

REFERENCE LIST For All Fields

Revise this example as needed for each application and standards in the field.

References for Your Name

- 1. Dr. Reference Name**
Associate Professor, Department of _____
Faculty of _____
University of Regina
Regina, Saskatchewan S4S 0A2
Phone: 306-333-3333
Email: reference.name@uregina.ca
(Evaluated my performance in three courses: _____)
- 2. Ms. Reference Name**
Manager, Communications Department
Health Tech Solutions
Saskatoon, Saskatchewan S4P 1F3
Phone: 306-333-3333
Email: reference.name @healthtech.ca
(Supervised my work as _____)
- 3. Mr. Reference Name**
Supervisor, Recreation Services
Woodlands, Saskatchewan S0R 3X3
Phone: 306-3333-3333
Email: reference.name @wyatt.ca
(Supervised my volunteer work as _____)

Guidelines for Preparing a Reference List

- 1. What is a Reference?** Someone who knows you and can verify your relevant skills and abilities, performance, work ethic, character and past experience (academic, volunteer, employment).
- 2. When do I provide my Reference List?** Employers and fields vary on this. Unless requested with your application or standard in the field, you do not always need to attach a Reference List with applications. If you are unsure, check with the employer about when to submit your References List.
- 3. Get Permission:** *Always* ask potential References for permission before listing them.
- 4. Reference Contact Information:** For privacy, a Reference might limit contact information. However, most will provide the following:
 - Name, title, organization or company, address
 - Phone number, email, fax (optional)
 - Consider adding a note about your relationship (e.g., Supervised my work at _____)
- 5. Number of References:** Usually list three to five References who can speak positively about you.
- 6. Prioritize References:** Who can best validate your relevant strengths? List this person first.
- 7. International References:** Include important References living outside of Canada. Be sure to note the direct dial phone number.
- 8. Offer Your Resume to References (option):** Ask References if they would like a copy of your resume and any supporting documents (e.g., an evaluation).
- 9. Create Reference Categories (option):** Educational, Employment, Volunteer, Personal or Character.
- 10. Provide References at Interviews:** Offer your Reference List at interviews.
- 11. Thank your References:** Let your References know that you appreciated their time and help.