WELCOME TO U of R RESIDENCES!
For many of you, this will be your first time living away from home. You may be very excited and possibly a little nervous, but living in residence will without a doubt be one of the most unforgettable experiences of your life. We have friendly staff that will do their best to answer any of your questions and we also offer non-stop opportunities for social engagement to get you involved on campus.

The residence community is exciting and diverse. It is made up of people from many different backgrounds that have come together with one common goal: to further their education! You will find other similarities and some interesting differences amongst all of the people that you will meet during your stay with us. We encourage you to be open to the diversity around you by sharing your interests and thoughts with others while also listening to others’ experiences and learning from them. Getting to know each other is very important in creating a welcoming and comfortable community of mutual respect.

Whether you’re a residence rookie or a returning resident, please ensure you read this Residence Guide to make sure you are up-to-date with any changes in residence. We hope that you enjoy your stay in Residence and take full advantage of all the opportunities that only people living on campus can offer!
IMPORTANT DATES

FALL 2016

September
6  Student orientation
7  Start of term
     Start of classes
20  Due date for tuition, rent, & fees

October
4  End of penalty-free payment period for tuition & fees
     End of 50% refund period for tuition & fees
10  Thanksgiving Day – no classes

November
11  Remembrance Day – no classes
15  End of grade-of-W drop period

December
6  End of classes
9  Start of examination period
22  End of examination period
End of term
24  Christmas break starts – University closes at 3:00 P.M.

WINTER 2017

January
3  Christmas break ends – University opens at 8:15 A.M.
5  Start of term
     Start of classes
18  Due date for tuition, rent, & fees

February
1  End of penalty-free payment period for tuition & fees
     End of 50% refund period for tuition & fees
20  Statutory Holiday (Family Day – no classes)
21  Start of winter break
25  End of winter break

March
15  End of grade-of-W drop period

April
12  End of classes
14  Good Friday – no classes
15  Start of examination period
28  End of examination period

End of term

PUT THIS ON YOUR CALENDERS!
The Kīšik Residence Office is located in room KI149, which can be found immediately inside Kīšik Towers.

**Front Desk Hours of Operation**
8:15 a.m. – 4:30 p.m. Monday to Friday
Payments accepted
8:15 a.m. – 4:00 p.m. Monday to Friday

*If you need assistance outside of office hours, Resident Assistants and Community Assistants will be available at the Residence Kiosks*

**PROFESSIONAL STAFF**

**FRONT DESK**
The front desk staff members are always happy to answer your questions, (help you pay rent), retrieve your mail and parcels, or help fill out any residence forms depending on your needs! They are also happy to help through email at: residences@uregina.ca.

**MANAGERS**
The Residence Managers are often behind the scenes; however, they love to hear from residents. Whether it be a concern, question, or compliment- we’d love for you to drop by and say hello!

**STUDENT STAFF**

**RESIDENCE LIFE COORDINATORS (RLCs)**
The Residence Life Coordinators live in residence with you. They are students who have been hired to create a supportive and comfortable environment for students to live and learn. RLCs manage the Resident Assistant team and ensure that Residence Life activities are executed appropriately and effectively within our community.

UNIVERSITY OF REGINA RESIDENCES 2016-17
Resident Assistants also live in residence with you. They are students who have been hired and trained to assist you and the residence community. They run events throughout the semester, but they are also your first point of contact if you want to get involved or have a problem after hours, such as locking your keys in your apartment or roommate issues. There is an RA for each building on call every night, and you can call them any time the office is closed, or you can visit them at the kiosk between 7:00 P.M. and 9:00 P.M. in your building! The kiosk in La Résidence on the second floor is only open two nights per week. These nights will be posted within the first week of the semester.

You can reach the RAs through these phone numbers when the office is closed:

<table>
<thead>
<tr>
<th>RA On Call in...</th>
<th>Phone number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wakpà Tower</td>
<td>306-530-5570</td>
</tr>
<tr>
<td>Paskwàw Tower</td>
<td>306-530-5571</td>
</tr>
<tr>
<td>Kíšik Towers West and Floors 2 &amp; 3</td>
<td>306-519-9552</td>
</tr>
<tr>
<td>Kíšik Towers East and Floors 4 &amp; 5</td>
<td>306-519-5763</td>
</tr>
<tr>
<td>La Résidence</td>
<td>306-535-5593</td>
</tr>
</tbody>
</table>

If you are interested in becoming an RA, please visit our website for more information.
Community Assistants are staff who are available to assist you and answer your questions outside of regular office hours. They can be found at the residence kiosks when the office is closed, and when the RA is not at the kiosk.

<table>
<thead>
<tr>
<th>COMMUNITY ASSISTANT</th>
<th>PHONE NUMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wakpà Tower</td>
<td>306-585-5455</td>
</tr>
<tr>
<td>Kišik Towers</td>
<td>306-337-3200</td>
</tr>
</tbody>
</table>
OCCUPANCY PERIOD
You have signed a residence contract for two semesters and are financially responsible for the full term of the contract, regardless of when you are done your final exams in December or April. This occupancy period includes the break between the fall and winter semesters.

Under normal circumstances, students are not allowed to arrive earlier or stay later than the prescribed occupancy period; however, in special circumstances allowances may be approved. All requests for additional time must be approved through the Residence Office and **must** be in writing. This can be done by emailing residences@uregina.ca. Please include your name, student number and your requested extension date. You may be asked to provide documentation of your reason (flight schedule, etc.). Requests must be submitted at least 3 weeks prior to your scheduled departure date. All approved late move-out requests are subject to a daily rental charge of $35.

If a student cancels their reservation for a future semester (i.e. cancels their spring/summer reservation during the winter semester) their move-out date will become that stated on their standing contract (24 hours after their last exam). If they cancel their future reservation after that date, then late move-out fees will apply for each day beyond the date determined by the standing contract.
RENT
Your residence fees are calculated per semester, not per month. Each semester’s fees are due on the first day of classes for each semester, and encompass the period between move-in day and 24 hours after your last exam or the final date on the residence contract (whichever comes first). Fees will not be recalculated based on late arrivals.

At the Kīšik Residence Office, payments are accepted between 8:15 a.m. and 4:00 p.m., Monday through Friday, except on holidays. You can also pay online or at Financial Services, but it is your responsibility to notify Residence Services via email so that we can make the necessary adjustment to your residence account.

Rent payment due dates:
Fall semester: September 7th, 2016
Winter semester: January 5th, 2017
Spring and summer semesters: On the 1st of each month

Please note:
If you require a payment plan, please fill out the form online to make an appointment with one of our managers to discuss your options.

After you applied to live in residence and received a room offer, you were required to pay a confirmation fee of $200 and a security deposit of $200. Now that you have moved into residence, the confirmation fee will be applied toward your first rent payment. The Security Deposit will be carried forward from year to year as long as you are in residence or apply to return. At the end of your academic program (i.e., you are not coming back to residence next year) we will return the Security Deposit to your student account after your room has been inspected for cleanliness and damage, provided you do not owe any money to the University of Regina.

Please note: If you cancel your reservation at any time and for any reason after you move in, you will no longer be eligible to collect your Security Deposit.

All students who move out of residence permanently should expect their Security Deposit to be credited to their student account about six weeks after their departure date. Students can contact Financial Services for reimbursement once the credit has been made, provided no other money is owed to the University. International students with special banking requirements should contact Residence Services at least two (2) weeks prior to moving out to discuss other refund options.
EXTENDING YOUR STAY & CANCELLATION

Your move-out date is either (a) twenty-four hours after your last exam, or (b) the final
date on the residence contract, whichever comes first. If you need to extend your stay
past your move-out date, please email Residence Services with your reason and pre-
ferred move-out date. We will email you back to let you know if your request has been
approved.

If a student wishes to cancel their residence contract before the expiry date, they
must complete a Contract Cancellation Form (available from the Residence Office).
Managerial approval is needed to finalize the cancellation. Only medical or academic
reasons for withdrawal will be considered for approval.

Documentation of medical or academic reason for withdrawal is required for cancel-
lation. Acceptable documentation includes but is not limited to a doctor’s letter, con-
firmation of graduation, confirmation of exchange program, proof of withdrawal from
classes, confirmation of RTD, etc. Please note that all doctor’s letters must be typed
up on official letterhead. Notes written on prescription pads will not be accepted.

All students who cancel their contract prior to the expiry date will forfeit their securi-
ty deposit, regardless of their reason for leaving. Students who cancel their contract
without approval or those who abandon their room prior to the expiry date will also
receive a departure fee equal to a minimum of 1/2 the semester’s rent.

No adjustment to rent will be made for those vacating the residence after November
1 of the fall semester, March 1 of the winter semester, or August 15 of the spring &
summer semesters. In the spring & summer, requests must be submitted to the office
with a minimum 30 days notice to cancel a residence contract without financial pen-
alty.

Exceptions: Forfeiture of the security deposit will be waived for exchange students and
graduating students who complete a contract cancellation request before October 11,
2016.
CUSTOMIZING YOUR ROOM

We encourage you to customize your room and make your suite your new home; however, we ask that you do not attach anything onto the walls, doors, or furniture in order to avoid any damage that may be caused.

If you want to customize your room with furniture, please be advised that larger pieces of furniture need to be approved by a Residence Manager prior to being brought into a residence building. We also ask that you leave residence furniture in the room in which it belongs. Removal of residence furniture from its room without proper authorization is considered theft, and may result in a financial charge.
LIVING-LEARNING COMMUNITIES (LLC)

Living-Learning Communities are an exciting residence opportunity! If you are living in an LLC, you will have access to special programming and events in residence with the help of students who live in all of the buildings. If you see a movie coming out that you want to watch, or you feel like playing laser tag with a bunch of friends, please come let us know and we can help pay for it, provide transportation, and invite all residents so that we can all have a blast!

The RCC is responsible for providing fair and unbiased review of student conduct issues in residence. They work to ensure the respectful living environment is maintained and that students contribute to the well-being of the community.

RESIDENCE COMMUNITY COUNCIL (RCC)

The Residence Community Council has weekly meetings and is always accepting new members with no commitment required (but appreciated!). The RCC plans activities and events in residence with the help of students who live in all of the buildings. If you see a movie coming out that you want to watch, or you feel like playing laser tag with a bunch of friends, please come let us know and we can help pay for it, provide transportation, and invite all residents so that we can all have a blast!

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LIVING-LEARNING COMMUNITIES (LLC)

Living-Learning Communities are an exciting residence opportunity! If you are living in an LLC, you will have access to special programming and events, in addition to regular residence life programming. Enjoy the advantages of living with likeminded people! Support each other, participate in a variety of LLC activities and be proud of your community. The Residence Life team will be contacting all members in your community via email throughout the semester. If you have any questions regarding LLC’s, please contact our coordinator, Ben Slowski, at Ben.Slowski@uregina.ca.

UR NUTRITION

UR-Nutrition is made up of students on a dining plan students, a residence manager, and a representative of Chartwells Food Services. They meet approximately once per month to discuss what it’s like to have a meal plan, the positive aspects of food services, and what can be improved! Look for an email from Residence Services to join.

INTRAMURALS

To ensure residents have a healthy and balanced lifestyle at the University of Regina, Residence Services and the RCC have spaces available for residents to sign up as individuals or as teams for Intramurals. There are a variety of sports to choose from, and it’s an on-campus activity that is not only fun but healthy, too!
CLEANING & HEALTH

YOUR WELLBEING IS OUR TOP PRIORITY

UNIVERSITY OF REGINA RESIDENCES 2016-17
**LAUNDRY**

Residence Services has card-operated laundry rooms located in each of our buildings. The machines are Smart-Card operated; residents will need to purchase a laundry card from one of the machine in select buildings. Laundry cards cost $5.00 each (non-refundable) to purchase and must be filled with at least an additional $5.00 (cash, debit or credit) at the card station before it can be used in the washer/dryer. The cost of laundry is $1.25 per wash and $1.25 per dry.

Card stations can be found at the following locations:

<table>
<thead>
<tr>
<th>Service</th>
<th>Wakpá Tower</th>
<th>Paskwāw Tower</th>
<th>Kišik Towers</th>
<th>La Résidence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Garbage &amp; Recycling Room</td>
<td>Main floor, behind the Residence office (past resident mailboxes)</td>
<td>Main floor, beside the C-Store</td>
<td>Main floor, beside resident mailboxes, and 2nd floor, West Wing in the laundry room</td>
<td>West 144.2</td>
</tr>
</tbody>
</table>
Residence provides some household equipment for you to keep your suite clean; however you must provide some of your own supplies and cleaning products.

<table>
<thead>
<tr>
<th>Equipment that can be signed out and borrowed for two hours:</th>
<th>Household products provided by Residence at kiosk and at the office:</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Mops and buckets</td>
<td>- Garbage bags (small and large)</td>
</tr>
<tr>
<td>- Brooms and dustpans</td>
<td>- Light bulbs</td>
</tr>
<tr>
<td>- Toilet plunger</td>
<td>- Vacuum bags</td>
</tr>
</tbody>
</table>

Suggested list of supplies to purchase:

<table>
<thead>
<tr>
<th>Wash cloths</th>
<th>100% cotton terry rags or “J” cloths are great. Be sure to let them dry after use</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foaming bathroom cleaner</td>
<td>A foaming spray cleaner is great for cleaning tubs and showers, and will easily remove soap scum and buildup. It is non-abrasive and easy to use, and it works best if used on a regular basis.</td>
</tr>
<tr>
<td>Cream cleanser</td>
<td>Never use powdered cleanser on a tub or shower stall. These are made of acrylic and use of a powdered cleanser will destroy and scratch the finish. A cream cleanser is suitable for basin sinks only, and a foam spray cleaner is highly recommended.</td>
</tr>
<tr>
<td>Oven cleaner</td>
<td>Aerosol spray or pump; “overnight” variety works best on a cold oven.</td>
</tr>
<tr>
<td>Toilet bowl cleaner</td>
<td>Products made specifically for cleaning and disinfecting toilet bowls.</td>
</tr>
<tr>
<td>Toilet bowl brush</td>
<td></td>
</tr>
<tr>
<td>Paper towels</td>
<td></td>
</tr>
<tr>
<td>Glass cleaner</td>
<td>Generic brands work fine, but vinegar and water is an all-natural substitute</td>
</tr>
<tr>
<td>Rubber gloves</td>
<td>For your protection</td>
</tr>
<tr>
<td>Disinfectant cleaner or detergent</td>
<td>Many good products are available at grocery stores, but dish detergent is NOT usually suitable for cleaning fixtures, as it will leave a film if not properly rinsed and will attract further soiling.</td>
</tr>
</tbody>
</table>
CLEANING & HEALTH

CLEANING INSPECTION
Residents are responsible for the cleanliness of their apartments and dorm rooms. Keeping your suite clean contributes positively to your overall well-being, and it is also important for your health and safety.

Cleaning responsibilities are to be scheduled and divided among roommates at the beginning of each semester. Your RA will provide the cleaning schedule sheet for each apartment, and then it’s up to you and your roommates to fill it out. The cleaning schedule must be hung either on the back of the main suite door or on the refrigerator.

Regular monthly inspections are done to ensure cleanliness and to report any damages to each apartment. Should the standard of cleanliness be found unacceptable at the time of inspection, a written cleaning notice itemizing the areas to be cleaned will be issued, and a deadline date will be given for the completion of the work. The suite will be re-inspected on the date stated on the cleaning notice. Should the standards of cleanliness be found unacceptable at the re-inspection, the housekeeper will clean the failed area(s) and a cleaning service charge will be added to the account of the resident who was assigned to that area.

CLEANING SERVICES
Are you overwhelmed by school? Need a hand with cleaning? Residence Services is pleased to announce our new cleaning service program. For a reasonable flat fee of $42.50, Residence Services housekeeping staff will clean the area that you are assigned on the cleaning schedule! This service will provide up to a maximum of one hour during the week of the scheduled cleaning inspections. If this sounds like a program that you would benefit from, complete our online cleaning request form now! Please note that payments must be made in advance to the Kīšik Towers residence office.

Please contact the RA or Residence Services if your suite does not have a cleaning schedule
When living in residence in such close quarters with other students, maintaining good personal hygiene and health becomes very important for everyone’s health and wellness. For those who share a common bathroom, it is best to use your own personal products and to dispose of personal hygiene products in the proper manner.

The University of Regina endeavors to provide a safe and healthy environment for students, faculty, staff and visitors. On the University of Regina’s Health, Safety and Wellness web page, you can find more information about how to improve and maintain your health and wellness in all aspects of life.

If you have been diagnosed with an illness or disease, are unsure if you should keep attending University classes or work, or are concerned that a student is ill and is at risk of spreading their illness, you can confidentially report to health.safety@uregina.ca and/or by phone at 306-585-4776. All advice and support is provided in consultation with Regina Qu’Appelle Health Region Public Health medical professionals.
WE TAKE CARE OF YOUR COMFORT SO YOU CAN FOCUS ON YOUR STUDIES!
## QUICK REFERENCE

<table>
<thead>
<tr>
<th>Service</th>
<th>Wakpà Tower</th>
<th>Paskwāw Tower</th>
<th>Kišik Towers</th>
<th>La Residence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bike Storage</td>
<td>-</td>
<td>Basement 014</td>
<td>-</td>
<td>Loading dock (inside)</td>
</tr>
<tr>
<td>Computer Labs</td>
<td>319</td>
<td>319</td>
<td>Floor 4 East</td>
<td>Floor 4, 5, and 8</td>
</tr>
<tr>
<td>Game Room</td>
<td>Floor 2</td>
<td>-</td>
<td>Floors 2-4 West</td>
<td>-</td>
</tr>
<tr>
<td>Garbage &amp; Recycling Room</td>
<td>115</td>
<td>115</td>
<td>East 158.2</td>
<td>Loading dock (outside)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>West 144.2</td>
<td></td>
</tr>
<tr>
<td>Laundry Room</td>
<td>218</td>
<td>218</td>
<td>Floor 2 West and East</td>
<td>Floor 8</td>
</tr>
<tr>
<td>Mailboxes</td>
<td>Beside Wakpà Residence office</td>
<td>Beside Wakpà Residence of-</td>
<td>Beside Kišik Residence Office</td>
<td>2nd floor, beside kiosk</td>
</tr>
<tr>
<td>Music Room</td>
<td>201.4</td>
<td>201.1</td>
<td>West 449</td>
<td>-</td>
</tr>
<tr>
<td>Party (Activity) Room</td>
<td>-</td>
<td>Basement 013</td>
<td>Floors 1 and 14</td>
<td>-</td>
</tr>
<tr>
<td>Recycling Room</td>
<td>115</td>
<td>115</td>
<td>East 158.2</td>
<td>Loading dock (inside)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>West 144.2</td>
<td></td>
</tr>
<tr>
<td>Storage Lockers</td>
<td>Basement 014</td>
<td>-</td>
<td>-</td>
<td>422, 522, 622, 722, 822</td>
</tr>
<tr>
<td>Study Lounge</td>
<td>419</td>
<td>419</td>
<td>Floor 2 and 3 East</td>
<td>Floor 4</td>
</tr>
<tr>
<td>TV Lounges</td>
<td>Floors 3-5 and 12</td>
<td>Floors 2-5 and 12</td>
<td>Floors 1-5 &amp; 14 East and West</td>
<td>Floors 6, 7, and 8</td>
</tr>
</tbody>
</table>
MAIL

Each resident is assigned a mailbox and is given a mailbox key with your move in package. Your mailing address is stated on your move-in package. To ensure your mail is processed correctly, your mail should be addressed as follows:

Mailing Address:
Your Name
Box # Residence Abbreviation
Residence Building
3737 Wascana Parkway
University of Regina

Example:
Jane Doe
Box 000 KI
Kīšik Towers
3737 Wascana Parkway
University of Regina

Residence Abbreviations
Wakpà Tower          WA
Paskwāw Tower        PA
Kīšik Towers         KI
La Résidence          LI

If you are alerted by your postage delivery service that your mail has arrived, please note that it has only arrived at the University of Regina’s central mail room. Please allow 1-2 days for the University to sort and process incoming mail. Residence Services will then receive and process your mail before putting it into your mailbox. When a parcel or package arrives at residence, you will receive a pick-up slip in your mailbox with instructions for pickup.

Please note that Residence Services will not accept cash on delivery (COD) items.

If you wish to send mail, stamps can be bought from the Golden Prairie Confections store located in the Riddell Centre. You can then bring stamped letters to the residence office, and it will be sent the following business day.

When you move out, Residence Services does not forward mail. It is your responsibility to initiate a change of address, as all mail will be returned to the sender.
TELEPHONE & VOICEMAIL

Each apartment and dorm in residence is provided a landline telephone. Your phone number is found on your move-in package. Residence Services does not give out telephone numbers, so make sure to tell your loved ones how they can reach you.

<table>
<thead>
<tr>
<th>WHEN USING THE TELEPHONE PROVIDED, PLEASE NOTE:</th>
<th>EXAMPLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) You can reach anyone on campus by dialing the last four digits only.</td>
<td>To call Campus Security, you can pick up the phone and dial 4999</td>
</tr>
<tr>
<td>2) If you are dialing off campus, you must dial 9, the area code (306 for Regina), and then the phone number.</td>
<td>For example, 9-306-585-5450</td>
</tr>
<tr>
<td>3) To dial 911 in an emergency, you do not need to dial 9 first.</td>
<td>Campus Security is notified when an emergency call is placed by an on-campus phone Only dial 9-1-1</td>
</tr>
<tr>
<td>4) If you wish to make a long distance call, you must either use a prepaid calling card or place a collect call</td>
<td></td>
</tr>
<tr>
<td>5) If you wish to make an international call, you will need to dial 9-0, and then the number</td>
<td></td>
</tr>
</tbody>
</table>

Students living in Kīšik, Wakpà, and Paskwāw Towers have access to voicemail. To activate it, please follow these steps:

1. Press the message/inbox button on your phone, or dial 4800
2. Enter the temporary password: **08520852**
   a. Please contact Residence Services if this password does not work.
3. Follow the prompts to change the recorded name and message.
   a. The password you choose must be six digits long.
4. After you have set up your mailbox, there will be a red button that lights up on the phone when you have a message.
AMENITIES

INTERNET
Wireless internet is available in all residence buildings. If you cannot log on to the wireless network, please contact Information Services at (4685). You can also borrow an ethernet cable from Residence Services.

Rooms in Kīšik, Wakpà, and Paskwāw Towers are equipped with voice over IP phones. If you have a phone in your bedroom, you will need to plug the ethernet cable from your computer into the bottom of the phone. The phone is then plugged into the internet outlet in the wall.

Please be aware that personal wireless routers are not permitted in residence, as they conflict with the university’s wireless coverage.

CABLE
Each suite and living room has a hook-up for basic cable, and Residence Services has cables available for residents to borrow for the duration of their stay. TVs are not provided in apartments or dorms, but some common areas have televisions:

<table>
<thead>
<tr>
<th></th>
<th>Floors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wakpā Tower</td>
<td>3,-5, and 12</td>
</tr>
<tr>
<td>Paskwāw Tower</td>
<td>2-5, and 12</td>
</tr>
<tr>
<td>Kīšik Towers</td>
<td>1-5 and 14 West &amp; East</td>
</tr>
<tr>
<td>La Résidence</td>
<td>6, 7, and 8</td>
</tr>
</tbody>
</table>

Shaw cable is the provider for cable in residence. If you wish to upgrade your cable package, please inform Residence Services prior to contacting Shaw. Installation of cable from other providers is not permitted.
COOKING & DINING PLANS
All apartments are provided with stoves, microwaves, fridges, and deep freezers (in 4-bedroom apartments only). Dorms are not provided with cooking equipment, as it poses a fire hazard. As such, only kettles with an automatic shut-off feature are permitted. When in doubt, please check with Residence Services.

Students living in dorm-style accommodations at La Résidence, Kišik Towers, Paskwāw Tower and Wakpā Tower (does not have any cooking facilities) will automatically be placed on the Lighter Side Dining Plan for use during the Fall and Winter semesters.

Students living in two-bedroom apartments with a kitchenette (no stove) in Kišik Towers or in a studio apartment in Paskwāw and Wakpā Towers are required to purchase the Partial Dining Plan for the fall and winter semesters.

For more information, please visit http://www.uregina.ca/student/residence/meal-plans/resident-plans.html.

GROCERY BUS
Residence Services offers free grocery buses throughout the school year. The grocery bus is a weekly service that brings residents to Superstore and back. Check residence bulletin boards and TV signs for more information.

STORAGE
If you need extra storage, Residence Services has lockers available in Wakpā Tower, La Résidence, and Kišik Towers. You can rent a locker for the winter and fall semesters for a $25 rental fee. To renew your locker for the spring and summer, you will need to pay another $25 rental fee. Residence supplies the combination lock as well as the key card to access the area. Only one locker is permitted per resident, and the resident must be returning for the following semester to be eligible to rent.
U-PASS
The Universal Bus Pass, also known as the U-pass, is a program designed for University of Regina students that will allow them to use Regina Transit as much as they like for a once-per-semester fee. By paying the mandatory fee of $87.60 each semester, they will get a citywide transit pass valid for the whole semester at rate cheaper than current discounted student rates of $72 per month. Students who live out of town or within one kilometre of the university will be able to opt out of the program.

What will the U-Pass cost?
$87.60 per semester.

Which semesters are covered?
The fall and winter semesters. The fall semester coverage runs from August 29th, 2016 to January 9th, 2017. The winter semester coverage runs from January 2nd, 2017 to April 30th, 2017.

Will paratransit be included?
Yes! If you are a registered paratransit user, you can use the pass for that service as well.

When will activations and opt-outs be processed for the fall semester?
Activation and opt-out process will begin August 29th. The last day to opt-out is October 4th.

How do I activate my coverage?
New students have an integrated URegina Student ID/Bus pass card. Bring this to the front desk or multipurpose room and we will load a semester on the card. Existing students will receive a sticker to be placed on your URegina Student ID card. Bring your existing URegina Student ID to the front desk or multipurpose room at the start of the fall semester and we will add a pre-activated sticker to the card. If you would prefer an integrated card instead, you can purchase this from the Registrar’s Office for $10.

Where can I opt-out?
You can visit the multipurpose room from September 2nd to September 20th, 2016 or the URSU front desk from September 20th, 2016 to October 4th, 2016. You can also submit an opt-out request online via: frontdesk@ursu.ca
PARKING & BIKE STORAGE
If you’re ever wondering where to park on campus, check out the Parking and Transportation Services web page. Parking passes are available for residents so make sure you apply early!

Are you looking for a place to keep your bike? Residents can store their bicycles in the outdoor bicycle racks or in a bicycle storage area in residence. Please note that bicycles are not permitted in dorm rooms or apartments, so please utilize the designated spaces.

If you wish to store your bicycle indoors, please bring your bike to the Residence Office to receive a bike tag and a key card to access the room. If a bike is found in the bike room without an ID tag, it will be removed by Residence Services staff. All bike tags must be returned to the Residence Office upon move-out. Bicycles should be locked at all times and Residence Services is not responsible for any stolen or damaged bicycles.

<table>
<thead>
<tr>
<th>SERVICE</th>
<th>Wakpà Tower</th>
<th>Paskwāw Tower</th>
<th>Kīšik Towers</th>
<th>La Residence</th>
</tr>
</thead>
<tbody>
<tr>
<td>INDOOR BIKE STORAGE</td>
<td>-</td>
<td>101.3.1</td>
<td>-</td>
<td>Loading dock (inside)</td>
</tr>
</tbody>
</table>
AMENITIES

ACTIVITY ROOMS
If you’re planning on having a social gathering of a larger nature, you can book an Activity Room. Please contact Residence Services to find out which spaces are available!

COMMON AREAS & GAME ROOMS
Sometimes you need a break from studying. Whether you want to de-stress with a fun game of pool, or challenge your roommates to a Wii bowling tournament, our residences are equipped with many recreational options. We have table tennis, foosball tables, pool tables and air hockey. You just need to sign out the equipment from your residence kiosk.

Game Room locations:

<table>
<thead>
<tr>
<th>SERVICE</th>
<th>GAME ROOM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wakpá Tower</td>
<td>Floor 2</td>
</tr>
<tr>
<td>Paskwāw Tower</td>
<td>-</td>
</tr>
<tr>
<td>Kīšik Towers</td>
<td>Floors 2, 3, and 4 West</td>
</tr>
<tr>
<td>La Residence</td>
<td>-</td>
</tr>
</tbody>
</table>

EQUIPMENT & RESOURCES
Before you go out to buy extra equipment and entertainment, make sure to check out what Residence Services has to offer at the office and at kiosk! Residents have free access to sign out all sorts of equipment and resources.

As mentioned, residents can sign out game room equipment from the kiosk, but residents can also sign out the music room and computer lab keys. There are even DVDs and DVD Players that are available. Some other equipment you can get from the kiosk include mops, buckets, toilet plungers, light bulbs, garbage bags, brooms, and carts.
**AMENITIES**

**MUSIC ROOMS**
Do you play an instrument? Each residence building has a music room with a piano that offer a more soundproof environment in comparison to your residence room.

Music Room locations:

<table>
<thead>
<tr>
<th>Location</th>
<th>Room/Floor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wakpá Tower</td>
<td>Room 201.4</td>
</tr>
<tr>
<td>Paskwāw Tower</td>
<td>Room 201.1</td>
</tr>
<tr>
<td>Kíšik Towers</td>
<td>Floor 4 west</td>
</tr>
</tbody>
</table>

**COMPUTER LABS**
Our computer labs offer Internet, Microsoft Office, and printers for residents who are without a computer. Please note that whenever you print on campus, printing fees are added to your student account, and Residence Services does not provide paper.

Computer Lab locations:

<table>
<thead>
<tr>
<th>Location</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wakpá and Paskwāw Towers</td>
<td>Room 319 in both towers</td>
</tr>
<tr>
<td>Kíšik Towers</td>
<td>Floor 4 east</td>
</tr>
<tr>
<td>La Residence</td>
<td>Floor 4, 5, and 8</td>
</tr>
</tbody>
</table>

Study Lounge locations:

<table>
<thead>
<tr>
<th>Location</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wakpá and Paskwāw Towers</td>
<td>Room 419 in both towers</td>
</tr>
<tr>
<td>Kíšik Towers</td>
<td>Floor 2 &amp; 3 east</td>
</tr>
<tr>
<td>La Residence</td>
<td>Floor 4</td>
</tr>
</tbody>
</table>
HEATING & COOLING
All residences are heated in the winter and cooled in the summer. Fan controls and thermostats located in the apartments cannot switch between heating and cooling, but they can adjust how much heating or cooling is applied to the suite. For example, if you are cold in the winter, turn the fan speed up so it will generate more heat. If you are too hot in the summer turn the fan speed up to generate more cool air.

In Wakpà and Paskwāw Towers, the fan control for apartments is located in the apartment living room. In shared dorms, it is located in one of the two rooms. Kīšik Towers has thermostatically controlled in-floor heating and cooling in both the living room and in each individual bedroom. In La Résidence, fan controls are located in each room.
REPAIRS/WORK ORDERS

MAINTENANCE REQUEST
Is there something in your room that needs replacing or repairing? Please log in to our web housing portal, go to the “Maintenance” tab, and report the problem with your room. Residence Services and Facilities Management work together on a daily basis to ensure that your request gets the attention it needs.

Please note that Residences Services, Facilities Management, and Physical Plant staff have the right to enter a resident’s room for the purpose of making repairs, as reported by the resident or residence office staff. For regular maintenance, residents will receive a minimum of 24 hours’ advanced notice. If there is a health or safety concern, inspections and repairs can be carried out without notice.

Non-emergency maintenance problems include, but are not limited to plugged toilets and drains, broken furniture, and sticky or loose door knobs.

Emergency repairs require immediate assistance, and must be reported to Residence Services as soon as possible. These include, but are not limited to burst pipes, overflowing toilets, flooding of any kind, sanitation back-up, elevator breakdown, and electrical malfunction.
It is the responsibility of the student to maintain health and safety, and to prevent or lessen loss, damages, and theft by

1. **Arranging insurance for their personal possessions prior to check-in** because the University of Regina does not carry insurance to protect personal possessions brought into Residence and does not assume obligation or liability for lost, stolen, or damaged items under any circumstances.

2. **Keeping their suite and bedroom doors locked** because the University of Regina does not assume obligation or liability for the replacement of food that may be lost, stolen, or spoiled as a result of the failure of refrigerators or freezers provided by the residence.

3. **Keeping their bedroom and common area windows closed** during the winter season because windows left open in below-zero temperatures can cause pipes to freeze and/or burst.

4. **Keeping Residence furniture in the room in which it is located** because removal of residence-owned furniture without proper authorization is considered theft and may result in a replacement charge and/or legal action.
ROOMMATE ETIQUETTE
Each student moving into residence has a unique social, economic, cultural, and financial background, and students moving into residence often do not know their roommates. Therefore, it is very important to take the time to get to know each other so as to make the semester as carefree and enjoyable as possible. Getting to know your roommates is not only fun, but allows you to learn their personalities, likes, and dislikes, which is essential to living in such close quarters with someone!

Knowing your roommates habits will also help you tell when they are in need of a friend and/or help. People also get homesick or stressed, especially when they are living away from home for the first time. If you or your roommates are ever feeling lonely or homesick, or if you just need someone to talk to, don’t hesitate to talk to an RA. We want everyone to have a great residence and university experience!
WHAT IF I’M HAVING TROUBLE WITH A ROOMMATE?
Sometimes, issues will occur between you and your roommate. When this happens, we ask that you first talk to each other to attempt to collectively solve the problem. If further assistance is needed, you can contact your RA to mediate a discussion, or you can come to the office and request a suite meeting.

To prevent issues from occurring, here are a few suggestions from previous residents:

“Make sure to take time to sit down and talk to each other. Sometimes you never see them because your schedules are so different. At least if you know them and know their schedule, you know when you can talk to them if something goes wrong.” – Veronica J.

“My roommates and I created a dinner schedule where each person had a day of the week where they would make dinner for the apartment. We got to know each other much better, and we learned about each culture and why we do the things we do. Sometimes it just takes a friendly meal to smooth things out.” – Tasha G.

“Make sure you and your roommates make the cleaning schedule together. That way, everyone knows what they’re supposed to clean, how to clean, and when.” – James H.

“If you’re the first one to move in, don’t take up all of the cupboard space. Talk to your roommates and allocate the space.” – Savanna B.
Are guests allowed in Residence?
Guests are welcome in Residence but please remember that all bedrooms in residence are single occupancy. When your guest(s) arrive, they must be briefed on and follow the residence policies, rules and regulations. Guests must also be able to produce government or University issued photo identification if asked by a residence staff member.

Over the final examination period, Residence Services wants to ensure that residents have a quiet and comfortable place to rest and study. Therefore, residence implements a 24-hour quiet period. During this time overnight guests must be approved by a manager prior to their arrival. If guests become a disturbance while in residence they will be asked to leave.

Residents must assume full responsibility for their guests’ actions. Should a guest engage in acts of vandalism, cause damage to any of the apartments/dorms or public areas, or break any residence policy, the resident will be held financially responsible and may be subject to disciplinary action. A guest engaging in such behaviour will be banned from the residence premises and the resident’s guest privileges may be temporarily suspended. Guests will be requested to leave residence if staff determines the guest-in-question is violating any respectful living environment policies.

Residence Services reserves the right to restrict guests or require day guest sign in during the exam periods, as well as during periods where increased guest activity is anticipated.

I have roommates. Can I still have a guest over?
In order to ensure that everyone feels safe and comfortable in the residence community, please consult with roommates prior to bringing guests into your apartment or shared-dorm room space.

How many guests can I host?
To help ensure that all residents feel comfortable in their living arrangements we ask that during the day you host no more than four (4) guests in your suite. If your guests are staying overnight please limit yourself to having two (2) people over at a time. If guests become a disturbance in the suite they may be asked to leave.

My family is coming to visit me. Can they stay with me?
Please speak with a manager before your guests’ arrival to discuss possible options for your family.
HOSTING PARTIES

What is considered a party?
A party is any social gathering that meets the two following criteria:
1. There are eight or more people present (including hosts and guests)
2. Alcohol is being consumed

Please note that your social gathering may be considered a party at the discretion of residence staff, but if you know that you will be hosting a party, please visit the residence kiosk or speak to the RA on call prior to 11:00 p.m. to register your party.

How do I register my party?
Students planning to host a party must agree to all expectations and register their party to receive a party pass.
1. Visit your residence kiosk or contact the RA on call prior to 11:00 p.m. and ask for a party registration form
2. Complete the form and review the responsibilities with the RA to receive your party pass
3. Meet all expectations as the host
4. Return the party pass to the RAs at the end of your party

Party pass privileges may be revoked if there is improper use or failure to meet expectations as a guest or host of a party.

What are the expectations for hosting or attending a party?
All residence community standards must be followed at all times by hosts and guests. Please remember:
• as a host, you are responsible for the actions of your guests
• hosts and guests must maintain a safe and secure environment in residence at all times
• excessive noise is not acceptable at any time
• the residence policy regarding alcohol must be followed at all times
• The party must remain contained within the suite/unit in which it was registered
• The party must not exceed the specified occupant limit
• The guest list must be maintained according to the responsibilities

Please note that:
1. Claiming to be unaware of the residence community standards is not a valid excuse for violating a policy
2. The policies regarding alcohol apply to everyone
3. No exceptions will be made with residence staff regarding the rules

UNIVERSITY OF REGINA RESIDENCES 2016-17
<table>
<thead>
<tr>
<th>WHO IS RESPONSIBLE?</th>
<th>RESPONSIBILITIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Everyone (including hosts and guests)</td>
<td>• Abide by all Residence Community Standards</td>
</tr>
<tr>
<td></td>
<td>• Be responsible for your non-resident visitors at all times</td>
</tr>
<tr>
<td></td>
<td>• Abide by the Residence alcohol policy</td>
</tr>
<tr>
<td></td>
<td>• Keep all open alcohol inside the suite</td>
</tr>
<tr>
<td></td>
<td>• Respectfully follow and cooperate with all instructions from residence staff</td>
</tr>
<tr>
<td></td>
<td>• Respect the safety, security, and property of the building and its residents</td>
</tr>
<tr>
<td>As the host of a social gathering</td>
<td>• Be present for the duration of the social gathering</td>
</tr>
<tr>
<td></td>
<td>• Be responsible for ALL guests who are let into your room/unit</td>
</tr>
<tr>
<td></td>
<td>• Maintain an updated guest list on door of your room/unit</td>
</tr>
<tr>
<td></td>
<td>• Ensure the occupant limit is not exceeded</td>
</tr>
<tr>
<td></td>
<td>• Keep a close watch on the entrance of your suite, and that it is not propped open</td>
</tr>
<tr>
<td></td>
<td>• Ensure that guests do not open the door for other guests</td>
</tr>
<tr>
<td></td>
<td>• Inform all roommates of plans to host a social gathering before the start of the party</td>
</tr>
<tr>
<td></td>
<td>• Ensure the social gathering is confined to the room/unit</td>
</tr>
<tr>
<td></td>
<td>• Be proactive in shutting down the social gathering by Quiet Hours</td>
</tr>
<tr>
<td></td>
<td>• Contact the RA on duty if assistance is required</td>
</tr>
<tr>
<td></td>
<td>enforcing the rules, handling unruly guests, shutting down the social gathering, or if an incident occurs</td>
</tr>
<tr>
<td>As a guest attending a social gathering (including resident students and non-resident visitors)</td>
<td>• Follow all responsibilities listed under ‘Everyone’ (please see top section)</td>
</tr>
<tr>
<td></td>
<td>• Follow any guidelines set in place by host(s)</td>
</tr>
<tr>
<td>As a roommate or neighbor in the proximity of a social gathering</td>
<td>• Speak to host(s) directly if the social gathering is disruptive or getting out of hand and request they address the problem or shut down the party</td>
</tr>
<tr>
<td></td>
<td>• As a roommate, remind the host(s) of guidelines agreed to in the Roommate Agreement</td>
</tr>
<tr>
<td></td>
<td>• Inform University staff immediately if social gathering is disruptive beyond expectations and assistance is required</td>
</tr>
<tr>
<td></td>
<td>• Inform University staff immediately if Community Standards are being violated</td>
</tr>
</tbody>
</table>
Residence staff will become more involved if a policy is violated, and your social gathering may be shut down. Residence staff may also:

- Give a warning to the host of a social gathering to address a policy violation
- ID guests at a social gathering and ask all non-resident guests to leave
- Deliver a warning to students in violation of residence community standards
- Shut down a social gathering and ask all guests, non-resident and resident, to leave

Please note that a responsible social gathering does not require continued staff presence for expectations to be met. If a social gathering requires continued monitoring, it will be shut down and all guests will be asked to leave.

When and why would my social gathering be shut down?

If a social gathering is shut down, all guests must leave and any music must be turned off. No guests may return to the suite and no audible music may be played for the rest of the night. A social gathering will be shut down if any of the rules agreed to in the residence guide, on the social gathering pass, or social gathering form are broken, including:

- If the social gathering violates respectful living environment policies
- If any incident is reported at the social gathering (any assault, fight, theft, etc.)
- If there is a repeat violation following a warning (e.g., noise, alcohol, guest list)
- If there is an excessive number of guests
- If the social gathering is not contained to the suite
- If the host(s) fails to follow instructions given by residence staff
- If the host(s) and/or guests are uncooperative, rude, or disrespectful toward residence staff
- If a social gathering fails to answer the door or ignores a reasonable request from residence staff

Failure to follow and abide by rules and regulations in this section may result in further disciplinary action being taken as per Residence disciplinary process.
NOISE & QUIET HOURS
Residence buildings are on-campus living spaces for students, so residents living in such a community atmosphere needs to consider noise levels. Any noise that interferes with another resident’s sleep and/or study habits is prohibited. Quiet hours for all areas of Residence are in effect during the following times:

11:00 p.m. – 8:00 a.m. Sunday through Thursday
1:00 a.m. – 8:00 a.m. Friday and Saturday

If your roommate or neighbour is being inconsiderably loud, please follow this procedure:
1) Try to calmly resolve the issue one-on-one by talking to the person
2) If the noise continues to be a problem, contact the RA or CA on-call

Please be aware that residence staff will ask for your name and room number to ensure that the noise complaint is recorded, will ask for your permission to enter your room to listen to the noise level, and then they will determine where it is coming from before they speak with the person who is making the noise. In the case of multiple noise complaints, the student responsible will receive disciplinary action.

SUITE MEETINGS
Throughout each semester, RAs conduct suite and floor meetings. The first meeting is usually 15-20 minutes for introductory purposes. Other suite meetings may be shorter or longer, depending on the reason for the suite meeting.

The RA will post a notice for each apartment informing residents of the time and date of the meeting. These meetings are mandatory for at least half of the occupants of each suite to be in attendance. Please contact your RA if you need to schedule a different time.

Suite meetings are important for several reasons:
1. You need to meet your RA to learn how they can assist you and how you can contact them
2. RAs ensure fire alarms and fire extinguishers are in working order
3. RAs remind residents of policies and community standards
4. RAs can assist roommates in working out a cleaning schedule for the semester
5. RAs can help work out roommate issues or concerns
ROOM CHANGE REQUESTS

Sometimes, a resolution cannot be mediated and one roommate may request a room change. Residence Services opens the room change option on September 21, 2016 because the first couple of weeks are always considered a transition, and roommates need to be given a chance to get to know each other.

Room Change Request Forms are available online and at the office. Student initiated room changes are subject to an administrative fee, but this fee may be waived at the discretion of a Residence Manager. Please note that Residence Managers reserve the right to (a) deny a room change request and (b) reassign residents to another room, if necessary.
RESIDENTIAL COMMUNITY STANDARDS

UNIVERSITY POLICY
The University is committed to creating and maintaining an environment, in which members of the university community can live, work and learn in a collegial climate of mutual respect, free of harassment and discrimination.

A discriminatory practice may not fall neatly into a single category, and is not required to do so. Under some circumstances, discrimination may give rise to a duty to accommodate.

Harassment and discrimination are, fundamentally, a selective denial of the basic human right to be treated with dignity and respect. The University will not tolerate or condone harassment or discrimination, and will take all reasonably practicable steps to ensure employees or students are not subjected to harassment and discrimination and will take all reasonable steps to prevent this type of behaviour and to stop it if it occurs.

In order to constitute harassment, conduct, comment, display, action or gesture does not need to be directed at a specific individual. For example, display of any inappropriate material such as a poster or screen-saver, or inappropriate comments, i.e. racial, religious, sexist or homophobic slurs overheard by another employee may also constitute harassment.

Third parties invited to the University could engage or participate in the harassment of an employee and/or student. The University may have limited ability to investigate or control their conduct. However, the University shall take reasonably practicable action to stop or reduce the risk to its employee/students of being harassed by third parties.

Allegations of harassment or discrimination arising during co-op placements, internships, or practica shall be dealt with cooperatively between the University and the on-site authorities according to University policy and procedures governing such placements.
PROCEDURE FOR HANDLING COMPLAINTS

Prompt action and early resolution efforts initiated by the impacted employee or student can be very effective to stop inappropriate, disrespectful behaviour, reduce the risk of objectionable behaviour being repeated, or escalated to a more serious level of conflict. Employees and students may choose to handle the matter on their own, or with the support of a friend or colleague. They may choose to seek the assistance of a manager, professor, coach or other person in authority. They can also seek guidance (coaching) from the coordinator of harassment, discrimination prevention and conflict resolution services.
Residence policy, as it relates to standards of behaviour, is designed to ensure the rights, protection, and privacy of individual residents. The following rights carry with them the reciprocal responsibilities on the part of each individual to ensure these same rights for other residents.

**RESIDENTS HAVE THE RIGHT TO:**

- Freely access their living accommodations
- Live in a clean and secure environment
- Sleep, work, and study in their own room without interruption or interference
- Be free from unreasonable noise, intimidation, or harassment
- Have access to residence staff for guidance and support
- Host visitors and guests within established guidelines
- Be free from intimidation and harassment
- Be treated in an equitable manner when behaviour is in question
- Individual and group educational and developmental opportunities in their living environment
- Enjoy individual freedoms without regard to race, gender, national origin, physical and mental abilities, age, religion, sexual orientation, or political affiliation
- A reasonable amount of privacy
- Participate in student governmental bodies and student life committees.

**RESIDENTS RESPONSIBILITIES:**

- Respect the rights, privileges, and properties of fellow residents and their guests, and of the neighbouring community
- Ensure the good, clean, and secure condition of the residence facilities and grounds.
- Monitor and accept responsibility for their own behaviour, and the behaviour of their guests
- Recognize authority of the Residence Life staff
- Cooperate with and adhere to residence policies, procedures, and investigations
- Abide by the residence and University of Regina standards and code of conduct.
- Maintain an acceptable level of cleanliness in all common and private areas of residence
- Meet expected room and board payments on schedule
- Report violations of rules and regulations to appropriate staff
- Contribute positively to the community by participating in educational and developmental activities
ALCOHOL
The University of Regina is committed to promoting safety and responsibility in the use of alcohol in all areas of campus life; therefore, Residence Services has put in place the following policies:
1. Residents are not permitted to organize, advertise, or sell tickets for events or programs that promote the consumption of alcohol.
2. Drinking paraphernalia and activities that promote binge drinking or mass consumption of alcohol, including but not limited to kegs, mini kegs, alcohol funnels, Jello shooters, and Texas Mickeys, are not permitted in Residence.
3. Public intoxication of residents and guests that is disrupting to the community will be subject to disciplinary action.
4. The making of beer, wine, or other alcohol in Residence is not permitted.

Drinking in residence is a privilege, and any resident who abuses this privilege will be subject to disciplinary actions.

Who is allowed to consume alcohol in Residence?
If you are 19 years of age or older, you are permitted to possess and consume alcohol. The provincial statutes regarding the possession of alcohol apply to all U of R residences. In the province of Saskatchewan, a minor is a person who is under 19 years of age. Minors found in possession of alcohol, or who are under the influence of alcohol, will be subject to a fine and subsequent disciplinary action. Students found supplying alcohol to minors will also be subject to disciplinary action.

In which areas of the residence can alcohol be consumed?
If you are of age, you may consume alcohol responsibly in an apartment or dorm room. Alcoholic beverages are not permitted in public areas, which include but are not limited to: hallways, computer rooms, tv lounges, game rooms, laundry rooms, study areas, elevators, and public washrooms. If you are transporting alcohol to another location, please ensure that it is in a closed and sealed container, as open liquor is considered as having an alcoholic beverage in a public area.

What happens if I break a Residence policy regarding alcohol?
Residents and guests found to have broken Residence policy regarding alcohol will have their alcohol confiscated, and further disciplinary action, such as attending an Alcohol Awareness session, paying Health and Safety fees, paying Respectful Environment fees, the person’s name being referred to Student Affairs, may be necessary.
DRUGS
The possession, use, distribution, cultivation, or sale of drugs or drug paraphernalia are illegal under the Criminal Code and are prohibited on residence premises. All drug-related activities in residence are considered a health and safety concern, and the University of Regina considers illegal drug use as a non-academic misconduct subject to discipline. Thus, where drug use is suspected and/or in progress, the following procedure will be followed:
1. Campus Security/Regina City Police will be contacted,
2. bedrooms will be searched without prior notice (as stipulated in the Residence Contract), and
3. the student who violated this policy will be subject to legal action and immediate eviction from Residence.

SMOKING
Smoking in residence is strictly prohibited. Electronic cigarettes/vaporizers are also not permitted. Smoking, any signs of smoking (includes, but is not limited to: ashes, odour of tobacco smoke, and/or cigarette butts) in the residence will result in immediate disciplinary action. In College West, it is not permitted to smoke on any area of the roof court. Smoking in residence is considered a health and safety concern. Thus, where smoking is suspected and/or in progress, bedrooms will be searched without prior notice (as stipulated in the Residence Contract)
• First time offence - $200 fine
• Second time offence - $300 fine
• Third time offence will result in immediate eviction and termination of contract

The University of Regina is committed to providing a safe and healthy living, learning and working environment. For the well-being of students, faculty and staff, smoking will be confined to outdoor designated smoking areas located around campus at least six meters from doorways, windows and air intakes. When students, faculty and staff or guests smoke around doorways or windows they are often subjecting others to second hand smoke. Under these conditions many non-smokers breathe it in whether they know it or not.

For more information on the location of designated smoking areas, contact Residence Services.
SEXUAL ASSAULT-AND-VIOLENCE
All members of the University of Regina community have the right to work, teach and study in an environment that is free from any form of sexual assault-and-violence. The University also recognizes that all persons have an inherent right to exercise control over their own bodies, and to engage only in sexual activity in which they consent to engage.

Sexual assault-and-violence is a criminal offence. It violates the integrity and dignity of a person and it can have serious negative impacts on physical, mental, emotional and spiritual well-being. The University does not tolerate behaviour which contributes to a hostile, inequitable and/or unsafe living, learning or working environment. The University expects all members of the University community to abide by all laws, including those related to sexual assault-and-violence.

Consent, as defined in the Criminal Code, is “the voluntary agreement to engage in the sexual activity in question. No consent is obtained, where:

1. The agreement is expressed by the words or conduct of a person other than the complainant;
2. The complainant is incapable of consenting to the activity;
3. The accused induces the complainant to engage in the activity by abusing a position of trust, power or authority;
4. The complainant expresses, by words or conduct, a lack of agreement to engage in the activity; or
5. The complainant, having consented to engage in sexual activity, expresses, by words or conduct, a lack of agreement to continue to engage in the activity.”

The Canadian Criminal Code age of consent is 16 years old. Any child under 12 is never able to give consent.

To clarify, the Criminal Code definition set out above, with respect to consent:

1. Silence or non-communication must never be interpreted as consent and a person in a state of diminished judgment cannot consent.
2. A person is incapable of giving consent if they are asleep, unconscious or otherwise unable to communicate.
3. A person who has been threatened or coerced (i.e. is not agreeing voluntarily) into engaging in the sexual activity is not consenting to it.
4. A person who is drugged is unable to consent.
5. A person is unable to give consent when they are impaired and under the influence of alcohol and/or drugs. Similarly, impaired judgment that leads an assailant to think or believe there was consent is not excuse for a sexual assault-and-violence.
6. A person may be unable to give consent if they have a mental disability.
7. The fact that consent was given in the past to a sexual or dating relationship does not mean that consent is deemed to exist for all future sexual activity.
8. A person can withdraw consent at any time during the course of a sexual encounter.

Reporting and Responding to Sexual Assault-and-Violence
Members of the University community should immediately (or at a time when they feel comfortable and safe to do so) report incidents of sexual assault-and-violence to a trusted University employee or to Campus Security when they are subject to, witness or have knowledge of a sexual assault-and-violence, or have reason to believe that sexual assault-and-violence has occurred or may occur.

The University will seek to achieve procedural fairness in dealing with all reports or allegations of sexual assault-and-violence. For more information, please visit the University of Regina Policy web page.
INCIDENT PROCESS

In order to ensure that residence remains a safe and comfortable environment for all students to live and learn, it is important that students follow the rules and policies as outlined in this guide. If a violation of the rules and policies occurs, the following incident process will be followed:

**Level One Offense**- These are policy infractions that compromise the success of other resident students, as well as the overall cleanliness of the residence buildings. Examples include, noise violations, minor cleaning violations, giving out your keys, not presenting your residence ID, etc. Students may receive a verbal warning, written warning, or a fine.

**Level Two Offense**- These are incidents that compromise the safety and security of residence students and/or the residence buildings. Examples include underage or binge drinking, creating an unnecessary fire hazard, smoking and/or using candles/incense in the residence building, etc. Level two offenses will result in a fine and/or the requirement to sign a behaviour contract and/or attend an educational awareness session. If you have three (3) level two offenses, you will not be welcome back to residence for a period of one year, and you may face eviction.

**Level Three Offense**- These are serious infractions of the rules and will result in immediate contract termination (eviction), including all applicable administrative service charges. These include physical violence or threat of physical violence, significant vandalism, serious fire safety violations, illegal drug use or sale, etc.

APPEAL PROCESS

After the incident process has completed, residents have 2 weeks to submit an appeal if they feel that the decision was unfair. The appeal must be typed, and a hard or electronic copy must be submitted to the Residence Office residences@uregina.ca within the required 2 week period. Residence Managers will review the appeal within 2 weeks of receiving it, and will provide the result of the appeal via email directly to the student.
SAFETY & SECURITY

WE ARE JUST A CALL AWAY!
PERSONAL SAFETY, SECURITY, AND PRIVACY
Residence Services strives to provide a positive living experience on campus. To ensure such a service, Resident Assistants stop by suites to check in on the well-being of students, promote community development programs, and ensure everyone’s stay in residence is comfortable and positive.

Although residence staff will stop by your suite from time to time, they will not enter the suite unless you were provided with 24 hours of notice, or unless they were invited into the suite by you or your roommate(s). Notice can be provided by email, a notification placed on a floor bulletin board, or through a notification placed on the outside of the student’s apartment or dorm room.

EXCEPTIONS:

- In the case of a suspected or reported health & safety violation (i.e., suspicion of drug use, suspected or reported smoking, flood, or fire) resident staff can enter an apartment or dorm room without 24 hour notice.

- In the event of a loud party, or other noise violation (ex. alarm clock going off when the student is not home), 24 hours notice is not required to enter.

- Any time an RA is asked by a current occupant to attend to an apartment or dorm room for any reason, 24 hours notice is not required for access. These situations could include, but are not limited to, a requested cleanliness check, complaint of an unauthorized guest, requested suite meeting, vandalism or damage assessment, etc.
To further protect your privacy, door-to-door soliciting, advertising, and canvassing are not permitted in residence. If you notice any of these occurring, please contact your RA, CA, and/or Residence Services.

To maintain and protect personal privacy and safety, residents have the responsibility to:
1. Keep apartment doors closed and locked
2. Not leave valuables in the open
3. Not let unknown people into residence
4. Report someone who is acting suspicious immediately to Residence Services

Some items are not permitted in residence because they can create a safety, security, or privacy issue. If residence staff find items in your suite that are not permitted in residence, they will:
1. Speak to the resident who owns the item(s) and remind them of the residence policy
2. Offer the resident the option of having Residence Services store their item while they decide where to store it
3. Write a report

The item will need to be removed as soon as possible by the resident, and residence staff will follow up with the student. Residence staff will not confiscate personal items; however, if a dangerous or illegal item is involved, Campus Security will be called.

Campus Security also has UR Programs that help ensure your personal safety:
1. The Walk Along Program offers staff and students a safe walk to their car or anywhere on campus. Call 306-585-4999 or press the “Walk Along” button on campus pay phones (no coins required).
2. The Lone Worker Service can be provided when working or studying alone, and is available to everyone in the University of Regina community 24 hours a day.

For more information, please visit the Campus Security web page.
SAFETY & SECURITY

RESIDENCE KEYS AND ID

Upon check-in, residents will receive:

- Key card (access to the apartment or dorm)
- Metal key (access to bedroom, if in an apartment)
- Mailbox key (access to mailbox)
- FOB (access to Kisik Towers for KI residents)

These keys, key cards, and FOBs are only to be used by the resident they are assigned to. If you let your friends, family, or another resident use your keys, you may be subject to a health and safety fee in addition to disciplinary action. This is because lending your keys to others is considered a threat to the safety and security of residence.

Residence identification cards are different than your University ID cards; however, they use the same picture. Once you have your picture taken at the Registrar’s Office, Residence Services can print your Residence ID.

You will receive your Residence ID in your mailbox or move-in package. Residents are expected to carry their Residence IDs and to produce it when asked by residence staff. You can use your Residence ID to:

1. Sign out equipment from the residence kiosk
2. Pick up mail parcels from the office
3. Have your room unlocked in case of a lockout
The Residence ID cards are also important for security purposes, as they help CAs and RAs identify you as a resident student. If you lose your ID card, please contact Residence Services immediately, and a new one can be made for you. If your ID card is broken, you can bring the broken card to the office, and a new one will be made for you. An administrative fee may be applied to your student account.

Upon leaving residence, please note that it is the responsibility of each resident to return all of their keys and key card to the office. Loss or failure to return keys/cards when moving out will result in a replacement charge.

If you will be checking out after hours or on the weekend, please hand your keys in at the Kīšik or Wakpâ Security kiosks or in the key slot in the Residence Office door. Please do not have a friend return your keys for you.

I accidentally locked myself out of my room! What do I do?
During office hours, a temporary key/card can be signed out from the Residence Office and must be returned within an hour of signing it out.

After office hours, Resident Assistants and Community Assistants can open your suite/room door for you.

A service charge will be placed on the resident’s student account for each after-hours lockout after midnight. The base charge is $10. During the lockout, occupancy must be verified by showing your Residence ID Card. Students found to have three or more lockouts may be subject to disciplinary actions.

There is a grace period at the beginning of the fall semester for students to get acquainted with their surroundings and become accustomed to carrying their keys/cards to access their suites. During the grace period, no charges will be assessed for lockouts. This year’s grace period will run from September 2nd, 2016 to September 16th, 2016.
SAFETY & SECURITY

MEDICAL ASSISTANCE

Urgent Emergencies
If an ambulance is required, the resident using the service will be responsible for payment. In an emergency, it is important that you contact 9-1-1.

If medical assistance is needed, but it is not an emergency, you can contact the Alliance Medical Centre (306-337-2640) located on the second floor of the Centre for Kinesiology, Health and Sport. The centre is available to all University students, faculty and staff, as well as the general public.

Nearest Emergency Room
The Regina General Hospital, the hospital that is closest to the University, is located on 1440 14th Ave, and the phone number is (306) 766-4444.

Directions:
1) Follow Wascana Parkway North
2) Turn Right on 14th Ave
3) The Regina General Hospital is directly on 14th Ave

Health Services
The Regina Qu’Appelle Health Region has many options available for primary health care, including Emergency Departments, family physicians, medical clinics, Health Line, and many other programs and services.

HealthLine 811 is a free, confidential, 24-hour health information and support telephone line. It is staffed by experienced and specially trained client navigators, registered nurses, registered psychiatric nurses and social workers. Services are offered in English, with translation available in over 100 languages, and an online service is also available.

Please visit the Regina Qu’Appelle Health Region web page for more information.

First Aid Kits & AEDs
RAs, CAs, and Campus Security have access to First Aid Kits in the Residence Services kiosks and offices. If you need help with minor injuries, Residence Staff are also trained in First Aid. As for the AEDs, many are located around campus, and Campus Security carries an AED in their mobile unit.
FIRE SAFETY

General expectations
Fire safety is a serious issue due to the population density and the potential for injury and loss that could occur as a result of a fire. Please note the following:

1. Burning Candles/Incense – Burning incense, candles, or any other substance is prohibited in residence. If residence staff find any evidence the resident will automatically be subject to a fine or disciplinary action.

2. Fire Detection/Fighting Equipment – All apartments, bedrooms, and hallways are equipped with fire detection/fighting equipment including heat and smoke sensors, fire sprinklers, fire alarms, and automatic door closers.

3. Fire Drills and Emergency Procedures – Residents are expected to know the location of all fire exits, fire alarms and extinguishers. Fire doors, hallways, and stairwells must be clear of obstruction at all times. A fire drill will take place at least once a semester to familiarize residents and staff with proper evacuation procedures and escape routes. Failure to evacuate a building during a fire alarm is a violation of residence rules and regulations and will result in a Health and Safety fine.

4. Violation of Fire Rules and Regulations – Residents must never hang objects from sprinkler heads. In addition, the playing of sports, etc. in residence lounges, hallways, and rooms is prohibited. Such activities may result in false fire alarms and potential damage as smoke and heat detectors and sprinkler heads are very sensitive to impact.
   - Pulling a fire alarm in a non-emergency situation, tampering with fire detection/fighting equipment (ie. Covering smoke detectors, discharging a fire extinguisher without a fire present, etc.), or making a false bomb threat will be subject to legal and disciplinary action.

If you feel that your smoke detector is too sensitive, please report the issue to Residence Services.
Gathering Areas for each building:

<table>
<thead>
<tr>
<th>RESIDENCE BUILDING</th>
<th>GATHERING AREA</th>
<th>IN BAD WEATHER, YOU MAY BE REDIRECTED TO...</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wakpà Tower (between Wakpà Tower and the Kinesiology Building)</td>
<td>Academic Green or southeast lawn</td>
<td>The Education Building</td>
</tr>
<tr>
<td>Paskwāw Tower (between Paskwāw Tower and the Language Institute)</td>
<td>Academic Green or northeast lawn</td>
<td>The Language Institute</td>
</tr>
<tr>
<td>Kīšik Tower East</td>
<td>Lot 3</td>
<td>Campion College</td>
</tr>
<tr>
<td>Kīšik Tower West</td>
<td>Lot 1</td>
<td>The Language Institute</td>
</tr>
<tr>
<td>La Residence</td>
<td>Lot 1</td>
<td>Campion College</td>
</tr>
</tbody>
</table>

UPON HEARING A FIRE ALARM SIGNAL

1. Close your bedroom door and windows, and leave the doors unlocked
2. Alert the person in the closest bedroom on your way out
3. Leave the apartment door closed and unlocked
4. If there is smoke in the hallway, take a wet cloth with you to cover your face
5. Walk quickly to the nearest exit and go down the stairs - do not use the elevators
6. Once in the lobby, proceed to the nearest exit from the building
7. Stay away from the building until instructions are given to return
EMERGENCY INFORMATION

The University of Regina’s enhanced Emergency Notification System (ENS) is designed to ensure effective and timely warnings are delivered to faculty, staff, students, and visitors to campus in the event of a life threatening situation when people must take immediate action to stay safe on campus.

Throughout common areas, classrooms, dormitories, and other occupant spaces, emergency mass notification wall-mounted beacons with integrated flash sounder signaling and message display, are installed to display emergency messaging. The ENS will also automatically push messages to other communication channels such as computers connected to the University of Regina Novell network and to the official student app. To receive emergency notifications on the app, students must sign in, and stay signed in, using their nine-digit student ID number and six-digit password. Faculty and staff can also download the app and sign in using their nine-digit employee ID number and six-digit password.

Emergency mass notification beacons like the one above display emergency messaging. They are installed on walls in common areas, classrooms, dormitories, and other spaces on campus.
To ensure that residents are abiding by the Residence Community Standards and contribute to a healthy and safe environment, some service charges and fees are in place:

<table>
<thead>
<tr>
<th>FEES &amp; CHARGES</th>
<th>AMOUNT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health and Safety Fines</td>
<td></td>
</tr>
<tr>
<td>• Collecting beverage containers (removal fee)</td>
<td>$35</td>
</tr>
<tr>
<td>• Fire Hazards</td>
<td>$200 (minimum)</td>
</tr>
<tr>
<td>• Giving out keys/key cards</td>
<td>$50</td>
</tr>
<tr>
<td>• Residence ID (not showing or lost)</td>
<td>$25</td>
</tr>
<tr>
<td>• Alcohol (common areas &amp; under age)</td>
<td>$50</td>
</tr>
<tr>
<td>• Improperly disposed garbage/recycling</td>
<td>$35</td>
</tr>
<tr>
<td>Respectful Environment Fines</td>
<td></td>
</tr>
<tr>
<td>• Noise &amp; quiet hour violation</td>
<td>$50</td>
</tr>
<tr>
<td>• Unauthorized guest</td>
<td>$50</td>
</tr>
<tr>
<td>• Vandalism/damages</td>
<td>$75 or cost of repair</td>
</tr>
<tr>
<td>• Damaged equipment</td>
<td>Cost of replacement</td>
</tr>
<tr>
<td>Administration Service Fee</td>
<td></td>
</tr>
<tr>
<td>• Room change request</td>
<td>$50</td>
</tr>
<tr>
<td>• Contract termination fee</td>
<td>$500</td>
</tr>
<tr>
<td>• Key card, FOB replacement</td>
<td>$25</td>
</tr>
<tr>
<td>• Key replacement</td>
<td>$10 (minimum)</td>
</tr>
<tr>
<td>• Lockout after 11:00 p.m.</td>
<td>$10 + ($5 x repeated lockout)</td>
</tr>
<tr>
<td>Storage Rental Fee</td>
<td></td>
</tr>
<tr>
<td>• Residence locker</td>
<td>$25/year</td>
</tr>
<tr>
<td>• Bike storage</td>
<td>FREE</td>
</tr>
</tbody>
</table>

If you have any questions about charges and fees, please contact Residence Services.
ABORIGINAL STUDENT CENTRE
Room 108 Research and Innovation Centre
306-337-3153
ascentre@uregina.ca
Whether you are new to campus, to Regina, or have been here for a while, the Aboriginal Student Centre is a great place to connect with other students, faculty and staff, and community members! Everyone is welcome in the centre, and we look forward to getting to know you! The ASC strives to encourage, empower, and educate by assisting aboriginal students to strengthen and realize their potential.

ASPEN MEDICAL CENTRE
2nd Floor Centre for Kinesiology and Health Studies
306-337-2640
The Aspen Medical Centre provides multidisciplinary services focused on providing full service health care. The medical centre has 43 healthcare providers who are dedicated to providing the best in patient care.

BOOKSTORE
Room 139 College West
306-585-4755
The University of Regina Bookstore is pleased to serve the students, faculty and staff of the University of Regina, as well as the general public. They provide a wide range of merchandise, such as new and used textbooks, online textbook purchases, e-books, general interest books, clothing, giftware, and supplies.

CAMPUS SECURITY
Room 120 Research and Innovation Centre
306-585-4999 available ANY time
Campus Security staff are on campus 24 hours a day, 365 days a year. They patrol the entire main campus (including exteriors and interiors), as well as the College Avenue campus and other "off campus" University properties. All Campus Security members are required to be experienced in various law enforcement/security areas and/or have a post secondary education in a related field. The security staff visibly stand out with their grey shirt and dark blue pants. They can be contacted at ANY time and are proud to offer UR Programs.

CAMPUS SUSTAINABILITY
sustainability@uregina.ca
Want to volunteer, have a great idea, or have any questions or comments? Feel free to send your thoughts by email. Also, check out the Facilities Management web page to learn more about how the University of Regina helps create a more sustainable community with the Strategic Plan for Sustainability.
CAREER CENTRE
Room 163 Riddell Centre
306-585-5595
Whether you are trying to choose a career direction, or looking for full-time, summer, part-time, or co-op employment, or an employer looking to hire a student to fulfill your business needs, the Career Centre is for you! At the Career Centre, they strive to give you the most current, valid, and comprehensive information for your prospective job-searching needs.

CENTRE FOR STUDENT ACCESSIBILITY
Room 251 Riddell Centre
306-585-4631
accessibility@uregina.ca
The University of Regina wishes to support all students in achieving academic success while enjoying a full and rewarding university experience. The Centre for Student Accessibility upholds the university’s commitment to a diverse and inclusive learning community by providing services and support to enable students with disabilities to approach their studies in an equal and effective manner.

THE CARILLON
Room 227 Riddell Centre
editor@carillonregina.com
306-586-8867
The Carillon has been the University of Regina student newspaper since 1962. It is published on Thursday no fewer than 11 times during both the fall and winter semesters and periodically throughout the spring and summer.
LA CITÉ
2nd floor Language Institute
306-585-4828
cite@uregina.ca

La Cité universitaire francophone is much more than a symbol of linguistic and cultural diversity on the campus: it is an added value for the University of Regina and for the francophonie. A unique model in the Canadian university environment, La Cité embodies the heart and nerve centre of French-language university education in the province. It is the ideal place to live out an exceptional, authentic francophone university experience, connected to the fransaskois community and to the issues of the modern world around us.

COUNSELLING SERVICES
Room 251 Riddell Centre
Counselling.services@uregina.ca
306-585-4076

We offer personal counselling for individuals experiencing problems, group counselling for students interested in improving study habits or working through personal issues in a group setting, and emergency counselling for individuals who suddenly find themselves in crisis.

DISCRIMINATION & HARASSMENT PREVENTION SERVICES
251.14 Riddell Centre
306-585-5400
respect@uregina.ca

Discrimination & Harassment Prevention Services provides faculty, staff, and students with education to raise awareness of the need for a respectful workplace and learning environment, confidential consultations, a variety of resolution options ranging from informal approaches, mediation and formal investigations, customized workshops and presentations that promote a respectful workplace and learning environment, and promotion of due process and fair treatment.

IT SUPPORT CENTRE
Room 137 Education Building
IT.Support@uregina.ca
306-585-4685

The IT Support Centre is your single point of contact for all issues, problems or questions related to information services and computing at the University of Regina. They will ensure the concern is recorded, assigned, and addressed in a timely manner.
STUDENT EMPLOYMENT SERVICE
Room 163 Riddell Centre
306-585-5161
Student.employment@uregina.ca
Our goal is to help University of Regina students find part-time, summer and graduate employment by addressing the needs of both employers and students through the provision of comprehensive recruitment and job search services. Student Employment Services is where education and employment meet. The recruitment process should be a rewarding experience for university students and the employers who hire them.

STUDENT SUCCESS CENTRE
Room 230 Riddell Centre
306-585-4076
Student.success@uregina.ca
The Student Success Centre provides personalized guidance and support to students in achieving their university, professional development, and life goals. Their services and programs are student-focused and provide students with the opportunity to achieve academic success, to get involved in student life activities, to gain leadership skills, and to give back to the community. Students are encouraged to participate in reflection and goal setting, which leads to them becoming independent learners. Student Success Centre aids students with their transition into the University of Regina, support them during their time as a student, and help them prepare for life after university.

UNIVERSITY OF REGINA STUDENTS’ UNION (URSU)
Room 221 Riddell Centre
306-586-8811
frontdesk@ursu.ca
URSU is the only organization that represents all students at the University of Regina. We help keep students connected with everything on campus - seminars, cabarets, awareness campaigns and events run by our many student clubs and societies. URSU is the place for all students to find a community of campus while sharing their culture with the rest of the world. Whether it’s coordinating social events or creating social enlightenment, URSU provides what our members ask for - giving students the services they seek and the support they need. In that tradition, the Students’ Union has strived to maintain a sense of social responsibility while still allowing students to interact socially.
RECREATIONAL SERVICES
170 Centre for Kinesiology
306-585-4371
Ras.services@uregina.ca
Recreation Services provides an enjoyable way to spend your leisure time, improves your fitness level, helps you meet new people, and allows you to gain valuable work experience or leadership skills! From the wide variety of intramural sports programs, the challenging fitness classes, numerous aquatics programs, open recreational opportunities in world class facilities, and the ever expanding sport club program, Recreation Services has something for everyone!

PARKING AND TRANSPORTATION SERVICES
Room 108 College West
306-585-5555
All parking on campus is paid parking. Revenue generated from “user pay” fees provides the funding for parking operations, infrastructure construction & maintenance and related parking infrastructure expenses. Several parking options are available to you, depending who you are and what your parking needs are.

RELIGIOUS SERVICES
Campion College (room 103)
Campion.college@uregina.ca
306-586-4242
Luther College (floor 2)
306-585-5028
uchaplain@luthercollege.edu
Campion and Luther Colleges offer worship services in their chapels, and spiritual support for university students, faculty, and staff. They have full-time chaplains and student peer-chaplains to assist in religious and social events of their colleges.

STUDENT AWARDS & FINANCIAL AID
Room 108 Administration and Humanities
306-585-4591
scholarships@uregina.ca
student.loans@uregina.ca
There are many scholarships, awards and financial aid programs available to help you pay for school. We encourage you to apply for as many different programs as possible to maximize the funds you will receive. We are here to help with any questions you may have about various scholarship applications or which financial aid program is right for you!
UR INTERNATIONAL
Room 109 College West
306-585-4957
International.studentservices@uregina.ca
We specialize in everything international. URI provides tailored assistance for international students here on campus, and domestic students looking for an adventure abroad, from beginning to end. We also support faculty members, staff and the community with many internationalization initiatives. The URI team is dedicated to working with you to enrich international engagement and promote the vibrant growth of the U of R here at home and around the world.

UR PRIDE CENTRE FOR SEXUALITY AND GENDER DIVERSITY
Room 225 Riddell Centre
306-586-8811 ext. 207
contactus@urpride.ca
The UR Pride Centre for Sexuality and Gender Diversity is a non-profit LGBTQ service provider housed at the University of Regina. They provide a lounge with a multi-media library, confidential peer support and referrals, workshops and lectures, substance-free social Events, a positive space network, youth programming, safer sex supplies, publications, and much more.

WOMEN'S CENTRE
Room 226 Riddell Centre
306-584-1255
wc@ursu.ca
The University of Regina Women's Centre provides safe and supportive space for all students, regardless of gender, to access services or just come hang out and relax, read, study or visit. It also provides many services, such as crisis counselling, referrals and information about dating, violence, sexual assault, women's health and many more issues. They also provide bursaries, practicum placements, a Women Mentoring Women Program, and a Parent Emergency Contact Program. The Women Centre also hosts several educational and fundraising events throughout the year that address global social issues. Watch for events through the year.
### WITHIN A 3 KM RADIUS, YOU CAN FIND...

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<thead>
<tr>
<th></th>
<th>ADDRESS</th>
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<tbody>
<tr>
<td><strong>Banks and ATMs</strong></td>
<td></td>
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<tr>
<td>• CIBC ATM on campus</td>
<td>On campus</td>
</tr>
<tr>
<td>• RBC Royal Bank</td>
<td>3816 Albert St</td>
</tr>
<tr>
<td>• Scotiabank</td>
<td>4110 Albert St</td>
</tr>
<tr>
<td>• TD Canada Trust</td>
<td>4240 Albert St</td>
</tr>
<tr>
<td>• BMO Bank of Montreal</td>
<td>189-2715 Gordon Rd</td>
</tr>
<tr>
<td><strong>Coffee Shops</strong></td>
<td></td>
</tr>
<tr>
<td>• Tim Hortons</td>
<td>Riddell Centre</td>
</tr>
<tr>
<td>• Brewed Awakening</td>
<td>Campion College</td>
</tr>
<tr>
<td>• Stone’s Throw Coffee House</td>
<td>1101C Kramer Blvd</td>
</tr>
<tr>
<td>• C Mart Enterprise</td>
<td>D-3847 Albert St</td>
</tr>
<tr>
<td>• Tim Horton’s</td>
<td>4225 Albert St</td>
</tr>
<tr>
<td>• Starbucks</td>
<td>2627 Gordon Rd</td>
</tr>
<tr>
<td><strong>Movie Theaters</strong></td>
<td></td>
</tr>
<tr>
<td>• Rainbow Cinema Golden Mile</td>
<td>3806 Gordon Road</td>
</tr>
<tr>
<td>• Cineplex Odeon Southland Mall Cinemas</td>
<td>3025 Gordon Road</td>
</tr>
<tr>
<td><strong>Pharmacies</strong></td>
<td></td>
</tr>
<tr>
<td>• Pharmasave</td>
<td>2nd floor CKHS</td>
</tr>
<tr>
<td>• Lakeshore Pharmacy Ltd</td>
<td>1380 23rd Ave</td>
</tr>
<tr>
<td>• Rexall Drug Store</td>
<td>3806 Albert St</td>
</tr>
<tr>
<td>• DRUGStore Pharmacy</td>
<td>3960 Albert St</td>
</tr>
<tr>
<td>• Medi-Drugs Pharmacy</td>
<td>3992 Albert St</td>
</tr>
<tr>
<td>• Shoppers Drug Mart</td>
<td>4130 Albert St</td>
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<tr>
<td><strong>Supermarkets</strong></td>
<td></td>
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<tr>
<td>• Save-On-Foods</td>
<td>4520 Albert St</td>
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<tr>
<td>• M&amp;M Food Market</td>
<td>2965 Gordon Road</td>
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</tbody>
</table>
What if I have someone specific that I would like as a roommate?
Roommate requests will be accommodated when possible, and only if all parties put each other down on their application form when applying. Please Note: We will only put roommates together when possible, but the room types are subject to availability- first come, first served.

How do I contact my new roommate?
Due to the freedom of information and protection of privacy act (FOIPP), we cannot release any personal information to you regarding your new roommate. You will meet your roommate on move-in day.

What if I lock myself out of my room?
During office hours, a temporary key/card can be signed out from the Residence Office and must be returned within an hour of signing it out.

After office hours, Resident Assistants and Community Assistants can open your suite/room door for you.

A service charge will be placed on the resident’s student account for each after-hours lockout after midnight. The base charge is $10. During the lockout, occupancy must be verified by showing your residence ID Card. Students found to have three or more lockouts may be subject to disciplinary actions.

Please refer to residence keys and ID for more information regarding your keys.
What if I’m having trouble with my new roommate?
Sometimes, issues will occur between you and your roommate. When this happens, we ask that you first talk to each other to attempt to collectively solve the problem. If further assistance is needed, you can contact your RA to mediate a discussion, or you can come to the office and request a suite meeting. Please refer to Living with Roommates for more information.

How do I receive mail parcels?
Please ensure that your mailing address is correct by referring to mail.

If you are alerted by your postage delivery service that your mail has arrived, please note that it has only arrived at the University of Regina’s central mail room. Please allow 1-2 days for the university to sort and process incoming mail. Residence Services will then receive your mail and will need to process it as well. When a parcel or package arrives for you, a slip will be placed in your mailbox to notify you.

Please note that Residence Services will not accept cash on delivery (COD) items.

If you have other questions, comments, or concerns, please visit the Residence Services web page or email us at residences@uregina.ca.
## CONTACT INFORMATION

<table>
<thead>
<tr>
<th>CONTACT</th>
<th>INFORMATION</th>
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<tbody>
<tr>
<td><strong>Residence Services</strong></td>
<td></td>
</tr>
<tr>
<td>Main office</td>
<td>306-585-5450</td>
</tr>
<tr>
<td>Front desk</td>
<td>306-585-4763</td>
</tr>
<tr>
<td>Toll free</td>
<td>1-866-354-3394</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:residences@uregina.ca">residences@uregina.ca</a></td>
</tr>
<tr>
<td><strong>Community Assistants</strong></td>
<td></td>
</tr>
<tr>
<td>Wakpà Tower</td>
<td>306-585-5455</td>
</tr>
<tr>
<td>Kīšik Towers</td>
<td>306-337-3200</td>
</tr>
<tr>
<td><strong>Resident Assistants:</strong></td>
<td></td>
</tr>
<tr>
<td>Wakpà Tower</td>
<td>306-530-5570</td>
</tr>
<tr>
<td>Paskwāw Tower</td>
<td>306-530-5571</td>
</tr>
<tr>
<td>Kīšik Towers: West and Floors 2 &amp; 3</td>
<td>306-519-9552</td>
</tr>
<tr>
<td>Kīšik Towers: East and Floors 4 &amp; 5</td>
<td>306-519-5763</td>
</tr>
<tr>
<td>La Résidence</td>
<td>306-535-5593</td>
</tr>
<tr>
<td><strong>Campus Security</strong></td>
<td>306-585-4999</td>
</tr>
</tbody>
</table>

*We are always happy to help! Get in touch with us today!*