World Braille Day

Equity is about levelling the playing field for everyone. In conversation with CNIB Regina, one of the programs I learned about was the Tandem Bike ride. Students/Faculty/Staff who wish to volunteer with this program that provides an opportunity for persons with visual impairment to experience riding a bike are asked to contact CNIB.

CNIB Regina Program Information from Aashiana Patel, Program Coordinator Peer Support and Recreation
- http://www.ohchr.org/EN/HRBodies/CRPD/Pages/ConventionRightsPersonsWithDisabilities.aspx
- https://www.un.org/en/observances/braille-day
- https://www.uregina.ca/student/accessibility/
- ACCESS ABILITY A Practical Handbook on Accessible Graphic Design – available in the CCDI knowledge repository

Alzheimer's Awareness Month

Alzheimer's awareness month also highlights some of the broader equity issues of ageism in the workplace. CCDI resources on Age and Generation are available in English and French. Focusing specifically on Dementia, I am highlighting the work of Dr. Thomas Hadjistavropoulos at our University.

Dr.Hadjistavropoulos' research focuses on older adults who live with moderate to severe dementia; they are a vulnerable population who have been traditionally under-assessed and undertreated for pain. This situation can reasonably be described as resulting from systemic ageism.

The work has focused not only on development and validation of better ways of evaluating pain in older persons with dementia but also on advocacy through knowledge mobilization efforts (e.g. via social media) including work with a wide range of knowledge users and policy makers. The work demonstrates that to improve quality of life of older adults living with dementia and pain, we must first address the inequities in pain assessment and management that disadvantage them. Other work has investigated ageism more directly (e.g. in terms of social media posts about older adults). We are also planning future work on ageist biases in the development of digital technologies.

- https://portal.ccdi.ca/kbarticle/3340-Ageism-in-the-Workplace-Statistics-to-Know
- https://portal.ccdi.ca/kbarticle/3338-Bridging-Generational-Divides-in-Your-Workplace
- https://portal.ccdi.ca/kbarticle/3339-Apprendre-%C3%A0-%C3%A9couter-quatre-g%C3%A9n%C3%A9rations

Diversity Calendar

Posted on campus notice boards.
Employees can access a PDF version using the following link:
https://portal.ccdi.ca/kbarticle/3754-2024-Diversity-Calendar-PDF?ru=results&rv=

To access CCDI resources, please sign up on the CCDI website.
For UofR employees only.