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“Come Along” 2021
# THEATRE DEPARTMENT CONTACT INFORMATION

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<th>Name</th>
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<tbody>
<tr>
<td><strong>Department Head</strong></td>
<td>Kathryn Bracht</td>
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<td>585-5590</td>
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<td></td>
<td>Taiwo Afolabi</td>
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<td>Leanne Groeneveld (on leave)</td>
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<tr>
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<tr>
<td><strong>Wardrobe Technician</strong></td>
<td>Mason Roth</td>
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<td>Sessional Office</td>
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<td>Scene Shop</td>
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<td>TSA Office</td>
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<td>Stage Management</td>
<td>RC 070</td>
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<td>Student’s Lounge Area</td>
<td>RC 170</td>
<td>337-2412</td>
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<td><strong>Student Program Centre</strong></td>
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<td>Academic Program Coordinator</td>
<td>Jennifer Lockwood</td>
<td>RC 267.2</td>
<td>585-5576</td>
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<tr>
<td>Administrative Assistant</td>
<td>Elizabeth Dow</td>
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<td>585-5570</td>
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<td>RC 267.1</td>
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**FACEBOOK:** University of Regina Theatre Department

**Theatre Student Association Facebook Link:** [https://www.facebook.com/uofrtsa](https://www.facebook.com/uofrtsa)

**Twitter:** [https://twitter.com/uofrTSA](https://twitter.com/uofrTSA)

**CAMPUS SECURITY:** 306-585-4999
FALL 2021

August 30  
First Day of Class
September 6  
Labour Day – University Closed
September 13  
Last Day to Add a Class
September 13  
Last Day to Drop a Class – No Record
October 11  
Thanksgiving Day (No Classes)
October 22  
Fall Convocation
November 8  
Fall Reading Week Start (Monday)
November 11  
Remembrance Day - No Classes
November 13  
Fall Reading Week End (Saturday)
November 13  
Las Day to Drop a Class – Grade of W
December 6  
Last Day of Class
December 9  
First Day of Examinations
December 22  
Last Day of Examinations
December 24  
Faculty and Admin Office close @ 3:00 pm
December 24 – 31  
Christmas Break – University Closed

Term Dates: Aug 30 – Dec 22
Class Dates: Aug 30 - Dec 6
Examination Dates: Dec 9 – 22

WINTER 2022

January 1  
University Closed
January 5  
First Day of Class
January 18  
Last Day to Add a Class
January 18  
Last Day to Drop a Class – No Record
January 31  
Last Day to Apply For Spring 2022
Convocation
February 21  
Family Day – No Classes
February 22  
Winter Reading Week Start (Tuesday)
February 26  
Winter Reading Week End (Saturday)
March 15  
Last Day to Drop a Class – Grade of W
April 14  
First Day of Examinations
April 15  
Good Friday – No Class
April 29  
Last Day of Examinations
June 8, 9, and 10  
Spring 2022 Convocation

Term Dates: January 5 – April 29
Class Dates: January 5 – April 11
Examination Dates: April 14 – 29
Tanis, Willkommen, Bienvenue, Welcome!

Welcome to all new and returning students joining us in Theatre Department in the fall of 2021! The past year has thrown big challenges to the world, our country, and our communities, which has necessitated re-visioning what theatre training and theatre practice can be. COVID-19 had us learning remotely, performing remotely, and socializing at a distance; it forced us to reimagine what a theatre production could be, and collectively as a Department we were able to produce The Portrait Project, a creative response to the pandemic which had our theatre students collaborating with students from the University of Regina’s Film Department, as well as performance and video art students from The University of Peloponnese in Greece. You can check out that project at https://www.portraitproject.ca/.

Our Theatre students also bravely and creatively stepped into the world of outdoor theatre, writing and performing their own show, titled Come Along which took an audience of fifteen on a whimsical tour of Wascana Park in mid-March. This fall we will slowly move back into our studios, and make our first steps into rediscovering the joys of working face-to-face on our craft.

The fall production for 2021 is an exciting one. Every second year, the global initiative titled Climate Change Theatre Action invites artists, theatre companies, universities and activists to take part in presenting a series of short theatre pieces focused on climate change, and what we can do to help create awareness and change. This exciting project will focus on ensemble and choral work, and will be presented in the Shubox Theatre November 3 – 6, 2021, as well as live-streamed to the department’s YouTube channel, which you can find at: https://www.youtube.com/channel/UC4bsIKEBzGsG1exs_EOg

You can also read up on the Climate Change Theatre Action initiative here: http://www.climatechangetheatreaction.com/

We are thrilled to be presenting Caryl Churchill’s terrific play Love and Information March 16-19, 2022, directed by Regina’s own Judy Wensel. Watch for audition information for this play in early September! Love and Information will be presented on the Riddell Centre mainstage.

It is an exciting time in the department, filled with hope in returning to create our work on stage. All of us here in the Theatre Department look forward to hearing your voices in our spaces, and working with you in person. We have several exciting remote offerings that we’ve kept - The Playwright’s Reading Series will continue to be presented on Zoom, and the Crossing Currents conversations will also continue to be presented on Zoom. Be sure to keep your eye on our Facebook page, check your university email regularly, and reach out and talk to any staff or faculty if you need to. Let’s work together to make sure our first steps back on the boards are safe and successful ones.

Finally, be kind and compassionate to yourselves and others – by working together we can make wonderful things happen!

Kathryn Bracht
Head, Theatre Department
WHY STUDY THEATRE

A degree from the Theatre Department provides you with a well-rounded education, which means you possess specialized knowledge in an aspect of theatre production or studies, as well as flexible, transferable skills that will allow you to adapt easily in a changing world and make you a more creative and marketable person. The programme integrates performance making and academic reflection on performance in ways that provoke dialogue between the creative and the analytical, and where reflection feeds the performance making process. But what can I DO with my Theatre Degree?

Our graduates work in a vast number of facets and aspects of the theatre and film industries. Our programs have contributed to the success of actors across the country (including actors working at The Shaw Festival, The Globe Theatre, Persephone Theatre, Catalyst Theatre, National Arts Centre, Citadel Theatre, Stratford Festival, Grand Theatre, Quest Theatre, Shakespeare on the Saskatchewan, Theatre Calgary and Souris Valley Theatre). Our programs have contributed to the success of stage managers and technicians continuously working across the country (including Alberta Theatre Projects, Theatre Calgary, and Globe Theatre). Our programs have contributed to the success of designers working across the country (Canadian Stage Company, Manitoba Theatre Centre, Walnut Street Theatre (Philadelphia), Alberta Theatre Projects, Western Canada Theatre, Prairie Theatre Exchange, Globe Theatre). Our programs have contributed to the success of artists (actors, technicians and designers) working in the film and television industry. Our programs have contributed to the success of artists who are now teaching at a number of universities in Canada (including the University of Lethbridge, the University of Saskatchewan and the University of Regina). Our programs have contributed to the success of artists and scholars who have gone onto graduate schools across the continent (and beyond) attending schools as varied as Penn State, University of Calgary, University of Guelph, University of Alberta, Oxford (England) and Hogeschool voor de Kunsten (Utrecht). Our programs have contributed to the success of artists who desire to start a theatre company of their own and produce work that is important to them such as Regina's Curtain Razors Theatre and Hectik Theatre. Our programs have contributed to the success of students who have pursued further education in a wide variety of other programs of study upon graduation including: arts administration, elementary and secondary education, law school, social work, medical school and curatorial and restorative work.

A broad based education in which critical thinking and critical analysis are central is one of the major differences between what a technical trade school and even conservatory training has to offer, and a University. In truth, critical thinking and analysis will make you a better citizen and a better artist.
A SHORT STORY

The Theatre (Drama) Department was established in the mid 1960’s with the hiring of Professor Salmon, a British actor/director with considerable experience in American universities. Along with William Chadwick and John Chamberlain, who also taught in the English Department, he established the first professional theatre company in the province, Theatre Saskatchewan, and presented a full season in Darke Hall. The members of the Company also taught classes. By 1970, additional faculty members had been hired and the first students had graduated.

The department was founded with a production base and we continue to employ a conservatory model to this day - all studies are centered around and support play production. By the end of the 1970s, the department had produced almost 100 plays, with all production elements carried out by the students, under the supervision of the expanding faculty. The hiring during this period recognized the need for highly trained specialists in performance, design, stage management and technical theatre. Professional instructors were also hired on a sessional basis to ensure a high level of movement training. By the end of the 1980s, these specializations were reflected in the degree titles: BFA Acting BFA Stage Management /Technical Theatre; BFA Design and the BA degrees in the studies area.

The 1990’s saw us solidifying the newly designed programs and expanding activities by touring productions in Saskatchewan and Alberta and hiring a number of professional guest artists. Several new events were also initiated: pre- and post-show talks, the Playwrights Reading Series, the Fine Arts Subscription series, the Fine Arts Festival week and a number of book launches. At the same time, the Department was undergoing a re-evaluation of our physical needs. This review finally culminated in a move to the new Faculty of Media, Art and Performance Building, in the Riddell Centre, on the main campus in 1997. Since that time we have had the pleasure of using some of the best theatre training facilities in the country - the University Theatre, a 450 seat theatre with a full fly gallery, the Shu-Box Theatre, a well-equipped experimental space and a rehearsal room that doubles as a performance space. We regularly share these spaces with the Music Department and we rent, at competitive prices, to arts organizations in the City of Regina. In addition, we encourage students to enroll in credited professional placements with local companies to augment their skills training. In 2012, we have partnered often with ACTRA Saskatchewan in the delivery of a mentorship program that enables an ACTRA professional to work alongside our students in production. It all makes for a vibrant cultural environment for our students.

Commencing in January 2013, the Theatre Department began to focus attention on the delivery of the core degree, the BA (Theatre and Performance, with concentrations in Acting, Design and Stage Management). This consolidates our course offerings into a unified, flexible degree that optimizes our skills and resources and enables students to choose widely from a menu of courses that reaches across the Fine Arts disciplines or to pursue training in selected streams within the art form.

We believe that this educates our students to be broad thinking and resourceful in their approach to creativity while they are here at the university and when they graduate into the world beyond whether they chose to pursue further training, a professional career or higher education.
AWARD WINNING INSTRUCTION

Our academic faculty is excited to share their expertise and passion with you across a wide ranging area of performance.

DR. TAIWO AFOLABI is an applied theatre practitioner with a decade of experience working across a variety of creative and community contexts in over dozen countries across four continents. His practice and research interests include education, decolonization, community-based and socially-engaged creative practice, and research ethics. Recent work investigates the intersection of performance, policing and immigration. He is the founding artistic director of Theatre Emissary International, Nigeria, a research associate at the University of Johannesburg, South Africa, and serves on the board of the International Federation Theatre Research (IFTR). He regularly presents at national and international conferences.

KATHRYN BRACHT, Department Head, is an actor, director, an Associate Professor and Head of the Theatre Department at the University of Regina. She conceived and lead the online production of The Portrait Project for the Theatre Department which premiered online November 19, 2020, and can be viewed at https://www.portraitproject.ca/. Previously for the Theatre Department Kathryn directed an experimental, devised work-in-progress titled Secrets from the Borne Settee, which had sound live-streamed nightly from Mexico City, and was also streamed online. You can still see this project at https://thebornesette.com/. Kathryn is excited to be back working on stage and in-person with students and her colleague Shannon Holmes, whom she will be co-directing the Climate Change Theatre Action project with this fall. She is also collaborating on a new project with Vancouver theatre artist Maki Yi, and Saskatchewan filmmaker Thomas Gallagher titled On Paper. She also has an article forthcoming in the November issue of Theatre Research in Canada reflecting on her work directing senior theatre artists for Western Gold Theatre, titled Creativity has no Expiry Date: Directing Caryl Churchill’s Escaped Alone for Western Gold Theatre.

DR. LEANNE GROENEVELD is an associate professor of theatre studies at Campion College, the Jesuit postsecondary institution federated with the University of Regina. She completed her PhD in English literature at the University of Alberta (back before the turn of the millennium) and teaches script analysis, dramatic literature, and theatre history for both the Theatre and English departments. She specializes in medieval and modern religious theatre, especially Passion plays. Her most recent publications include “The York Bakers and Their Play of the Last Supper,” Early Theatre 22.1 (2019): 37-69; “Theories of Disease, Sanitary Reform and Nineteenth- and Early Twentieth-Century Tourism to the Oberammergau Passion Play,” Studies in Travel Writing 23.3 (2019): 244-62; and “Modernist Medievalism and the Expressionist Morality Play: Georg Kaiser’s From Morning to Midnight,” Acta Universitatis Sapientiae 16 (2019): 81-101.
WILLIAM HALES graduated from the University of Regina with a Bachelor of Fine Arts in Theatre in 1978. After his graduation, he worked as a Stage Manager, Lighting Designer, Technical Director and Technician for theatre companies throughout Western Canada. William returned to the University of Regina in 1994 to teach as a sabbatical replacement for his mentor, Gabe Prendergast. He discovered he wanted to teach theatre. He went to the University of Calgary to get his Master of Fine Arts in Design and Technical Production and in 1999 he returned to the University of Regina Theatre Department to teach Stage Management, Lighting Design and Technical Production. He has won a Betty Mitchell award in Calgary for Lighting Design for NiX and a Jessie Richardson Award in Vancouver for Nothing But Sky. Bill’s recent lighting designs in Regina include Dresswriter and The House of Chow Mein for New Dance Horizons, The Nutcracker for Class Act Studio and Mary’s Wedding, Never Swim Alone and Last Five Years for Golden Apple Theatre. He has also served as the Backstage Adjudicator fifteen times for the Saskatchewan Drama Association’s Provincial High School One Act Play Festival and is famous for his ‘creative’ entrances. Bill is an active board member for the Regina Fringe Festival working closely with the festival’s technical director. He is also the Technical Director for the Souris Valley Theatre in Estevan, a summer theatre company that employs actors, musicians, designers and technicians from Saskatchewan.

DR. SHANNON HOLMES is an actor, singer, educator, theatre-maker and scholar. She holds a BFA in Theatre Performance with a Minor in Music from Concordia University (Canada) an MFA in Interdisciplinary Arts from Goddard College (US) and a PhD in Drama and Theatre Arts from the University of Birmingham (UK). Her research centres on the exploration of phenomenological insights as they relate to vocality. Her methods include the deconstruction of traditional texts and forms and the integration of autoethnographic performance practices into a performers process as key methods for developing more profound somatic reflexivity and a means of devising theatre. Her most recent performance project was a self-devised, autobiographical solo music-theatre piece entitled; The Crook of Your Arm. It had showings at L’Espace POP Montréal, The Frigid Festival NYC as well as The Royal Shakespeare Company’s studio stage, TOP (The Other Place) in Stratford-Upon-Avon, UK.

PROF. WES D PEARCE has had the privilege and honour to have been able to spend most of his life working, playing and creating on the Treaty 4 Territory – this landscape has shaped his world view, his aesthetics and his career and it would not have been possible without the stewards of the land who came before, who he shares it with now and those who will come after. Wes is also a proud graduate of this program (although that was some years ago) and earned his MFA from the University of Calgary. He has a foot in academic research (and a short attention span) which means he has a lot of research interests: Shakespeare festivals and the public good, the connections between how a musical looks and how it is written, and various aspects of Come From Away (the good, the bad, and the ugly). The other foot is firmly in the real world of scenography and Wes has designed extensively for a number of theatres including Persephone Theatre, Prairie Theatre Exchange, Western Canada Theatre, and Stage West in Calgary as well as over twenty productions for the Globe Theatre. Some of his favourite designs for the department include: The Borne Settee, Re/Measure, The King Stag, Blood Relations, Much Ado About Nothing, Les Belles Soeurs, The Merry Wives of Windsor, Woyzeck, Love of the Nightingale, and Blood Wedding. Wes is currently on the Globe Theatre’s Board of Directors and in 2017 was deeply honoured to receive the Theatre Department’s Distinguished Alumni Award.
SESSIONAL INSTRUCTORS

JULIANNA BARCLAY is a professional actor, comedian and writer. As an actor she has performed extensively in Regional Theatres across Canada. From 1996-2004 she was a company member and artistic associate with the acclaimed Catalyst Theatre in Edmonton, Alberta and performed in such faraway places as the Edinburgh Fringe Festival, The Tron Theatre in Glasgow, The Pleasance Theatre in London, England and The Liverpool Playhouse. In Toronto, she studied stand-up with Dawn Whitwell at the Comedy. She went on to hone her joke writing skills when she took an extensive web-series at the Centennial College. There she wrote an eight episode series called Acting with Conviction based on her experience doing a show with prisoners in a maximum security prison. As a playwright she co-wrote Coop Dreams with Sian Williams. She also recently wrote a short film called Mullet. Julianna holds a BFA from the University of Regina Drama Department. She is also the recipient of a SIMPIA Best actress award for her role in Heartline.

KELLEY JO BURKE is a playwright, creative nonfiction writer, a dramaturge/editor and CBC radio host/producer and voice actor. Her recent produced and published plays include the upcoming The Curst (with Library Voices), Us (with Jeffery Straker, 2018), The Lucky Ones (DT, 2016), The Selkie Wife (2010), and Ducks on the Moon (Curtain Razors, ongoing, 2009). Her new book, whose title is currently a source of heated debate, is coming out with Radiant Press in 2021, edited by the renowned Canadian writer Susan Musgrave. She was the 2017 winner (with Jeff Straker) of Playwright Guild of Canada’s national award for best new musical (Us) the 2009 winner of the Sask. Lieutenant-Governor’s Award (Leadership in the Arts), a three time winner of the City of Regina Writing Award and also received the 2008 Saskatoon and Area Theatre Award for Playwriting (The Selkie Wife).

CAVAN CUNNINGHAM has been acting in film & television for over 30 years. His credits include: The Beachcombers, X-Files, Wiseguy, MacGyver, Hungry Hills, Just Friends, The Tommy Douglas Story, Finn on the Fly, Little Mosque on the Prairie and several other productions. He is probably best known for playing “Mayor Fitzy” for six years on Corner Gas, and now on the animated series. Over the years, Cavan has been fortunate to work with a talented roster of actors and crew, and directors like Kim Manners, Anne Wheeler, John N. Smith, David Winkler & Corbin Bernsen. Cavan has taught Acting for the Camera to all ages both privately and in university. Cavan has been teaching the Acting for the Camera class, when offered, since 2012.

CATHY MCCOMB, BA (History), BFA(Theatre Design), MA ( FA Interdisciplinary Studies Theatre and History) is an award winning designer that has worked professionally in the Theatre and in the Film and Television Industries. Cathy has been teaching costume and set design classes for the University Of Regina Department of Theatre as a sessional instructor for the past 15 years.

CHANCZ PERRY attended Arts Umbrella, Simon Fraser University, the University of Ghana, Saskatchewan Polytech, and Broadway Dance Centre. He holds a BFA in Dance, a BA in Criminology, and studies in a Master of Curriculum and Instruction (MEd EC&I) at the University of Regina. He has spent over 35 years in the entertainment industry – on stage, screen, and behind the scenes. This multifaceted producer, performer, and choreographer, has received numerous awards. Selected film and theatre credits include Mr. Magoo, Bye Bye Birdie, Charlie Horse Music Pizza, West Side Story, Kiss Me Kate, and Five Guys Named Moe. While continuing his practice as an interdisciplinary artist, Chancz has spent over a decade as a sessional lecturer in theatre, kinesiology, and health studies, at the University of Regina. Find out more here: https://chanczperry.ca

JAYDEN PFEIFER is a Regina-based artist whose work in theatre and improvisation, as creator and performer, has spanned the last 20 years. He holds a BFA and MFA from the University of Regina, where he has been a Sessional Lecturer for the past 10 years. Jayden is an Associate Artist for Curtain Razors Theatre, and has appeared in Curtain Razors’ productions of Live Duet, Bad Blood, and Carmen Angel, as well performing regularly in Burnt Sienna with Kris Alvarez. His newest work, Untitled Peter Tripp Project, alongside
collaborators Johanna Bundon and Lee Henderson, will premiere in Regina in 2021.

MASON ROTH is the Scenic Carpenter/Theatre Technician/Sessional Instructor at the University of Regina. He joined the Theatre Department in 2011 after working for over six years as the Head of Scenic Carpentry at Globe Theatre. Mason is an artist who uses found objects to create a variety of metal art sculpture. His background of odd jobs / travel have combined his talents to be a Jack of All Trades and Master of none.

ARTHUR MILNER is a playwright and theatre director. He had a long association with Ottawa's Great Canadian Theatre Company, where he was Artistic Director and resident playwright. His produced and published plays include Masada, Sisters in the Great Day Care War, Learning to Live With Personal Growth, Crusader of the World, Getting to Room Temperature, and Facts, which has been produced in London, U.K., Palestine (in Arabic), and Istanbul (in Turkish). He has an MA in English Literature from Carleton University and has taught there and at Concordia University, the University of Ottawa and University of Calgary. He writes on politics and culture for inroadsjournal.ca. He’s lived in Regina since September 2020 and appeared recently in Globe Theatre’s ArtOutLoud festival.

ASSOCIATE MEMBERS:

JESSE ARCHIBALD-BARBER – Assistant Professor, First Nations University of Canada Archibald-Barber began his studies at the Saskatchewan Indian Federated College in Regina. After a year of Native Studies, he transferred to the University of Victoria, where he finished his BA. He then completed his graduate studies at the University of Toronto, where he wrote his dissertation on elegies of colonial conflicts between English Canadian, First Nations, and Métis cultures. While there, he studied the grammar and structure of English and published an article in the History of the English Language (HEL) database. He has also published on cognitive theories regarding oral and written traditions in the International Journal of Canadian Studies (2004). Currently, he teaches First Nations and Métis poetry, fiction, drama and Indigenous aesthetics. His recent research interests involve representations of games of chance in First Nations and Western literatures, film, and popular culture.
UNIVERSITY OF REGINA THEATRE DEPARTMENT
2021 – 2022 Productions

Fall 2021

CLIMATE CHANGE THEATRE ACTION PROJECT
November 3 – 6, 2021
Shu-Box Theatre
Directed by Kathryn Bracht and Shannon Holmes

Directed by Shannon Holmes and Kathryn Bracht, this project takes twelve dynamic, short playlets written by playwrights from all over the globe and inspired by the Green New Deal. These plays are presented with up-cycled, recycled, and re-purposed set and costumes in a dystopian, Mad-Max world. Presented in the Shu-Box theatre, these series of short plays will make you laugh, make you cry, and ultimately make you want to change the world.

http://www.climatechangetheatreaction.com/

Winter 2022

LOVE AND INFORMATION
March 16-19m 2022
Riddell Centre Theatre
Directed by Judy Wensel

Love and Information is an unusual and unique state-of-the-nation play. Churchill examines, explores, celebrates and questions where we are in our contemporary society. Her focus is on how the information that makes us human beings; our feelings, dreams and minds, are negotiated in a world dominated by a different kind of information. Written in Caryl Churchill’s brilliant prose, this play is not to be missed!

All in all, it will be a dynamic season in the Theatre Department. We hope that as many students as possible will embrace this chance to see a live theatre that does things in the world, will excite, move and allow them to reflect on critical issues that affect all our lives, especially theirs.
The Theatre Department is Open: This is a place where cultural diversity and human rights are respected and where gays, lesbians, bisexuals and transgendered students are welcomed and supported.

The Theatre Department is Accessible to students with a range of abilities. We are pleased to offer the opportunity for students to take classes or audit many of our courses on a not for credit basis.

Living in a Vibrant Cultural Community: Studying in the Theatre Department at the University of Regina puts you at the centre of one of the most culturally vibrant communities in the province. Both the Faculty of Media, Art, and Performance and the larger community supports a wide range of cultural events. Experiencing these will make your education experience even more rewarding. For example, we have a strong connection with the Globe Theatre, which offers free tickets for our students to attend the dress rehearsal of their shows on a first come first, serve basis. Joelle Nielsen will post notice of this over the course of the semester. There are other worthwhile cultural organizations including:

- New Dance Horizons: [http://www.newdancehorizons.ca/](http://www.newdancehorizons.ca/)
- Curtain Razors: [https://www.curtainrazors.com/contact-us](https://www.curtainrazors.com/contact-us)
- Regina Public Library Film Theatre: [https://www.reginalibrary.ca/film-theatre](https://www.reginalibrary.ca/film-theatre)
- Neutral Ground - [http://www.neutralground.sk.ca/](http://www.neutralground.sk.ca/)

Becoming connected with the cultural community will benefit you in so many ways. You will learn about the arts, meet people and it will enhance your network of professional contacts.

STUDY ABROAD

For more information go to [https://www.uregina.ca/international/study-abroad/index.html](https://www.uregina.ca/international/study-abroad/index.html)

The Theatre Department currently has a formal student exchange arrangement with York St. John’s in the UK. Since its inception, more than two-dozen students have taken advantage of the opportunity to cross back and forth for a semester of learning in another country.

"Life at York St. John's is awesome! The city is incredibly gorgeous and there's always something to see and do. At school we see our professors once a week and that's it. I only have classes on Thursday and Friday, which means I have lots of time to travel and see the country. And the classes are so interesting that I love going to them. My roommates in my dorm building are amazing and so sweet. I'm loving it here."

Aurora Eilig York St. John’s – England
students and alumni to stay connected.

THEATRE DEPARTMENT ANNUAL ALUMNI AWARD

Every year the Theatre Department celebrates one of our exceptional alumni with the presentation of an award. To date we have honoured:

DISTINGUISHED ALUMNI 2020: AMY MATYSIO

Celebrated on both stage and screen, Amy Matysio is an award-winning actor, improvisor, singer, and voice-over artist. With accolades that include multiple Saskatchewan Arts Award and Canadian Comedy Award nominations, she is also the inaugural recipient of the Regina Mayor's Arts & Business Emerging Artist Award, was named one of CBC Saskatchewan’s Future 40, Playback’s Ten To Watch, and earlier in 2020, was a double Canadian Screen Award nominee for her work in CBC’s Save Me and OutTV’s Running With Violet. She has worked across Canada for several notable theatre companies including the National Arts Centre, Soulpepper, Persephone, Northern Light, Shakespeare on the Saskatchewan, numerous seasons with Globe Theatre, including her powerhouse turn in the one woman “tour-de-force” The Syringa Tree.

She continues to collaborate with Curtain Razor’s Joey Tremblay - appearing in Bad Blood, and adaptations of George Dandin (Globe Theatre) and The Wizard of Oz (Dora Award, Young People’s Theatre). Notable Film/TV credits include WolfCop & Another WolfCop, Just Friends, Guilt Free Zone, Single White Spenny, and inSAYSHable, the award-winning digital comedy which she created/produced and starred in. As a voice artist, she has lent her unique sound to numerous brands, while creating a wild variety of voices for CBC programs including Ideas, SoundXchange and This is That. She is the voice of villainess Mallory in The Mysticons (YTV/Nickelodeon) and can be heard in Audible’s Greenwood, Songs for the End of the World, and in Margaret Atwood’s Angel Catbird. Born and raised in Regina, Saskatchewan, she is a BFA graduate of the University of Regina in Theatre, and now makes her home in Toronto. Fiercely proud of where she came from, Amy is deeply moved to receive this honour.

<table>
<thead>
<tr>
<th>Name</th>
<th>Year</th>
<th>Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>Joey Tremblay</td>
<td>2002</td>
<td>Acting/Artistic Creation</td>
</tr>
<tr>
<td>Valerie Creighton</td>
<td>2003</td>
<td>Acting/Arts Administration</td>
</tr>
<tr>
<td>Dianne Goodman</td>
<td>2004</td>
<td>SM/Arts Administration</td>
</tr>
<tr>
<td>Colleen McMillan</td>
<td>2006</td>
<td>Design</td>
</tr>
<tr>
<td>Brenda Bazinet</td>
<td>2007</td>
<td>Acting</td>
</tr>
<tr>
<td>Janine Pearson</td>
<td>2008</td>
<td>Acting/Voice Work</td>
</tr>
<tr>
<td>Monica Prendergast</td>
<td>2009</td>
<td>Acting/Drama Education</td>
</tr>
<tr>
<td>David Leyshon</td>
<td>2010</td>
<td>Acting</td>
</tr>
<tr>
<td>Michele Sereda</td>
<td>2011</td>
<td>Acting/Artistic Direction</td>
</tr>
<tr>
<td>Andrea Runge</td>
<td>2012</td>
<td>Acting</td>
</tr>
<tr>
<td>Alan Bratt</td>
<td>2013</td>
<td>Acting/Arts Administration</td>
</tr>
<tr>
<td>Cheryl Hoover</td>
<td>2014</td>
<td>Stage Management</td>
</tr>
<tr>
<td>Trenna Keating</td>
<td>2015</td>
<td>Acting</td>
</tr>
<tr>
<td>Stephen Wade</td>
<td>2016</td>
<td>Design</td>
</tr>
<tr>
<td>Wes D. Pearce</td>
<td>2017</td>
<td>Designer</td>
</tr>
<tr>
<td>Will Brooks</td>
<td>2018</td>
<td>Actor, playwright, Stage Manager</td>
</tr>
</tbody>
</table>
OTHER HAPPENING IN THE THEATRE DEPARTMENT

PLAYWRIGHT’S READING SERIES
The Playwrights Reading Series is hosted annually by the Theatre Department in partnership with the Saskatchewan Writers Guild. Between September and March the Series will feature Canadian playwrights reading from their work, talking about their writing process and other topics of interest and answering questions from students and members of the community.

SASKATCHEWAN DRAMA ASSOCIATION PROVINCIAL FESTIVAL
The Theatre Department is a proud sponsor of this annual event, one that brings together elementary and secondary students and their teachers from all over the province to present plays and take part in workshops. Provincial Festival Dates - Riddell Centre, University of Regina

THE CENTRE FOR THE STUDY OF SCRIPT DEVELOPMENT
The Centre for the Study of Script Development is a community-university partnership involving ten provincial arts and educational organizations connected with the areas of film and theatre. The Centre runs programs to support writers and other artists by providing cross-disciplinary, alternative approaches to the development of dramatic work for stage, screen and radio. Students and community members as well as individuals from the community may take advantage of its dramaturgical services and programs such as the Regina Playwrights Reading Circle.

INTERNATIONAL TOUR COURSES
UR International provides partial funding for eligible students to participate in tour courses. In 2011 we toured to Las Vegas and Prague.
SECTION 1: ACADEMIC PROGRAMMING AND REGULATIONS

Our Programs
Students acquire expertise and a unified approach to theatre studies through dramaturgy, literature, performance, design and stage management courses and through participation in productions mounted each semester. Experiential learning is balanced with liberal arts courses. Degree programs cover the full spectrum of specialties relating to theatrical production. Our students come from many backgrounds, but they all share a combination of academic ability with an enthusiasm for new challenges. We invite students who have the motivation and potential to succeed in a career in the creative industries and a level of personal maturity and self-direction consistent with the demands of a competitive program. See 1.2

BA in Theatre and Performance-General
BA in Theatre and Performance – Acting Concentration
BA in Theatre and Performance – Design/Stage Management Concentration

An interdisciplinary Approach:
We encourage our students to take an interdisciplinary approach to learning and opportunities to explore other areas in the Fine Arts are available through the open electives in each student’s program. Specific courses designated FA in the calendar encourage students to think broadly and critically about how disciplines interrelate and are contextualized within our society.

Supervision and Mentorship:
Finding one’s way through the programs that we offer may be confusing to the uninitiated. We provide individual counseling to every student in our program on a semester-by-semester basis as needed. We also offer MAP 001- Foundations of University Practices which will assist you in finding you way. Please contact the Theatre Department to book an appointment with a member of the Faculty at theatre@uregina.ca

Work Placement Experience:
On a case-by-case basis, we offer the opportunity for students to work in professional placements after 60 credit hours. Please inquire with the Department Head if you are interested.

Admission Policy:
Our admission policy is open. We welcome everyone into our program in first year because we want to offer each student the opportunity to pursue his or her dreams and aspirations. Our decision to open our program in first year is guided by our mission to educate talented, ambitious students looking to make their mark in an exciting and fast-paced industry.

How to Apply:
For on-line registration, please go to: http://www.uregina.ca/admissions/

Accommodation:
Living on campus is a perfect way to get the full U of R Student experience. It offers you independence and friendship in a vibrant, multicultural atmosphere. The University of Regina offers four fully furnished residences to meet the diverse needs of our students. Residence life
is a comfortable and convenient “home away from home.” You will be living in a warm, friendly community with still enough space to be independent, with single or multiple occupancy options. Please refer to:

Residence Services
Room SR 110 University of Regina
3737 Wascana Parkway Regina,
SK Canada S4S 0A2
Fax: (306) 585-5457
E-mail: residences@uregina.ca

Luther College Residence:
https://www.luthercollege.edu/university/residence-food-services/residence/apply-for-residence

You may also consider off-campus Housing. Options here include but are not limited to:

- **URSU Housing Registry:** postings of suites, apartments, rooms, and places that offer room and board: http://ursu.ca/services/housing
- **Regina Leader Post:** accommodation listings from Regina’s local newspaper:
  http://classifieds.leaderpost.com/regina/rentals/search
- **Kijji:** www.kijiji.com.regina/
- **Craig’s List:** http://regina.craigslist.ca/

**Graduate Studies in Theatre**
We accept MFA students in Theatre on a case-by-case basis. We also partner with the other departments within the Faculty of Media, Art and Performance to offer MAs and MFAs in Interdisciplinary Studies. Please contact the following for further information:

Associate Dean, Media, Art, and Performance, Grad Studies
Dr. Christine Ramsay
christine.ramsay@uregina.ca

and/or

Faculty of Graduate Studies and Research http://www.uregina.ca/gradstudies/ or http://www.uregina.ca/mediaartperformance/interdisciplinary-studies.html
1.1 DEGREE PROGRAMS

The Theatre Department of the University of Regina offers the following Bachelor of Arts degrees:

- BA in Theatre and Performance-General
- BA in Theatre and Performance – Acting
- Concentration BA in Theatre and Performance – Design/
  Stage Management Concentration

Appendix A contains a list of all the requirements for the degrees offered in the Theatre Department. For each degree there is a list of the suggested sequence of courses that should be taken semester by semester. It is extremely important to note that most classes in the Theatre Department are offered only one semester a year, in the Fall or Winter, and some classes, only every other year. It is important to take the course when it is offered.

In order to graduate a total of 65% is required in the major and in program.

1.2 CLASS ATTENDANCE POLICY

Most theatre classes involve collaboration. When students miss classes or rehearsals outside of class time, they adversely affect the work of their fellow students and their fellow students’ grades. Therefore, we have a stringent attendance policy detailed on each course syllabus. In all performance classes, for example, the syllabuses state that two unexcused absences in the course means automatic failure. Excused absences are those for which a student has received the instructor’s permission and the appropriate form has been filled out and signed by both the student and instructor. In the case of an excused absence for medical reasons students are required to submit a doctor’s certificate.

1.3 MISSING CLASS FOR PROFESSIONAL DEVELOPMENT

In special cases classes may be missed for professional development. We have a policy that allows students to apply for permission to accept professional work in his or her field of study, even though it involves missing a class. Students are required to fill out the necessary form and submit it for approval to the instructors and then to the Department Head. An important part of the form includes the student’s explanation as to what he or she expects to learn from this experience that relates to his or her education, and how the student plans to catch up on the missed class work.

Permission to be excused in order to accept professional work depends on several circumstances:

1. The standing of the student in the course at the time the request is made.

2. The attendance record of the student in the course.
3. The frequency of this particular request. It is important with each request that the student demonstrates something new will be gained from the experience. For example, working as a background extra for a movie one week and requesting the same the next week would not be considered.

The student is being excused from class because of the learning experience, not in order to accept a part time job.

1.4 PERFORMANCE CLASS REGULATIONS

Theatre is a collaborative art form that, above all else for the actor, means creating ensemble. Just as everyone in the cast of a play puts the play ahead of his or herself in order to participate fully in the production, so everyone in a performance class must participate fully in every activity 100% of the time. Everyone shares the responsibility of establishing an atmosphere that will foster creative growth and development. Respect for your fellow student actor is the cornerstone of all creative work. That respect begins punctuality. In the theatre, the curtain goes up at 8 p.m. and everyone must be present and accounted for. There are no excuses for missing an entrance. The same is true of attendance at Theatre classes, rehearsals for productions, and working with your colleagues on project or scene work. Similarly, wearing inappropriate clothing, perfumes and jewelry are not acceptable in performance classes – safety and consideration for others is foremost. Great acting requires working off the other, so consider your partner’s needs first. Appendix B lists the rules and regulations for all our performance classes. Students who do not comply will be asked to leave and have their attendance for that class that day marked as an “unexcused absence”. Two such incidents by the same student can result in the student being expelled from the class.

1.5 ACADEMIC INTEGRITY AND SUCCESS

The principles of academic integrity for students doing course work are that they do their own original, individual work, unless told otherwise by the course instructor, and they are to give credit for other people’s ideas or words. Students should be aware that, while collaborative or group work on assignments may be encouraged in some disciplines, it is not acceptable in others…. Discussion of ideas with faculty and other students (that is intellectual debate) is both allowable and important, provided that credit is given in written work for ideas that are not one’s own. (University of Regina General Calendar 2016-2017 p 45).

Students should be aware of the University’s policies on academic and non-academic misconduct as discussed in the General Calendar (pp 44-47). The most frequent example of academic misconduct is plagiarism.

1.6 PLAGIARISM

Plagiarism is using somebody else’s work and claiming it is yours. If you do not note that it was written by somebody else you are automatically claiming it was your own. In other words, if you copy two sentences off the internet, or anywhere else, and include them in an essay or report without saying where you got them from, you have committed plagiarism. Plagiarism is very serious business. It can get you thrown out of the University.
If you have questions or concerns about referencing written, visual or recorded work, please consult the U of R Style Sheet, your professor or the U of R Writing Clinic.

**STUDY TIPS:**

- **Attend classes.** There is a temptation to pour all one’s energies into a favorite course, which for theatre majors often means the semester’s major production or a major lighting or design project. Although a majority of rehearsals and work periods are scheduled there is a temptation (especially with tech and production week) to miss your other classes or ‘save yourself for the performance’. Unless you make time for your least favorite courses, you’ll be compromising your academic progress and wasting your money. Attending all your classes is the absolute minimum requirement.

- **Study the more difficult subjects first.** You might be inclined to put aside your weakest subject, but this will likely guarantee a weak performance. It is important to prioritize your courses in terms of the amount of work you devote to each of them. If you start with the hard courses, you’ll have more time to deal with problems as they arise.

- **Study regularly.** Using your time effectively is a key to success in most fields. You will be rewarded if you study for periods that are shorter but more frequent, rather than cramming the night before an exam. By dividing your work into manageable chunks, it won’t seem so overwhelming and you’ll reduce your stress level. Make sure you include study periods every day of the week, and vary your work to keep it fresh and interesting.

- **Take regular breaks.** Balancing work and rest is a way to both reward yourself for the good work you accomplish as well as maintain your effectiveness when you hit the books again. Studying long hours late at night can definitely be counterproductive. By the same token, it is important not to make your breaks more frequent than they need to be. Sticking to your plan will help you build self-discipline and confidence. Have your own private study space, too.

- **Time management.** In order to avoid being unable to keep up with your master plan, make sure you set realistic goals for yourself, and spread the work out over the entire week. Don’t procrastinate: stick to your ‘to-do’ list for today, and you won’t increase your workload for tomorrow. For example, make sure you do the assigned readings well in advance. If you need to read 20 pages or more per class per week, that might add up to 100 pages. If you read every day, you’ll only need to read 14 to 15 pages at a time. And beware the lure of TV and the Web.

- **Setting goals.** By breaking down your project into intermediate tasks, you can more easily achieve each small step towards the project’s completion. List and prioritize the intermediate steps, assign a timeline for each step, determine the tasks required to complete each step, and schedule the individual steps in your personal planner/appointment book.

- **Daily planning.** Review the previous day for unfinished business, list your items for today and prioritize tasks. Remember to reward yourself when you complete a task, and don’t get distracted: let the answering machine take the message. In preparing for classes, for instance, take a few minutes to refresh your knowledge and review your notes from the previous class.
II THEATRE PRODUCTIONS

2.1 PRODUCTION POLICY

Our Theatre Department productions are teaching tools intended to provide hands-on training for students in all areas and at all levels of study. Plays are chosen and roles assigned to students in the Acting program with consideration for their degree and breadth of stage experience. Students in Theatre Design and Stage Management complete assignments of increasing specialization and complexity as they progress through their respective programs. Dramaturgical work is undertaken by students in Literature and Criticism classes. Thus, through its productions, we offer students a comprehensive learning experience, with faculty members serving in directorial and supervisory capacities.

2.2 CASTING & GRADING FOR ACTING STUDENTS

Our productions support the classroom learning that students experience on a daily basis. Involvement in each production is a credited course. Typically, each year we mount 2 productions and 1 student run festival of new works. Acting students in each class will have to audition for roles but casting is open to the entire university.

2.3 TICKET POLICY

Theatre Department performances and Music Department concerts are free to all University of Regina students (with valid i.d.).

2.4 STRIKE

All theatre majors are required to attend the ‘strike’ immediately following the Saturday performance of each production. This is collaboration at its best and most fun.

III REGISTRATION AND ACADEMIC COUNSELING

3.1 STUDENT’S RESPONSIBILITY

The first time a student enters the University of Regina, a registration hold is put on his or her account. This ensures that the student first receives academic counselling from the appropriate person in the department. During that first counselling session all of the degree requirements and suggested sequence of courses for the student’s university career are outlined. IT IS THEN UP THE INDIVIDUAL TO ENSURE THAT HE OR SHE IS REGISTERED IN THE APPROPRIATE COURSES EACH SEMESTER. Counsellors are available for consultation during registration periods. Please note that with web registration, it is impossible for us to monitor student registration. DESIGN and TECH/STAGE MANAGEMENT students have an advising hold on their accounts for each semester. The hold is removed after they have been counselled by a faculty member (in the area). Then they are free to register.

3.2 REGISTRATION CATEGORIES

With the advent of web registration, it is recommended that students register as quickly as possible in order to ensure getting into classes they wish to take. Senior students are the first
category allowed to register, followed by students with an ever decreasing number of credit hours. The fewer the number of hours of credit you have the later your registration category. You may have to wait to try and get into required classes that fill up quickly. The specific registration days for each group are posted outside of the Fine Arts Student Program Centre, room RC 267. Check this notice board regularly for all-important deadlines related to registration and scholarship. As soon as you are allowed to register, do it!

3.3 DATES FOR TUITION REFUNDS AND WITHDRAWAL GRADES

Students should be aware of all dates related to the dropping and adding of classes and their implications for tuition refunds and withdrawal/failure grades. These are posted outside of the Media, Art, and Performance Student Program Centre, RC 267, and all-important dates are listed in the front of the University of Regina General Calendar.

IV CENTRE FOR STUDENT ACCESSIBILITY

4.1 Services for Students with Disabilities

The University of Regina wishes to effectively assist all students including students with disabilities. The University aims to provide services that will enable students with disabilities to approach their studies with minimum difficulty. This can be done if faculty members are informed in advance about requests for accommodations by students who will be taking their classes. Assistance can be arranged in such things as parking, lectures, reading assignments, examinations and technologies to assist students. Students should then contact the advisor of Special Needs Services for additional information about appropriate accommodation(s) and to discuss the adaptive equipment that is available on campus. Services may vary according to student abilities, needs, supporting documentation and requests. Early registration is advised, particularly for students who will need books taped or brailed. Since not all areas of the campus are accessible by wheelchair, students should inquire at the time of registration.

CONTACT INFORMATION:
Centre for Student Accessibility
251.15 Dr. William Riddell Centre
University of Regina
3737 Wascana Parkway
Regina, SK S4S 0A2
Voice/TTY/Variable Volume Phone
(306) 585-4631 Fax (306) 585-5650

4.2 THE HARASSMENT AND DISCRIMINATION PREVENTION OFFICE

Contact the Office: Room 251.7, Riddell Centre

- for information
- to discuss concerns or questions about harassment or discrimination
- to report complaints
Complaints may be dealt with by the Harassment and Discrimination Prevention Co-ordinator or referred to another University of Regina officer appointed to deal with harassment or discrimination concerns.
If you have a concern please contact: Telephone: 306-585-5400
Fax: 306-585-5172
All consultations and enquiries will be dealt with in a confidential manner.

V SCHOLARSHIPS

The University of Regina offers many scholarships in a broad number of categories. Students should consult the scholarship handbook, available in the Media, Art and Performance Student Program Centre (room RC 267) for details on all of these scholarships. The scholarships offered specifically in the Theatre Department are as follows:

5.1 Fine Arts Entrance Scholarships

**Donor:** University of Regina & Faculty of Media, Art, and Performance (MAP)
**Value:** $800.00
**Eligibility:** For a student entering the Bachelor of Fine Arts in Theatre. This scholarship is awarded on the basis of academic achievement (minimum 75% average) and artistic talent.
**Application:** Theatre candidates must submit a letter of application to the Department Head of Theatre and include a copy of their high school transcripts. An audition or interview is required. Students interested in performance should prepare a two-minute selection of the candidate’s choice and a dance or musical selection (if the candidate sings or plays an instrument) to be followed by an interview. Students interested in the Stage Management program will be required to have an interview and/or audition, depending on the student’s background. Students interested in the Design program will be required to submit a portfolio and have an interview.

5.2 Gene B. Ciuka Memorial Scholarship

**Donor:** Family & friends of Gene B. Ciuka
**Value:** $1,600.00
**Eligibility:** Awarded to students in the Faculty of Fine Arts entering the 3rd year of a 4-year degree program of studies in Theatre. A minimum of 75% CGPA is required with a demonstrated artistic ability. The student receiving the scholarship will be required to register in a minimum of 12 credit hours of work in the semester in which the scholarship is used. Applicants must include 2 confidential letters of reference supporting ability in chosen field.
**Application:** Faculty of Media, Art and Performance
**Deadline:** February 1
5.3 Faculty of Fine Arts Scholarship

Donor: Scholarship fund
Value: $500.00
Eligibility: Awarded to students in Media, Art and Performance who have completed their third year and are progressing into fourth year. To be eligible the student must be registered in 12 credit hours and register for a minimum of 12 credit hours in the semester in which the scholarship is used. Scholarship is awarded on the basis of artistic achievement.
Application: no application required.

5.4 Rob Armstrong Prize in Theatre

Donor: University of Regina, Faculty of Fine Arts
Value: $750.00
Eligibility: The prize will be awarded to a U of R undergraduate student who meets the following criteria: enrolled in a Bachelor of Arts program with a major in Theatre and Performance, or the Bachelor of Fine Arts program with a major in Acting, minimum cumulative grade point average (GPA) of 75%, successfully completed 83 credit hours, registered and remains registered in a minimum of 9 credit hours in a semester the award is presented
Application: no application required.
Deadline:

5.5 Gabe Prendergast Scholarship in Technical Theatre

Donor: Gabe Prendergast
Value: $1,800.00
Eligibility: Awarded to a Bachelor of Fine Arts student, majoring in Stage Management or Technical Theatre, who has completed his/her third year at the University of Regina and entering the fourth year of the program at the University. The scholarship recipient will have a minimum CGPA of 70% and will have displayed a level of achievement in lighting design or have assisted in the stage management of a production. The student must also be registered in at least 12 credit hours.
Application: Faculty of Media, Arts, and Performance
Deadline: October 1

5.6 Wascana Preceptory No. 51 Knights Templar Scholarship

Donor: Wascana Preceptory No 51 Knights Templar
Value: $5,000 (paid in 2 installments)
Eligibility: The scholarship will be awarded to a University of Regina undergraduate student who is: registered for full-time studies minimum of 12 credit hours, completed a minimum of 54 credit hours, Saskatchewan High School graduate, have maintained an UGPA of 80% or better, average based on all University of Regina courses taken, but when a course has been repeated, only the grade in the most recent approved attempt is used, entering the third or fourth year of study in a program leading to a Bachelor of Fine Arts with a major in Indian Fine Arts, Theatre or Visual Arts, Bachelor of Music, Bachelor of Music Education or a Bachelor of Science with a Major in Biology, Chemistry or Computer Science , statement of scholastic merit from a member of Faculty should be included with the application.
Application:
Deadline: October 1

For more information: http://www.uregina.ca/safa/awards/SAMS/
VI USE OF THEATRE DEPARTMENT FACILITIES AND RESOURCES

6.1 STUDENT LOCKERS

All Theatre majors and students in Voice, Movement and Acting classes are eligible for a locker in the Theatre change rooms. Women's lockers are located in change room RC 173 and the Men's lockers are located in change room RC 182.

Students must register their locker number with the Theatre Department Admin Assistant in Room RC 271. There is no fee, but students must provide their own locks. All locks must be removed by April 30th of the current academic year.

6.2 BOOKING REHEARSAL ROOMS

POLICY IS CURRENTLY UNDER REVIEW.

All spaces must be left clean and organized, so allow time to restore the room at the end of your session.
Please report any abuse of this policy to the Theatre Department Admin. Assistant in RC 271. Students who do not follow this policy will lose their booking privileges.

6.3 ACCESS TO THEATRE FACILITIES AFTER HOURS

POLICY IS CURRENTLY UNDER REVIEW.

6.4 KEY ACCESS TO THEATRE SPACES

POLICY IS CURRENTLY UNDER REVIEW.
6.5 STUDENT USE OF OTHER DEPARTMENT RESOURCES

Students may borrow set pieces, costumes and props required for project work.

The department's props, costumes and furniture are available for students to borrow for project work. You will need to email to set up an appointment.

For Props email: Mason.Roth@uregina.ca
For Costumes email: Cathy.Mearns@uregina.ca

Students are responsible for all damage to or loss of Theatre Department resources signed out in their name.

6.6 GENERAL SAFETY AND SECURITY

- Lock the door to your classroom or studio no matter how brief a time you intend to be away
- Lock your classroom or studio when working after hours and on weekends
- Never prop open doors that are intended to be locked all the time
- Stick to working, studying and being in areas where there are other people around
- Work in pairs when on campus after hours and on weekends
  Be alert; know your route of travel and be aware of your surroundings
  Travel with a buddy when possible
- Communicate your plans to family and friends and stick to them. Campus Security offers two programs that staff and students can make use of to enhance personal safety; the Lone Worker Service and the Walk Along Service. Information on both of these programs can be found at: http://www.uregina.ca/fm/campus-security/programs/index.html

Download Student App and Sign in to Receive Emergency Notifications

The University’s official app for students is now available on the App Store and Google Play.

Please stay signed in to ensure you continue receiving emergency notifications on the app. The app push notification function is one part of the University’s larger emergency notification system on campus which includes hallway beacons.

• Read more about the app: http://www.uregina.ca/external/communications/app/index.html

• Read more about the Emergency Notification System (ENS): http://www.uregina.ca/emergency/ens/index.html

The official app for students was jointly developed by External Relations and Information Services.
VII STUDENT EMPLOYMENT OPPORTUNITIES

Each semester the Theatre Department hires students to assist with a variety of activities related to production and course work. All of the students are hired under the CUPE 2419 Academic Assistants agreement with the University of Regina. Under this agreement, when a “Student Assistant” is required for a position during a semester that will require more than 25 hours of labour, such as the Theatre Department student publicity position, the position must be posted and is open to all qualified students at the university. Postings for all of these positions in the Theatre Department appear during the second week of each semester. Applications and regulations regarding these positions are available in the Theatre Department Office.

The department also hires a number of students each semester for tasks or projects that require less than 25 hours of labour. These are generally specialized tasks associated with a production and students require specific expertise in the area of employment, knowledge of how to build and size a theatrical flat for example. During the two or three week building crunch for a production, several students may be required in different capacities. Whenever such jobs are available, the supervisor/instructor in the area consults with the Department Head and they review the completed application forms kept on the file in the Theatre Department Office. Therefore, it is important that all students who may be interested in such employment during each semester fill out an application form in the Theatre Department Office and detail their expertise and areas in which they would be interested in employment in the department. In all cases of student employment, students are informed of the status of their application with a letter from the Theatre Department Head.

VIII THEATRE STUDENT REPRESENTATION

8.1 STUDENT REPRESENTATIVE TO THE DEPARTMENT

The TSA also elects two of its members to be the official student representatives to the Theatre Department. These two students have full voting privileges in the department and are responsible for bringing student concerns to department meetings, delivering a student report at each department meeting and reporting back to the general student body on all issues that may be of concern to them.

8.2 STUDENT REPRESENTATION TO THE FACULTY OF MEDIA, ART, AND PERFORMANCE

The two Theatre Department student representatives elected by the TSA are also the Theatre Department’s student representatives to the Faculty of Media, Art, and Performance. As such, they may attend and have full voting privileges at faculty meetings.
Introduction

In order to maintain the highest level of security on campus, the University of Regina wishes to ensure no weapons are brought onto campus without proper consideration and authorization. This policy includes restricted firearms, ammunition and weapons as well as weapons used for hunting and/or target practice.

Policy

The University of Regina prohibits the possession, storage or use of firearms, ammunition or weapons on any property of the University without expressed written permission from the VP Administration. Approval process must be completed as per the process description below.

Use of Weapons for Research or Other Purposes on Campus

Any use of firearms, ammunition or restricted weapons for research, will fall under the discretion of this policy. Once reviewed and authorization provided by the Vice President, Administration - Campus Security will be notified of the nature of the research and storage methods of the equipment.

Exemptions

This policy does not include peace officers in possession of firearms during the course of carrying out their duties or attending classes while in uniform.

Consequences for Noncompliance

Campus Security and/or Regina Police Service will seize any weapons found on campus for which there is no written approval. Individuals found with unauthorized weapons on campus may be subject to the appropriate disciplinary process as well as criminal prosecution.

Processes
Obtaining Authorization to have a Weapon on Campus

Requests to have a weapon on campus for research or other purposes must be submitted to the Director, Security and Operations. Submissions should include all pertinent information in writing, including (but not limited to):

• type(s) of weapon(s);
• purpose of the weapon on campus;
• intended storage of the weapon on campus;
• any risks to the safety and security of individuals on campus

Requests must be submitted a minimum of 14 days prior to proceeding with bringing any prohibited device or weapon on to campus.

Requests will be reviewed by the Director, Security and Operations with final written permission granted by the Vice President, Administration.

All uses, storage and transportation of firearms under this policy must fall within the applicable laws and regulations for the University of Regina, City of Regina, Province of Saskatchewan and the Government of Canada.

Related Information

• Criminal Code of Canada

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APPENDICES

APPENDIX A - PROGRAM OUTLINES FOR ALL THEATRE DEGREES

All BA Programs require the following:

http://www.uregina.ca/gencal/ugcal/facultyofFineArts/ugcal_301.shtml#BFATP

MAP 001 - Strategies for Success (0 Credit hours) Required seminar for new students

Critical Competency Requirements - 24 Credit hours
Communication in Writing (6 credit hours) Natural Sciences and Social Sciences (6 credit hours) Culture and Society (9 credit hours) Research Skills and Methodology (3 credit hours)

Fine Arts Requirements outside the Concentration - 12 credit hours
Four of CTCH, FA, FILM, Music (MUO, MUCO, MUEN, MUHI, MUPE, MUTH, MUTQ), Visual Arts (ART, ARTH, INA, INAH)

Critical Competency or FA electives (12 Credit Hours)

Open Electives - 18 credit hours
A student may take no more than 6 introductory courses (18 credit hours) toward the four-year BA. An introductory course is one that bears a 100-level number and is a one-semester course in a given discipline at the general level of knowledge of entering students. The second English course, and courses taken beyond the first in a second or third language to satisfy the language requirement will not be counted toward the total of 6. Electives may be used to complete optional minors.

Theatre Major - 54 credit hours Total credit hours: 120 credit hours

65% required in the major and program for graduation
## BACHELOR OF ARTS (THREE-YEAR SPECIAL)

Name: ___________________________  Student ID: ____________

### Critical Competency (24 credit hours)

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Semester</th>
<th>Grade</th>
<th>Hr.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communication in Writing</td>
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<tr>
<td>ENGL 100</td>
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<tr>
<td>Culture and Society (9 credit hours)</td>
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<td>3.0</td>
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</tr>
<tr>
<td>Natural and Social Sciences (6 credit hours)</td>
<td></td>
<td>3.0</td>
<td></td>
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<tr>
<td>Research Skills &amp; Methodology (3 credit hours)</td>
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<td>3.0</td>
<td></td>
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<tr>
<td>MAP (CTCH, FILM, MAP, MU, THEA) (9 Credit Hours)</td>
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### Theatre Major (36 credit hours)

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Semester</th>
<th>Grade</th>
<th>Hr.</th>
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</thead>
<tbody>
<tr>
<td>THST 200</td>
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<td>THST 250</td>
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<tr>
<td>THAC 260</td>
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<tr>
<td>THST 380</td>
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<tr>
<td>5 Theatre chosen from THDS, THAC or THST (can include 3 cr hrs 365 AA-ZZ &amp; 465AA-ZZ.)</td>
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<td>THEA 121</td>
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<td>THEA 140</td>
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<td>THEA 251</td>
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<td>THST 3/4XX*</td>
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* with permission - Shakespeare.

### Note

* With the approval of the department head, ENGL 301, 302, 460AA-ZZ may be used to satisfy some theatre requirements.

2016
Critical Competency Requirements - 24 Credit hours
Communication in Writing (6 credit hours)
Two of: ACAD 100, ENGL 100, 110

Culture and Society (9 credit hours)
Three in the following areas excluding courses in statistics, methods, PHIL 150 (Logic):
ANTH, CLAS, ENGL above 100 level, HIST, HUM, JS, INDG, IDS, IS
Language other than English, Literature in translation or other non-language course offered through department or program (e.g. FR 247, 248; GER 223), LING, RLST, PHIL, WGST.

Natural and Social Sciences (6 credit hours)
Two courses in the following areas: excluding courses in research/statistics
ECON, GEOG, PSCI, PSYC, SOC, SOST, and STS other than statistics or methodology
Any two Science courses, including MATH.
Computer Science courses will not be counted in this area.

Research Skills and Methodologies (3 credit hours)
Any course in research methods, statistical analysis, logic, or computer science offered through the Faculties of Arts and Science such as: PHIL 150, CS (any course), INDG 280,282, SOST 201,203, 306, 307, PSYC 204, 305, WGST 220.
STATS (any course)
ARTH 301 Art Theory and Art Criticism, CTCH 203 Introduction to Media and Communication, CTCH 303 Technology & Culture, and THST 250 Script Analysis already counted in another area of the program - see §13.7.1 Additional Regulations.
Statistics courses offered through Faculties other than Arts and Science may be used with approval by the Dean or designate.

MEDIA ART AND PERFORMANCE Requirements outside the Concentration - 9 credit hours
CTCH, MAP, FILM, Music (MU, MUEN, MUHI, MUTH, MUTQ), Visual Arts (ART, ARTH, INA, INAH)

Major Requirements - 36 credit hours

Open Electives - 21 credit hours
Electives may be used to complete optional minors

Total credit hours: 90 credit hours
65% required in the major and program for graduation
# BACHELOR OF ARTS IN THEATRE AND PERFORMANCE

## (Acting Concentration)

### Name: ___________________  Student ID: ___________

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Semester</th>
<th>Grade</th>
<th>Hr.</th>
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</thead>
<tbody>
<tr>
<td>Foundations of University Practices (0 credit hours)</td>
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<tr>
<td>MAP 001</td>
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## Critical Competencies (27 credit hours)

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<th>Course Name</th>
<th>Semester</th>
<th>Grade</th>
<th>Hr.</th>
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<tbody>
<tr>
<td>Communication in Writing (6 credit hours)</td>
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<td>Culture and Society (12 credit hours)</td>
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<td>MAP 202</td>
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## Natural or Social Sciences (6 credit hours)

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## Research and Methodology (3 credit hours)

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## Media, Art, and Performance outside major ART, ARTH, CTCH, MAP, FILM, INA, INAH, MUSIC (12 Credit Hours)

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<th>Course Name</th>
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## Critical Competency or MAP electives (3 Credit Hours)

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## Open electives (18 Credit Hours)

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## Theatre Major (60 credit hours)

### Core Theatre Requirements (33 Credit Hours)

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<td>THDS 121</td>
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<td>THST 380</td>
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<td>THST XXX</td>
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<td>THST 3/4XX</td>
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<tr>
<td>THST 4XX</td>
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### Theatre Acting (27 Credit Hours)

<table>
<thead>
<tr>
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<th>Semester</th>
<th>Grade</th>
<th>Hr.</th>
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<tbody>
<tr>
<td>THAC 3/4XX or 365AA-ZZ</td>
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<td>THAC 3/4XX or 365AA-ZZ</td>
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<td>THAC 3/4XX or 365AA-ZZ</td>
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<td>THAC 3/4XX or 365AA-ZZ</td>
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<td>THAC 365 AA-ZZ</td>
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<td>THAC 365 AA-ZZ</td>
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<td>THAC 365 AA-ZZ</td>
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### Practice Electives (6 Credit Hours)

<table>
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<th>Course Name</th>
<th>Semester</th>
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<th>Hr.</th>
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<tbody>
<tr>
<td>MAP 001</td>
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</tbody>
</table>

2016
MAP 001 - Foundations of University Practices (0 Credit hours)
Required seminar for new students

Critical Competency Requirements - 27 Credit hours

Communication in Writing (6 credit hours)
Two of: ACAD 100, ENGL 100, 110

Culture and Society (12 credit hours)
MAP 202 (Indigenous issues in the Arts)
Any three in the following areas excluding courses in statistics, methods, PHIL 150 (Logic):
ANTH, CLAS, ENGL above 100 level, HIST, HUM, JS, INDG, IDS, IS, Language other than English, Literature in translation or other non-language course offered through department or program (e.g. FR 247, 248; GER 223), LING, RLST, PHIL, WGST.

Natural and Social Sciences (6 credit hours)
Two courses in the following areas: (excluding courses in research/statistics)
ECON, GEOG, PSCI, PSYC, SOC, SOST, and STS other than statistics or methodology
Any two Science courses, including MATH.
Computer Science courses will not be counted in this area.

Research Skills and Methodologies (3 credit hours)
Any course in research methods, statistical analysis, logic, or computer science offered through the Faculties of Arts and Science such as: PHIL 150, CS (any course), INDG 280,282, SOST 201,203, 306, 307, PSYC 204, 305, WGST 220.
STATS (any course)
ARTH 301 Art Theory and Art Criticism, CTCH 203 Introduction to Media and Communication, CTCH 303 Technology & Culture, and THST 250 Script Analysis already counted in another area of the program - see §13.7.1 Additional Regulations.
Statistics courses offered through Faculties other than Arts and Science may be used with approval by the Dean or designate.

MEDIA ART AND PERFORMANCE outside major area (12 Credit Hours)
CTCH, MAP, FILM, Music: MU, MUEN, MUHI, MUTH, MUTQ, Visual Arts, ART, ARTH, INA, INAH

Critical Competency or MAP electives (12 Credit Hours)
Any courses offered by La Cité, the Faculties of Arts, or Science or Media, Art, and Performance.

Total credit hours: 120 credit hours
65% required in the major and program for graduation
# BACHELOR OF ARTS IN THEATRE AND PERFORMANCE

(Design/Stage Management Concentration)

Name: _______________ Student ID: _______________

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Semester</th>
<th>Grade</th>
<th>Hr.</th>
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<tbody>
<tr>
<td>Foundations of University Practices (0 credit hours)</td>
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<tr>
<td>MAP 001</td>
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**Critical Competencies (27 credit hours)**

<table>
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<th>Course Name</th>
<th>Semester</th>
<th>Grade</th>
<th>Hr.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communication in Writing (6 credit hours)</td>
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<th>Course Name</th>
<th>Semester</th>
<th>Grade</th>
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</thead>
<tbody>
<tr>
<td>Culture and Society (12 credit hours)</td>
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<th>Course Name</th>
<th>Semester</th>
<th>Grade</th>
<th>Hr.</th>
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</thead>
<tbody>
<tr>
<td>Natural or Social Sciences (6 credit hours)</td>
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<th>Course Name</th>
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<th>Grade</th>
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</thead>
<tbody>
<tr>
<td>Research and Methodology (3 credit hours)</td>
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<th>Course Name</th>
<th>Semester</th>
<th>Grade</th>
<th>Hr.</th>
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<tbody>
<tr>
<td>Media, Art, and Performance outside major ART, ARTH, CTCH, MAP, FILM, INA, INAH, MUSIC (12 Credit Hours)</td>
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<th>Course Name</th>
<th>Semester</th>
<th>Grade</th>
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</thead>
<tbody>
<tr>
<td>Critical Competency or FA electives (3 Credit Hours)</td>
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<table>
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<th>Course Name</th>
<th>Semester</th>
<th>Grade</th>
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<tbody>
<tr>
<td>Open electives (18 Credit Hours)</td>
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</thead>
<tbody>
<tr>
<td>Theatre Major (60 credit hours)</td>
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**Core Theatre Requirements (33 Credit Hours)**

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<td>THEA/THAC/THDS/THSTxxx</td>
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**Theatre Design/Stage Management (27 cr hrs)**

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2016
MAP 001 - Foundations of University Practices (0 Credit hours)
Required seminar for new students

Critical Competency Requirements - 27 Credit hours

Communication in Writing (6 credit hours)
Two of: ACAD 100, ENGL 100, 110

Culture and Society (12 credit hours)
MAP 202 (Indigenous issues in the Arts)
Any three in the following areas excluding courses in statistics, methods, PHIL 150 (Logic):
ANTH, CLAS, ENGL above 100 level, HIST, HUM, JS, INDG, IDS ,IS , Language other than English, Literature in translation or other non-language course offered through department or program (e.g. FR 247, 248; GER 223), LING, RLST, PHIL, WGST.

Natural and Social Sciences (6 credit hours)
Two courses in the following areas: (excluding courses in research/statistics)
ECON, GEOG, PSCI, PSYC, SOC, SOST, and STS other than statistics or methodology
Any two Science courses, including MATH.
Computer Science courses will not be counted in this area.

Research Skills and Methodologies (3 credit hours)
Any course in research methods, statistical analysis, logic, or computer science offered through the Faculties of Arts and Science such as: PHIL 150, CS (any course), INDG 280,282, SOST 201,203, 306, 307, PSYC 204, 305, WGST 220.
STATS (any course)
ARTH 301 Art Theory and Art Criticism, CTCH 203 Introduction to Media and Communication, CTCH 303 Technology & Culture, and THST 250 Script Analysis already counted in another area of the program - see §13.7.1 Additional Regulations. Statistics courses offered through Faculties other than Arts and Science may be used with approval by the Dean or designate.

MEDIA ART AND PERFORMANCE outside major area (12 Credit Hours)
CTCH, MAP, FILM, Music: MU, MUEN, MUHI, MUTH,MUTQ, Visual Arts, ART, ARTH, INA, INAH

Critical Competency or MAP electives (12 Credit Hours)
Any courses offered by La Cité, the Faculties of Arts, or Science or Media, Art, and Performance.

Total credit hours: 120 credit hours
65% required in the major and program for graduation
BACHELOR OF ARTS IN THEATRE AND PERFORMANCE - General

Name: _______________  Student ID: _______________

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Semester</th>
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<tbody>
<tr>
<td>Foundations of University Practices (0 credit hours)</td>
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<tr>
<td>MAP 001</td>
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<tr>
<td>Critical Competencies (27 credit hours)</td>
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<td>Communication in Writing (6 credit hours)</td>
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<tr>
<td>Research and Methodology (3 credit hours)</td>
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<tr>
<td>Media, Art, and Performance outside major ART, ARTH, CTCH, MAP, FILM, INA, INAH, MUSIC (12 Credit Hours)</td>
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Core Theatre Requirements (30 Credit Hours)

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Theatre Acting (12 Credit Hours)

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Theatre Design/Stage Management (12 Credit Hours)

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2016
MAP 001 - Foundations of University Practices (0 Credit hours)
Required seminar for new students

Critical Competency Requirements - 27 Credit hours

Communication in Writing (6 credit hours)
Two of: ACAD 100, ENGL 100, 110

Culture and Society (12 credit hours)
MAP 202 (Indigenous issues in the Arts)
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Critical Competency or MAP electives (12 Credit Hours)
Any courses offered by La Cité, the Faculties of Arts, or Science or Media, Art, and Performance.

Theatre Major - 54 credit hours

Total credit hours: 120 credit hours
65% required in the major and program for graduation
APPENDIX F

PERFORMANCE CLASS
REGULATIONS IMPORTANT NOTICES

1. **Methods of evaluation make it impossible to re-evaluate a performance class.**

   The vast majority of the final grade in a performance course is based on practical work. Assessment is therefore done on a continuing basis and is, realistically, impossible to appeal. Assessment includes such things as contribution to class discussions, degree of participation in games and exercises, mastery of skills, demonstrated knowledge of techniques in monologue and scene work, etc. Students will find it difficult to assess themselves because they will be continually participating. Everyone will receive a mid-term assessment, but, in addition, it is highly recommended that any student who becomes concerned about his or her progress immediately make an appointment with the instructor in order to receive a progress report.

2. **All** assignments **MUST BE** completed to receive a final grade in this class.

3. Students are expected to rehearse their scenes together for at least four hours a week outside of class time, and to follow the rehearsal procedures assigned.

4. **TWO UNEXCUSED ABSENCES MEANS AUTOMATIC FAILURE IN THE COURSE.** Attendance standards will be strictly enforced in this class. This also applies to scene rehearsals held outside of class with fellow students. Every absence must be phoned to the Department Secretary (585-5562) prior to the class being missed.

5. **Excused absences** are only those for which the student has received special permission from the instructor. In all cases, the appropriate form must be used, authorized by the instructor, and kept on file by the instructor.

6. All class members must attend the Theatre Department's productions for the semester.

7. **DRESS CODE:** For all performance classes students are required to wear form-fitted clothing; for example, leotard and tights, biking shorts and tank top, lycra aerobic outfits, etc. Warm-up clothing may be worn on top of these outfits when necessary. No jewelry, hats or other loose articles of clothing. **NO PERFUMES OR SCENTS.**

8. **Each female student must have a pair of character shoes and each male student must have a pair of black leather lace-up oxfords.** These are
necessary for stage movement classes, character work, and are often used for public performances, so they must be in good condition.

9. **All students** cast in shows must supply their own stage make-up. In cases of extreme character or body make-up the department will often supply the extraordinary elements.

10. **Cheating and plagiarism** are grounds for expulsion from the University. All students should read the rules and regulations in the University of Regina General Calendar.

11. **Work for performance classes** sometimes involves subject matter or activities that some students may find controversial. For example, production or scene work may involve direct physical contact, religious, political or sexual themes, the use of profane or offensive language, etc.

12. If there is any student in this course who, because of disability, may have a need for accommodations, please contact the Coordinator of Special Needs Services at 585-4631.

13. The University of Regina promotes a learning environment that is free of all forms of harassment and discrimination.

"The Portrait Project" 2020
DEPARTMENT OF THEATRE
KEY AGREEMENT FORM

Keys will NOT be ordered until this form is authorized by Department Head. Please return to the Department of Theatre Office.

Faculty Authorization

_________________________________________________________________________

Faculty Authorization has my permission to have a key for the following rooms in the Theatre Department, Riddell Centre.

<table>
<thead>
<tr>
<th>Room Number</th>
<th>Key Number</th>
<th>Date Key Issued</th>
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Signature ____________________________________________________________

Department Chairperson

Student Contract

I am aware that if the above key(s) are not returned by the end of the first week in May, I will be charged the amount of $20.00 per key on my university student account. University policy states that if money is owed:

1. Students may not register until their debt is cleared
2. Transcripts will not be issued until all outstanding accounts are cleared.
3. Convocation will be refused if students have outstanding accounts

Student No. __________________________________________________________

Student Signature: __________________________________________________

Date: __________________________________________________________________

Deposit of $20.00 paid: _________________________________________________

(Theatre Department signature required)

_________________________________________________________________________

Office Use Only:

Key(s) returned: ________ Deposit returned: ______________________________

(Student Signature)

Date: ______________________ Office signature: ____________________________
APPENDIX H

STUDENT APPLICATION FOR PERMISSION TO BE ABSENT FROM CLASS FOR OUTSIDE PROFESSIONAL WORK

UNIVERSITY OF REGINA – THEATRE DEPARTMENT

STUDENT APPLICATION FOR PERMISSION TO BE ABSENT FROM CLASS FOR OUTSIDE PROFESSIONAL WORK

STUDENT’S NAME ______________________________ DATE: ________________

PROPOSED DATE OF BEGINNING AND ENDING THE WORK: ______________________

AMOUNT OF TIME PER DAY, WEEK, OR MONTH THAT WILL BE REQUIRED: ________________

NAME OF EMPLOYER: ______________________________

NATURE OF WORK: ______________________________

CLASSES / REHEARSALS THAT WOULD NEED TO BE MISSED AND THE STUDENT’S PLAN FOR MAKING UP THE MISSED WORK:

________________________________________________________

________________________________________________________

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INSTRUCTOR’S COMMENTS:

________________________________________________________

________________________________________________________

________________________________________________________

________________________________________________________

________________________________________________________

APPROVED: ______________________________

Instructor

APPROVED: ______________________________

Department Head

Distribution: Department, Instructor, Student
____________________ was excused/late from/for Theatre ____________________
on______________________.

Reason:

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

____________________________
Instructor

____________________________
Date
As a student or staff member, you are encouraged to integrate good health and safety practices into all aspects of your life here on campus. By doing so, you become a contributing member of our campus safety culture and help achieve our strategic plan.

### 911 Procedures
For fire, crime in progress, violence, or medical emergency: First call 911 (if you are calling from a U of R land line phone just dial 911), then call Campus Security at 306-585-4999.

#### When you hear a fire alarm:
- Follow the directions of Emergency Wardens (orange vests), and Campus Security.
- Immediately proceed to the nearest available fire exit and leave the building.
- Close the door if you are the last person out.
- **DO NOT USE ELEVATORS DURING AN EVACUATION.** All inside fire exit stairwells are places of refuge which will provide at least one hour fire protection when all doors are closed.
- If you or someone else is unable to evacuate down the stairs:
  - Ensure that they take shelter on the landing of a fire exit stairwell.
  - Immediately notify Campus Security or the Fire Department of the situation.
- Upon exiting, move a safe distance away from the building.
- Do not re-enter the building until the Fire Department or Campus Security gives clearance.

#### Other emergencies:
- In the event of emergencies other than a fire (for example: tornado, chemical spill, or armed intruder), the Emergency Notification System (ENS) will be activated.
- A message will be broadcast on TVs, beacons, computers and building speaker systems across campus.
- The message will also be posted to the UofR Facebook and Twitter accounts, as well as push notifications.
- Follow the instructions as communicated via the ENS.
- Check for situation updates as they become available on the U of R Emergency Webpage at [http://www.uregina.ca/emergency/](http://www.uregina.ca/emergency/).
- Download the UofR mobile app (available for iOS and Android) to receive alerts on your smartphone

**Sample Emergency Message:**
**TORNADO WARNING issues for Regina.**
Remain indoors.
Take shelter in interior rooms or stairwells without windows.

---

Incident Reporting

Working/Studying Alone
Are you studying or working alone day or night and would like somebody to check up on you? The Lone Worker/Student Service is provided by Campus Security to enhance your safety. For more information, please contact Campus Security at 306-585-4999 or see [http://bit.ly/HSE-work-alone](http://bit.ly/HSE-work-alone).

Safe Walk/Walk Along Service
Campus Security can be contacted to walk you to your vehicle or bus stop to ensure you get to your transportation safely. Call them at 306-585-4999.

Scent Awareness
Scented products (such as perfume and cologne) can aggravate existing health problems for individuals who have asthma, allergies and other medical conditions. While at the U of R, please be considerate of other people’s sensitivities and do not use strongly scented personal care products.

Designated Smoking Areas
Smoking (which includes using electronic cigarettes) is only allowed in designated areas. Please respect the health of our campus community by only smoking in these designated areas. See maps of these areas at: [http://bit.ly/smoking-areas](http://bit.ly/smoking-areas).

Violence and Harassment
Harassment, Discrimination Prevention and Conflict Resolution Services provides confidential consultations to anyone who feels that they have experienced inappropriate and disrespectful behaviour. There are many possible solutions, including personal coaching, mediation, and a formal complaint process. Please contact the Respectful Workplace Coordinator at 306-585-5400 for assistance.

Sexual Assault: UR Safe, UR Supported, UR Strong
This program responds to, and helps educate our campus community on incidents of sexual assault and sexual violence. Further information can be found at [http://www.uregina.ca/ursafe/](http://www.uregina.ca/ursafe/).

Safety Training

Health, Safety and Environment Contact Information
Phone: 306-337-2370
Office: AdHum 435
Hours: Monday to Friday 8:15 am - 4:30 pm
E-mail: health.safety@uregina.ca
Web: [http://www.uregina.ca/hr/hse](http://www.uregina.ca/hr/hse)

Follow @UofR_HSE
Feeling Stressed? Always worried?

Some stress is normal when you're going to university but 1 in 5 students will suffer from enough distress that they would benefit from counselling.

What can I do?
The U of R offers several counselling services free of charge for students at the U of R. These sessions are confidential and easy to access for students - simply go to the second floor of Riddell, Room 261 to make an appointment.

When should you go?
Knowing when to seek help can be tough. Some common issues you might need help with include stress, anxiety, and relationships. If you're experiencing distress that they unfold, it's important to seek help. Many students are experiencing the same things as you. The U of R offers a wide variety of group counselling opportunities that can help you manage stress, anxiety, and more. If you need help with anything, the U of R is there to support you.

What options are available for me?

**Personal Counselling** - This is a great option if you'd like one on one attention for things like anxiety and panic, relationship conflict, depression, grief, and loss, academic issues, body image and substance abuse. Up to 6 sessions are free per semester. Try it - talking about your problems can be more helpful than you might think!

**Group Counselling** - Simply put, you're not alone. Many students are experiencing the same things as you. The U of R offers a wide variety of group counselling opportunities that can help you manage stress, anxiety, and more. If you need help with anything, the U of R is there to support you.

But I can't afford counselling...
Seeking counselling doesn't have to be costly. Many students can benefit from the free sessions offered by the University of Regina as a benefit of being a student.

If you need more sessions, make sure you contact the URSU and visit www.iHaveAPlan.ca.

Man y experiences that are related to mental health, including going to a psychologist, are partially covered by your Student Health and Dental Plan!

What else can I do?
Self-care - take care of yourself. If you need help, it's okay to ask. Easing the stress of university can be less and balancing school with fun can all help with mental health!

Have a problem but don't know how to fix it?
URSU's Student Advocate can help you free of charge!

- Academic Appeals
- Disciplinary Appeals
- Student Loan Appeals
- Emergency Bursaries
- Notary Public
- Rentalsman Appeals
- E-mail advocate@ursu.ca to schedule an appointment today!