

OFFICE OF SUSTAINABILITY

NEWSLETTER

MONTHLY SUSTAINABILITY THEMES

**APRIL: Buy Less & Buy Smart Month**

Canadians produce over 1500 pounds of waste per person every year — the most in the world. Purchasing less, choosing reusable items, and purchasing used items cuts down on waste.

**MAY: Sustainable Transportation Month**

Transportation accounts for 21% of Canada's GHG emissions. Cycling just 5 km instead of driving saves about 1 kg of CO₂ equivalent, which adds up over time!

**JUNE: Save Water Month**

Although we may not always think about it, clean and reliable water is limited. Conserving water helps protect lakes and rivers, reduces energy use, and ensures there is enough for future generations.

*Up next...***JULY: Reduce Plastic Waste Month**

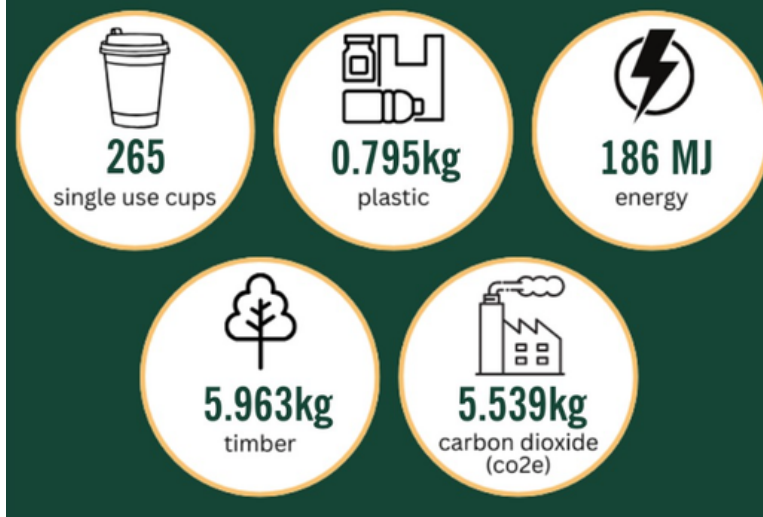
WASTE MANAGEMENT SYMPOSIUM

On April 14th, the Waste Management System Design Laboratory at University of Regina hosted a waste management symposium. With the University of Regina being a global leader in waste management research, this was an excellent chance to see research in action and learn from experts! Did you know that ScholarGPS analyzed 15 000 academic institutions in over 200 countries in the last 5 years and ranked "Waste Management" at U of R the 3rd globally in 2026?

EARTH DAY 2026

Earth Day, April 22nd, is an annual event to demonstrate support for environmental protection. We hosted a coffee giveaway, completely free for anyone who brought a reusable mug! This helped to cut down on waste created on campus. Thank you to Ultimate Rotisserie Experience for providing the coffee for this event!

By bringing reusable mugs we saved:



Members of our campus community shared actions that they take to live more sustainably! These actions relate back to several Sustainable Development Goals.

Some examples include:

SDG 11: taking transit, cycling to work, walking to work

SDG 12: recycling, composting, buying second hand, upcycling

SDG 15: gardening, growing food, seed swaps

CLOTHING DONATION DAY

On April 23rd, we hosted a clothing donation day in which the campus community could drop off clothing that was no longer needed. This clothing will be given to students in need later this year. Keep an eye out for additional donation opportunities and a date for the giveaway event!



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UR RIDE READY

On May 20th we joined the Archer Library and community partners to launch our new Ride Ready "loan a bike lock" and "borrow a bike repair kit" program!

The following items can now be borrowed from the Archer Library: bike locks, a bike pump, and a bike repair kit (including an instruction book).



How it works:

1. **Go to the Archer Library help desk**
2. **Request the item you would like to borrow**
 - a. Bike lock (1 day loan period)
 - b. Bike pump (2 hour loan period)
 - c. Repair kit (3 day loan period)
3. **Check out the item using your U of R ID**
4. **Return the item when done!**

**Dutch
Cycle**



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Dr. John Archer
Library & Archives

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WATER CONSERVATION SIGNAGE

You may notice new signage around the University with information on water conservation! Conserving water helps advance the UN Sustainable Development Goals by protecting vital resources, strengthening communities, and supporting a more sustainable future. This June we promoted conscious water usage around campus with information on ways that small habits in hand washing, single-use plastics, food and clothing choices, and AI usage can impact water. Every drop counts!

*Together, We Serve.
Together, We Conserve.*

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Scan the QR code for a campus map.



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