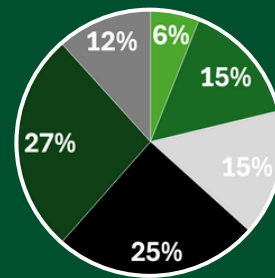


## OFFICE OF SUSTAINABILITY

# NEWSLETTER

## CAMPUS WASTE AUDIT

With the assistance of volunteers from RPIRG and the UR Ambassadors program, we completed a waste audit to determine the quantity and composition of waste generated in the Riddell Centre. Waste was sorted into categories such as plastics, paper, organics, and landfill, then each category was weighed (see proportions below). From the weights, greenhouse gas emissions were estimated to be 31 tonnes CO<sub>2</sub>e annually. These findings provide data to help guide our sustainability initiatives and waste reduction goals.



- Cans/Bottles
- Paper/Cardboard
- Plastics (#1-4, 6, 7)
- Plastics (#5)
- Organics
- Landfill

## STUDENT SPOTLIGHT

Adhika Ezra is a Social Studies graduate student at the University of Regina, Saskatchewan. Building on the work of critical homelessness and disaster scholars, his thesis explores homeless governance and responses to extreme weather events within a neoliberal settler colonial context. He is currently involved in three other research projects:

- 1) Community-campus response to crisis;
- 2) Energy transition and masculinities in rural Saskatchewan; &
- 3) Water-related climate adaptation and governance.

He is actively organizing various social justice issues in the community. In addition to his organizing work, he is currently serving as the Asia-Pacific Regional Focal Point for the UN Disaster Risk Reduction Major Group for Children and Youth.

*Read more on our website at*

[www.uregina.ca/sustainability/student-profiles.html](http://www.uregina.ca/sustainability/student-profiles.html)



# Sustainability on Campus



## MEET THE SUSTAINABILITY OFFICE

This semester we have had the pleasure of working with a great group of student interns: Steven Hatcher, Oluwamayokun Salami, and Jacob Stoll. They helped us to put on several events, including making their presence on campus known by setting up an information table in the Riddell Centre this fall. Faculty, staff, and students stopped by to learn more about sustainability programs, campus initiatives, and upcoming events. We used this opportunity to share resources and answer questions about how to get involved in creating a more sustainable University!

## SCAVENGER HUNT

This October - November we hosted an online sustainability scavenger hunt across campus. Participants were asked to answer questions and find specific locations on campus that are associated with the United Nation's 17 Sustainable Development Goals! Two lucky participants who completed the full scavenger hunt won prizes for their efforts!

## DISORIENTATION WEEK PRESENTATION

Living sustainably doesn't need to be expensive! This presentation offered practical, low-cost tips for making eco-friendly choices as a student. From saving money by reusing items to alternative transit and mindful energy usage, we explored simple habits that are both budget-friendly and impactful. We also discussed how to cut down on waste, promote sustainable practices, and tap into community resources!



University  
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# CONTROLLED ENVIRONMENT AGRICULTURE PRESENTATION

Dr. Deborah Henderson, Director of the Institute for Sustainable Horticulture and BC Regional Innovation Chair, presented on *"Talking Plants, Robot Staff, Automation, Magic Lights: New Technology in Greenhouse Production."* Agritech innovations are coming fast and furiously, especially to the greenhouse sector. For all growing systems, sustainability is becoming more urgent, along with strengthening our food security, protecting the environment, and carbon-neutrality in all human endeavors. For the past two years, Dr. Henderson has screened a series of innovations in "proof of concept" greenhouse strawberry production and arrived at a few they believe will make a difference to the bottom line. In this presentation, Dr. Henderson shared experiences with integration of agri-technologies into greenhouse production.



**Learn more at:**

[Our website](#) and the Kwantlen Polytechnic University  
Institute for Sustainable Horticulture [website](#)

## CANADIAN CLIMATE WEEK XCHANGE (CCWX) 2025

We organized a presentation series with the Prairie Adaptation Research Collaborative (PARC) at the University as part of the inaugural CCWX. It was a great opportunity to learn about the ever-changing climate of the prairies and stay informed about innovative research and future challenges we may face, from experts in the field.

**Dr. David Sauchyn** presented on research taking place in the prairies, and what the data suggest about our future climate.

**Julie Ziemer, Nicole Kistanov & Dr. Mohammad Zare** presented on how tree-rings store information about the hydroclimate of the past and how researchers use tree-rings and data models to make predictions about moisture levels in Saskatchewan.

**Dr. Soumik Basu** explained the science behind seasonal moisture flux on the prairies.

Learn more about PARC at [parc.ca](http://parc.ca)

Click [HERE](#) for more information on CCWX.



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