

Members of the campus community,

We have received a few inquiries regarding what administrators, faculty members, and supervisors should be advising students or staff who may come forward feeling unwell, or who might otherwise express concern about potential exposure to the novel coronavirus.

In order to ensure everyone has the same information, we are providing the following guidelines:

The Public Health Agency of Canada (PHAC) and the World Health Organization (WHO) have indicated the incubation period for the novel coronavirus may be as long as two weeks before symptoms appear. It is highly unlikely that anyone who entered Canada more than two weeks ago – and who has not developed symptoms of respiratory illness – would be carrying the virus.

However, anyone who has recently (within two or three weeks) arrived from China, or has had close personal contact with someone who has recently come from China, should monitor their health for 14 days. Anyone who starts displaying symptoms of respiratory illness, including fever, cough and difficulty breathing, within that time frame, is advised to isolate themselves and contact Public Health at [306-766-7790](tel:306-766-7790) or Health Line at [811](tel:811) as soon as possible.

In addition, before going to a doctor's office, health clinic, or emergency room, they should call ahead to describe their symptoms, travel history and any contact they may have had with a sick person. If you need emergency medical care, call [911](tel:911).

It is important to remind people that this is peak season for colds and flu which have very similar symptoms to the coronavirus. Saskatchewan Health recommends that anyone who is sick should stay home to rest and recover and follow the advice of their medical practitioner in order to prevent the spread of their illness.

The Public Health Agency of Canada continues to advise that the overall risk to Canadian travellers and to Canada remains low.

A Saskatchewan Health Authority advisory for travellers going to, or returning from, regions affected by coronavirus has been posted on the Health, Safety and Wellness website at:

<https://www.uregina.ca/hr/hsw/Coronavirus/index.html>

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