

3737 Wascana Parkway Regina, Saskatchewan Canada S4S 0A2 Phone: 306-585-4360 Fax: 306-585-4880 www.uregina.ca/kinesiology

Important Announcement

The Faculty of Kinesiology and Health Studies is excited to announce the installation of a new track surface at the Fitness & Lifestyle Centre! The new ProTraxx track is expected to be ready by early summer.

Installation will begin on **Monday, May 13** with the demolition of the current track surface. We anticipate it will be a six-week process and hope to have the new track in full operation by **Monday, June 24**.

The Fitness and Lifestyle Centre will be closed from June 8-16 due to track painting, but will remain open for the remainder of the renovation period.

We've made the following arrangements to minimize service disruptions while installation is ongoing:

- We'll automatically extend your FLC membership by as many weeks as it's affected by the installation process.
- There will be a *4 month Returning Student membership* valid May 1 through August 31 for a reduced rate of \$50.00. This membership is available for U of R students who are not registered in spring or summer classes but are registered for the fall semester. This pass is available for purchase at the reduced rate from May 1 to June 30.
- The cardio and Dr. Paul Schwann Centre equipment that's currently inside of the track on the east and west sides will be moved during installation. We'll set up a temporary room (CK 222) where a selection of the equipment will be available for use.

- DPSC Blue Cross Love2Live clients will be able to use Gym 1 for walking while
 the track is unavailable. DPSC programming will resume as scheduled in CKHS
 room 222 and Gym 1 from May 13-June 21. Both Gym 1 and CKHS 222 will
 be monitored by DPSC staff.
- Evening yoga classes which are currently held in CK 222 will move to CK 187 during track installation.

Frequently Asked Questions

What are the estimated dates of the track replacement project?

The track replacement project will begin Sunday, May 12 with a full re-opening date of June 24. Please keep in mind that this is an estimated timeline and may change due to unforeseen circumstances.

What alternate arrangements have been made for the Fitness & Lifestyle Centre clients?

The FLC will remain open with the exception of one week where it will be closed to the public. The expected dates for the complete closure is June 8 – 14. During the track replacement, members will have access to the weights in the FLC. A select few cardio machines will be relocated to CK 222. These include 3 treadmills, 2 elliptical and some exercise bikes/free bikes. There is no designated alternate space for walking/running during the replacement project.

FLC members will have access to the cardio equipment in CK 222 during the following times:

 Monday:
 1:00 pm to 10:00 pm

 Tuesday:
 6:00 am to 10:00 pm

 Wednesday:
 1:00 pm to 10:00 pm

 Thursday:
 6:00 am to 10:00 pm

 Friday:
 1:00 pm to 10:00 pm

 Saturday:
 8:00 am to 8:00 pm

Sunday: 8:00 am to 8:00 pm

FLC clients will have their memberships extended for as many days as they were affected by the track replacement up to six weeks.

What alternate arrangements have been made for the Dr. Paul Schwann Centre clients?

There will be no disruption of programming during the track replacement. All programming will be relocated to CK 222. Gym 1 will be accessible for walking Monday, Wednesday and Friday from 8:00 am to 1:00 pm

Are refunds available?

Refunds are not available during this period. The DPSC client's programming will operate with no disruption as normal and the FLC members will have their memberships extended.

For additional information, contact us at Kinesiology@uregina.ca or call the Recreation & Athletics Services desk at 306-585-4371.