Purpose

This document provides guidance to students when feeling sick or experiencing COVID-19 like symptoms to prevent the spread of the virus. The University of Regina will receive notification of a positive COVID-19 test from ill campus community members (see below) or directly from the Saskatchewan Health Authority (SHA).

Ill Student Immediate Response Procedures

General Procedure

- All members of the campus community must be self-monitoring daily for the development of symptoms, such as using a daily symptom tracker provided here: https://ca.thrive.health.
- All students must practice good respiratory/hand hygiene while on campus and follow appropriate cleaning/disinfection instructions of their instructors. Face masks are required in all indoor areas of campus facilities. For a full guidelines on mask use see the masking guidance on the Health, Safety and Wellness COVID-19 Resources Page.
- All members of the campus community must not come to campus if they feel ill or are experiencing COVID-19 symptoms.
- Instructors and lab managers are required to maintain records of attendance/scheduling in the event contact tracing is required.

Procedure if a student is experiencing COVID-19-like symptoms

- If a student becomes ill, they should separate from others, leave their classes, labs, or workspaces immediately and return home/to their residence.
- If a student experiences symptoms, they should contact Saskatchewan Health Line at 811 or complete the SHA COVID-19 Self Assessment, follow public health advice and options for testing.
- Students should report an Illness to Health, Safety, and Wellness by using the Report an Illness Page or by contacting health.safety@uregina.ca (306-337-2370). All medical information will be kept confidential and only be provided to the Healthy Workplace Advisor, Human Resources to guide the ill person on next steps.
- If testing is required, inform Health, Safety, and Wellness of emerging results.

Instructor/Supervisor Procedure

- If illness is reported during scheduled activities direct the student as above. Clean and disinfect student workstation thoroughly.
  - Clean and disinfect all areas and equipment used by the person who is sick, or arrange for cleaning as applicable. Focus on frequently touched surfaces.
  - Follow the manufacturer’s instructions for all cleaning and disinfection products. One minute disinfection of touchpoint surfaces and equipment can be done using Oxivir-Tb disinfectant wipes (accelerated hydrogen peroxide) available at UR Stores. Gloves should be worn.
  - If surfaces are dirty, they should be cleaned using a detergent or soap and water prior to disinfection.
- Remind all class participants to self-monitor for COVID-19 symptoms, be vigilant with hand hygiene, respiratory hygiene, cleaning, and disinfection practices. Take care to not disclose a student’s illness or name to others or compromise their privacy.

Faculty/Staff Close Contact Immediate Response Procedure

Close Contact Procedure

A close contact can only be designated by the Saskatchewan Health Authority

- Students who have been designated as a close contact must inform their instructors that they are self-isolating for 14 days. Sick notes are not required to inform requirements to self-isolate.
- Unless instructed otherwise, the on-campus lab/studio/class will continue to take place.