storage (FILR).
- Timeshared access to a Unix login account.

A wireless data network is available across the University campus. When devices are correctly configured to access the network via Eduroam, students may access wireless networks at other Eduroam member institutions at no cost. Detailed information on wireless coverage areas and Eduroam configuration can be found at:

[www.uregina.ca/is/common/ur/wireless](http://www.uregina.ca/is/common/ur/wireless).

For information about any computing service, visit the University's website at [www.uregina.ca/is](http://www.uregina.ca/is) or the IT Support Centre in ED 137.

Use of the University network for the first time constitutes acceptance of the University policy governing the use of campus computing and network and other information resource facilities. Refer to [www.uregina.ca/policy/browse-policy/policy-OPS-080-005.html](http://www.uregina.ca/policy/browse-policy/policy-OPS-080-005.html).

### Computer Labs

On-campus computer access is available at the locations listed below. Some labs have restricted access and schedules. All locations have laser printing available for a nominal fee. The facility in LY 107 (the Information Commons) also has colour laser printing available. Many labs accommodate laptop computer use, and all support wireless networking. For additional information on available labs, refer to:

[www.uregina.ca/is/student/labs/](http://www.uregina.ca/is/student/labs/).

### Email and Internet

All employees and students are given an *uregina.ca* account, which provides access to e-mail, lab/desktop computers (including I : drive), UR Courses, printing, and a Unix account. Students can obtain information about their e-mail address and password at [www.uregina.ca/is/student](http://www.uregina.ca/is/student).

Email can be accessed through the [WebMail interface](#), or via your mobile device. Information on configuring mobile devices for access to your e-mail account is found at [www.uregina.ca/is/student/e-mail](http://www.uregina.ca/is/student/e-mail).

Unix accounts are provided to facilitate web publishing and general-purpose computing. For more information, visit the [Information Services](#) website.

The University has a pervasive data network that provides connections to both the commercial internet as well as to Saskatchewan's research network SRNet and its national counterpart CA\*Net. Most areas on campus are also covered by an 802.11a/g/n/ac (Wi-Fi) wireless network. More information on the wireless network project is found on the [IS Student Services](#) webpage.

### Cloud Based File Storage

All employees and students have access to a cloud-based file storage service 'FILR'. The service is accessed at <https://filr.uregina.ca> and supports all common client environments. The service can be used to store and share files with individuals or groups of employees and students. More information about [FILR](#) is found on the website.

### University of Regina Student App

The University has a [free mobile app](#) available via Google Play and the App Store. The application provides access to class schedules, and other student experience related information. Details can be found wherever the app is available.

### UR Self-Service

Using UR Self-Service, students can:

- Change their PIN (strongly recommended).
- Register for or drop classes and check their class schedule.
- Check their grades and transfer credits.
- Search up-to-date credit and non-credit course timetables.
- Academic advising and program planning.
- Graduate student services, including assistance with transfer, program extension, progress reporting, leave of absence, and changes to programs.
- Consult course descriptions, including variable content courses not printed in this calendar.
- Order and pay for textbooks.
- Update their contact information.
- Settle their account by credit card.
- View and print their T2202A Education Deduction Certificate.
- View and print a confirmation of enrolment or an unofficial transcript.

Instructions on using UR Self-Service are incorporated into the web pages.

## INTERNATIONAL STUDENT SERVICES

UR International offers personalized services and programs designed to promote and provide a positive learning environment for international students that will facilitate academic success, professional development and a smooth transition into the City of Regina and University of Regina communities. Services include:

- **Orientation** – UR International hosts orientations for all new international students at the beginning of each term throughout the academic year.
- **Global Learning Centre (GLC)** – The GLC is the hub for all international ESL, undergraduate, and graduate students seeking assistance during their time at the University of Regina. The GLC houses a variety of services for academic support, intercultural skill development, academic workshops, conversation practice opportunities, and information sessions. Students will learn about campus and community involvement, cultural awareness, and internationalization at the University of Regina. English language coaches and academic tutors are available for students to receive help regarding academic questions. Students also have the opportunity to meet with International Peer Advisors for information and guidance about navigating university life.
- **Immigration** – All staff are trained and available to guide students through immigration policies, as well as provide assistance for application processes, including Study Permits, Co-op Work Permits, Post-Graduate Work Permits, and Entrance Visas in accordance to the regulations set by Immigration, Refugees and Citizenship Canada (IRCC).
- **Advising** – Individually-based and personalized advising from experienced Life Skills Advisors is provided to students.
- **Referral Service** – Staff will offer referrals to professionals, such as physicians, banks, SGI, etc., as well as national/cultural organizations,

services, or clubs in the community that may be relevant to international students.

- **Saskatchewan Health** – Support is offered to international students for applications for Saskatchewan Health Cards. Workshops and specialized information sessions are hosted to assist students with understanding the Saskatchewan healthcare system.
- **Contact** – UR International is the first point of contact for new international students, even before they arrive in Canada.
- **Student Lounge** – Computers are available for students to apply for immigration documents and assistance will be provided upon request.
- **Workshops/Sessions** – A variety of workshops and sessions are provided for students every month to increase their awareness of on-campus services and how to succeed at the post-secondary level.
- **Welcome Services** – Special welcome services are offered to large cohorts or special student groups.
- **Transition Services** – UR International provides support to all new international students to ensure a smooth transition to their life in Canada. Assistance in transitioning from ESL to an undergraduate or graduate program is also provided.

Contact:

### UR International Student Services

College West 109

Tel: 306-585-5082

Fax: 306-585-4957

Email: [International.StudentServices@uregina.ca](mailto:International.StudentServices@uregina.ca)

Website: [www.uregina.ca/international](http://www.uregina.ca/international)

## ta-tawâw STUDENT CENTRE

Welcome. There is room. There is space.

The ta-tawâw Student Centre (formerly Aboriginal Student Centre) is a respectful and welcoming place that encourages student empowerment, identity, community connection and Indigenous ways of learning. This space is a central hub for all students on campus, and a place to gather with others including Knowledge Keepers, alumni, faculty, staff and community members, creating a sense of belonging in the larger university environment.

The ta-tawâw Student Centre's main focus is on assisting Indigenous students':

- Successful transition into University
- Retention at the post-secondary level
- Engagement in University events and activities
- Successful completion of University
- Transition into the workforce

The Centre's focus is to support students, and with the involvement of the larger campus community, create opportunities for intercultural and intergenerational exchange which strengthens our campus community, and expands our potential for continual learning.

### ta-tawâw Student Centre

Room 108

Research and Innovation Centre

Tel: 306-337-3153

Fax: 306-337-3158

E-mail: [ASCentre@uregina.ca](mailto:ASCentre@uregina.ca)

Website: [www.uregina.ca/student/asc](http://www.uregina.ca/student/asc)

## CENTRE DE SERVICES AUX ÉTUDIANTS

Le Centre de services aux étudiants de La Cité universitaire francophone est un carrefour de services pour tous les étudiants qui choisissent de se faire servir en français ou qui recherchent un certain soutien ou de l'accompagnement dans leur apprentissage du français.

The Student Services Centre at La Cité universitaire francophone is a service hub for all students who choose to be served in French and those seeking assistance in learning French.

Renseignements: [cite@uregina.ca](mailto:cite@uregina.ca) 306.337.3280 [Le Centre de services aux étudiants](#).

## LIBRARY SERVICES

The Dr. John Archer Library and Archives supports the research and teaching of faculty and students of the University of Regina through its services, collection and information technology infrastructure. The Library is a hub of learning activity and resources for students on campus.

**NOTE: Some of the Library services listed below are currently suspended due to COVID-19. Please check our Current Library Services webpage at <https://uregina.libguides.com/covid-19> for more information.**

Some of the services we provide include:

- Access to U of R library collections (including electronic and physical books, journals, videos, music, and archives) as well as library collections from across Canada.
- Ensuring students have access to required textbooks through the Textbooks for All program.
- Providing students with inviting study spaces that include different noise level zones to accommodate all types of learners.
- Access to online resources from anywhere.
- Reference services (in-person, via chat, phone, text, zoom, or e-mail) from our helpful staff, who can help you find and use information for your assignments (including citing your sources and proper use of copyrighted materials).
- Workshops and instruction on library research skills.
- Support for distance students through University of Regina at a Distance (UREAD).
- Other services such as a laptop and iPad borrowing, 3D printing, extended hours during final exams and support to students through the annual Library Award.
- Other libraries on campus including Champion College Library, Luther College Library and First Nations University of Canada Library.

Contact:

### Dr. John Archer Library

Tel: Library Help Desk: 306-585-4133

Fax: 306-337-2401

Text a Librarian: 306-993-1116

E-mail contact form: <https://www.uregina.ca/library/help/index.html>

Website: [www.uregina.ca/library/](http://www.uregina.ca/library/)

## ORIENTATION

Orientation is held prior to the start of the fall and winter terms and is designed to provide all new students with valuable information on university life, academic expectations and practical skills to successfully transition to the university. Information about Orientation is e-mailed to newly admitted student and is also available online at:

[www.uregina.ca/orientation](http://www.uregina.ca/orientation).

## PLACEMENT TESTING

### Placement Testing in English

Two kinds of placement testing in English are offered:

- By First Nations University of Canada for students enrolled through the college who did not complete Grade 12 English. As a result of the test, students may be required to take ENGL 090 and/or 091 (refer to course listings in the Courses section of this Calendar) or may be determined to be ready to take ENGL 100.
- By the Centre for Continuing Education for students who are enrolling in the English as a Second Language Program. This test determines the level at which students enter the ESL program. Applicants who are attempting to demonstrate proficiency in English should register for the CanTEST or CELT (see the [Admissions](#) section in this Calendar).

### French Pre-Registration Assessment

French Course Selection refer to the [La Cité](#) section in this Calendar.

### Placement Testing in Languages other than English and French

Students interested in taking the languages listed below and who require placement should consult the appropriate department:

- Chinese (Mandarin), German, Japanese, and Spanish: Department of International Languages (refer to the Department of International Languages section in this Calendar).
- Cree, Dakota, Dene, Nakota, and Saulteaux: Indigenous Languages Program, First Nations University of Canada.

### Placement Testing in Mathematics

Students who have not completed a required high school mathematics course or have completed it with too low a grade or a number of years previously, may be required or can request to take a placement test in mathematics. Testing is conducted as follows:

- For students registered through First Nations University of Canada: by the College
- For all other students: by Student Success Centre, Riddell Centre Room 230.

Students with international or other post-secondary credentials in mathematics that have not yet been evaluated for equivalency with the Canadian system may be referred by their advisor to the Department of Mathematics and Statistics for an evaluation.

## SERVICES FOR STUDENTS WITH DISABILITIES

The University of Regina wishes to support all students in achieving academic success while enjoying a full and rewarding university experience. All students, including those with temporary and/or permanent disabilities, may be eligible to register with the Centre for Student Accessibility. Services and support are provided from pre-entry through graduation to undergraduate and graduate, on-and off-campus students:

### Centre for Student Accessibility

Room 229, Dr. William Riddell Centre

University of Regina

Regina, SK S4S 0A2

Tel: (voice/TTY): 306-585-4631

Fax: 306-585-5650

E-mail: [accessibility@uregina.ca](mailto:accessibility@uregina.ca)

Website: [www.uregina.ca/student/accessibility](http://www.uregina.ca/student/accessibility)

The Centre for Student Accessibility upholds the university's commitment to a diverse and inclusive learning community by providing services and support to enable students with disabilities to approach their studies in an equal and effective manner. The Centre aims to encourage independence, self-advocacy and equality for all students, while maintaining personal, confidential service.

Students who require assistance related to disability, injury, or illness should contact the Centre for Student Accessibility as early as possible to discuss their needs and set up a registration appointment. Students will be required to provide appropriate third-party documentation at the time of registration. Early registration is advised, particularly for students who will need course materials in Alternate Format. Supports exist in many areas of academic study and physical accessibility, including lectures, assignments, examinations, assistive technology, and grant applications.

**Note:** Not all instructional areas are accessible. Accessibility should be checked at the time of registration.

### CAMPUS FOR ALL: INCLUSIVE POST-SECONDARY EDUCATION

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Campus For All is a four-year Inclusive Post-Secondary Education (IPSE) experience for adults experiencing intellectual disability who are committed to life-long inclusion. Students supported by Campus For All are non-degree seeking. Students audit one class per term, complete modified assignments and class work, establish social connections, and gain valuable employment experience.

More information about Campus For All, the application process, and eligibility criteria is available online at:

[www.uregina.ca/student/accessibility/campus-for-all](http://www.uregina.ca/student/accessibility/campus-for-all).

### HOUSING

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Living on-campus is a great way to become immersed in campus life. All University of Regina Housing options are located on campus and walking distance to class. Students that live on-campus may be eligible for Housing Awards, employment opportunities and customized programming and events. Currently, there are six housing buildings at the University of Regina containing more than 1,800 beds available to accommodate students wanting to live on-campus. Students can choose from a variety of living arrangements, ranging from dorm-style rooms, studio apartments and a variety of two to seven-bedroom apartment suites. Each building offers a variety of amenities and private washrooms (no group washrooms).

Students choosing to live on-campus will also have the opportunity to apply for a Living-Learning Community (LLC) or choose Special Interest accommodations (Grad and Mature Housing, Colourful Campus House, Quiet Housing, etc.). LLC's and Special Interest Accommodations are designated spaces for shared interests, values or academic programs. The Housing Services team, in collaboration with LLC partners, provides additional programming that builds community, promotes academic success and provides an environment that supports a rich and meaningful university experience. For more information please visit [Housing Services website](#).

Interested students can apply as early as October prior to their academic year.

Students can call 1-866-354-3394 or 306-585-5450 to receive additional information.

For e-mail inquiries: [housing.services@uregina.ca](mailto:housing.services@uregina.ca)

In person: Kisk Towers, regular business hours

#### College West

College West offers newly renovated, modern, fully furnished apartments and common areas. Amenities include high speed internet, phone, computer labs, music rooms, study areas, laundry, game rooms, theatre, community kitchen, smudging space and recreational spaces.

#### Paskwāw Tower and Wakpá Tower

Paskwāw and Wakpá Towers offers fully furnished apartments, private dorms and common areas. Amenities include high speed internet, phone, computer labs, music rooms, study areas, laundry, game rooms, community kitchen, and recreational spaces.

#### Kīšik Towers

Kīšik Towers offers modern fully furnished apartments, private dorms and common areas. Amenities include high speed internet, phone, computer access, music rooms, study areas, laundry, community kitchen, smudging space and recreational spaces.

#### La Résidence

La Résidence is a small housing community. In the interest of promoting and maintaining French culture in this community, priority is given to French-speaking students however all students are welcome to apply to live there.

La Résidence has fully furnished private dorms, each with a private washroom. Amenities include high speed internet, phone, study areas, and laundry.

#### Luther College Residence

For information about the Luther College Residence, refer to the [Luther College section](#) in this Calendar.

### FOOD SERVICES

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Food Services and Catering Services are available on-campus throughout the year. Hours of operation are subject to change during exam periods and holidays. Vending machines are also available at many locations throughout campus. For more information:

**University Food Services:** [dineoncampus.ca/uofregina](http://dineoncampus.ca/uofregina)

**University of Regina Students' Union:** <https://ursu.ca/>

**Luther College:** <https://www.luthercollege.edu/university/residence-food-services/cafeteria>

#### On campus Food Services Policy:

<https://www.uregina.ca/policy/browse-policy/policy-OPS-100-005.html>

If you require assistance with an event or require Food Policy clarifications you can contact Hospitality Services, 306-585-4788, [Hospitality.Services@uregina.ca](mailto:Hospitality.Services@uregina.ca), or <https://www.uregina.ca/hospitality/index.html>

#### Dining Plans

A variety of dining plans are available for all students, both residents and non-residents. The Dining Plan provides food savings and an exemption from GST (if sufficient dollar value is in accordance with taxation requirements). Information regarding dining plans is available from these food providers:

- University Food Services: <http://www.dineoncampus.ca/uofregina/dining-plans>
- Luther College: <https://www.luthercollege.edu/university/residence-food-services/cafeteria>

### PARKING SERVICES

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Applications for permit/privileges, maps, parking regulations, parking closures and construction as well as additional information is available on the Parking Services website at [www.uregina.ca/parking/](http://www.uregina.ca/parking/) or from the:

#### Parking Services Office

College West Building Room 108  
Tel: 306-585-5555; fax: 306-585-5501

Contact Us Form:

<https://www.uregina.ca/parking/contact/index.html>

**Parking Permit/privilege Options – Commuter Students (non-plug, plug-in and heated parkade)**

Students who are not living on campus, (commuter student), and plan to drive to campus on a regular basis, are encouraged to apply for an “M” parking permit/privilege at the Parking Services Office or through the Parking Services web page. With an “M” permit/privilege (no-power), students may park in authorized “M” areas in lots 1, 6, 7, 8, 12, 13, 14, (areas subject to change).

A regular M permit/privilege is valid 24 hours per day. Please note that permit/privilege sales begin the first day following the last day of classes in April (prior to exams). Permit/privileges may be purchased in April for all terms beginning May 1 – April 30 of following year. *Students are encouraged to purchase parking permit/privileges as soon as possible as they sell out every year.*

“M” parking spaces do not have plug-ins. Limited numbers of plug-in parking spaces are available. May 1<sup>st</sup> is the starting application date for the fall and fall/winter term plug-in parking permit/privileges. Students who are living in one of the campus residences and who have a vehicle with a valid registration may apply through the Parking Services website for “Resident Parking Privileges” on the posted application dates.

Electrical (“Z”) and Underground parkade parking permit/privileges can also be purchased if there is availability. You are encouraged to purchase an “M” (non-plug in) permit/privilege and place your name on the waitlist for either “Z” and/or a parkade and you will be contacted if parking becomes available. There is also an evening permit/privilege option for “Z” parkade permit/privileges.

**Public Parking**

Parking on campus is paid parking from 8:00 a.m. to 5:00 p.m. M-F (Stat holidays exempt). We have ‘pay-as-you-go’ parking in various locations at the Main Campus, First Nations University of Canada, and at College Avenue Campus. You can purchase your parking at a pay station or download the new, convenient “PayByPhone” app on your mobile phone to pay for or to extend your parking from anywhere.

**Parking Permit/privilege Options – Students Living on Campus**

There is limited designated plug in parking for resident students. Students can purchase a resident parking permit/privilege by term or for the needed terms for the school year. Watch the Parking Services website for sale dates (usually February).

The Centre for Kinesiology, Health and Sport parkade is an underground heated parking facility that is a pay upon exit facility. Coins, bills, debit, and major credit cards are accepted.

**Daily Parking Options**

Public Pay Lot 2 is a visitor pay lot located at the southwest corner of the main campus (University Drive South and University Drive West).

The Dr. William Riddell parkade is a pay-and-display underground heated parking facility. Coins and major credit cards are accepted.

The Centre for Kinesiology, Health and Sport parkade is an underground heated parking facility that is a pay upon exit facility. Coins, bills, debit card and major credit cards are accepted.

Please review the user fee schedules on the Parking Services website.

[www.uregina.ca/parking/parking-permit/privileges/parking-rates/index.html](http://www.uregina.ca/parking/parking-permit/privileges/parking-rates/index.html)

**Parking for Persons with Disabilities**

Parking spaces for persons with accessible needs are signed. Conditions and time limits are posted at each location. Persons with accessible needs should apply to Parking Services Office to determine accommodation options based on individual needs.

<https://www.uregina.ca/parking/parking-permit/privileges/permit/privilege-types/handicap-permit/privilege.html>

**BANKING**

Instant tellers are located as follows:

- RBC: Campion College, in the hallway connecting to Luther College
- RBC: on the west corridor of the main floor of the Classroom Building
- Cash N Go: on the main floor Atrium Area of the Centre for Kinesiology Health and Sport
- Cash N Go: on the first floor of the La Cité by the elevators
- Cash N Go: on the first floor of the North Residence Tower by the General Store
- CIBC: on the north side of the food court on the main floor of the Dr. William Riddell Centre
- Conexus Credit Union: on the main floor of College West at the entrance of the Link to the Research Innovation Centre
- The University of Regina Students’ Union, The Owl, has a no label automated banking machine.

**RESPECTFUL UNIVERSITY SERVICES**

The University of Regina is committed to a climate in which students, faculty and staff are provided with the best possible conditions for learning, living and working, including an environment that is dedicated to excellence, equity and mutual respect. The University of Regina realizes this vision by establishing employment and educational practices that respect the dignity of individuals and make it possible for everyone to live, work, and study in a positive and supportive environment, free from harmful behaviours such as [Discrimination](#) and [Harassment](#).

The Respectful University Policy promotes a respectful workplace and learning environment through the prevention and swift resolution of harassment and discriminatory incidents. Respectful University Services provides the following services for faculty, staff and students:

- Education to raise awareness of the need for a respectful workplace and learning environment
- Confidential consultations
- A variety of resolution options ranging from informal approaches, coaching, mediation and a formal complaint process.

More information on this policy and other information please visit the [Respectful University Services](#) website or visit Respectful University Services, located in Room 251.14, Dr. William Riddell Centre, or contact the office: Tel: 306-585-5400 or e-mail at: [respect@uregina.ca](mailto:respect@uregina.ca)

**Inclusive Language**

The intent of the University of Regina’s inclusive language policy is to ensure a broad representation of people in written, visual, and oral communication; to stress the ability rather than the disability of individuals; to treat men and women with the same dignity, respect, and seriousness; and to ensure that material that may be considered biased is treated critically.

Inquiries may be directed to the University Secretary, AH 509, 306-585-4956.

**Smoking (refer to the [Smoke-Free Campus Policy](#))**

[Smoking](#) and the use of tobacco products is prohibited:

- in all University buildings owned or leased;
- on owned or leased University property;
- on outdoor University areas used for sports, meetings or other gatherings; and
- in University vehicles, or in vehicles parked on University leased or owned property.

Advertising or the sale of smoking and tobacco products on all University of Regina campuses is prohibited.



### Exceptions

Tobacco is an integral part of cultural ceremonies and requests for guidance, knowledge or knowledge sharing; therefore, it may be burned on campus in accordance with policy GOV-040-020 Smudging/Pipe Ceremonies. Smoking or tobacco products used for research purposes, other than Indigenous cultural practices, require a written exception request to this policy made to the Director, Health, Safety and Wellness. The Director, Health, Safety and Wellness will review and may approve these exceptions based on information provided.

## MEDICAL

### Provincial Health

Students from outside Canada who are lawfully admitted to Canada with a Study Permit are eligible for benefits from the date they moved to Saskatchewan for the duration of their Canadian Study Permit. Students must register with Saskatchewan Health to obtain such coverage. The benefit period may be extended by presenting a renewed authorization to Saskatchewan Health.

Health coverage benefits may be changed in the future. For current information, contact Saskatchewan Health, 306-787-3251.

### Student Accident Benefit Plan

Under the Student Accident Benefit Plan, certain expenses that arise out of accidents and injuries sustained while participating in authorized University and related activities are paid by the University. The plan is intended as a supplement to the Saskatchewan Medical Care Insurance Act and not as an alternative to it. Copies of the regulations under which such payments may be made are available from Financial Services, the Faculty of Kinesiology and Health Studies.

This plan does not provide medical and hospital coverage during any waiting period when coverage would otherwise be provided under one of the Acts.

### Campus Dentist

The Campus Dentist team is professionally trained to ensure every patient is treated with the highest level of service and care.

Located at Riddle Centre Room 228, they offer cleaning, checkups, fillings, wisdom teeth extractions and tooth whitening. New patients and emergencies welcome. Insurance plans accepted including your student plan.

Tel: 306-352-1060; E-mail: [regina@campusdentist.com](mailto:regina@campusdentist.com); or [www.campusdentist.com](http://www.campusdentist.com)

## COUNSELLING SERVICES

The University provides personal counselling on campus for all students. Counselling Services address many of the concerns that students may encounter during their time at University. This may include personal, relational, and emotional problems that may interfere with academic progress and well-being. The clinicians are registered psychologists with extensive experience in treating a wide variety of mental health concerns. Services are provided in accordance with the principles of the Canadian Code of Ethics for Psychologists.

Information shared in counselling is confidential, including the fact that a student has been for counselling. Personal health information is not disclosed to University faculty or staff, parents, or other persons and agencies without written permission. There are a few ethical and legal limitations to confidentiality that the clinician will discuss during the first meeting. The first meeting with a clinician will be during our drop-in clinics.

**For more information and changes on how to access Counselling Services during COVID-19 please visit:**

<https://www.uregina.ca/student/counselling/>

## RECREATION AND ATHLETIC SERVICES

### Inter-University Athletics

The University of Regina is a member of the Canada West Universities Athletic Association, participating in the sports of men's and women's basketball, cross-country, ice hockey, swimming, and track and field as well as men's football, women's soccer, and women's volleyball.

Teams participate in league play for the right to advance to U SPORTS championships. League play is supplemented with non-conference play to enhance and prepare for the season.

The Faculty of Kinesiology and Health Studies provides the professional direction, coaching staff and detailed administration of the program. Additional information on Athletics is available from Office of the Director of Sport, Community Engagement, and Athlete Development (306-585-4018) or at [www.reginacougars.com](http://www.reginacougars.com) and [www.reginarams.com](http://www.reginarams.com).

### Varsity Clubs

The Varsity Club sport program is designed to promote and develop the interests and skills of students in sport and recreation. It allows for student members to organize, manage, promote, and largely fund their own activities and affairs. Current clubs include cheerleading, curling, dance, rowing, rugby sevens and 15's, softball, synchronized swimming, Ultimate, and triathlon.

### Rec Sports and Wellness (formerly Intramural Sports) Program

The Rec Sports and Wellness Program provides members of the university community with opportunities to participate in a diverse program of individual and team sports, tournaments, special events, sport clubs and wellness programs as their interest, ability, and time will permit. The program also employs numerous students annually to act as program supervisors, scorekeepers and league officials. For information about all program offerings and employment opportunities, call or e-mail the Rec Sports office at 306-337-2247, [intramurals@uregina.ca](mailto:intramurals@uregina.ca) or visit the website at: [www.uregina.ca/recservices](http://www.uregina.ca/recservices).

### UR Fit Classes

UR Fit classes are a great way to get, improve or maintain your level of fitness in a group fitness setting. You can participate in person, live streaming or on your own time through UR Fit on Demand, see our website for more details: (<https://www.uregina.ca/recservices/urfit/index.html>). There are a variety of classes such as Yoga, Bootcamp, Pound and many more available in all formats.

### Fitness Centre

The Fitness Centre is located on the second floor of the Centre for Kinesiology, Health and Sport and features well over 6000 square feet of training area as well as a four lane 200-meter indoor track. The Fitness Centre offers plenty of cardio equipment, weight machines and free weights to help you get, improve or maintain your level of fitness. A valid Student Card and/or Membership Card is required to enter the centre.

**Note:** Students will be provided access free of charge with the presentation of a valid Student ID Card. A variety of membership packages are available for purchase. For more information on rates or services offered, contact the Recreation and Athletics Services Office at 306-585-4371.

### Hours of Operation:

Please see the website <https://www.uregina.ca/recservices/fitness-centre/index.html> for the most up to date Hours of Operation.

### Aquatics Centre

The Aquatics Centre is located on the main floor of the Centre for Kinesiology, Health and Sport and features a four-foot deep, 25-metre swim tank and a 12-foot-deep tank. Registered students are able to access the pool free of charge upon presentation of their student card at the Facilities Services Counter. An aquatics admission token will be

issued and must be presented to the lifeguard upon entry into the pool area.

Swim times are available on the U of R website:  
[www.uregina.ca/recservices/aquatics/open-swim.html](http://www.uregina.ca/recservices/aquatics/open-swim.html).

The Aquatics Program offers a variety of children's swim lessons, adult learn to swim classes, stroke improvement, and aqua fit classes. These classes are all fee for service and are open to everyone. Monthly pool memberships are also available. Contact the Recreation and Athletics Services Office at 306-585-4371 for more information.

#### Facilities Services

The Centre for Kinesiology, Health and Sport (CKHS) indoor facilities include a fitness centre with a four lane, 200-metre running track, one three-court gymnasium, two additional auxiliary gymnasiums, swimming pool and aerobic/dance studio. Outdoor facilities include a state-of-the-art artificial turf field, two additional auxiliary grass fields, basketball courts and beach volleyball courts. Most facilities are available for rent by contacting our booking clerk at [ckhs.book@uregina.ca](mailto:ckhs.book@uregina.ca). Information about open recreational times can be found on our website at [www.uregina.ca/kinesiology/facilities](http://www.uregina.ca/kinesiology/facilities)

#### Community Programs and Services

The Faculty of Kinesiology and Health Studies offers a number of group fitness classes, Red Cross Swimming lessons, First Aid/CPR classes that are open to the community at a fee for service. They also offer a variety of Children's Programs, including Summer Sports School, Cougar Camps, PD days and more. For the most up to date information visit the web site [www.uregina.ca/recservices](http://www.uregina.ca/recservices).

University physical activity facilities are used, when possible, to assist with the programming of community physical activities. Community leagues include sports such as basketball, soccer, volleyball, and touch/flag football. As well, educational and service organizations conduct portions of their programs using the Centre for Kinesiology, Health and Sport. For more information e-mail [ckhs.book@uregina.ca](mailto:ckhs.book@uregina.ca)

#### Centre for Health, Wellness and Performance

The Centre for Health, Wellness and Performance offers a variety of fee for service programs and services for students, faculty, staff and the Regina community. Programs include First Aid/CPR classes, personal training, occupational training and testing, fitness assessments, cardiac rehabilitation programs, programs for people with chronic disease, and more. Services include Physiotherapy, Athletic Therapy, Chinese Medicine, Massage Therapy and Chiropractic Services. For more information visit the website <https://www.uregina.ca/kinesiology/dpsc/>

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## MUSICAL ENSEMBLES

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For more information about any of the ensembles, contact:

#### Department of Music

Dr. William Riddell Centre Room 257.1  
University of Regina  
Regina, SK S4S 0A2  
Tel: 306-585-5532  
Fax: 306-585-5549

Credit for participation is possible, and students are encouraged to register formally through their faculty.

#### University Wind Ensemble

The Wind Ensemble is a select group of wind and percussion players. This group performs a variety of wind masterworks and new compositions. Permission of the instructor is required.

#### University Chamber Singers

The Chamber Singers is an award-winning, select ensemble of approximately thirty singers specializing in the performance of a cappella choral repertoire. Audition by instructor is required. This ensemble performs at least one concert each term.

#### University Concert Band

This ensemble includes University students as well as a number of members of the community at large. It performs a wide variety of literature for this medium. Entrance is open but a placement audition is required. The band presents one concert each term.

#### University Concert Choir

The concert choir is open to University students and members of the community. The choir presents one concert each term.

#### University Jazz Ensemble

The Jazz Ensemble is a select group made up of University students and community members performing the best in big band literature. Audition by instructor is required. This ensemble performs at least one concert each term.

#### University Orchestra

This ensemble includes University students as well as a number of members of the community at large. It presents items from the orchestral repertoire as well as concertos and other solo works. The orchestra presents one concert each term.

#### University Jazz Ensemble II

The Jazz Ensemble is also an auditioned group made up of University students and community members performing the best in big band literature. Auditions are conducted at the beginning of each term. This ensemble performs at least one concert each term.

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## STUDENTS' UNION

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The Students' Union (website: [www.ursu.ca](http://www.ursu.ca)), an organization incorporated under *The Non-Profit Corporations Act* of Saskatchewan, is an autonomous body that represents students to the University, community, and government. The Students' Union also offers services to students to improve the quality of their lives while they attend the University. Visit them at RC 221. Follow on [Facebook](#), [Twitter](#), and [Instagram](#).

Students' Union fees are assessed based on a base fee plus the number of credit hours in which a student is enrolled. These fees are used to operate the various services, programs, activities and events of the Students' Union.

In order to manage the various programs, the Students' Union employs many full-time and part-time staff charged with maintaining and promoting the Students' Union. The Students' Union is governed by a Board of Directors comprised of constituencies corresponding to the faculties and federated colleges of the University as well as identity based at-large positions. For a full list of Board of Directors positions, visit: [www.ursu.ca/governance](http://www.ursu.ca/governance).

In addition, students are entitled to vote for four full-time Executive on the board of directors:

- President [pres@ursu.ca](mailto:pres@ursu.ca)
- Vice-President Operations and Finance [vpof@ursu.ca](mailto:vpof@ursu.ca)
- Vice-President Student Affairs [vpas@ursu.ca](mailto:vpas@ursu.ca)
- Vice-President External Affairs [vpext@ursu.ca](mailto:vpext@ursu.ca)

Any student who is enrolled for credit at the University and pays Students' Union fees is entitled to seek and hold office subject to the limitations of *The Non-Profit Corporations Act* of Saskatchewan.

Students with questions about a program or service of the Students' Union can stop by the offices at the Dr. William Riddell Centre or telephone 306-586-8811 ext. 201.

#### The Carillon

The student newspaper, *the Carillon*, covers campus, local, and national news of interest to students. The offices of *the Carillon* are located in the Dr. William Riddell Centre. Students are encouraged to join the newspaper. They do not need any previous experience working for a newspaper to join. For information on deadlines, news assignments,

editorial policy, or any other matter pertaining to the newspaper, contact *the Carillon* at 306-586-8867.

### Student Clubs

All students can participate in the Students' Union's clubs and faculty societies. For more information on what clubs and societies are available, visit [URSU VIBE](https://www.ursu.ca/vibe).

### Student Societies

The Students' Union funds faculty student societies through the President's Advisory Council. The Council is made up of campus Presidents of all major faculty student societies. Please see the website at: [ursu.ca/campus-life/campus-societies](https://www.ursu.ca/campus-life/campus-societies).

### Good Food Box

The Students' Union is a neighbourhood depot for the Good Food Box Program through REACH Regina. Students can purchase fruits, vegetables and other perishables every two weeks at a very reasonable price. All you have to do to participate in the program is come up to the Students' Union Front Desk and purchase one of the Good Food Box options. Good Food Box order cut-off dates and drop-off dates can be found online: [ursu.ca/services/good-food-box](https://www.ursu.ca/services/good-food-box) or at the URSU Member Services Desk.

### URSU Cares

URSU offers many services to help students under the "URSU Cares" program. Students can receive free business attire for applying to jobs or receive free groceries every two weeks with a \$10 Pantry membership or get a free breakfast at the Owl once per month. [URSU Cares](https://www.ursu.ca/cares) is here to help you.

If you have any extra food or clothing to donate, your fellow students will greatly appreciate it. Just bring them to the URSU Member Services desk (RC221).

### Classifieds

The URSU Classifieds is a free service that can aid students in finding housing accommodations or sell their used textbooks. It is available at [classifieds.ursu.ca](https://www.classifieds.ursu.ca).

### Graphic Design, Printing and Faxing

URSU offers, printing, graphic design and faxing. The Fax Service is located at the Students' Union front desk (RC221). Students who wish to receive a fax at the URSU offices should make sure to have the sender clearly write the students' name on the fax. Fax: 306-586-8812. Rates for printing, design and faxing are available at: <https://www.ursu.ca/services/graphic-design-printing/>

### Advertising

URSU TV is designed to provide information about upcoming events and ongoing services to students while also providing a feed of relevant information, including news and weather. It is also designed as an advertising medium for the university at large and for commercial businesses. For more information, please go to [this link](https://www.ursu.ca/tv) or e-mail at [tv@ursu.ca](mailto:tv@ursu.ca).

### Student Advocate

The Student Advocate is available to assist University of Regina students who are experiencing difficulties with all facets of their lives. Students who are undergoing financial, academic or personal troubles are encouraged to seek the advocacy services at the Students' Union. The Office of the Student Advocate (RC 221.8) acts as a referral agent. It provides a comprehensive Resource Information Centre, accessible to all University of Regina students. For more information or a confidential meeting, students are invited to visit the Students' Union, e-mail <mailto:advocate@ursu.ca> or call 306-586-8811 ext. 204.

### U-Pass

The U-Pass is a program designed for University of Regina students that will allow them to use Regina Transit as much as they like for a once-per-term fee. By paying the mandatory fee of \$87.60 each term, they will in turn get a city-wide transit pass valid for the whole term (4 months) at rate cheaper than current discounted student rates of \$78 per month. Students who live out of town or within the designated opt-out zones are able to opt out of the program. For more information visit [ursu.ca/upass](https://www.ursu.ca/upass).

### Student Handbook

The Students' Union publishes a handbook every fall, which is a reference guide for the Students' Union's services, University services, and a day planner all in one Student Handbooks may be obtained any time from the URSU Front Desk in the Riddell Centre, while quantities last.

### Student Health and Dental Plan

The Students' Union offers its members affordable health and dental coverage. All students enrolled in nine (9) or more on-campus/off-campus credit hours as of the last day to receive a full refund in the Fall term part of term 1 courses (Deadlines and Important Dates section in this Calendar) are assessed a fee that covers the cost of the URSU Health and Dental Plan. The Plan provides them with health and dental coverage for 12 months, from September 1 to August 31 of the next year. Students already covered through another plan may opt out of the URSU Health and Dental plan online no later than the last day to pay fees without penalty. Those members who are not automatically assessed the fee but wish to have coverage are able to enroll in the plan. URSU members can also enroll their spouse and/or dependents for an additional fee. For more information, consult the website at: [studentcare.ca](https://www.studentcare.ca), or <http://www.ursu.ca/services/health-dental-plan/>.

### Mywellness

mywellness is the only e-Mental Health program that moves students from awareness to action. mywellness was specifically developed with the Canadian post-secondary student in mind and focuses on the full cycle of support including awareness, education, and care.

Visit <https://www.mystudentplan.ca/ursu/en/mywellness> for more info.

### The Owl (Students' Union Pub and Restaurant)

The Owl offers a variety of food (including veggie options) and beverages to its patrons. The Owl offers exciting programming throughout the week and is a great place to relax during the day. Highlights include Wednesday trivia and Friday cabarets. All patrons are welcome until 8 p.m. After 8 p.m., patrons must be age 19 or older.

### Women's Centre

The Women's Centre works to establish equality for all students at the University. The Women's Centre provides peer counseling, referral services to various agencies, support for those lodging harassment complaints, and reference library for women's issues. It organizes events and programs around issues of equality. The Women's Centre is located in RC 226, 306-584-1255.

### 24-hr Computer Lab

The Students' Union and the University of Regina's Computing services teamed up to provide students with a computer lab that is available 24 hours a day, seven days a week. The computer lab is located next to the URSU Member Services desk on the second floor of the Riddell Centre.

### Emergency Bursary Fund

The Students' Union Emergency Bursary Fund is to help students' who are in financial trouble. Students in a financial emergency may be eligible for funds for rent, food or other expenses. To apply for emergency funds please contact the Student Advocate.

### Refugee Student Fund

Every time students pay their student union fees, they help to bring refugee students to the University of Regina. Working with World University Service of Canada (WUSC), the URSU provides funding for refugees to escape countries in turmoil and for the chance at a better life in Canada. To get involved with the refugee program, contact the Vice-President Operations and Finance or WUSC directly.

### UR Pride Centre for Sexuality and Gender Diversity

The UR PRIDE Centre for Sexuality and Gender Diversity offers a range of services related to LGBTQI (lesbian, gay, bisexual, transgender, queer, or inter-sex) concerns. In addition to providing a safe space to meet, socialize, and explore relevant issues, UR PRIDE also assists members of the University community who need support, information, or research material related to LGBTQI issues or homophobia prevention. University of Regina policy guarantees a safe and welcoming environment for LGBTQI staff and students and the UR PRIDE Centre works closely with the University to make sure these values are upheld. All people, regardless of sexual orientation, are welcome, and students seeking opportunities to gain volunteer skills or leadership experience are always encouraged to get involved. Visit [www.urpride.ca](http://www.urpride.ca) for additional information.

### Lockers

Most lockers on campus are administered by the Students' Union. They can be rented for the fall, winter, and spring/summer terms for a nominal fee, plus an additional refundable deposit. Lockers are available near the Archer Library, the Laboratory Building, College West, Riddell Centre, the Centre for Kinesiology and Health Studies, and the Education Building.

URSU does not administer ALL of the lockers on campus. Students looking for a gym locker should contact Recreation and Athletic Services. There are also a limited number of lockers available in the La Cité (contact [La Cité](#)) and the Laboratory building.

For more information about URSU's Locker Rental Program, visit: [ursu.ca/lockers](http://ursu.ca/lockers)

### Table Rentals

You know those tables you see as you're walking down the hall - the ones with people trying to give you information, or with the cool stuff for sale? Those are available to you too. Students who have an event or a club that they want to advertise, or sell tickets to, or if they have things that

they want to sell, come and talk to the Front Desk at the Students' Union. Campus clubs and societies get those spaces to use for free (in fact we encourage it). Businesses can rent tables for reasonable daily rates.

### Welcome Week

Before schoolwork gets too hectic, we're going to welcome you back in style! We've got so much for you to do in the first week of school in September that you're going to be longing for that second week of classes – just so you can get a break! Parties and activities are available for every group – new students and returning students; young students and mature students; drinkers and non-drinkers. Highlighted by the Concert on the Green and capped off by the biggest Friday night party of the year in the Owl, we've got something for you to do. Welcome Week is also a great opportunity to meet fellow students and get involved in a campus club or social justice group.

### Regina Public Interest Research Group

The Regina Public Interest Research Group (RPIRG) is an organization that seeks to empower students to do work on social justice (e.g. poverty, homelessness) and environmental issues. Every Students' Union member is also a member of RPIRG and is eligible to apply for funding, run for the Board of Directors, volunteer and work for RPIRG. For additional information visit <http://rpirg.org>

### Engineers Without Borders

Engineers Without Borders (EWB) is an international organization of engineers and engineering students dedicated to improving the lives of those in developing countries through their expertise in engineering. For additional information visit <http://uregina.ewb.ca/>.

### Varsity Club Athletics Board

The Varsity Club Athletics Levy was created in response to a loss of funding for the Varsity Club Teams at the University of Regina. These funds go towards supporting the teams and funding new teams. These funds are distributed based on recommendations by a board comprised of individuals from all the varsity club teams. For additional information please e-mail the URSU VP Operations and Finance at [vpof@ursu.ca](mailto:vpof@ursu.ca).

### Campus Poster Boards

URSU has a number of Poster Boards around campus that are useful for advertising anything that might interest students. All posters hung on these boards require approval from URSU Member Services staff and must follow the URSU Poster and Tabling Policy. For additional information visit: [ursu.ca/services/campus-poster-boards](http://ursu.ca/services/campus-poster-boards).