

## How to register:

- 1) **Contact the Regina Open Door Society** for a registration form
- 2) **Fill out the registration forms.** Assistance with filling out the forms will be available in English and Arabic during the Parent's Orientation.
- 3) **Attend the Parent's Orientation** in the last week of May.
- 4) **Submit your registration form** to the Regina Open Door Society before or during the parent's orientation.

### For more information:

[www.uregina.ca/socialwork](http://www.uregina.ca/socialwork)

E-mail: [prairie.beginnings@uregina.ca](mailto:prairie.beginnings@uregina.ca)

## Preparing for your child's first day:

- Pack a lunch and snacks for your child.
- Pack a water bottle for your child.
- Pack sun protection if you would like your child to use his/her own.
- Pack a hat for your child.
- Bring any medications your child needs.
- We recommend that you send your child with appropriate footwear to participate in sports.
- We suggest that you label your child's items with his/her name.
- Parents are encouraged to discuss the program with their children in advance, emphasizing that it will be a place where they can play, learn and interact in a fun and supportive environment.



## Prairie Beginnings: Settlement Program for Children & Families

Relax, play, learn and grow in a  
supportive environment



University  
of Regina

Faculty of  
Social Work



## Program Highlights:

- ◆ Social Interaction
- ◆ Fun activities
- ◆ Computer technology
- ◆ Children fully supervised
- ◆ Support group for parents
- ◆ FREE! No cost to participate
- ◆ Ages 6-12

This program seeks to provide Regina's Arabic-speaking refugee community with a safe space to ease the stress of resettlement. Through play and interactive learning, children and youth in this program can simply be themselves.

Under the supervision of faculty members and field instructors, practicum students in the University of Regina's Bachelor of Social Work degree program will lead activities and participate in various aspects of program development and implementation.

Programming will be tailored to the specific needs of the children who participate, and will be based at the University of Regina, with possible excursions / field trips.

### Parent's Orientation

Before the program begins, we will provide a parent's orientation for families to learn more about the program, have their questions answered, and complete the necessary registration forms. English-Arabic interpreters will be present. The parent's orientation is expected to last approximately 2-3 hours, and attendance is strongly recommended.

### Parent's Support Group

As part of this settlement program, we will be offering a support group for parents to meet, engage in conversation, practice English, learn about Canadian culture, make crafts, and participate in workshops on topics of interest as identified by the participants themselves. Parents who register their children for the settlement program can stay and join the support group!

### Space is Limited!

Since space in the program is limited, we may not be able to accommodate all families interested in participating. Registration in the program will be based on the needs of the families. Preference will be given to the newest arrivals to Canada, and to those who have not yet participated in English as an Additional Language (EAL) classes.

## Summer 2017 Program Dates:

Saturdays

**June 10th to August 19th**

9:00 a.m. to 4:00 p.m.

Note: the program will not run:

\* July 1st

\* August 5th



## Parent's Orientation:

Date To be Determined.

## Transportation:

Bus transportation will be available to participants in this program. Details will be provided during the parent's orientation.